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MINISTRY OF EDUCATION

JUNIOR SECONDARY PHASE

THIMBUKUSHU FIRST LANGUAGE SYLLABUS

GRADES 8 – 10

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National Institute for Educational Development (NIED)
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YIKARAMO

1.	MWINGENENO	3
2.	THITAMBO	3
3.	DIDHI DYoyITWETHA NOYITUNDAMO YOYIKUHONGA.....	4
4.	MADIMUKITHERO GHOTHIKUHONGA MUNARO DHI	4
5.	YOPATHIRUME NOPATHIKADHI	5
6.	GHUPARAGHUMBO GHOPAMUKUNDA NOYIKARAMO.....	5
7.	MAKUNUNGERO KUYIKUHONGA YIMWEYA NOYOKUVUNGA-VUNGA	5
8.	MUHINGO GHORUHONGITHITHO NORUKUHONGITHITHO	11
9.	MAKAMWENENO GHoyIKARAMO YOYIKUHONGA	12
10.	YIKARAMO YOYIKUHONGA	14
11.	MAKENGWERERO	36
11.1	Yighamba yomwingenitho.....	36
11.2	Mudyo ghomakengwerero	36
11.3	Marudhi ghomakengwerero	36
11.4	Muhingo ghomakengwerero	38
11.5	Yitambo yomakengwerero.....	38
11.6	Makengwerero ghashihuru ghoyendamwaka, makonakono ghomambiru noghomakuru: Mayendithitho.....	40
11.7	Makonakono gho kughuhura ghomwaka.....	44
11.8	Maneghedhero ghoyikonakona.....	48
11.9	Matapero yiwanamo kuNgcara 8, 9 no 10.....	49
12.	Mapathwerero ghokuwedherera ko	49
	Kehe makutjindjo ghokumambapira agha ha fundhwerera mbo ghana pu kuyuvithanga mumbapira dhomopathwerero dho kutunda kuNIED.....	49
	THIRAMEKA C	52
	NGCARA 8 & 9	
	Mwaka:	52
	Shure: Ngondahongero:	
	Mitiri:	52
	MENA	52
	Thinema.....	52
	Kutegherera no Kughamba	52
	Kutoya no Kutjanga	52
	Yithimwetwedhatjanga	52
	Kutjanga	52
	NGOYO MUTHINEMA	52
	(T1 + T2 + T3)	52
	MAPENDA MUMWAKA (300 ÷ 3)	52
	Yishikuroghithera noYokukuroghithera	52
	Thipepa.....	52

MAPENDA MUTHINEMA	52
Thitjangwa 1	52
Thitjangwa 2	52
MAPENDA MUTHINEMA (40 ÷ 2)	52
Mitanuro	52
Yithimwa	52
Yipepa	52
MAPENDA MUTHINEMA	52
Yitjangathimwetwedha.....	52
Yitjanga yoyifupi 1	52
Yitjanga yoyifupi 2	52
MAPENDA MUTHINEMA (60 ÷ 2)	52
10 52	
10 52	
20 52	
20 52	
20 52	
20 52	
10 52	
10 52	
10 52	
30 52	
40 52	
10 52	
10 52	
30 52	
100 52	
300 52	
100 52	
1 52	
2 52	
3 52	
1 52	
2 52	
3 52	
1 52	
2 52	

3	52
1	52
2	52
3	52
1	52
2	53
3	53
THIRAMEKA D	53
MAKENGWERERO GHASHIHURU GHoyendamwaka: THIMBUKUSHU	53
NGCARA 10	
Mwaka:	53
Shure:	Ngondahongero:
Mitiri:	53
MENA	53
Thinema	53
Kutegherera & Kughamba	53
Kutoya & Kutjanga	53
NGOYO MUTHINEMA	53
Yishikuroghithera noYokukuroghithera	53
Thipepa	53
MAPENDA MUTHINEMA	53
Mitanuro	53
Yithimwa	53
Yipepa	53
MAPENDA MUTHINEMA (60 ÷ 2)	53
Yihonga kehe yino	53
Yitoya yokumona/ Yishimono	53
Yitoya yokumona/ Yishimono	53
MAPENDA MUTHINEMA (40 ÷ 2)	53
Yitjangathimwetwedha	53
Yitjanga yoyifupi 1	53
Yitjanga yoyifupi 2	53
MAPENDA MUTHINEMA (60 ÷ 2)	53
NGOYO THINEMA	53
(T1+T2)	53
MAPENDA MUMWAKA	53
(200 ÷ 2)	53
10	53

10	53
20	53
20	53
20	53
20	53
30	53
20	53
10	53
10	53
20	53
40	53
10	53
10	53
30	53
100	53
200	53
100	53
1	53
2	53
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2	53
1	53
2	53
1	53
2	53
1	53
2	53
1	54
2	54
1	54
2	54
1	54
2	54

THIRAMEKA A.....	50
------------------	----

THIRAMEKA B.....	51
------------------	----

THIRAMEKA C.....52

THIRAMEKA D.....53

1. MWINGENENO

Edi dighanohongithitho kuna kutjangurura thitambo thoyikuhonga nomakengwerero ghoDighanohongithitho dyoyoyihe dyoNgcara 8-10. Thofotji thopayitambo yomumakuhongo thika di ya pwa kutjanga mu*Pilot Curriculum Guide for formal Basic Education* ne mayeywero ghokutwetha kutoya no kutjanga noghundondoro ghomundimi dhokutanga ngambi dhokakoghatji. Eyi kuna kutongora ngeno eshi:

- Kukara noghukaro mwene kundimi dhokutanga;
- Kuningitha hanuke ha kunungathane thiwana pakanwa nopatjangwa mundimi dhokutanga;
- Kuningitha hanuke ha rughanithe ndimi dhokutanga noghudhutjima mumakuhongo mushure nomuyipara yokehe diyuwa yopamukunda.

Kutwetha no kutjwathna kondimi kwa kara mo kukuhonga nomayeyukero ghondimi mughundondoro ghomakuwanekero, omu mwa kara kutegherera, kughamba, kutoya no kutjanga yoshemwa no kutemununa eyi ya hatera kuyipara eyi ha mona hanuke. Eyi yina kutapa didhi dyoyikuhonga yoyihe nomatwarero kughutho muyikuhonga yondimi eyi ya kara nomudyo kumanongwaho, yikuyuva nomakurero ghamwanuke mumukunda. Thikuhonga thondimi tha kara mumitara dhoyikuhonga yomodighanohongithitho yo kutwetha kutoya no kutjanga, ene yihonga yapo ya kunungathana noyikuhonga yimweya yo kuvunga-vunga.

2. THITAMBO

Pamupepo ghoghudemokori nodidhi dyohoro edi ha yandjurura mukamingwa 21 komuDidhiveta kwa tawedhera mo eshi kehe mukaNamibia gha kuture mo mukuturitha po mayendithitho nomakurando ghomakuhongo agha sho gha ka ningithe paghura eshi yinye nongepi edi sho gha kuhonge. Podigho kemo gha karera makuhongo ghomuNamibia eshi makurando ghashihuru ghoyikuvureka, makengwerero noyiturithapo yoyipya, mukukondjera ka tapa makuhongo gho kukumenena mo kwawanu wahe muNamibia.

Pamupepo ghu powa turitha po Ghumenisiteri ghoMakuhongo makengwerero, mahukurukero no kutura muthirughana dighanohongithitho dyondimi dhokutanga nothitambo tho kuroghuthurura makuhongo. Mayendithitho gha ne kwemana pamakuturomo, makuyuvo, nomarughaneno pofotji ghashihuru pakatji kawanuke nawamamitiri. Dighanohongithitho kuyeyura maghundondoro ghondimi dhokutanga nopamuhingo ghu hanuke kukona kurughana thiwana no kuyenda kughutho muthikuhonga thawo thondimi dhokutanga. Mukehe naro hanuke kuwana mo maghano ghomudyo nomaghundondoro ghoyipara agha ha nyanda mumandimi noyikaritha yo kukuthigha-thigha.

Mayendithitho ghoMakuhongo ghawaheya muNamibia kwa gha tambithera:

- kudimuka eshi muyikuhonga kwa kara mo mayeyukero ghomudyo noyikaritha kupakerera ko ghudimuki noghundondoro;
- kuyeyura ghudimuki ghoye ghothinda noyitjwathana yopayikaritha, mudyo nomatawero ghawamwe mumakupakerero ghomandimi noyipara yopayitjo yo kukuthigha-thigha;
- kutjokedha fumwa dhoghunu wamunu noghughambero wendi;
- kutapa ghudimuki nomatjwathaneno ghoyinu yomudyo yokaye kowingi makutjindjo eyi ya kundama kuyipara; dihamba dyoHIV noAIDISI, maghenyeno ghokaye, maherukero ghokaye, mepithero ghomukunda, ghumbumba ghomayendithitho ghomaghushwi, makuhanyeno nomavurero ghoyita nondwa, makuhongo ghoghunu wamunu, ghudemokori, mayeraneno nomakuwedherero ghoghudimuki ghopatekinolodji nomakunungathanitho.

Dighanohongithitho dyondimi dhokutanga kutwara kughutho yitambo yino yina kuranda ko mumakuhongo:

- kughamwena hanuke ha kunungathane thiwana, dyodi ya roghera nomughuhunga muyighamba nomuyitjanga;
- kughamwena hanuke ha tjwathane no kuhutha thiwana koyi hana kuyuva, kutoya, kumona noyi ha dimuka;
- kutjokedha hanuke ha towaritha no kutambura yinu yo kukutjaka-tjaka mundimi;
- kughamwena hanuke kughudimuki wawo ghoyikuhonga yimwe pakuyeyura ghundondoro ghomarughanithero ghoyinu (yira makengwerero, kukona-kona, manungero)

- ngambi makwatakanitho ghoyinu, kutenda mathinganyekero, kurongeka ghushemwa, kutongora thighayara, kuncenuna yo kuhatera mutara ghofotji, kuturitha po maghoyero);
- kuyeyura no kutjokedha ghukaro ghonguyungani, kuturitha po ghudimuki ghoyithimwetwedha yopakanwa yothitjo thomambunga ghomuNamibia;
- kutjwathana no kuneghedha matambwero ghoyitjangathimwetwedha yo kukuthigha-thigha;
- kudhuma no kutjanga thiwana ndimi;
- kughamwena kukudimuka thinda no kutjwathana yikaritha yomudyo no kutawa yawamwe mumandimi nomuyipara yopayitjo yo kukuthigha-thigha;
- kutwara kughutho ghudimuki gho kuhatera mayendidthitho ghondimi no kuturitha po ghudimuki gho kurughanitha mashashero mughuhunga mukukuwa norutjangithitho oru ha tawedhera.

3. DIDHI DYoyitwetha NOYITUNDAMO YOYIKUHONGA

Pakutanga noNaro dhoSekondere ghoPamuve hanuke waheya ha roghera kurughanitha thiwana ndimi dhokutanga mumakunungathanitho, mumayeyukero ghendi thinda nomumakurero ghomagghano ghendi. Madhi dyoyitwetha mudighanohongithitha di kuna kuneghedha yikumithamo yomudyo eyi sho ha kumuthe mo hanuke kughuhura ghoheke ngcara muNaro dhoSekondere ghoPamuve. Mbadi ha gha tambithera eshi gha shweneke mitiri ngambi hanuke kuturithapo dighano dyodipya, nohamamitiri hana pu kutjokedha mukuwedherere ko yidimuka yohanuke kupitakana panaro dhi.

Hanuke hohapu ho sho ha kone kukumitha mo yongandji no ha kona kuwana yihonga yo kuhukuruka pamihingo dho kukuthigha-thigha nomaghamweno kwawayendhawo.

Pakumana Naro dhoSekondere ghoPamuve hanuke wahe kuna kuwatarerera mu ka kunungathana thiwana, kukutura mo thiwana muyithimwetwedhatjanga nomaghukaro gho kukuthigha-thigha no kutoya no kugharava thiwana yitjanga yo kukuthigha-thigha.

Hanuke hohapu ha nyanda makuhongo ghopithagho no ha nyanda kupakera thinga tothikuru endi yirughanitha. Hanuke hamwe ha kara noghurema gho kupira kukundama kumaghano ghawo nopayikuhonga yawo, nomayendero kughutho (yira hokufa meho, hokufa matwi noghurema ghumwe). Hanuke homabotwa (dyayero), yikorwa yopaghurwi noho kupira kudhidhimeka kutegherera hana kukara noyitwetha yoyirughana yo kukuthigha-thigha thikuma. Ruhongithitho, yirughanitha nomakengwerero ghohanuke hokemo ha kona kuyirongathana thiwana mukurikanya mumangonda ghomakuhongo gho kupakerera waheya pofotji.

4. MADIMUKITHERO GHOTHIKUHONGA MUNARO DHI

Pakuwana ruvedhe no kukudeghura kehe pano mitara dhondimi edhi hana kurughanitha, hanuke kukona keho ha ka dimuke mihingo mwene dhoMarughanithero thiwana ndimi. Mudyo thikuma eshi ghundondoro ghoghuhe ghondimi ha ghu pakerere pofotji muruvedhe rokuhonga no kukuhonga mu ka yeyura wangu-wangu makurero ghondimi.

Ndimi dhokakoghatji ne dhondjima-ndjima dhoyikuhonga yoyiheya: yithimwetwedha eyi hana toyanga no kutegherera hanuke, yihonga eyi hana ka kuyonga ko, yipepa eyi hana ka pepa, yoyiheya ya kona kukukwatathana noyinu yimwe yokuvunga-vunga yomumakuhongo yira yopamukunda, yondjewa-ndjewa (HIV noAIDISI), yoghunu wamunu, mangamu ghawanuke, yikaritha noghukaro ghoghuwa mumbunga noghudemokori. Awo hana kuyitjwathana no kukona ha pare no kukura nayo ghuwana mo mudyo, thika edi hana kutoya, kughamba no kutjanga yokuhatera ko.

Thingi thoyitwetha eyi ya kara mudighanohongithitho dyoNaro dhoSekondere ghoPamuve ko moyidi mudighanohongithitho dyoNaro dhoDhimbiru dhoPamuve. Thitambo ethi ha yi turera mo mudighanohongithitho dyoNaro dhoSekondere ghoPamuve ne yi neghedhe mitiri mudyo ghomayeyukero kughutho ghoyitwetha yi. Mumangara ghokughutho hanuke kuna kuwatarerera mu ka kuritha yitwetha yawo thika dyodi yina kwingipa yikuhonga.

5. YOPATHIRUME NOPATHIKADHI

Hamamitiri ha dimuke eshi hakamadighna kukura wangu no kutwetha wangu ndimi kupitakana hakafumughana no karo eshi hakamadighana nohakafumughana kukuthigha mukurughanitha ndimi. Agha makuthigho kukona kugharughanitha mitiri mungonda dhokuhongera thihonga thondimi pakuvunga-vunga hakafumughana nohakamadighana pofotji mutumbunga. Muyikuhonga yondimi mo mwa kara ruvedhe rorwingi oru sho ha rughanitjhe mukukuyonga yinu yomudyo yo kuhatera kuyikaritha, yira; madimukitho, yikuyuva, yitorora mwene, ñanani nomepwero.

Hamamitiri ha dimuke yinu yopathirume nopathikadhi, yithotera nomaghukukutu gho kutunda kuyitenda yokukutigha-thigha yawakafumu nawakamadi mumukunda. Hakamadi nawakafumu kurughanitha ndimi pamihingo dho kukuthigha-thigha. Agha makuthigho kukona kugharughanitha mitiri mungonda dhokuhongera thihonga thondimi pakuvunga-vunga hakafumughana nohakamadighana pofotji mutumbunga.

Mamitiri kukona ha rughanithe yipepa mukuneghedha yitawa yoyimango yopathikadhi nopathirume no kuhonga hanuke kukengurura yirughanitha yira mambapira podigho ha mone eshi ya pira ngambi ya shutuka kuyitawa yoyimango yopathikadhi nopathirume. Hakafumughana kukona kukuvunga nawakamadighana ngambi kukona kuwatjindja-tjindja payirughana yawo thika dyoyi ya hokokanga mungondahongero.

Muyihonga yondimi mo mwakara ruvedhe rorwingi oru sho ha rughanithe mukukuyonga yinu yomudyo yo kuhatera kuyikaritha. Mihingo dho kukuthigha-thigha dhorughayaritho pakatji kamukafumu namukamadi ro kuhatera kuyikaritha kukona kudhirughanitha mu ka kughamwena hathinda. Yihongithitha noyikuhongithitha yoyihe gha kona kuyikengurura mitiri mu ka tundithapo mandorwera pakatji kawakafumu nawakamadi.

6. GHUPARAGHUMBO GHOPAMUKUNDA NOYIKARAMO

Mughukaro ghopashure ndimi dhokutanga (ndimi dhokakoghatji) ne ghomuhingo gho kutjwathana mumakuroghithero matjwathaneno ghoThihingirisha eshi ndimi dhokuhongithitha. Shimengwa kate hanuke ha dimuka ndimi dhawo, no ha tambura thitjo thawo po ha kona kutwetha wangu Thihingirisha noyinu yoyihey yomukaye eyi yeya natho, mumapirero kuwayakunutha kundimi nothitjo thawo hathinda. Mudyo gho kukuhonga yikaramo yomumukunda wenu pakuhonga ndimi dhokakoghatji (ndimi dhokutanga) mbadi wa kukona kughukanana.

7. MAKUNUNGERO KUYIKUHONGA YIMWEYA NOYOKUVUNGA-VUNGA

Yinu yomuyihonga yo kuvunga-vunga yira; Makuhongo ghoyoMarudhi ghoHanu, yoHIV noAIDISI, Ghunu waMunu noGhudemokori, Ghudimuki ghoyoPamukunda noyo kuhatera Ghudimuki ghoyoMapathwerero noMakunungathanitho ya pwa kwingeneka pathinamuragho mumakuhongo mudighanohongithitho, no ha kona kuyihonga mumanaro ghomaheya muyikuhonga yo kukuthigha-thigha, yoyishi kehe thino thinu tha kara noghukukutu noyiretedherapo kwawakaNamibia wahe. Hanuke wetu wahe ha kona:

- Kutjwathana marudhi ghomaghlukukutu noyiretedherapo;
- Kudimuka eyi yo ka retedhera po pamukunda nomuyipara mwene yawanu wetu mudyarero nokughutho;
- Kutjwathana eshi ngepi gho kutunditha po maghlukukutu noyiretedherapo panaro dhoditunga nokaye kokahe;
- Kutjwathana eshi ngepi di gho kukona kuhatera mo kehe mwanuke mukutunditha po maghlukukutu noyiretedherapo pashure nopamukunda.
-
- Maghlukukutu ghomakuru noyiretedherapo agha ghana pu kunongonona ne;
- Yiretedherapo nomaghukukutu gho kwiyeza po ngeshi mbadi tuna kukunga yivareka yomumukunda wetu;
- Yiretedherapo nomaghukukutu gho kutunda kudihamba dyoHIV noAIDISI;
- Yiretedherapo nomaghukukutu ghoghundjewa-ndjewa, gho kutunda kudidhiro, kupira makutumeno mwene noghurugha;

- Yiretedherapo nomaghukukutu ghoghudemokori noghukaro ghoghuwa gho kutunderera kughufwiki noghuhurumende gho kushwena ghughambero nothingsa;
- Yiretedherapo nomaghukukutu gho kutunda pamakupakerero ghokaye.

Yinu yomudyo thikuma yomuyihonga yokuvunga-vunga ha kona kuyihonga mumanaro ghomaheya, mwa kona kukara yino: Makuhongo ghoyoMarudhi ghoHanu, yoHIV noAIDISI, Ghunu waMunu noGhudemokori, Ghudimuki ghoyoPamukunda noyokuhatera Ghudimuki ghoyoMapathwerero noMakunungathanitho. Ayo ya pwa kutura mudighanohongithitho dyoyikuhonga yokukuthigha-thigha.

Mughuye ghuno ghoyikorwa yoHIV noAIDISI, mudyo thikuma kurughanitha yikuhonga yondimi dhokakoghatji mukuningitha hanuke eshi ha ghambe ko nawo edi ha yi tjwathana no kukuyuva hathinda yokuhatera HIV noAIDISI noghukukutu oghu yina kureta kwamunu nopamukunda. Hanuke yi wa yandhurukere no ha ghambe ghupira woma. Ha kona kukara noyighayara nomakuruperero ghomawa mumwawo hathinda eyi mbo yi ka wa ghamwena kutanaritha ghundondoro ghomakunungathanitho panaro dhokuranda ko mumakuhongo mu ka ghamwena awa ya wana ngambi kukundama nowa hawa tundakana no ka shwena mepithero ngambi rupetho ropanyama.

Makunungero mudighanohongithitho dino kuyinu yo kuvunga-vunga:

Eyi yina kuranda ko kwishi ne yitamenedhi ngenyu no kwa yi tambire mukuneghedha mamitiri eshi ngepi gho kutura yikuhonga yo kuvunga-vunga muyihonga yawo yondimi yokehe diyuwa. Mamitiri kukona kuwedherera ko yihonga ngambi yirughana yawo hathinda mukurikanyitha ngambi kupirura yino ghutwara panaro noyihaka yohanuke.

THIMBANGU THOYIKUHONGA YOKUVUNGA-VUNGA, NGCARA 8-10

YIKUHONGA YOKUVUNG A-VUNGA	THIKUHONGA	YIRUGHANA YOKEHE GHUNDONDORO			
		KUTEGHERERA	KUGHAMBA	KUTOYA	KUTJANGA (YO KUTOYA NO KUTJANGA)
Makuhongo ghoyopaMukunda	• Yiredthera po yoyikaritha yawanu pamukunda • Ndwa pakatji kohanu noiyiyama • Didhiro • Makungero	• Kutegherera kuradiyo, tivi, mughambi ghomugenda, membo, yithimwetwedha, mitanuro, rwipu-rwipu, noyikuvureka ngambi yikuyonga vene yomumukunda (makungero, didhiro) no kuhutha kuyirughana yo kukuthigha-thigha, yira, kuthimwetwedhurur a yithimwetwedha.	• Yikuyonga ngambi yikuvureka yohawadi, yomumbunga, makuyongthano, yipepaghura, rwipu-rwipu, yoyihe kuhatera kumukunda.	• Kutoya yithimwetwedha , membo, mapepawinda, yitjingitha, noyipepa yoyihe kuhatera kumukunda no kuhutha mepwero gho kukuthigha-thigha gho kutunda kuyitoya yi.	• Kutjanga mitanuro, membo, mapepawinda, yitjingitha, marawero, makamweneno, yipepa yoyihe kuhatera yinu yomumukunda (Diyuwa dyoYitondo) • Thirughanatuma: Ngepi gho kukunga mukunda ghoeye.
Makuhongo ghoyoHanu	• Mavurero ghohanu noghuhepwe. • Mudhiru ghokumambo nomadoropa.	• Kutegherera kuyiturithapo yomayendithitho ghomavurero ghohanu mumatunga gho kukuthigha-thigha (Namibia, India) no kuhutha ko mepwero gho kukuthigha-thigha. • Kutegherera kuyitoya yo kuhatera kughuhepwe, ghuturo, mudhiru ghokumambo nomumadoropa, no kumanitha yirughana yo kukuthigha-thigha eyi hana mu pa.	• Kukuyonga eshi ngepi dig ha retanga po ghuhepwe mavurero ghomakuru ghohanu, ngepi dig ho kuyishutura po, kuturitha po mashutwero. • Diñambwe: mudhiru ghokumambo ngambi kumadoropa ne ghuwa endi ghumango • Kukuyonga ngepi gho kuhatithera mavurero ghohanu kuyishashara mumadoropa • Kukuyonga: Yidye sho gha rere hanu ho kupira ghuturo nohanuke ho kurenda-renda?	• Kutoya yo kuhatera makaverero ngambi mashingekero ghomavurero hanu/rwerereko muChina no kuhutha mepwero. • Kutoya kehe yino yo kuhatera kughuhepwe. • Kutoya yo kuhatera mudhiru ghokumambo nomumadoropa, hatjwayuki, noghuturo. • Kutoya thiparatjangwa thokuhatera maghuturo gho kukuthigha-thigha muNamibia no kutjanga makamweneno.	• Kutjanga yo kuhatera makaverero ngambi mashingekero ghomavurero hanu/rwerereko muNamibia. • Kutjanga thithimwa eshi ngepi gho kutunditha po ghuhepwe mumukunda ngambi ditunga dyoye. • Kutjanga thithimwa tho kuhatera yipara yomukamba dhawatjwayuki. • Kufaneka maghuturo gho kukuthigha-thigha no kutapa ghuwa noghuyi gho kutunga mukehe ghuturo (mumambunga).

YIKUHONGA YOKUVUNG A-VUNGA	THIKUHONGA	YIRUGHANA YOKEHE GHUNDONDORO			
		KUTEGHERERA	KUGHAMBA	KUTOYA	KUTJANGA (YO KUTOYA NO KUTJANGA)
Ghudimuki ghoyoMapathwe- rero	• Makutjindjero ghoyirughanitha yomathwerero noghudimuki ghopatekinodji • Ghuwa ghoIntaneti	• Kutegherera kuyitoya yo kuhatera ghudimuki ghopatekinodji ghopashadyarero no kuhutha mepwero, kumanitha no kuyaritha thimbangu, noyimweya.	• Diñambwe ngambi Makuyongathano : Mapathwerero noghudimuki ghopatekinodji ne kukanera ghukaro ghopofotji mumbunga.	• Kutoya mambapira gho kukuthigha-thigha no kurughana yirughana yo kukuthigha-thigha, yira, kushimba mo yinu yongandji; kutaghura pakatji koghushemwa noyighayara vene; kuhutha mepwero.	• Kutjanga yithimwa yo kukuthigha-thigha, yira, Kutjanga thiparatjangwa eshi ngepi gho kuwanena mo maghuwa hanu mughudimuki ghopatekinodji ghopashadyarero.
Makuhongo ghoyoHIV noAIDISI	• Yiredtherapo, yidimukitho nomakandaneno ghoHIV noAIDISI mwawakuru, hanuke, mukunda, ditunga nokaye	• Kutegherera kudimbo dyo kuhatera kuHIV noAIDISI no kumanitha kuyaritha thimbangu no kuhutha mepwero. • Kutegherera kuthithimwa no kuhutha mepwero gho Kemo/ Mbadi kemo.	• Kukuyongathana yinu yo kukuthigha-thigha, yira, Hanuke kughamwena kurwitha mandorwera nodimatama dyo kuhatera owa ya kundama yoHIV noAIDISI. • Kukuyuva memaneno ghomawa gho kuhatera ghukaro ghopayikuyeka-ghura ngeshi hana kutjokangedha ngambi kuthineneka. • Kukondjera ñanani dhoyitumbukera mwene muyikaritha yoyiwa pakatji kamukafumu namukamadi.	• Kutoya mambapira gho kukuthigha-thigha no kuhutha mepwero gho kukuthigha-thigha, yira: - Mathimwe-thimwe gho kuhatera HIV noAIDISI - Ngepi sho ha kone hanuke kurwitha dihamba di - Mitanuro dho kuhatera HIV noAIDISI - Yiparatjangwa yo muyithimwe-twedha nomukora-mbudhi nomambapira ghamwe ghombudhi.	• Kutjanga yitjngathimwe-twedha yo kukuthigha-thigha, yira: - Yitjangathi-mwetwedha: Yiredtherapo yoHIV noAIDISI (Thithimwa tho kuhatera mwanuke ghomukamadi ngambi ghomukafumu oyu ghana kupara noAIDISI) - Mbapira: kwamushere: (kukuyarekera ghushemwa ghoghupya noghoghuwa gho kuhatera dihamba edi hana kuhongo, edi hana kushwenena, no dina kureta ñeke) - Muyirateta: Mahurero ghothithimwa - Mutanuro: kutjanga mitanuro dhendi thinda nomakamwen eno gho kuhatera thitoya.

THIMBANGU THOYIKUHONGA YO KUVUNGA-VUNGA, NGCARA 8-10 (shime)

YIKUHONG A YO KUVUNGA- VUNGA	THIKUHONGA	YIRUGHANA YOKEHE GHUNDONDORO			
		KUTEGHERERA	KUGHAMBA	KUTOYA	KUTJANGA (YO KUTOYA NO KUTJANGA)
Ghunu waMunu noGhudemokori (Horo)	- Thiraro nondwa (marudhi ghothiraro nondwa nomudyo wayo, yiretedherapo yondwa)	Kutegherera kundwa dhoshemwa no kuhutha ko mepwero (Hadye hana hatera mo? Ngepi yikuvuyuva yawo?)	- Yighamba yo kukuroghithera: kukona-kona yiparatjangwa yomukorambu-dhi nomambapira ghamweya ghombudhi yo kuhatera yihokoka yondwa, kuyareka yighayara yendi thinda no kutapa mashutweropo ghondwa. - Yipepaghura yo kuhatera makudhidhime kero mushure.	Kutoya thitoya no kuhutha mepwero gho kutundo ko, yira, shane yitamenedhi ngambi ngambi ghushupi eshi ngepi ha turithanga po thiraro muditunga nopakatji komatunga.	- Kutjanga yitjangathimwe-twedha yo kukuthigha-thigha, yira, yiretedherapo yondwa no kuthinganyeka mashutwero ghayo. - Kufaneka yiperende
	Thitjo nomayeraneno ghayo (kutumera no kutambura mudyo ghothitjo nonungu dhoye)	Kutegherera no kuhutha kuyighamba yo kuhatera mandimi agha ha ghambanga, yidya, yivata, yidhirerekedha, matawero, noyimweya.	- Kupepa ngambi kukuyonga makutjakero ghoyitjo (thitamenedhi, ghudjaho, wenga) - Kuthimwetwe-dha yithimwetwe-dha noyithimwa yodiko ngambi rudhi.	Kutoya mambapira gho kukuthigha-thigha gho kukara noyifaneka (mapepaperenda ghomatunga, makarata, noyimweya) no kushimba mo mapathwerero gho kuroghera mukuhutha mepwero (kuyaritha thimbangu ngambi thiforomu).	Kutjanga yitjangathimwe-twedha yo kukuthigha-thigha, thitamenedhi, kutenda karenderi koyihokoka yopathitjo muNamibia.

YIKUHONG A YO KUVUNGA- VUNGA	THIKUHONGA	YIRUGHANA YOKEHE GHUNDONDORO			
		KUTEGHERERA	KUGHAMBA	KUTOYA	KUTJANGA (YO KUTOYA NO KUTJANGA)
	Makurikanyeno, kupira mandorwera ndani ghudemokori; Yiretedherapo noyishwedha (yihokokera); yirughana noyitumbukera.	- Kutegherera kuyitamedhi yo kupira makurikanyeno, mandorwera, noghudemokori no kuhutha kumepwero. - Kutegherera kuyighamba yawahunga no kuhutha mepwero gho Kemo no Mbadi kemo nomepwero ghomare. - Kutegherera kuthithimwa ngambi thiparatjangwa thomukorambudhi tho kuhatera kumangcamu noghunu wamunu oghu hana yipitha – no kutenda makurando ghoyiturithapo eshi ngepi gho kuyikandura po ngambi kuyitunditha po yokemo.	- Yipepa, makuyongo ghomaghekuku tu agha gha tundanga kumatawero ghopamupepo gho kukuthigha-thigha, muhoko, mandorwera ghopathitumba, kukuyonga maghukukutu ghomakununga thaneno gho kutunda kumandimi gho kukuthigha-thigha. - Kukuyonga makuhatithero mo ghawanuke mukutenda miragho dhopashure, matorwero ghawapiterithi pamukunda - Kurondonona ghukuhonga yiperende yo kunegha mepithero ghomangcamu noghunu wamunu – Kukuyonga eshi ngepi hana ghepitha, pashanye ya karera ghuyi kemo, nongepi gho kuroghuthurura ngambi kutjindja ghukaro ghokemo.	- Kutoya mambapira (yira, yiparatjangwa yomukorambudhi) ghokuhatera ghudemokori, mandorwera no kupira makurikanyeno no kuhutha mepwero ghoyo kutjwathana. - Kutoya thitoya: Mangcamu noghunu ha yi kunge – munyima ko kuhutha mepwero gho kutorora payinu yoyingi.	- Kutjanga yitjanga yoyingi yo kutunda muyitoya, yira, pashure: makurando ghomiragho dho kunomenena eshi makurikanyeno poghadi no kukoneka kumandorwera. - Kutjanga mbapira dhoyinyeghenya kumuhingo gho kupira ghudemokori omu ha tororanga hapiterithi homungonda-hongero. - Kutjanga yitjanghathimwe-twedha yo kukuthigha-thigha, yira, yitjangathimwe-twedha yoghushemwa: Nye yo kutenda ko twe ngeshi mangcamu noghunu wamunu hana yi yipitha?

Ndimi kughamwena hanuke kushwaghitha yikaritha yawo, yighayara noyikuyuva, no thikadyo kuturitha po ghundondoro ghiongcamu ghomakunungathanitho oghu sho ghu pwe kutanritha panaro dhino. Yitoya omu yina kutunda yihonga yi yo kukuvunga-vunga kukona kuyirughanitha pamuhingo ghofotji yira dyodi gha rughanithanga mitiri yitoya yomumambapira agha gha kuroghitheranga yirughana yira:

- Yo kutjwathana
- Mepwero ghomahuthero ghomafupi
- Mepwero gho kuhatera marughanithero ghondimi
- Yipepaghura yomungonda
- Yirughana yo kutjwathana yo kutegherera
- Yirughana yo kutjanga

8. MUHINGO GHORUHONGITHITHO NORUKUHONGITHITHO

Muhingo ghoruhongithitho noghorukuhongithitho ne gho kudhemenena papawo hathinda hanuke. Muhingo ghu kuretedhera po yikuhonga yo kukuma mughuta wakora ngeshi ka kumitha mo marawero agha ghana kuranda ko.

Thitambo ne mu ka yeyura yikuhonga ghutjwathana, ghundondoro ghoyidimuka noyikaritha mu ka kuritha mukunda. Matatekero ghokuhonga no kukuhonga ne gha di eshi mwanuke kwiya kushure noyidimuka noyitwetha yoyingi eyi gha wananga kehe pano padidhiko, kwawakamukunda, nopamakunungathanithero ghendi nomukunda. Yikuhonga mushure ya kona kuhateritha, kuturitha, kuwedherera no kutjoka-tjoka maghano noyidimuka yamwanuke yokare.

Hanuke kukuhonga thikuma ngeshi awo kukuturamo muyikuhonga ghuhatera mo kehe pano, kutura po no kutenda yinu. Muruvudhe rofotji, kehe mwanuke gha kara pofotji noyinyanda yendi, naro dhokukuhongithitha, yidimuka noyikumuthamo. Mitiri gha kona kufumbwera yinyanda yawanuke, ghukaro ghoyikuhonga eyi sho ha kuhonge no edi sho ha roghuthurure yidimuka yawo thika dyo. Mihingo dhoruhongithitho dha kona kukuthigha-thigha ene yi rikanye mumarongathaneno ghoyihonga, thikuma po ngeshi ha tura dighanohongithitha di kununge kundjima-ndjima edhi dha kundama kuyihonga yokukuthigha-thigha.

Mitiri yo gha kona kutokora kukutha muyitambo nodidhi dyoyitwetha edi sho ha kumithe mo, eshi ruvedhe munye roruwa rokuhonga nunu yikaramo; rokuwana mbudhi ngambi yinu papawo hathinda, rokunyanda kuwaneghedha yikuhonga, rokuwedherera payikuhonga yawo, nomarundurukero ghoghundondoro ngambi mambudhi agha sho ha shane-shane ngambi ruvedhe omu sho ha tawedhere hanuke hathinda mukushana ghukeru pamuhingo ghoyikaramo yothikuhonga.

Yirughana yomumbunga, yohawadi, yokehe yu pithendi, ngambi nga yowahe pofotji ha kona kuyirongakanya thiwana kukutha thirughana ethi thi di po. Yikuhonga yokukuyuva noyokukupakerera pofotji nayo ha kona kuyitjokedha. Muyikara yokemo, yirughana yi pwe kurongathana eshi yirughana yohawadi ngambi mumbunga ya kona kupwa popo, ngeshi mbadi kemo hanuke mbadi ha kumonanga mudyo ghokurughana pofotji. Thika dyodi hana kuwedherera hanuke hopanaro dhi ghundondoro wawo ghokughamba papagho hathinda nomumbunga, kemo dyo ha kona kuwapa yitumbukera yokuwedherera mu ka kutura mo mukurongathana no kukengurura yirughana yawo, mumayendithitho ghamitiri.

Hanuke ha dimuka kare ndimi dhawo dhokutanga muNaro dhoDhimbiru dhoKuyeyuka ko nothirughana thokuhonga ndimi dhokutanga muNaro dhoSekondere dhoPamuve ne gha thi twetherere no kutwara kughutho kudhighamba thiwana noghuyenderera. Thirughana thokukuhonga ne ka wedherera poyi ha dimuka kare noyo kukona kutenda, no kuneghedha hanuke marughanithero mwene ghondimi, no kuwaghamwena ha kare nongcamu mu ka rughanitha ndimi panaro dhokuyeyuka ko. Thihonga tha roghera kutwara kughutho eyi ha dimuka kare hanuke no eyi sho ha kone kurughana no kuwaneghedha ha roghuthurure no kurughanitha ndimi mughuhunga no kuwaghamwena ha kare noghudimuki gho kukona ha rughanitha ndimi dhodhikukutu nodhomughudhindo. Thirughana thomudyo muthihonga thi munaro dhi ne kuwedherera ruñandweya oru ha kara naro kare hanuke no ha tjwathane thiwana eyi ya tongora.

Mahongero ghoNdimi dhoKutanga gha kona kukuwa pofotji noyomudighumbo noyomumukunda. Mukukutha mumayendero ghondimi, kuhonga Ndimi dhoThiru ne mudyo mukurughanitha maghano ghomumukunda ghokuvuruka nokurughanitha matadhi nomathaghano agha tuna kushana kuyongaritha. Dighumbo nomukunda wamwanuke kukona yi mu ghamwene mukuwedherera kukuhonga no kudimuka ndimi.

Ruhongithitho roMandimi ghoThiru rwa kona kukuwa nomakutjindjo agha ghana kuhokoka pashaYanyi, thika dyodi yina hokokanga mukehe ndimi. Thikumapo ne mumadoropa omu gha kara mandimi ghokukuthigha-thigha, hamuregheya kurughanitha mathaghano ghawo hathinda agha hana kumona hakuru hokushwena makutjindjo eshi “ghurugha” no “mbadi mughuhunga”. Muyihonga yondimi dhokakoghatji (ndimi dhokutanga) mwa kona kukara mo ghudimuki

ghokuninga eshi ndimi dha kara nomarughanithero mwene agha ha rughanitheranga mukutjanga nomuyihokoka yomudyo. Oku ndimi dhopakana kwa kara nomuhingo ghokukuthigha-thigha, mbadi rughambithitho ropamukunda keho ene kutunda kuyihokoka yomudyo nomarughanithero ghofumwa kate kumarughanithero ghopaghundambo noghutjotji.

Ngonda dhomahongero dha kona kuyara yihongithitho yoyingi yondimi, mbadi pakurughanitha ndimi pakanwa ngenyu, ene noyopatjangwa. Kehe ngonda dha kona kukara nodishonga dyokutoyero mambapira, yithimwetwedha yopamukunda, mitanuro noyithimwetwedha yoyifupi eyi ha turitha po pofotji nawakamukunda noyawo hathinda hanuke, noma pepawinda, no kuramadheka yirughana yawo hathinda. Ruhongithitho ro kukuthigha-thigha kukona kurughanitha podigho eshi hanuke ha nyanyukere yikuyonga, yira: yipepa noyitjanga vene yokuturithapo hathinda, yo kutunda kumaradiyo ghomumukunda kate kuyiperende yishiwana maYando, mutara ghothitjo ghoyimbaghura nothitjo thawo hathinda hanuke.

Ngambikemo eshi mashure ghomapu gha kara nokombyuta ghokurughanitha hanuke, mamitiri gha kona kuturithapo ghudimuki ghoYanyi-Yanyi ghopatekinolodji mwawanuke hopena dhoSekondere dhoPamuve. Ghudimuki ghopatekinolodji kukona kughutanaritha pakukuyonga hanuke eshi kupi ha monanga kombyuta noyokuhatera ko pamukunda wawo, nonye eyi ha yi rughanithanga no kutoya yithimwetwedha ngambi kukuvureka yiperende yokuhatera kumapathwerero ghopatekinolodji. Awa ha kara nomakombyuta kuwatjokedha ha gha rughanithe no kutongwera ko hayendhawo.

9. MAKAMWENENO GHOYIKARAMO YOYIKUHONGA

Maghundondoro ghomundimi agha sho ha kone kuwana hanuke waheya ne kuna kara mo:

- Kuteghera no Kughamba
- Kutoya no kutjanga
- Marughanithero ghoNdimi (Kahongandimi)
- Yithimwetwedhatjanga

Thimbangu kwishi kuna kunegha mitara dhoyikuhonga ngambi yirughana mukehe ghundondoro ghondimi oghu ha kona kuwana. Maghundondoro gha kuna gha taghura mukuyiredhupitha no kuyitjwathana wangu ene mbadi eshi kughahonga kehe ghuno pithagho. Mumarughanithero, ngambikemo, maghundondoro ghondimi mbadi gha rughananga kehe ghu pithagho podigho eshi yi pwe kuhonga pamuhingo ghokuyipakerera yoyiheya pofotji.

Mutara ghoGhundondoro	Mutara ghoYikuhonga/Yirughana
Kuteghera no Kughamba	Kukuhonga ghundondoro gho kutegherera; kutegherera no kuhutha ko kumapathwerero agha ghana yuvu; kunongonona marawero nomitara; kutjwathana yikuyuva, yighayara noyikaritha yawaghamba; kuyeyura ghudimuki ghomarughanithero ndimi noruñandweya. Kuwedherera ghundondoro gho kurughanitha mughuhunga ndimi ghuyenderera; kukunungathanitha nomakuruperero no kurughanitha ruñandweya ro kuroghera thiwana muyikara yo kukuthigha-thigha, ghuneghedha thitambo noghudimuki ghohateghereri.
Kutoya no Kutjanga	Kuwedherera ghundondoro gho kutoya muthipore nowighuka; kutoya ghutjwathana noghunanyukera; kushimba mo mapathwerero muyitjanga yo kukuthigha-thigha; kurughanitha yinu (mambapira) yo kukughamwenitha. Kutjanga yitjanga yo kukuthigha-thigha, ghuneghedha thitambo noghudimuki ghohatoyi, ghurughanitha marongathaneno mwene ghoyighamba, mashashero noyitoyadimukitha yomughuhunga mumiyirateta dho kurongathana thiwana.
Kahongandimi	Kutjanga thiwana nomayeyukero mwene mumashashero ghomughuhunga, yitoyadimukitha noyirughanitha yo kukughamwenitha pamaneghedhero, ghurughanitha ruñandweya ro kuroghera, mathaghano nomarudhiñando muyighamba yo kukuthigha-thigha.

Mutara ghoGhundondoro	Mutara ghoYikuhonga/Yirughana
Yithimwetwedhatjanga	Kudimuka no kutjwathana yithimwa yo kukuthigha-thigha; kugharava no kukengurura yitoya yomuyithimwa; kuturitha po no kuyeyura maghano noyighayara yendi thinda ghuhatera kuyinu nomitara dho kukuthigha-thigha dhomuyithimwa.

10. YIKARAMO YOYIKUHONGA

10.1 THIHONGA: KUTEGHERERA NO KUGHAMBA

Mu ka kengurura mayendero kughutho ghoghundondoro gho kutegherera, hanuke ha kona ka hutha ko pakanwa ngambi patjangwa. Mambapira nomepwero ngambi yirughana yo kurughanitha mumangara gho kukuthigha-thigha ñanyi yi kutjakange muwingi, mughure ngambi mughukukutu kukutha kehe ngcara. Yinyanyukera nomatambwero ghoyithimwetwedha (mambapira) ya kona kutunda kughundondoro wamwanuke gho kutegherera kumakuyongo nomatjwathaneno ghoyithimwetwedha yopakanwa yo kukuthigha-thigha eyi hana kurughanitha.

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
1. Kutegherera thiwana	kunyanyukera no kutambura yithimwetwedha yopakanwa yo kukuthigha-thigha (yira, yithimwetwedha, mitanuro, membo, yighamba, yitundamo, diñambwe, kushanena fiyaghudhi, mambudhi ghothidiro noyimweya kenge yo)	- kutegherera thiwana mukuhutha ko dyodi ya roghera kuyithimwetwedha yopakanwa yo kukuthigha-thigha - kudimuka yitongora yomwimi yoyithimwetwedha yopakanwa - kuhutha dyodi ya roghera koyi hana yuvu - kunongonona makurandero - kurughanitha mapathwerero agha ghana yuvu - kunongonona makuwero nomakutjakero, maghuwa nomaghuyi - kupumba koyi sho yi ka hokoke no kuthinganyeka yitundamo muyithimwetwedha yopakanwa - kutjanga koyi hana yuvu - kukengurura ghuyakunutha, kuyedhekeritha no kutenda maghoyero kumapathwerero gho kutapa pakanwa	- kutegherera thiwana mukuhutha ko dyodi ya roghera kuyithimwetwedha yopakanwa yo kukuthigha-thigha - kudimuka yitongora yomwimi yoyithimwetwedha yopakanwa - kuhutha dyodi ya roghera koyi hana yuvu - kunongonona makurandero noyiretitherapo - kurughanitha mapathwerero agha hana yuvu - kunongonona makuwero nomakutjakero, maghuwa nomaghuyi - kupumba koyi sho yi ka hokoke no kuthinganyeka yitundamo muyithimwetwedha yopakanwa - kutjanga koyi hana yuvu - kukengurura ghuyakunutha, kuyedhekeritha no kutenda maghoyero kumapathwerero gho kutapa pakanwa	- kutegherera thiwana mukuhutha ko dyodi ya roghera kuyithimwetwedha yopakanwa yo kukuthigha-thigha - kudimuka yitongora yomwimi yoyithimwetwedha yopakanwa no kuneghedha ghudimuki ghoyitambo yamuthimwetwedhi - kuhutha thiwana koyi hana yuvu - kunongonona makurandero, yiretitherapo noyishwedha - kurughanitha mapathwerero agha hana yuvu mukumanitha yirughana, yira yitundamo nomanangwero - kupirura no kunungathana mapathwerero (yira, makuwero nomakutjakero, maghuwa nomaghuyi) - kupumba koyi sho yi ka hokoke no kuthinganyeka yitundamo muyithimwetwedha yopakanwa - kutjanga koyi hana yuvu - kukengurura ghuyakunutha, kuyedhekeritha no kutenda maghoyero kumapathwerero gho kutapa pakanwa

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
2. Matjwathaneno	kutjwathana yikuyuva, yitambo, noyikaritha yawaghambi	- kutegherera no kutjwathana mapathwerero - kutjwathana no kukuyonga yitambo noyikaritha yawaghambi - kuhutha thiwana mepwero gho kuroghera (kuya maghano ngambi kuvuruwa)	- kutegherera no kutjwathana mapathwerero gho kuyeyuka ko - kutjwathana no kukuyonga yitambo noyikaritha yawaghambi - kuhutha thiwana mepwero gho kuroghera (kuya maghano ngambi kuvuruwa)	- kutegherera no kutjwana mapathwerero gho kuyeyuka ko thikuma - kutjwathana no kukuyonga yitambo noyikaritha yawaghambi - kuhutha mughuhunga mepwero gho kuroghera agha gha nyanda shime mapathwerero (kuya maghano / kuvuruwa)
	kukengurura no kutaghura	- kutongora thitambo thamughambi - kutaghura mapathwerero ghomudyo nogho kupira mudyo koyi hana yuvu - kukumburura ko kumapathwerero (agha hana yuvu, gho kutunda kuyipudhura, tivi, radiyo, yiparatjangwa, yithimwetwedha, noyimweya kenge yo) - kutapa ko ñumbu dho kuroghera	- kutongora thitambo thamughambi - kutaghura mapathwerero ghomudyo nogho kupira mudyo koyi hana yuvu - kukumburura ko kumapathwerero agha hana yuvu, gho kutunda kuyipudhura, tivi, radiyo, yiparatjangwa, yithimwetwedha - kutapa ko ñumbu dho kuroghera	- kutongora thitambo thamughambi no kutenda maghoyero - kunongonona eyi hana yuvu - kutaghura mapathwerero ghomudyo nogho kupira mudyo koyi hana yuvu - kukumburura ko kumapathwerero gho kutunda kuyipudhura, tivi, radiyo, yiparatjangwa, yithimwetwedha, noyithimwa yo kukuyarekera - kutapa ko ñumbu dho kuroghera ngambi dhomakonakono - kunongonona yighayadhara noyitambo, ghukaro, yikara, madhi ghombudhi
	kutegherera no kutjwathana marawero nomitara	kunongonona no kutjwathna marawero nomitara mukuneghedha matjwathaneno (yira kutjwathanitha, kutarangedha, kutjakitha, kuyedhekeritha, kuthothonona)	kunongonona no kutjwathna marawero nomitara mukuneghedha matjwathaneno (yira kutjwathanitha, kutarangedha, kutjakitha, kuyedhekeritha, kuthothonona)	kunongonona no kutjwathna marawero nomitara mukuneghedha matjwathaneno (yira kutjwathanitha, kutarangedha, kutjakitha, kuyedhekeritha, kuthothonona)
	kunongonna didhi dyodighano dyothighamba ngambi thikuyonga	- kutorora madhi ghoyighamba yo kuroghera - kutjwathanitha mukuneghedha matjwathaneno	- kutorora madhi ghoyighamba yo kuroghera - kutjwathanitha mukuneghedha matjwathaneno	- kutorora madhi ghoyighamba yo kuroghera - kutjwathanitha mukuneghedha matjwathaneno

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
3. Makunungathanitho	kukunungathanitha mapathwerero nomaghano	- kutapa mapathwerero, yikuyuva, maghano noghushemwa - kutwara yikuvureka kughutho - kutwara maghano kughutho - kukunungathanitha ñanani nomaghano mukuneghedha matjwathaneno - kuvuruka no kuthimwetwedha yihokoka yopakanwa	- kutapa mapathwerero, yikuyuva, maghano noghushemwa - kutwara yikuvureka kughutho - kutwara maghano kughutho - kukunungathanitha ñanani nomaghano mukuneghedha matjwathaneno - kuvuruka no kuthimwetwedha yihokoka yopakanwa	- kutapa thiwana mapathwerero, yikuyuva, maghano noghushemwa - kutwara kughutho yikuvureka yoshemwa - kurandathanitha thiwana maghano kughutho - kukunungathanitha ñanani nomaghano mukuneghedha matjwathaneno - kuvuruka no kuthimwetwedha yihokoka yopakanwa
	kuhatera muyirughana yomumbunga mukutapa pakanwa yighayara, ghushemwa, yikuyuva noyikumbera	kukunungathana thiwana ghukengurura thikuma nohitambo thomudyo, ghurughanitha yitowaritha yondimi mughukaro ghomumbunga, pathitjo, mumakuhongo nomungondahongero ghuneghedha ghudimuki wawateghereri	kukunungathana thiwana ghukengurura thikuma nohitambo thomudyo, ghurughanitha yitowaritha yondimi mughukaro ghomumbunga, pathitjo, mumakuhongo nomungondahongero ghuneghedha ghudimuki wawateghereri	kukunungathana thiwana ghukengurura thikuma nohitambo thomudyo, ghurughanitha yitowaritha yondimi mughukaro ghomumbunga, pathitjo, mumakuhongo nomungondahongero ghuneghedha ghudimuki wawateghereri
4. Kuhutha yo kuroghera	kutapa mahuthero mwene ghopakanwa muyighamba yomughukaro gho kukuthigha-thigha	- kuneghedha makupirwero muyikuhonga yomaghano ghomapya - kwipira mepwero gho kuroghera - kurughanitha makurandathano mwene ghokahongandimi noruñandweya - kurughanitha ruñandweya ro kuroghera mukutapa matjwathaneno kuthikuhonga thongandji	- kuneghedha makupirwero muyikuhonga yomaghano ghomapya - kwipira mepwero gho kuroghera - kurughanitha makurandathano mwene ghokahongandimi noruñandweya - kurughanitha ruñandweya ro kuroghera mukutapa matjwathaneno gho kuyarerera kuthikuhonga thongandji	- kuneghedha makupirwero ghomakuru muyikuhonga yomaghano ghomapya - kwipira mepwero gho kuroghera mukukenitha eyi hana yuvu - kurughanitha mughunga makurandathano mwene ghokahongandimi noruñandweya - kurughanitha ruñandweya mughunga mukutapa matjwathaneno gho kuyarerera kuthikuhonga thongandji

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
5. Kuyarekera	kuturitha po ghundondoro gho kuyarekera pakanwa ghuneghedha ghudimuki kwawateghereri	- kuyarekera pakanwa yihonga yongandji ngambi eyi hana wa pa yira yokuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noyoGhudemokori - kuyarekera ghushemwa, maghano noyikuyuva	- kuyarekera pakanwa yihonga yongandji ngambi eyi hana wa pa yira yokuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noyoGhudemokori - kuyarekera ghushemwa, maghano noyikuyuva	- kuyarekera mughunga pakanwa yihonga yongandji ngambi eyi hana wa pa yira yokuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noyoGhudemokori - kuyarekera dyodi ya roghera ghushemwa, maghano noyikuyuva
6. Mashwaghithero, mawero, mayeywero nomadhundekero ghodiywi	kushwaghitha yimona no kuneghedha yikuyuva noyighanekera	- kurughanitha rughambitho romañando norurembitho royighamba mu ka kenitha thiwana yitongora - kuneghedha yikara noyikuyuva ghurughanitha thiwana mawero nomayeywero ghodiywi	- kurughanitha rughambitho romañando norurembitho royighamba mu ka kenitha thiwana yitongora - kuneghedha yikara noyikuyuva ghurughanitha thiwana mawero nomayeywero ghodiywi	- kurughanitha rughambitho romañando norurembitho royighamba mu ka kenitha thiwana yitongora - kuneghedha yikara noyikuyuva ghurughanitha thiwana mawero, mayeywero nomadhundekero ghodiywi
	kughamba thiwana nomakukuruperero	- kughamba thiwana nomakukuruperero ghurughanitha dyodi ya roghera mawero nomayeywero ghodiywi - kushwaghitha no kutanaritha yighayara yawo hathinda - kutjokangedhitha (kurwitha) dighano - kuturitha po mashutwero ghomaghlukukutu	- kughamba thiwana nomakukuruperero ghurughanitha dyodi ya roghera mawero nomayeywero ghodiywi - kushwaghitha no kutanaritha yighayara yawo hathinda - kutjokangedhitha (kurwitha) dighano - kuturitha po mashutwero ghomaghlukukutu	- kughamba thiwana nomakukuruperero ghuyuveka pakurughanitha dyodi ya roghera mawero, mayeywero nomadhundekero ghodiywi - kushwaghitha no kutanaritha yighayara yawo hathinda no kutambura maghano ghawamweya - kutjokangedhitha (kurwitha) dighano no kuturitha po maghano ghagho nagho - kushana mashutwero kumaghrukukutu ghoshemwa ngambi gho kutemununa

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		- kutura po ñanani dho kurongathana thiwana ngambi dhoghushemwa pamakuyongo, yighamba, yikuvureka, ngambi yikuyongathana yomukambunga - kukuyonga no kukuyongathana yinu yo kuhatera kuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noghoyoGhudemokori	- kutura po ñanani dho kurongathana thiwana ngambi dhoghushemwa pamakuyongo, yighamba, yikuvureka, ngambi yikuyongathana yomukambunga - kukuyonga no kukuyongathana yinu yo kuhatera kuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noghoyoGhudemokori	- kutura po ñanani dho kurongathana thiwana ngambi dhoghushemwa pamakuyongo, yighamba, yikuvureka, ngambi yikuyongathana yomukambunga - kukuyonga no kukuyongathana yinu yo kuhatera kuHIV noAIDISI, Makuhongo ghoyopaMukunda, ghoyoHanu, ghoyoGhunu waMunu noghoyoGhudemokori
7. Mapirwero	kushana madhi ghomapirwero	kupirura yighamba noyiparatjangwa yoyifupi noyoyiredhu kutunda muThihingirisha ha tware mundimi dhawo dhokutanga (Thimbukushu)	kupirura yighamba noyiparatjangwa yoyifupi noyoyiredhu kutunda muThihingirisha ha tware mundimi dhawo dhokutanga (Thimbukushu)	kupirura muThihingirisha ha tware mundimi dhawo dhokutanga (Thimbukushu) no kutjindja karo ha tware muThihingirisha yighamba noyiparatjangwa yoyifupi noyoyiredhu, yikuyongathana yomumbunga, dikongo (yigongi) ngambi matheko gho kughanequera

10.2 THIHONGA: KUTOYA NO KUTJANGA

Ghukukutu noghukuru ghomambapira gho kurughanitha mumangcara ghano kukutjaka kukutha mungcara no mwa kona kukara mo yinyanyukitha kwamwanuke. Mambapira ghamweya gho kurughanitha mumakuhongo ne ghana pu kutjokedha thika dyo, no mwa kona kukara mo yihonga yo kuvunga-vunnga yira yino: HIV noAIDISI, Makuhongo ghoyopaMukunda, yoMakuhongo ghoyohanu, yoGhunu waMunu noGhudemokori. Yinyanyukera noyitowaritha yoyitjangwa kutunda muyitoya, yikuvureka noyitjwathana yamwanuke yomambapira gho kukuthigha-thigha. Thika kenge di hana kuyenda kughutho hanuke mumangcara, kemo dyo ghuna kukuwedherera ghundondoro wawo gho kutoya muthipore.

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
A: Yitjanga vene 1. Kutjwathana no kukutha marawero	kutoya no kupathurura ngambi kugharava marawero mukuhutha ko dyodi ya roghera ghurughanitha madhiñando yira: nongonone, shingonone, toye, tarangedhe, thothonone, tjwathanithe, konakone, noyimweya kenge yo	• kuhutha ko kumarawero ghopatjangwa • kurughanitha mapathwerero agha hana toyo • kuwana/kunongonona makuwero nomakuthigho, maghuwa nomaghuyi • kuthinganyekera/kupumba yitundamo yomuyitjangwa	• kuhutha ko kumarawero ghopatjangwa • kurughanitha mapathwerero agha hana toyo • kuwana/kunongonona makuwero nomakuthigho, maghuwa nomaghuyi • kuthinganyekera/kupumba yitundamo yomuyitjangwa	• kuhutha ko dyodi ya roghera kumarawero ghopatjangwa • kurughanitha mapathwerero agha hana toyo mukumanitha thirughana, yira: yitundamo • kuwana/kunongonona makuwero nomakuthigho, maghuwa nomaghuyi • kuthinganyekera/kupumba yitundamo yomuyitjangwa
	2. Matjwathaneno	• kutokora thitambo thothikuru thothitjangwa • kugharava no kununga mapathwerero	• kutokora yighamba yomudyo muthitjangwa • kugharava no kununga mapathwerero	• kutokora thitambo thothikuru thothitjangwa nomaghano gho kukwatitha ko • kugharava no kununga mapathwerero
	kunongonona yighamba yomudyo (madhi) muyitjangwa yo kukuthigha-thigha	• kutorora mo madhi mwene (gho kuroghera) ghoyighamba • kukamununa, kuyedhekeritha, no kukonakona yitoya yomuyitjangwa • kuthinganyeka yitundamo mukukuwa (kukwatitha ko) ngambi kukutjaka (kukanunutha) nomaghano ghamwe	• kutorora mo madhi mwene (gho kuroghera) ghoyighamba • kukamununa, kuyedhekeritha, no kutjakitha yitoya yomuyitjangwa • kuthinganyeka yitundamo mukukwatitha ko dighano dyongandji • kunongonona ghukaro wamutjangi	• kutorora mo madhi mwene (gho kuroghera) ghoyighamba • kukamununa, kuyedhekeritha, no kutjakitha yitoya yomuyitjangwa • kuthinganyeka yitundamo mukukwatitha ko dighano dyongandji • kunongonona ghukaro wamutjangi gho kuhoroma

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		kuneghedha ghudimuki gho kushimba mo mapathwerero muyitjangwa (yira: yimbapira yomapathwerero, yitundamo, mambapira ghombudhi (magazine), yithimwatjangwa (yo mbadi pathinamutanuro), noyimweya kenge yo)	kuneghedha ghudimuki gho kushimba mo mapathwerero muyitjangwa (yira: yimbapira yomapathwerero, yitundamo, mambapira ghombudhi (magazine), yithimwatjangwa (yo mbadi pathinamutanuro), noyimweya kenge yo)	kuneghedha ghudimuki gho kushimba mo mapathwerero muyitjangwa (yira: yimbapira yomapathwerero, yitundamo, mambapira ghombudhi (magazine), yithimwatjangwa (yo mbadi pathinamutanuro), noyimweya kenge yo)
3. Mihingo dhorutoyitho mwene	kurughanitha ghundondoro ghorutoyitho ro kukuthigha-thigha mumambapira gho kuroghera gho kukuthigha-thigha	- kutoya thiwana wighuka mukutapa matjwathaneno ghomambapira gho kukuthigha-thigha, yira: yithimwatjanga, yipepahokoka, mitanuro, mapathwerero ghoyomakuhongo, noyimweya kenge yo - kutoya thipore mambapira gho kufundhwerera noghamweya mukuwedherera ghundondoro gho kutoya thipore yira kufukunya no kufikaghura - kurughanitha mambapira gho kukuthigha-thigha ghoghuneghani (yira: mbapira dhoruñandweya, insiklopediya, noyimweya kenge yo)	- kutoya thiwana wighuka mukutapa matjwathaneno ghomambapira gho kukuthigha-thigha, yira: yithimwatjanga, yipepahokoka, mitanuro, mapathwerero ghoyomakuhongo, noyimweya kenge yo - kutoya thipore mambapira gho kufundhwerera noghamweya mukuneghedha makuwedherera ghomatjwathaneno noghundondoro gho kutoya thipore yira kufukunya no kufikaghura - kurughanitha mambapira gho kukuthigha-thigha ghoghuneghani (yira: mbapira dhoruñandweya, insiklopediya, noyimweya kenge yo)	- kutoya thiwana wighuka mukutapa matjwathaneno ghomambapira gho kukuthigha-thigha, yira: yithimwatjanga, yipepahokoka, mitanuro, mapathwerero ghoyomakuhongo, noyimweya kenge yo - kutoya thipore mambapira gho kufundhwerera noghamweya mukuneghedha makuwedherera ghomatjwathaneno no kutwetha ghundondoro gho kutoya thipore yira kufukunya no kufikaghura - kurughanitha mambapira gho kukuthigha-thigha ghoghuneghani (yira: mbapira dhoruñandweya, insiklopediya, noyimweya kenge yo)
4. Kutoya thikuma yoyingi	kutoya no kutjwathana yitjangwa yokukuthigha-thigha mukuwana ghudimuki, matambwero noyinyanyukera	kutoya no kutambura yitjangwa yo kukuthigha-thigha mumambapira yira ghoyithimwa yoyire, mambapira ghombudhi, yitundamo, yighamba, yithimwa yoyifupi, mitanuro, yipepahokoka, noyimweya kenge yo	kutoya no kutambura yitjangwa yo kukuthigha-thigha mumambapira yira ghoyithimwa yoyire, mambapira ghombudhi, yitundamo, yighamba, yithimwa yoyifupi, mitanuro, yipepahokoka, noyimweya kenge yo	kutoya no kutambura yitjangwa yo kukuthigha-thigha mumambapira yira ghoyithimwa yoyire, mambapira ghombudhi, yitundamo, yighamba, yithimwa yoyifupi, mitanuro, yipepahokoka, noyimweya kenge yo

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		- kutapa yitundamo koyi hana toyo mukunegha matjwathaneno ghawo no kutapa mapathwerero ghoghuhunga - kurongathana no kuyareka maghano noghushemwa - kutoya mukuwana mapathwerero, ghudimuki ghokokuhe noyinyanyukera - kunongonona yinu yomakuwero nomakuthigho kumutara ghothitjo	- kutapa yitundamo koyi hana toyo mukunegha matjwathaneno ghawo no kutapa mapathwerero ghoghuhunga - kurongathana no kuyareka maghano noghushemwa - kutoya yoyingi mukuwana mapathwerero, ghudimuki ghokokuhe noyinyanyukera - kunongonona yinu yomakuwero nomakuthigho kumutara ghothitjo	- kutapa yitundamo koyi hana toyo mukunegha matjwathaneno ghawo no kutapa mapathwerero ghoghuhunga - kurongathana no kuyareka maghano, ghushemwa noyighayara - kutoya thikuma yoyingi mukuwana mapathwerero, ghudimuki ghokokuhe gho kuyeyuka ko noyinyanyukera - kunongonona yinu yomakuwero nomakuthigho kumutara ghothitjo
5. Kutoya ghukengurura	kutoya ghukengurura yitjangwa yonunderero dho kukuthigha-thigha	- kunongonona ghushemwa nomathimwe-thimwe - kunongonona yikaritha, ghukaro, nothitambo thamutjangi no kutenda maghoyero - kutjwathanitha muhingo ghomarughanithero ndimi dhawatjangi mukukumitha mo yitambo yawo - kukengurura thiwana yitjangwa no kuyareka ñanani - kuturitha po maghano noyikaritha yawo hathinda	- kunongonona ghushemwa nomathimwe-thimwe - kunongonona yikaritha, ghukaro, nothitambo thamutjangi no kutenda maghoyero - kutjwathanitha muhingo ghomarughanithero ndimi dhawatjangi mukukumitha mo yitambo yawo - kukengurura thiwana yitjangwa no kuyareka ñanani mwene - kuturitha po maghano noyikaritha yawo hathinda	- kuyakunutha pakatji ko ghushemwa, mathimwe-thimwe noyighayara - kunongonona no kutjwathana yikaritha, ghukaro, thitambo thamutjangi nomarughanithero ghapo gho kuhatera mutara ghofotji no kutenda maghoyero - kutjwathanitha muhingo ghomarughanithero ndimi dhawatjangi mukukumitha mo yitambo yawo - kukengurura thiwana yitjangwa no kuyareka ñanani mwene dho kurongathana thiwana - kuturitha po thiwana maghano noyikaritha yawo eyi hana tambura hathinda
6. Kukamununa	kukuhonga kuturitha po ghundondoro ghomakamweneno	kutoya, kutorora, no kurongathana mapathwerero gho kuroghera kuyitambo yongandji no kughayareka pamuhingo ghongandji	kutoya, kutorora, no kurongathana mapathwerero gho kuroghera kuyitambo yongandji no kughayareka pamuhingo ghongandji	kutoya, kutorora, no kurongathana mapathwerero gho kuroghera kuyitambo yongandji no kughayareka pamuhingo gho kurongathana thiwana

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		kununga, kukengurura no kuyedhekeritha mapathwerero gho kutunda muyitjangwa	kununga, kukengurura, kuyedhekeritha no kukonakona mapathwerero gho kutunda muyitjangwa	kununga, kukengurura, kuyedhekeritha, kukonakona, kuyakunutha no kukwakanitha mapathwerero gho kutunda muyitjangwa
7. Kutjanga yitjanga yo kurongathana thiwana	kudimuka, kuturitha po no kurongathana mughuhunga yighamba, miyirateta noyitjanga yoyiheyaya	- kutjanga miyirateta ghurughanitha yighamba yomayandjwerero ghoyitongora yongandji mukutanaritha dighano - kurughanitha mihingo ngambi manaro ghomakurandero ghoyitjanga (yighambahonga) yira kushombeka makuroghithero, kushombeka/kutjanga ro kutanga, kuturitha po yitjanga yene-yene ghutenda miyirateta (mwingeneno, yikaramo/mbudhi, maghoyero) no kutoyurura/kukengurura mo mukuneghedha matjwathaneno	- kutjanga miyirateta ghurughanitha yighamba yomayandjwerero ghoyitongora yongandji mukuturitha po dighano - kurughanitha mihingo ngambi manaro ghomakurandero ghoyitjanga (yighambahonga) yira makuroghithero, kushombeka/kutjanga ro kutanga, kuturitha po yitjanga yene-yene ghutenda miyirateta (mwingeneno, yikaramo/mbudhi, maghoyero) no kutoyurura/kukengurura mo mukuneghedha matjwathaneno	- kutjanga miyirateta ghurughanitha yighamba yomayandjwerero ghoyitongora yongandji mukuturitha po dighano - kurughanitha mihingo ngambi manaro ghomakurandero ghoyitjanga (yighambahonga) yira makuroghithero, kushombeka/kutjanga ro kutanga, kuturitha po yitjanga yene-yene ghutenda miyirateta (mwingeneno, yikaramo/mbudhi, maghoyero) no kutoyurura/kukengurura mo mukuneghedha matjwathaneno
	kuwana makutjakero pakatji komihingo dhomakunungathanitho ghopakana noghopatjangwa	- kuwana thirughana thomamineno mundimi dhopatjangwa nodhopakanwa - kurughanitha muhingo ghoyighambatunumeka noghoyishitunumeka	- kuwana thirughana thomamineno mundimi dhopatjangwa nodhopakanwa - kurughanitha thiwana muhingo ghoyighambatunumeka noghoyishitunumeka - kuneghedha ghudimuki ghondimivungakanya	- kuwana thirughana thomamineno mundimi dhopatjangwa nodhopakanwa - kurughanitha dyodi ya roghera muhingo ghoyighambatunumeka noghoyishitunumeka - kuneghedha ghudimuki ghondimivungakanya nondimi vene dhoheke diyuwa

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
	kutjanga yoyingi thikuma mukupathurura, kunyanyukitha/kuhengaghura ngambi kutawitha	- kuneghedha marughanithero mwene ghomi dhorughambitho / yighambaghanekera (yira: makurimbo, mathimwethimweshwahura, noyimweya kenge yo) mukupathurura, kunyanyukitha ngambi kutawitha - kutjanga yitatekitho ngambi yiparatjangwa yo kuroghera	- kuneghedha marughanithero mwene ghomi dhorughambitho / yighambaghanekera (yira: makurimbo, mathimwethimweshwahura, noyimweya kenge yo) mukupathurura, kunyanyukitha ngambi kutawitha - kutjanga yitatekitho ngambi yiparatjangwa yo kuroghera no kutawitha (yo kukoka meho ghawatoyi)	- kuneghedha marughanithero mwene ghomi dhorughambitho / yighambaghanekera (yira: makurimbo, mathimwethimweshwahura, noyimweya kenge yo) mukupathurura, kunyanyukitha ngambi kutawitha - kutjanga yitatekitho ngambi yiparatjangwa yo kuroghera no kutawitha (yo kukoka meho ghawatoyi)
	kukunitha no kufupipitha yitjanga	- kudhemenena pamapirwero (magharavero) ghothihonga mukuneghedha mutara ghoyitjangwa - kutapa mapathwerero ghoshemwa - kutanaritha no kukwatitha ko maghano, yighayara noyikuyuva payighamba ngambi pamakuyongathano ghomungonda - kurughanitha ghundondoro gho kukengurura (kuyakunutha) pakuhutha kuyitjangwa - kutjanga yithimwa yendi thinda, kushwaghitha yighayara noyikuyuva nothitambo thongandji nothokwawatoyi ghurughanitha ruñandweya ro kuroghera - kushwaghitha yikuyuva noyighanekeka	- kudhemenena pamapirwero (magharavero) ghothihonga mukuneghedha mutara ghoyitjangwa - kutapa mapathwerero ghoshemwa - kutanaritha no kukwatitha ko maghano, yighayara noyikuyuva payighamba ngambi pamakuyongathano ghomungonda - kurughanitha ghundondoro gho kukengurura (kuyakunutha) no kugharava (kupirura) pakuhutha kuyitjangwa - kutjanga yithimwetwedha yo kughanekeka, diñambwe, yitundamo yothighamba ghurughanitha marongathaneno mwene noruñandweya ro kuroghera - kushwaghitha yikuyuva noyighanekeka	- kudhemenena pamapirwero (magharavero) ghothihonga mukuneghedha mutara ghoyitjangwa - kutapa mapathwerero ghoshemwa - kutanaritha no kukwatitha ko maghano, yighayara noyikuyuva payighamba ngambi pamakuyongathano ghomungonda - kurughanitha ghundondoro gho kukengurura (kuyakunutha) no kugharava (kupirura) pakuhutha kuyitjangwa - kutjanga yithimwetwedha yo kughanekeka, diñambwe, yitundamo yothighamba ghurughanitha marongathaneno mwene noruñandweya ro kuroghera - kushwaghitha yikuyuva noyighanekeka

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
	kuhutha thiwana kumepwero ghoyomatjwathaneno	• kupirura (kugarava) thiwana mepwero • kuhutha dyodi ya roghera kuthitjangwa ethi hana tapa	• kupirura (kugarava) thiwana mepwero • kuhutha dyodi ya roghera kuthitjangwa ethi hana tapa	• kupirura (kugarava) thiwana mepwero • kuhutha dyodi ya roghera kuthitjangwa ethi hana tapa • kuneghedha ghudimuki ghondhama kuyitjangwa yoyire thikuma
	kuneghedha matjwathaneno pakuhutha kuthiparatjangwa pamiingo dho kukuthigha-thigha	• kutjanga makamweneno, yitundamo, thighamba, diñambwe, makuyongathano, yikuvureka, mbudhi dho kuyuvitha pamupepo (muradio ngambi tivi), thithimwetwedha ngambi mawedherero ghodighano dyomuthitoya • kukonakona no kuyedhekeritha mapathwerero ghopatjangwa	• kutjanga mandorwera ghomakamweneno, yitundamo, thighamba, diñambwe, makuyongathano, yikuvureka, mbudhi dho kuyuvitha pamupepo (muradio ngambi tivi), thithimwetwedha ngambi mawedherero ghodighano dyomuthitoya • kukonakona, kuyedhekeritha no kukengurura mapathwerero ghopatjangwa	• kutjanga mandorwera ghomakamweneno, yitundamo, thighamba, diñambwe, makuyongathano, yikuvureka, mbudhi dho kuyuvitha pamupepo (muradio ngambi tivi), thithimwetwedha ngambi mawedherero ghodighano dyomuthitoya • kukengurura, kukonakona, kuyedhekeritha no kunungathanitha thiwana mapathwerero ghopatjangwa

10.2 THIHONGA: KUTOYA NO KUTJANGA (shime)

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 8, hanuke kukona:
B. Yitjangatambith era	kutjanga yitjanga yo kukuthigha-thigha kuyitambo yongandji ghuneghedha matambwero ghawatoyi norutjangithitho romughuhunga, kuwedherera ko maghukukutu noyiredherapo yomakunungero kuyikuhonga yimweya noyo kuvunga-vunga (kenge paMutara 5), ghutapa thinga thothikuru kumatjwathaneno nomanongweneno ghomaghukukutu noyiredherapo koyinu tuna toyo pughuru kwamwanuke thinda, pamukunda, muditunga nokaye kokahe	kutjanga: - mambapira gho kukutjaka-tjaka - yiparatjangwa yokukorambudhi, yokukambapira kombudhi dhopashure - yitundamo: dihudhi, ghukorokotji (ghukarakathi), kwawaraghuri, yitenda yomumbunga - diñambwe ngambi yikuvureka - yighamba - mbapira dhoyihokoka yokehe diyuwa - thithimwetwedhapara thamunu thinda (<i>autobiography</i>) - thithimwetwedhapara thamunu ghumweya (<i>biography</i>) - thishupo thoyipara yamunu (CV) - makurando - yipudhura - mambudhi (fakisi, sms, e-mbudhi, noyimweya) - kutenda no kufaneka matjingitho, mapepawinda noyiperendeshamuna	kutjanga: - mambapira gho kukutjaka-tjaka - yiparatjangwa yokukorambudhi, yokukambapira kombudhi dhopashure - yitundamo: dihudhi, ghukorokotji (ghukarakathi), kwawaraghuri, yitenda yomumbunga - diñambwe ngambi yikuvureka - yighamba - mbapira dhoyihokoka yokehe diyuwa - thithimwetwedhapara thamunu thinda (<i>autobiography</i>) - thithimwetwedhapara thamunu ghumweya (<i>biography</i>) - thishupo thoyipara yamunu (CV) - makurando - yipudhura - mambudhi (fakisi, sms, e-mbudhi, noyimweya) - kutenda no kufaneka matjingitho, mapepawinda noyiperendeshamuna - mbudhiyarekera - mbudhi dhomwimi	kutjanga: - mambapira gho kukutjaka-tjaka - yiparatjangwa yokukorambudhi, yokukambapira kombudhi dhopashure - yitundamo: dihudhi, ghukorokotji (ghukarakathi), kwawaraghuri, yitenda yomumbunga - diñambwe ngambi yikuvureka - yighamba - mbapira dhoyihokoka yokehe diyuwa - thithimwetwedhapara thamunu thinda (<i>autobiography</i>) - thithimwetwedhapara thamunu ghumweya (<i>biography</i>) - thishupo thoyipara yamunu (CV) - makurando - yipudhura - mambudhi (fakisi, sms, e-mbudhi, noyimweya) - kutenda no kufaneka matjingitho, mapepawinda noyiperendeshamuna - mbudhiyarekera - mbudhi dhomwimi - nombudhitumwa - yitundamo mudikongi (thigongi)
		kuyaritha yiforumu	kuyaritha yiforumu	kuyaritha yiforumu
C. Yitjanga-thimwetwedha	kutjanga mambapira gho kukutjaka-tjaka	kutjanga mambapira ghopathinamuragho noghopathinaghundambo	kutjanga mambapira ghopathinamuragho noghopathinaghundambo	kutjanga mambapira ghopathinamuragho noghopathinaghundambo

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 8, hanuke kukona:
		kuneghedha matambwero ghamutoyi paghukaro ghopathinamuragho noghopathinaghundambo	kuneghedha matambwero ghamutoyi paghukaro ghopathinamuragho noghopathinaghundambo	kuneghedha matambwero ghamutoyi norutjangitho romughuhunga paghukaro ghopathinamuragho noghopathinaghundambo
	kutjanga yithimwetwedhatjanga (kuwedherera ko yiredtherapo nomaghukukutu ghoyikuhonga yo kuvunga-vunga (kenge Mutara 5))	- kutjanga yitjangathimwetwedha yo kukuthigha-thigha yira: yo kughanekera, yo kuthimwetwedha, yo kutjwathanitha noyoñanani - kuturitha po yitjanga yoyifupi yo kughanekera, mitanuro, diñambwe dyomumambapira ghombudhi ghopashure, mambapira ghamwe ghombudhi, korambudhi, yimbapira yomapathwerero	- kutjanga yitjangathimwetwedha yo kukuthigha-thigha yira: yo kughanekera, yo kuthimwetwedha, yo kutjwathanitha, yoñanani noyo kuthothonona - kuturitha po yitjanga yoyifupi yo kughanekera, mitanuro, diñambwe dyomumambapira ghombudhi ghopashure, mambapira ghamwe ghombudhi, korambudhi, yimbapira yomapathwerero	- kutjanga yitjangathimwetwedha yo kukuthigha-thigha yira: yo kughanekera, yo kuthimwetwedha, yo kutjwathanitha, yoñanani, yo kuthothonona noyo kuyarekera (kushwaghithera) - kuturitha po yitjanga yoyifupi yo kughanekera, mitanuro, diñambwe dyomumambapira ghombudhi ghopashure, mambapira ghamwe ghombudhi, korambudhi, yimbapira yomapathwerero

10.3 THIHONGA: KAHONGANDIMI

Thika dyodi hana kurunduruka hanuke mungcara dhokuranda ko, kemo dyo ha kona kuneghedha marundurukero kughutho ghomarughanithero mughuhunga ghomashashero, yitoyadimukitha nokahongandimi.

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
1. Mashashero noyitoyadimukitha	kushasha ghurughanitha yitoyadimukitha mughuhunga no kuneghedha ghudimuki nomatjwathaneno ghomarughanithero ghokahongandimi	- kurughanitha yidimukitha yi mughuhunga: - mitakatji (–) - mitakatjidimukitho (–) - kathara (.); kemaneno (.) - katharakemaneno (;) - katondothara (!) - thipuritho (?); tutharawadi (:) - yidimukitho yomatemweneno (“ ... ”) - kapi/shumbero (^); tuhaki () - yikurutjanga (yira ABC) - kurughanitha mafupipithero - kurughanitha rudhi romighuma mundimi mughuhunga: yitjanga yomeghukero ghomughuma, yighuka vene, yighukañwato, madivwero ghodiywi [yira: Yi dyè!; Yidyé?] rughambitho roruhunga, mamineno ghomañando - kurughanitha muhingo ghorutjangithitho mughuhunga	- kurughanitha yidimukitha yi mughuhunga: - mitakatji (–) - mitakatjidimukitho (–) - kathara (.); kemaneno (.) - katharakemaneno (;) - katondothara (!) - thipuritho (?); tutharawadi (:) - yidimukitho yomatemweneno (“ ... ”) - kapi/shumbero (^); tuhaki () - yikurutjanga (yira ABC) - kurughanitha mafupipithero - kurughanitha rudhi romighuma mundimi mughuhunga: yitjanga yomeghukero ghomughuma, yighuka vene, yighukañwato, madivwero ghodiywi [yira: Yi dyè!; Yidyé?], rughambitho roruhunga, mamineno ghomañando - kurughanitha muhingo ghorutjangithitho mughuhunga	- kurughanitha yidimukitha yi mughuhunga: - mitakatji (–) - mitakatjidimukitho (–) - kathara (.); kemaneno (.) - katharakemaneno (;) - katondothara (!) - thipuritho (?); tutharawadi (:) - yidimukitho yomatemweneno (“ ... ”) - kapi/shumbero (^); tuhaki () - yikurutjanga (yira ABC) - kurughanitha mafupipithero - kurughanitha rudhi romighuma mundimi mughuhunga: yitjanga yomeghukero ghomughuma, yighuka vene, yighukañwato, madivwero ghodiywi [yira: Yi dyè!; Yidyé?], rughambitho roruhunga, mamineno ghomañando - kurughanitha muhingo ghorutjangithitho mughuhunga
2. Marughanithero ghondimi	kurughanitha mitara dhoKahongandimi dyodi ya roghera	- kurughanitha manako mughuhunga - kurughanitha mañandorughana-ghamwena mughuhunga mumañandodina nomañandohangera ghomuthofotji nomuwingi wayo	- kurughanitha manako mughuhunga - kurughanitha mañandorughana-ghamwena mughuhunga mumañandodina nomañandohangera ghomuthofotji nomuwingi wayo	- kurughanitha manako mughuhunga - kurughanitha mañandorughana-ghamwena mughuhunga mumañandodina nomañandohangera ghomuthofotji nomuwingi wayo

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		kuyakunutha pakatji komañandodina gho kukuthigha-thigha yira: muthofotji, muyoyingi, mughumbiru wayo, pathirume nopathikadhi, mañandodina ghomare, mañandohangera ghopayimuna, mañandohangera gho kunegha, mañandoshingononi ghopaghungatji, muwingi wayo nomuremenena, yopaabusitaraka (yishimono/yishikwata/yishitara)	kuyakunutha pakatji komañandodina gho kukuthigha-thigha yira: muthofotji, muyoyingi, mughumbiru wayo, pathirume nopathikadhi, mañandodina ghomare, mañandohangera ghopayimuna, mañandohangera gho kunegha, mañandoshingononi ghopaghungatji, muwingi wayo nomuremenena, yopaabusitaraka (yishimono/yishikwata/yishitara)	kuyakunutha pakatji komañandodina gho kukuthigha-thigha yira: muthofotji, muyoyingi, mughumbiru wayo, pathirume nopathikadhi, mañandodina ghomare, mañandohangera ghopayimuna, mañandohangera gho kunegha, mañandoshingononi ghopaghungatji, muwingi wayo nomuremenena, yopaabusitaraka (yishimono/yishikwata/yishitara)
	kurughanitha mitara dhokahongandimi dyodi ya roghera (shime)	- kurughanitha mañandodina (ngambi mañandorughana ngeshi koghadi) gho kutunda ku: rudhí ropaakitifi, ropapasifi, noropakousatifi, gho kudhemenena nogho kuyandjurura, mañandohamura, mañandohukuruka, rudhihukera - kurughanitha mañandoshingononi: mayedhekeritho, marongakanitho ghomañando, thighamba thonunu nothothighanekera, matundithero, yinungithoturaghutho/-turanyima (yiramakanya), kaghambanegha dyango, ñandonegha dyango - kurughanitha mañandohangera: ghopayimuna, rudhihukera, ghopaabusitaraka (yishimono/yishikwata/yishitara), mañandohangera vene, mañandohangera gho kunegha	- kurughanitha mañandodina (ngambi mañandorughana ngeshi koghadi) gho kutunda ku: rudhí ropaakitifi, ropapasifi, noropakousatifi, gho kudhemenena nogho kuyandjurura, mañandohamura, mañandohukuruka, rudhihukera - kurughanitha mañandoshingononi: mayedhekeritho, marongakanitho ghomañando, thighamba thonunu nothothighanekera, matundithero, yinungithoturaghutho/-turanyima (yiramakanya), kaghambanegha dyango, ñandonegha dyango - kurughanitha mañandohangera: ghopayimuna, rudhihukera, ghopaabusitaraka (yishimono/yishikwata/yishitara), mañandohangera vene, mañandohangera gho kunegha	- kurughanitha mañandodina (ngambi mañandorughana ngeshi koghadi) gho kutunda ku: rudhí ropaakitifi, ropapasifi, noropakousatifi, gho kudhemenena nogho kuyandjurura, mañandohamura, mañandohukuruka, rudhihukera - kurughanitha mañandoshingononi: mayedhekeritho, marongakanitho ghomañando, thighamba thonunu nothothighanekera, matundithero, yinungithoturaghutho/-turanyima (yiramakanya), kaghambanegha dyango, ñandonegha dyango - kurughanitha mañandohangera: ghopayimuna, rudhihukera, ghopaabusitaraka (yishimono/yishikwata/yishitara), mañandohangera vene, mañandohangera gho kunegha

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		- kurughanitha yinungitho: yopañandoshingononi, yopayimuna, yopayipitura - kurughanitha mañandotongora: gho kunegha dyango, ruvedhe, mi - kurughanitha mañandonunga - kurughanitha mañandopitura mumughuma - kurughanitha mañandoharukitha	- kurughanitha yinungitho: yopañandoshingononi, yopayimuna, yopayipitura - kurughanitha mañandotongora: gho kunegha dyango, ruvedhe, mi - kurughanitha mañandonunga - kurughanitha mañandopitura mumughuma - kurughanitha mañandoharukitha	- kurughanitha yinungitho: yopañandoshingononi, yopayimuna, yopayipitura - kurughanitha mañandotongora: gho kunegha dyango, ruvedhe, mi - kurughanitha mañandonunga - kurughanitha mañandopitura mumughuma - kurughanitha mañandoharukitha
3. Kurughanitha ruñandweya	kurughanitha ruñandweya rongcamu, ro kuroghera, ro kughanekera, noro kukuthigha-thigha mumuhingo nomughukaro gho kukuthigha-thigha no kuneghedha marughanithero nomatjwathaneno ghomashendende, matadhi, nomathaghano muyipara yawo yokehe diyuwa	- kurughanitha mughuhunga: mañandopitura, mañandotjaka, homofone, homonime, paronime, marundwera, mambirupithero, ñando dhofotji kukaghambaghana, mathaghano nomatadhi, yiyedhekeritha nomaghanekeritho - kudimuka mañando ghomatongorayi noyighambatongorayingi	- kurughanitha mughuhunga: mañandopitura, mañandotjaka, homofone, homonime, paronime, marundwera, mambirupithero, ñando dhofotji kukaghambaghana, mathaghano nomatadhi, yiyedhekeritha nomaghanekeritho - kudimuka mañando ghomatongorayi noyighambatongorayingi	- kurughanitha mughuhunga: mañandopitura, mañandotjaka, homofone, homonime, paronime, marundwera, mambirupithero, ñando dhofotji kukaghambaghana, mathaghano nomatadhi, yiyedhekeritha nomaghanekeritho - kudimuka mañando ghomatongorayi noyighambatongorayingi
	kurughanitha mughuhunga maghamwenitho ghomambapira gho kukuthigha-thigha thiwana	- kurughanitha rukwaro romañando (mbapira dhoruñandweya) nomambapira ghamweya gho kughamwena kumashashero, yitongora nomapathwerero gho kuwedherera ko - kurughanitha maghamwenitho ngambi yipathururitha yopatekiniki (ngeshi kukona) mukuwana mapathwerero	- kurughanitha rukwaro romañando (mbapira dhoruñandweya) nomambapira ghamweya gho kughamwena kumashashero, yitongora nomapathwerero gho kuwedherera ko - kurughanitha maghamwenitho ngambi yipathururitha yopatekiniki (ngeshi kukona) mukuwana mapathwerero	- kurughanitha rukwaro romañando (mbapira dhoruñandweya) nomambapira ghamweya gho kughamwena kumashashero, yitongora nomapathwerero gho kuwedherera ko - kurughanitha maghamwenitho ngambi yipathururitha yopatekiniki (ngeshi kukona) mukuwana mapathwerero

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		- kurughanitha mañando ghomahunga mundimi dhoye mukupagha po mañando ghomwingenena ghoThihingirisha nomandimi ghamwe ghurughanitha kehe pano rukarwo romañando (mbapira dhoruñandweya) romandimi mawadi - kurughanitha ruñandweya ro kuroghera kuyitambo yo kukuthigha-thigha noghukaro ghongandji - kuwana ruñandweya rongandji ro kurughanitha mumitara yira: makuhongo, ghudimuki ghopatekinolodji, yipepa, yinu yomumbunga nopaghundjewa-ndjewa yira HIV noAIDISI, maghukukutu ghomuparo, nomatunditheropo ghoghuhepwe, maturitheropo ghunangeshefa, noyimweya kenge yo	- kurughanitha mañando ghomahunga mundimi dhoye mukupagha po mañando ghomwingenena ghoThihingirisha nomandimi ghamwe ghurughanitha kehe pano rukarwo romañando (mbapira dhoruñandweya) romandimi mawadi - kurughanitha ruñandweya ro kuroghera kuyitambo yo kukuthigha-thigha noghukaro ghongandji - kuwana ruñandweya rongandji ro kurughanitha mumitara yira: makuhongo, ghudimuki ghopatekinolodji, yipepa, yinu yomumbunga nopaghundjewa-ndjewa yira HIV noAIDISI, maghukukutu ghomuparo, nomatunditheropo ghoghuhepwe, maturitheropo ghunangeshefa, noyimweya kenge yo	- kurughanitha mañando ghomahunga mundimi dhoye mukupagha po mañando ghomwingenena ghoThihingirisha nomandimi ghamwe ghurughanitha kehe pano rukarwo romañando (mbapira dhoruñandweya) romandimi mawadi - kurughanitha ruñandweya ro kuroghera kuyitambo yo kukuthigha-thigha noghukaro ghongandji - kuwana ruñandweya rongandji ro kurughanitha mumitara yira: makuhongo, ghudimuki ghopatekinolodji, yipepa, yinu yomumbunga nopaghundjewa-ndjewa yira HIV noAIDISI, maghukukutu ghomuparo, nomatunditheropo ghoghuhepwe, maturitheropo ghunangeshefa, noyimweya kenge yo
4. Marughanithero ghoMakuhongo ghotumami tondimi noghoYighamba thiwana	kutenda thiwana mañando noyighamba yo kukuthigha-thigha	- kutenda mañando: didhiñando, thiramekaghutho, thinungithoturanyima, thinungithoturakatji - kurughanitha mughunga, kuturitha po, no kukengurura yighamba yo kukuthigha-thigha: thighambawipura (thipuraghamba), memaneno (thitatumendi) marawero, yighamba yoyifupi, yoyire noyoyingi	- kutenda mañando: didhiñando, thiramekaghutho, thinungithoturanyima, thinungithoturakatji - kurughanitha mughunga, kuturitha po, no kukengurura yighamba yo kukuthigha-thigha: thighambawipura (thipuraghamba), memaneno (thitatumendi) marawero, yighamba yoyifupi, yoyire noyoyingi	- kutenda mañando: didhiñando, thiramekaghutho, thinungithoturanyima, thinungithoturakatji - kurughanitha mughunga, kuturitha po, no kukengurura yighamba yo kukuthigha-thigha: thighambawipura (thipuraghamba), memaneno (thitatumendi) marawero, yighamba yoyifupi, yoyire noyoyingi

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		• kurughanitha: rudhi ropaaakitifi nopapasifi, thighambatunumeka, nothishitunumeka, mihingohamura, rudhi romarawero, mihingotetuka • kurughanitha mihingo dhoghukaro: gho kunegha, gho kutunda ku, ghopasubjunktifi, ghothirughana thokehe pa • kurughanitha tughamba notughambaghana to: pañandoshingononi, pañandotongora, pañandodina nopayipitura	• kurughanitha: rudhi ropaaakitifi nopapasifi, thighambatunumeka, nothishitunumeka, mihingohamura, rudhi romarawero, mihingotetuka • kurughanitha mihingo dhoghukaro: gho kunegha, gho kutunda ku, ghopasubjunktifi, ghothirughana thokehe pa • kurughanitha tughamba notughambaghana to: pañandoshingononi, pañandotongora, pañandodina nopayipitura	• kurughanitha: rudhi ropaaakitifi nopapasifi, thighambatunumeka, nothishitunumeka, mihingohamura, rudhi romarawero, mihingotetuka • kurughanitha mihingo dhoghukaro: gho kunegha, gho kutunda ku, ghopasubjunktifi, ghothirughana thokehe pa • kurughanitha tughamba notughambaghana to: pañandoshingononi, pañandotongora, pañandodina nopayipitura
5. Kutoroka no kupirura	kushana no kurughanitha mihingo dho kutoroka no kupirura	• kupirura no kutoroka kutunda muThihingirisha kutwara muThimbukushu no kupireka thika dyo: yighamba yoyiredhu, yithimwa yoyifupi, makuyongo ghomumbunga, yigongi nomatheko yo kughanekera, yiparatjangwa yoyifupi noyoyiredhu	• kupirura no kutoroka kutunda muThihingirisha kutwara muThimbukushu no kupireka thika dyo: yighamba yoyiredhu, yithimwa yoyifupi, makuyongo ghomumbunga, yigongi nomatheko yo kughanekera, yiparatjangwa yoyifupi noyoyiredhu	• kupirura no kutoroka kutunda muThihingirisha kutwara muThimbukushu no kupireka thika dyo: yighamba yoyiredhu, yithimwa yoyifupi, makuyongo ghomumbunga, yigongi nomatheko yo kughanekera, yiparatjangwa yoyifupi noyoyiredhu

10.4 THIHONGA: YITHIMWETWEDHATJANGA

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
1. Ghudimuki nomatjwathaneno: kuwana ghudimuki nomatjwathaneno ghomitara dho kukutjaka-tjaka (Yithimwa yopatjangwa, Yipepahokoka, Mitanuro)	kuhutha kuyithimwetwedhatjanga pakanwa nopatjangwa	- kuvuruka ghuhukuruka yihokoka yomumambapira agha hana kuhongo - kutaghura pakatji koyithimwetwedha yoghushemwa noyitjanghanekeera	- kuvuruka ghuhukuruka yihokoka yomumambapira agha hana kuhongo - kurongeka ghukengurura ghushemwa noyighanekeera	- kuvuruka ghuhukuruka yihokoka yomumambapira agha hana kuhongo - kurongeka ghukengurura ghushemwa noyighanekeera - kudimuka thona thoyitambo (yitjwathana yishitamangera) noyikaritha
	kukengurura yitambo yamutjangi mukuwana mbudhi dhongandji	- kunongonona dighano dyene-dyene (dyomudyo) nodi dyo kukwatitha ko - kufikaghura no kufukunya mukuwana mapathwerero ghongandji ghomuthitoya - kutapa maghano ghawo hathinda, noyighayara yawo kumbapira edhi hana kuhongo	- kunongonona dighano dyene-dyene (dyomudyo) nodi dyo kukwatitha ko - kufikaghura no kufukunya mukunongonona maghoyero ghomuthitjangwa - kutapa maghano ghawo hathinda, noyighayara yawo kumbapira edhi hana kuhongo - kushimba mo mbudhi mumambapira agha hana kuhongo	- kunongonona dighano dyene-dyene (dyomudyo) nodi dyo kukwatitha ko - kufikaghura no kufukunya mukunongonona maghoyero ghomumbapira - kutapa maghano ghawo hathinda, noyighayara yawo kumbapira edhi hana kuhongo - kudimuka yitambo yamutjangi
	kuneghedha ghudimuki nomatjwathaneno ghutambura yomumitanuro, yipepa, yithimwetwedha yoyire noyoyifupi	- kunongonona yihonga, kukamununa no kutanaritha - kunongonona no kutjwathana ndimi dhomaghanekeritho (madhira) nomathaghano	- kunongonona yihonga, kukamununa no kuyereka kupathurura ghutanaritha - kunongonona no kuneghedha matjwathaneno ghondimi dhomaghanekeritho (madhira) nomathaghano	- kunongonona yihonga, kukamununa, kupathurura no kutanaritha - kunongonona no kuneghedha matjwathaneno ghondimi dhomaghanekeritho (madhira) nomathaghano
	kutjwathana, kunongonona no kurughanitha ghudimuka mihingo dhodhipya (patjangwa) nodhopakare (pakanwa) dhoruthimwetwedhitho yithimwa	- kutjakitha yithimwa ngambi yitoya yoyipya yopatjangwa noyopathitjo noyokare yopakanwa - kunongonona no kurughanitha ruthimwetwedhitho ropathitjo noropañanyi-ñanyi	- kutjakitha yithimwa ngambi yitoya yoyipya yopatjangwa noyopathitjo noyokare yopakanwa - kunongonona no kurughanitha ruthimwetwedhitho ropathitjo noropañanyi-ñanyi	- kutjakitha yithimwa ngambi yitoya yoyipya yopatjangwa noyopathitjo noyokare yopakanwa - kunongonona no kurughanitha ruthimwetwedhitho ropathitjo noropañanyi-ñanyi

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
	kutjwathana ghunongonona yikuyuva noyikaritha yawapepi	kunongonona yikaritha (yira ghupata, yishamberera, woma)	kunongonona yikaritha (yira ghupata, yishamberera, woma)	kunongonona yikaritha (yira ghupata, yishamberera, woma)
	kudimuka no kukuyonga mitara dhoyithimwa mundimi dhopatjangwa	kudimuka no kukuyonga mitara dhoyithimwa yopathitjo yopakanwa noyoyipya yopatjangwa (hapepi, ndjima-ndjima, thihonga thothikuru nothothimbiru, thikuruhokoka, ghuye, dyango, ndhama/apa yina ka towarera)	- kudimuka, kutjwathanitha no kukuyonga mitara dhoyithimwa yopatjangwa (hapepi, yitongora yopeghuru/yomwimi, thininga thothihonga, ghuparaghumbo, thihonga thothikuru nothothimbiru, thikuruhokoka, ghuye, dyango, ndhama) - kutorora mapathwerero gho kuhatera kuyirughana eyi hana tapa ghurughanitha yidimukitho yomatemweneno dyodi ya roghera	- kudimuka, kutjwathanitha no kukuyonga mitara dhoyithimwa yopatjangwa (hapepi, yitongora yopeghuru/yomwimi, thininga thothihonga, ghuparaghumbo, thihonga thothikuru nothothimbiru, thikuruhokoka, ghuye, dyango, ndhama) - kutorora mapathwerero gho kuhatera kuyirughana eyi hana tapa ghurughanitha yidimukitho yomatemweneno dyodi ya roghera
	kudimuka, kutjwathana no kutambura edi ha rughanitha ndimi dhomadhira/matadhi, thighambaghaneka, nomathaghano mumambapira mukukumitha mo yitambo yamutjangi	kudimuka mi dhorughambitho / yighaneka (yira mapituritho, mayedhekeritho, makurimbo, dishamu, marundwera ngambi mandunda, kuguvapitha, noyimweya kenge yo) edhi ha rughanitha mumambapira agha hana kuhongo	kudimuka no kutjwathanitha mi dhorughambitho / yighaneka (yira, makurimbo, dishamu, mapituritho, marundwera, kuguvapitha, noyimweya kenge yo) edhi ha rughanitha mumambapira gha hana kuhongo	kudimuka no kutjwathanitha mi dhorughambitho / yighaneka (yira, makurimbo, dishamu, mapituritho, marundwera, kuguvapitha, noyimweya kenge yo) edhi ha rughanitha mumambapira gha hana kuhongo
2. Kugarava ghukengurura	kukengurura no kukonakona ghudheghetera mambapira mukutura po ghudimuki, kugarava/kupirura, kutjanga ko no kuvuruka eyi hana tjanga	kunongonona ndjima-ndjima / madhi noyitambo mumambapira agha hana kuhongo	kunongonona ndjima-ndjima / madhi noyitambo mumambapira agha hana kuhongo	kushana ghuwana ndjima-ndjima / madhi, yitambo (yiredtherapo noyiturithapo), yighanekera noyitongora yomaneghedhero mumambapira agha hana kuhongo
	kutura po no kutwara kughutho maghano ghawo hathinda noyighayara kuyihokoka yo kukutjaka-tjaka muyithimwa	kutaghura memaneno ghoyighayara yo kukutjaka-tjaka yomumambapira agha hana kuhongo	kutaghura memaneno ghoyighayara yo kukutjaka-tjaka yomumambapira agha hana kuhongo	kuyodhingana no kukengurura mambapira agha hana kuhongo
	kukengurura ghugarava no kuyakunutha mitara dhoyithimwa mumambapira	kukengurura yihokoka yishokuru, hapepi, noyimweya kenge yo	kukengurura yihokoka yishokuru, hapepi, noyimweya kenge yo	kukengurura yihokoka yishokuru, hapepi, noyimweya kenge yo

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
	agha hana kuhongo	- kutaghura ghukaro pakatji kawapepi nothihokoka thishokuru ndani mukatji kawapepi hathinda - kushana ghukengurura eshi ngepi edi dha ghamwenanga ndimi kumatjwathaneno ghomambapira - kukonakona dyodi ya roghera makengwerero ghondimi dhomumambapira agha hana kuhongo: yira yighanekera, makurimbo, mashamweno, kuguvapitha, mayedhekeritho, mapituritho - kushana ghukengurura mitara dhoyipepahokoka: diñambwe, makurimbo, dyango noyitenda	- kutaghura ghukaro pakatji kawapepi nothihokoka thishokuru ndani mukatji kawapepi hathinda - kushana ghukengurura eshi ngepi ndimi, marongekero nomuhingo yina ghamwenanga kumatjwathaneno ghomambapira - kukonakona dyodi ya roghera makengwerero ghondimi dhomumambapira agha hana kuhongo: yira yighanekera, makurimbo, mashamweno, kuguvapitha, mayedhekeritho, mapituritho, yihekitha (ghunyanyami), rupitu, rupitu romughuma ghomañando - kushana ghukengurura mitara dhoyipepahokoka: diñambwe, makurimbo, yighanekera, dyango noyitenda	- kutaghura ghukaro pakatji kawapepi nothihokoka thishokuru ndani mukatji kawapepi hathinda - kushana ghukengurura eshi ngepi ndimi, marongekero nomuhingo yina ghamwenanga kumatjwathaneno ghomambapira - kukonakona mughuhunga makengwerero ghondimi dhomumambapira agha hana kuhongo: yira yighanekera, makurimbo, mashamweno, kuguvapitha, mayedhekeritho, mapituritho, yihekitha (ghunyanyami), mathimwe-thimwe shwahura, rupitu, rupitu romughuma ghomañando - kushana ghukengurura mitara dhoyipepahokoka: diñambwe, makurimbo, yighanekera, dyango noyitenda
3. Makonakoneno nomahuthero ghendi thinda	kuhutha ko kuthiparatjangwa pamihingo dho kukuthigha-thigha	kuthinganyeka no kutenda maghoyero, kukengurura, kuyedhekeritha, kuyakunutha no kununga yo kutunda muyinu yopatjangwa (mambapira)	kuthinganyeka no kutenda maghoyero, kukengurura, kuyedhekeritha, kuyakunutha no kununga yo kutunda muyinu yopatjangwa (mambapira)	kuthinganyeka no kutenda maghoyero, kukengurura, kuyedhekeritha, kuyakunutha no kununga yo kutunda muyinu yopatjangwa (mambapira)
		kukunungathanitha yihutha ko yendi yokehe pano kumambapira agha hana kukuhonga	kukunungathanitha yihutha ko yendi yokehe pano kumambapira agha hana kukuhonga	kukunungathanitha yihutha ko yendi yokehe pano kumambapira agha hana kukuhonga
		kukuyonga makuwaneno (makutundakeneno) nomakunungakanyeno (yira ndjima-ndjima dhothihonga, hapepi, noyimweya kenge yo) mumambapira agha hana kukuhonga	kukuyonga makuwaneno (makutundakeneno) nomakunungakanyeno (yira ndjima-ndjima dhothihonga, hapepi, noyimweya kenge yo) mumambapira agha hana kukuhonga	kukuyonga makuwaneno (makutundakeneno) nomakunungakanyeno (yira ndjima-ndjima dhothihonga, hapepi, noyimweya kenge yo) mumambapira agha hana kukuhonga

GHUNDONDORO	YITAMBO	YITWETHA		
		NGCARA 8	NGCARA 9	NGCARA 10
	Hanuke ha kona:	Paguhura ghoNgcara 8, hanuke kukona:	Paguhura ghoNgcara 9, hanuke kukona:	Paguhura ghoNgcara 10, hanuke kukona:
		kukuyonga yighayara, yikuyuva noyikara yawo hathinda	kuyuvitha no kukuyonga yighayara, yikuyuva noyikara yawo hathinda	kuyuvitha no kukuyonga yighayara, yikuyuva noyikara yawo hathinda
		- kukengurura marughanithero ghondjima-ndjima dhoyikuhonga muyipara yoghushemwa (yira HIV noAIDISI, Makuhongo ghoyopamukunda, Yinu yopathirume nopathikadhi, Makuhongo ghoyoHanu, Ghunu waMunu, Ghudemokori/Horo, noyimweya kenge yo) - kukuyonga ghukukutu nomathundawedhero (yitjokangedha) agha yina kureta yinu yi peghuru kwamwanuke thinda, mumukunda, muditunga nomukaye	- kukengurura marughanithero ghondjima-ndjima dhoyikuhonga muyipara yoghushemwa (yira HIV noAIDISI, Makuhongo ghoyopamukunda, Yinu yopathirume nopathikadhi, Makuhongo ghoyoHanu, Ghunu waMunu, Ghudemokori/Horo, noyimweya kenge yo) - kukuyonga ghukukutu nomathundawedhero (yitjokangedha) agha yina kureta yinu yi peghuru kwamwanuke thinda, mumukunda, muditunga nomukaye	- kukengurura marughanithero ghondjima-ndjima dhoyikuhonga muyipara yoghushemwa (yira HIV noAIDISI, Makuhongo ghoyopamukunda, Yinu yopathirume nopathikadhi, Makuhongo ghoyoHanu, Ghunu waMunu, Ghudemokori/Horo, noyimweya kenge yo) - kukuyonga ghukukutu nomathundawedhero (yitjokangedha) agha yina kureta yinu yi peghuru kwamwanuke thinda, mumukunda, muditunga nomukaye - kunegha ghushupi ghoyighayara yawo hathinda no ngepi edi ghana kuyikonakona
		kunongonona hatoyi (haroreri) mumambapira agha hana kukuhonga	kunongonona hatoyi (haroreri) nomihingo mumambapira agha hana kukuhonga	kunongonona hatoyi (haroreri) nomihingo mumambapira agha hana kukuhonga
		kutorora no kurughanitha mambapira gho kukutjaka-tjaka ghunyanyukera, mukuwana mapathwerero no kughatambura	kutorora no kurughanitha mambapira gho kukutjaka-tjaka ghunyanyukera, mukuwana mapathwerero no kughatambura	kutorora no kurughanitha mambapira gho kukutjaka-tjaka ghunyanyukera, mukuwana mapathwerero no kughatambura

11. MAKENGWERERO

11.1 Yighamba yomwingenitho

Mumakengwerero kukara mo makengwerero ghashihuru ghokehe pano noghopopo muruvedhe rokuhonga, nomakengwerero ghopopo gho kughuhura ghothinema. Makengwerero agha ha neghedha mudighanohongithitho ne gha kuwa nodidhi dyoyitwetha yomudighanohongithitho noyitwetha yoghundondoro ghopayipara thika dyodi ya pwa kunegha mu Pilot Curriculum Guide nongepi edi ghana kutombora thiwana kehe mwanuke mukehe yino yitwetha.

Makengwerero ghashihuru ne ghomuhingo ghomudyo thikuma ghomakengwerero gho kukutha mayendero kughutho ghamwanuke no kutapa yitundamo thika dyodi ghana kuyenda kughutho. Makengwerero ghashihuru ghomuhingo pithagho ghomakengwerero omu ha kona-konanga yitambo noyitwetha yomuyikuhonga yoyiheywa. Mukuwedherera ko kumakengwerero ghashihuru ghokehe pano, thivarero thomakengwerero agha ha rongathana mumwaka ghothikuhonga thino, kuthiwana pathiforomu thomakengwerero ghashihuru ghoyendamwaka.

11.2 Mudyo ghomakengwerero

Mumakuhongo gho kudhemenena pamwanuke thinda, makengwerero ghomayeyukero nomayendero kughutho kehe pano ghu di mutara ghomudyo mumakurando ghoruhongitho norukuhongitho. Thitambo thothikuru thomakengwerero ne mu kuwana ghushemwa wene-wene ghomayendero kughutho ghawanuke mu ka yeyura ghudimuki ghoyitwetha yomudighanohongithitho noghundondoro muyipara yopopahe.

- **Mapathwerero kohanuke**

Mapathwerero agha ha ghongawedhanga ghomayendero kughutho noyiwanamo yawanuke ha kona kuyirughanitha mu ka tapa yitundamo kwawanuke kughutanavu noghukashu wawo, omu hana kurughana thiwana nopashanye no kupi sho ha rugthane thikuma, ngepi, nopashanye sho ha tende kemo.

- **Mapathwerero kwawareti**

Hareti roruhe ha pwe kupathurura kumayendero kughutho ghohanawo, no kuwatjokedha ha tapange furufende kuyikumithamo yawo no kuwapa yiturapo eshi ngepi edi sho ha kone kukwatitha ko yirughana yawanuke yokushure.

- **Kukengurura mayendithitho ghoruhongitho norukuhongithitho**

Mapathwerero ghomakonakono ghoyendamwaka ghokehe pano no kughuhura ghoyinema gha kona kugharughanitha mitiri mukudimuka oku yina roghera mukutambura mihingo noyihongithitha yomayendero kughutho muyinyanda yakehe mwanuke. Kughuhura ghokehe dipongwero dyothihonga no kehe kughuhura ghothinema, mitiri pofotji nawanuke ha kona kukonakona mayendero kughutho ghoyirughana eyi ha mana ko, makutureromo, eyi ha kuhonga hanuke, noyo kukona ha ka tende ko mu ka roghuthurura ghukaro ghoyirughana noyikumithamo yomungonda.

11.3 Marudhi ghomakengwerero

- **Makengwerero ghomuthihonga**

Makengwerero ghorudhi ru gha di pathinamuragho, yoyishi yikengurura nomapathwerero agha ghana kuwana mwanuke kugharughanitha mukuneghedha no kughamwena mwanuke no kughorora ruhongithitho norukuhongitho. Eyi kuna kutongora eshi makengwerero ne kugharughanitha mukutapa mapathwerero ghomayendero kughutho ghamwanuke mukukutha yitambo yomuthikuhonga ngambi yitwetha, ngambi yitundamo yo kumutara ghoyirughana ngambi yomumwaka ngambi yomunaro. Makengwerero ghomuthihonga kukona kugharughanitha kughutho gho kutanga kuhonga no kukuhonga mukuwana eyi ha dimuka kare hanuke.

Mañando gho kukuthigha-thigha gho ha rughanitha mukutjwathanitha makengwerero ghano. Makengwerero ghomuthihonga kukara mudyo kwamawanuke ngeshi:

- kugharuganitha mukuwatjokedha ha wedherere yitwetha yawo noghundondoro wawo, kuturitha po yinu yomudyo thikuma no kuyeyura ghukaro mwene ghorukuhongithitho;
- yirughana yomakengwerero kughamwena hanuke ha shuture po maghukukutu noghuredhu-redhu pakuruganitha eyi hana kuhongo;
- mitiri kuruganitha mapathwerero mukuroghuthurura yihongithitho nomithingo dho kuhongitha.

- **Makengwerero ghashihuru ghoyendamwaka**

Thika dyodi dhina kutongora ñando, makengwerero ghashihuru ghoyendamwaka ne kuhokoka mwaka ghoghuheya no kwa gha rughanithanga mukukengurura mayendero kughutho ghohanuke nomumakonakono. Makengwerero ghashihuru gha kara nomudyo ghomuthihonga nomumakamweneno.

Mumakengwerero ghashihuru ghoyendamwaka kukara mo mayendithitho gho kukuthigha-thigha ghomakonakono ghomambiru noghomakuru yoyiheya yo kukurikanya pofotji. Marughanithero ghomayenditho gho kukuthigha-thigha kughamwena mitiri kughongawedha ghushupi ghoyikuhonga pamuhingo wagho nagho ghombadi pamakonakono.

Makengwerero ghashihuru ghoyendamwaka gha roghera kughakuroghithera no kugharongathana kumatangero ghomwaka, kugharedhupitha dyodi ya roghera, no ya shimba ruvedhe rorure ro kuyihonga. Mapenda agha hana kuwana muyirughana yomungonda, yirughanatumwa, yirughana yokudighumbo, nomakonakonoghana kumaghoyero ghothihonga kukona kughatjanga mumbapira ngambi thiforumu thomakengwerero ghashihuru ghoyendamwaka.

- **Makengwerero gho kukamununa**

Kughuhura ghomwaka, mayendero kughutho noyikumithamo yamwanuke kughuhura ghomwaka ghoghuhe kuyipakerera. Eyi kuyitoya eshi makengwerero gho kukamununa. Mumakonakono ghokughuhura ghomwaka, makengwerero ghashihuru ghoyendamwaka nomakengwerero gho kughuhura ghomwaka kughapakerea pofotji. Muyinu yoyiheya yi mo mwa ka tunda keho matokwero eshi mwanuke gha runduruke ngambi mbadi gha runduruke mungcara dho kuranda ko.

- **Makengwerero gho kuneghedha yikumithamo**

Makengwerero gho kuneghedha yitundamo ne kuyedhereritha yikumithamo ngambi yiwanamo yakehe mwanuke pithendi noyiturithapo yokukehe mutara ghothikuhonga ngambi thihonga mbadi eshi kumuyedhekeritha noyiwanamo yoghukatji ghombunga dhodhiheya. Pakutapa yiwanamo, mudyo thikuma eshi naro dhene-dhene dhoyiwanamo yamwanuke dhi kurikanye nomadhi ghoyitwetha yendi, no mbadi wa kuyiyedhekeritha kuyikumithamo yohanuke hamweya. Muhingo ghu kutokomena eshi ngepi di gha dimukanga no tjwathananga thiwana mwanuke ngambi ngepi gha konanga kutenda thinu ngambi kuyikumithamo kukutha yiturithapo no mbadi eshi kuyedhekeritha yingatji gha dimuka mwanuke. Makengwerero gho kuneghedha yitundamo kwa gha rikanyitha pofotji nomakengwerero ghomuthihonga nothitambo tho kuwana ghushupi eshi ngepi di ghana kukumithamo thiwana mwanuke ghukutha yitambo yomuyikuhonga. Rukorekitho ro kuneghedha yikumithamo ro kurikanyitha payirughanitha rogho kutjindja ru ka kare mapenda mwene gho kukona kutura padipepa dyomakongwedhero mapenda ghoyendamwaka.

Yiwanamo ngambi mapenda kughatapa nunu ngambi mbadi nunu noyineghedhitho yoyitjangarandathana. Pakutapa mapenda nunu, mitiri kukengurura naro dhoyikumithamo yoyitwetha no kutapa ye thika dyo mapenda ghomuthitjangarandathana tho kuroghera. Mapenda ngambi yiwanamo yomuyitjangarandathana kughatapa mbadi nunu ngeshi kutapa mapenda mumaperersenda ndani munyima pogha gha tjindja kumapenda ghomuyitjangarandathana.

11.4. Muhingo ghomakengwerero

- **Muhingo ghomakengwerero ghamwakuke ghokehe pano**

Mitiri gha kona kukengurura eshi ngepi edi ghana kukumitha mo mwanuke yitwetha eyi ha tjwathanitha mudighanohongithitha, yoyishi momuya mo sho gha shwaghe maneghedhero ghomayendero kughutho ghomahe ghamwanuke. Eyi kukona kuyirughana pamuhingo ghokehe pano ghomakengwerero gho kurongathana ghomayendero kughutho ghakehe mwanuke muyikuhonga nomuyikara yo kukudeghura oku awo pakukonakona yinu, kugharava yihokoka noyitjanga, kurughanitha maghano, kukunungathana, kuturitha po yitokora yomudyo, nopamakutureromo ghawo ghokokuhe.

- **Muhingo ghomakengwerero mwanuke ghopopo**

Ngeshi ya nyanda mukurongathana makengwerero ghopopo, mitiri gha kona kurughanitha kehe pano ghukaro gho kukupitura noghukaro vene ghomuyikuhonga nomuyikara yo kukudeghura mu ka kengurura yitwetha yamwanuke. Marughanithero ghomakonakonoghana ghopatjangwa noghopakanwa kukona kukengurura ngenyu yitwetha yoyifupi, podigho eshi mbadi wa kumanena po ruvedhe rorwingi. Makonakonoghana gha kona kuhatera ngenyu kuthihonga thofotji ngambi dihenda dyapo.

11.5 Yitambo yomakengwerero

Muruhongithitho ndimi panaro dhomakunungathanitho, yitwetha yondimi kuyihonga pamuhongo gho kupakerera thika dyodoi twa rughanithanmga ndimi muyikara yetu yokehe diyuwa. Podigho eshi pakuhonga ndimi, maghundondoro mbadi wa kughayakunutha.

11.5.1 Kutegherera no kughamba

Hanuke ha roghera:

KK1	kutjwathana yikuyuva, yighayadhara noghukaro;
KK2	kutjwathna, kurongeka no kuyarekera ghushemwa, maghano noyighayara;
KK3	kuhutha ko dyodi ya roghera kumarawero ghopakanwa nomitara;
KK4	kukengurura mapathwerero no kutorora mo eyi ya roghera kuyitambo yoyingi;
KK5	kuyuvitha yithimwa, kuneghedha yikuyuva, yighayara noyighanekera;
KK6	kunongonona yitongora yomwimi noyikara;
KK7	kukunungathanitha thiwana dyodi ya roghera;
KK8	kukutha ñanani dhopakana, kuthinganyekera no kuturitha po maghoyero;
KK9	kuneghedha thinga thokwawateghereri noghudimuki ghorughambitho;
KK10	kushana mihingo dhongandji dhompirwero;
KK 11	kudimuka ghundondoro gho kuyareka pakanwa;
KK 12	kukunugathanitha mapathwerero nomaghano thiwana nodyodi ya roghera;
KK 13	kutapa ghundhundha thiwana yighara, ghushemwa, yikuyuva noyikumbera;
KK 14	kughamba thiwana nomakuruperero;

11.5.2 Kutoya no kutjanga

Hanuke ha roghera:

KUTKUTJ1	kutjwathana no kununga mapathwerero noyitongora yene-yene;
KUTKUTJ 2	kuhutha dyoyi ya roghera kumarawerro ghopatjangwa nomitara;
KUTKUTJ 3	kutura, kukona-kona no kutorora mapathwerero ghokuroghera kurughanitha kuthitambo thongandji;
KUTKUTJ 4	kunongonona yitongora yomwimi noyikara;
KUTKUTJ 5	kuthinganyekera yitongora yo kutunda mumañando, yighambaghana ndani yighamba yopayighaneka;
KUTKUTJ 6	kukutha ñanani dhamutjangi, kuthinganyekera no kuturitha po maghoyero;
KUTKUTJ 7	kunongonona eshi ngepi ha kumithanga mo thitambo thawo hatjangi;
KUTKUTJ 8	kushana eshi ngepi dha wedhereranga ko ndimi, marughanithero noghukaro kuyitongora yothitoya;
KUTKUTJ 9	kurongeka no kuyarekera ghushemwa, maghano noyighayara;
KUTKUTJ 10	kuhutha dyodi ya roghera kumapathwerero, maghano noghukaro gho kutunda muthighamba;
KUTKUTJ 11	kuyuvitha thithimwa, kuneghedha yikuyuva, yighayara noyighanekera;
KUTKUTJ 12	kukunungathanitha thiwana dyodi ya roghera ghutambithera hatoyi;
KUTKUTJ 13	kurongathana no kutapa mapathwerero pamuhingo ghongandji ghurughanitha miyirateta nomarughanithero ghoyighamba yo kukuthigha-thigha;
KUTKUTJ 14	kurughanitha mughuhunga mashashero, yitoyadimukitha nomitara dhodhihe dhokahongandimi norutjangithitho;
KUTKUTJ 15	kutjanga noghundondoro yitjanga yo kutambithera pamihingo dho kukuthigha-thigha;
KUTKUTJ 16	kuneghedha ghudimuki ghorutjangithitho;
KUTKUTJ 17	kupirura yinu yo kukuthigha-thigha.

11.5.3 Kahongandimi

Hanuke ha roghera:

NDIM 1	kukunungathanitha thiwana dyodi ya roghera;
NDIM 2	kurughanitha mughuhunga mashashero, yitoyadimukitha nomitara dhodhihe dhokahongandimi;
NDIM 3	kurughanitha no kuwedherera ko ruñandweya nomathaghano gho kuroghera, gho kughanekera nogho kukuthigha-thigha;
NDIM 4	kurughanitha thiwana mitara dho kukuthigha-thigha dhothighambaghana muyighamba;
NDIM 5	kurughanitha mughuhunga marughanithero gho kukuthigha-thigha ghondimi muyighamba;
NDIM 6	kurughanitha mughuhunga rutjangithitho oru ha tawedhera;
NDIM 7	kurughanitha yighamba yoyifupi noyoyire;
NDIM 8	kurughanitha thiwana mitara dhothighamba nomanako;
NDIM 9	kushana mihinggo dhongandji dhomapirwero.

11.5.4 Yithimwetwedhatjanga

Hanuke ha roghera:

YITH1	kuneghedha matjwathaneno ghoyitjangwa yomuyithimwa;
YITH 2	kunongonona marughanithero ghondimi ghamutjangi mu ka tjwathanitha maghano ghawo;
YITH 3	kuneghedha matjwathaneno ghoyinu yonunu yomuyithimwa;
YITH 4	kukuyonga marughanithero ghondimi pakukumburura ko kuyighayarera yoghunanyami nomakurimbo;
YITH 5	kurughanitha ndimi dho kukuthigha-thigha edhi dha roghera muthikuhonga tho;

YITH 6
YITH 7

kukuyonga no kuhutha eyi gha dimuka thinda;
kukengurura mumarudhi ghoyithimwetwedha.

11.6. Makengwerero ghashihuru ghoyendamwaka, makonakono ghomambiru noghomakuru: Mayendithitho

Makengwerero ghashihuru ghoyendamwaka: Mayandjwerero ghomayendithitho gho kuhatera makengwerero

11.6.1 Ngcara 8 no 9

Munaro dhi, makengwerero ñanyi gha karange ko ghashihuru ghoheke pano noghopopo. Mukuwedherera ko, mbo ghana karanga ko makonakono ghomwimi kughuhura ghomwaka muyikuhonga yoyihey yomuNgcara 8 no 9. Eyi mbo yina karanga ko ghure gho mbadi wa kupitakana payivike yiwadi kughuhura ghomwaka. Makengwerero ghashihuru ghoyendamwaka, pofotji nomakonakonoghana, mbo ghana turanga ko mapenda gho kukuma ku 50% kumapenda gho kughuhura ghomwaka.

Makengwerero ghomaghundondoro ghomundimi gho kukuthigha-thigha

Kutegherera no kughamba

Ghudimuki ghohanuke ghoyo kughamba kughukonakona ruwadi muthinema, rofotji kuyighamba yo kukuroghithera norofotji kuyighamba yo kupira kukuroghithera mungondahongero. Yipepa noyikuvureka yopakanwa yo kutunda mumambapira agha ha tawedhera ya kona kukara mutara ghuno ghomakengwerero ghashihuru ghoyendamwaka. Mapenda kughatjanga mumipowa dhokuroghera paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka.

Kutoya no kutjanga

Ghudimuki gho kutoya (wighuka) kughukonakona ngambi rofotji muthinema ghurughanitha thitoya ethi sho gha toye mwanuke tho kukuroghithera notho kupira kukuroghithera. Makengwerero ghopopo ghomatjwathaneno ghoyo kutoya kugharughana mumakudewero ghoyo kutoya no kutjanga. Yirughana yiwadi omu yi di yitoya omu sho hepura mepwero gho kukuthigha-thigha yi pwe kurughana muthinema thofotji. Mumepwero mu kare mo mepwero gho kukonakona ghudimuki ghokahongandimi. Mudyo thikuma mukutjwathana eshi ghudimuki ghokahongandimi kughukonakona kukutha muthitoya. Mepwero gha kona karo kukonakona yirughana yomatjwathaneno nomapirwero.

Kutjanga

Yirughana yokutjanga yoyihey kuyikoreka. Mapenda ghothitjangathimwetwedha thofotji (1) noyitjanga yoyifupi yiwadi (2) gha pwe kutjanga mukehe thinema paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka. Hanuke ha kona kutjanga yithimwetwedha yo kukuma kumañando 200-250 (Ngcara 8), 250-300 (Ngcara 9) noyitjanga yoyifupi yo kukuma kumañando 100-120 (Ngcara 8) ndani 120-150 (Ngcara 9).

Yithimwetwedhatjanga

Yikuhonga yoyithimwetwedhatjanga ya kara nomitara dhihatu: **yithimwa yopatjangwa (thothire/thothifupi), yipepa** (yipepa yothikurumingwa thofotji) **nomitanuro**. Mitara dhodhihe dhihatu kudhikengurura no kudhikonakona patjangwa. Makonakonoghana ngambi yirughana yihatu (3) yomuthinema yo ha kona kwipura kukutha mambapira ghoyithimwetwedhatjanga agha ha tawedhera nomapenda kughatjanga paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka.

Yithimwa yopatjanwa (thothire/thothifupi)

Yikaramo yoyikuhonga kuyikuhonga kehe pano mukukutha hapepi, mumakurandero ghoyihokoka, yitenda noyiretedherapo. Mepwero ghopatjangwa gha kona kukara ghoyitjwathana yomuyithimwetwedha. Hanuke ha kona kushana hathinda mahuthero ghuruganitha mambapira.

Yipepahokoka (yothikurumingwa thofotji)

Hanuke ha kona kukuhonga yikuruhokoka nomahatithero yikara yawapepi. Mepwero ghopatjangwa ghomuyipepahokoka gha kona kukara ghoyitjwathana yomuyithimwetwedha.

Mitanuro

Hanuke kuwahonga kutambura no kunyanyukera mitanuro. Mu ka kuma yino mughuta wakora, hanuke ha kona kutjwathana yikaramo yomumutanuro. Mitanuro mbadi ha dhi kupombere mumutwi. Hanuke ha roghera kuwaneghedha ghudimuki gho kutoya mitanuro ghuneghedha yikuyuva yendi no kugarava yikuyuva eyi ya kara mo.

Mambapira agha ha tawedhera mukehe Ngcara:

Ngcara 8: Mitanuro 8 (dhomuthineneko), Yithimwetwedha yoyifupi NGAMBI thithimwa 1 ndani thi pepahokoka 1 mumwaka.

Ngcara 9: Mitanuro 10 (dhomuthineneko), yithimwetwedha yoyifupi 6 NGAMBI thithimwa 1 ndani thi pepahokoka 1 mumwaka.

11.6.2 Makamweneno ghomakengwerero ghashihuru ghoyendamwaka muNgcara 8 no 9:

GHUNDONDORO	MAPENDA	NGOYO
1. Kuteghera no kughamba		
Yighamba Yishikuroghithera (yokehe diyuwa) noYighamba Yokukuroghithera	10	
Thipepa	10	
Ngoyo:	20	20
2. Kutoya no kutjanga		
Mutara 1: Yighonga yo kukuthigha-thigha (yo kutjwathana ngambi yihutha yopapendi thinda; yirughana yomapirwero)	20	
Mutara 2: Yihonga: yo kumona noyishimono	20	
Ngoyo:	40 ÷ 2	20
3. Kutjanga		
Yitjangathimwetwedha (x 1)	40	
Yitjanga yoyifupi (x 2)	20	
Ngoyo:	60 ÷ 2	30
4. Yithimwetwedhatjanga		
Mitanuro	10	
Yithimwa yopatjangwa	10	
Yipepahokoka	10	
Ngoyo:	30	30
ÑURUNGOYO		100

11.6.3 *Ngcara 10*

Munaro dhi, makengwerero ghashihuru ghopopo noghokehe pano ñanyi gha karange ko. Mbo ghana karanga ko makonakono ghopanunda muyikuhonga yoyiheyha kughuhura ghoNgcara 10.

Makengwerero ghashihuru pofotji nomakonakonoghana, mbo ghana turanga ko mapenda gho kukuma ku 50% kumapenda gho kughuhura ghomwaka. Mapenda gho kurundurukitha mungcara dho kuranda ko muNdimi dhoKutanga gha kona kukara mo mapenda ghomakengwerero ghashihuru ghoyendamwaka gho kukuma ku 50%.

Makengwerero ghomaghundondoro ghomundimi gho kukuthigha-thigha

Kutegherera no kughamba

Ghudimuki ghohanuke ghoyo kughamba mbo hana ghu konakonanga ngambi ruwadi muthinema, rofotji kuthighamba tho kukuroghithera norofotji kuthighamba tho kupira kukuroghithera mungondahongero. Yipepa noyikuvureka yopakanwa yo kutunda mumambapira agha ha tawedhera ya kona kukara mutara ghuno ghomakengwerero ghashihuru ghoyendamwaka. Mapenda kughatjanga mumipowa dhokuroghera paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka.

Kutoya no kutjanga

Yirughana yiwadi omu yi di yitoya omu sho hepura mepwero gho kukuthigha-thigha yi pwe kurughana muthinema thofotji. Mumepwero gha mu kare mo mepwero gho kukonakona ghudimuki ghokahongandimi. Mudyu thikuma mukutjwathana eshi ghudimuki ghokahongandimi kughukonakona kukutha muthitoya. Mepwero gha kona karo kukonakona yirughana yomatjwathaneno.

Kutjanga

Yirughana yokutjanga yoyiheyha kuyikoreka. Mapenda ghothitjangathimwetwedha thofotji (1) noyitjanga yoyifupi yiwadi (2) gha pwe kutjanga mukehe thinema paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka. Hanuke ha kona kutjanga yithimwetwedha yo kukuma kumañando 250-300 noyitjanga yoyifupi yo kukuma kumañando 150-200 muNgcara 10.

Yithimwetwedhatjanga

Yihonga yoyithimwetwedhatjanga ya kara nomitara dhihatu: **yithimwa yopatjangwa (thothire/thothifupi), yipepa nomitanuro**. Mitara dhodhihe dhihatu kudhikengurura no kudhikonakona patjangwa. Makonakonoghana ngambi yirughana yihatu (3) yomuthinema yo ha kona kwipura kukutha mambapira ghoyithimwetwedhatjanga agha ha tawedhera, nomapenda kughatjanga paThiforumu thoMakengwerero Ghashihuru Ghoyendamwaka.

Yithimwa yopatjangwa (thothire/thothifupi)

Yikaramo kuyikuhonga kehe pano mukukutha hapepi mumakurandero ghoyihokoka, yitenda noyiretedherapo. Mepwero ghopatjangwa gha kona kukara ghoyitjwathana yomuthithimwetwedha. Hanuke ha kona kushana hathinda mahuthero ghurughanitha mambapira.

Yipepahokoka

Hanuke ha kona kukuhonga yikuruhokoka nomahatithero yikara yawapepi. Mepwero ghopatjangwa ghomuyipepahokoka gha kona kukara ghoyitjwathana yomuthithimwetwedha.

Mitanuro

Hanuke kuwahonga kutambura no kunyanyukera mitanuro. Mu ka kuma yino mughuta wakora, hanuke ha kona kutjwathana yikaramo yomumutanuro. Mitanuro mbadi ha dhi kupombere mumutwi. Hanuke ha roghera kuwaneghedha ghudimuki gho kutoya mitanuro ghuneghedha yikuyuva yendi no kugharava yikuyuva eyi ya kara mo. Mepwero ghopatjangwa ghomumitanuro gha kona kukara ghoyitjwathana yomuthithimwetwedha.

Mambapira agha ha tawedhera:

Mitanuro 15 (dhomuthineneko), yithimwetwedha yoyifupi 6 NGAMBI thithimwa 1 ndani thi pepahokoka 1 mumwaka.

11.6.4 Makamweneno ghomakengwerero ghashihuru ghoyendamwaka muNgara 10:

GHUNDONDORO	MAPENDA	NGOYO
1. Kutegherera no kughamba		
Yighamba Yishikuroghithera (yokehe diyuwa) noYighamba Yokukuroghithera	10	
Thipepa	10	
Ngoyo:	20	20
2. Kutoya no kutjanga		
Mutara 1: Yihonga yo kukuthigha-thigha (yo kutjwathana ngambi yihutha yopapendi thinda; yirughana yomapirwero)	20	
Mutara 2: Yihonga: Yokumona noyishimono	20	
Ngoyo:	40 ÷ 2	20
3. Kutjanga		
Yitjangathimwetwedha (x 2)	40	
Yitjanga yoyifupi (x 2)	20	
Ngoyo:	60 ÷ 2	30
4. Yithimwetwedhatjanga		
Mitanuro	10	
Yithimwa yopatjangwa	10	
Yipepahokoka	10	
Ngoyo:	30	30
ÑURUNGOYO		100

11.7 Makonakono gho kughuhura ghomwaka

11.7.1. Ngcara 8 no 9

Makonakono ghopatjangwa kughuhura ghomwaka ñanyi gha karange nomapepa mahatu (3). Agho ne Dipepa 1, 2 no 4.

Dipepa	Marudhi ghomepzero	Nako	Mapenda
Dipepa 1 Kutoya no Kutjanga	Dipepa di ñanyi di karange nomitara dhiwadi. Yitoyamingwa yo kurughanitha mudipwero dino mwa kona kukara mo yithimwetwedha yonunderero, yoghushemwa noyomapathwerero, noyithimwetwedhatjanga ngambi mitanuro. Yiparatjangwa yoyihe yiwadi ya kona kukuma kumañando 800 kuNgcara 8 (kupupitha ngambi kupitakanitha po nomañando 80) ndani kukuma kumañando 1000 kuNgcara 9 (kupupitha ngambi kupitakanitha po nomañando 90). MUTARA 1: Mutara ghu wa kona kukara noyirughana yihatu (3). Thitoyamingwa ngambi thiparatjangwa tho kunyanyukitha tho ha kona kutorora. Mbadiko mapenda gho kutepura mo pamurandu ghomakwirero ghomashashero, kahongandimi ngambi yitoyadimukitha. Thirughana 1 Muthirughana thi kukara mo mepwero kwoko-nodyofotji (6) ghomandorwera ghohehe dino nomahuthero mane (4) omu sho gha kone kutorora mo dihuthero dyomughuhunga dyofotji. (mepwero 6). Thirughana 2 Mahuthero ghomafupi, mepwero gho kuyandhurukera, ghoKemo/Mbadi Kemo, ngambi mepwero gho kukuwa ghogho kwipura mo. (mepwero 4-6). Thirughana 3 Mepwero agha gha nyanda mahuthero ghomatjwathanithero ghogho kwipura mo muno, nomapenda ghapo gho kutunda ku 1-3 (mepwero 3-4). MUTARA 2: Mumutara ghu muna kukara yirughana yiwadi (2) yomapenda 20 kehe thino. Thiparatjangwa thatho natho tho kunyanyukitha thotho kurughanitha mumutara ghu. Thirughana 1 Mumutara ghuno kwipura mo mepwero ghomatjwathaneno agha ghana kukonakona ghudimuki ngambi yitwetha yamwanuke yo kukuthigha-thigha, nomapenda ghapo gho kutunda ku 3-8. Muhati mumakonakono gha kona kutjanga mahuthero gho kurongama thiwana. Muthirughana thi kukonakona mo matjwathaneno ghamuhati kuthitoya noghudimuki wendi gho kuthothonona, kukengurura ngambi kuhutha ko papendi thinda. Rurongakanitho royitjanga, mashashero nokahongandimi kuyikengurura pakukoreka mahuthero ghano.	Maviri 2	6 6 8 [20] [20]

11.7.2 Ngcara 10

Makonakono ghopatjangwa ghokughuhura ghomwaka ñanyi gha karange nomapepa mahatu (3). Hahati kumakonakono homushure ndani hopapawo hathinda waheya ha kona kutjanga Dipepa 1, 2 no 4.

Dipepa	Marudhi ghomepewero	Nako	Mapenda
Dipepa 1 Kutoya no Kutjanga	Dipepa di ñanyi di karange nomitara dhiwadi. Yitoyamingwa yo kurughanitha mudipwero dino mwa kona kukara mo yithimwetwedha yonunderero, yoghushemwa noyomaphwerero, noyithimwetwedhatjanga ngambi mitanuro. Yitjangwa yoyihe yiwadi ya kona kukuma kumañando 1250 (kupupitha ngambi kupitakanithaa po nomañando 100). MUTARA 1: Mutara ghu wa kona kukara noyirughana yihatu (3). Thitoyamingwa ngambi thiparatjangwa tho kunyanyukitha tho ha kona kutorora. Mbadiko mapenda gho kutepura mo pamurandu ghomakwirero ghomashashero, kahongandimi ngambi yitoyadimukitha. Thirughana 1 Muthirughana thi kukara mo mepwero kwoko-nodyofotji (6) ghomandorwera ghoheke dino nomahuthero mane (4) omu sho gha kone kutorora mo dihuthero dyomughuhunga dyofotji (mepwero 6). Thirughana 2 Mahuthero ghomafupi, mepwero gho kuyandhurukera; ghoKemo/Mbadi Kemo, ngambi mepwero gho kukuwa ghogho kwipura mo (mepwero 4-6). Thirughana 3 Mepwero agha gha nyanda mahuthero ghomatjwathanithero ghogho kwipura mo muno, nomapenda ghapo gho kutunda ku 2-4 (mepwero 3-4). MUTARA 2: Mumutara ghu muna kukara yirughana yiwadi (2) yomapenda 20 kehe thino. Thiparatjangwa thatho natho tho kunyanyukitha thotho kurughanitha mumutara ghu. Thirughana 1 Mumutara ghuno kwipura mo mepwero ghomatjwathaneno agha ghana kukonakona ghudimuki ngambi yitwetha yamwanuke yo kukuthigha-thigha, nomapenda ghapo gho kutunda ku 3-8. Muhati mumakonakono gha kona kutjanga mahuthero gho kurongama thiwana. Muthirughana thi kukonakona matjwathaneno ghamuhati kuthitoya noghudimuki wendi gho kuthothonona, kukengurura ngambi kuhutha ko papendi thinda. Rurongakanitho royitjanga, mashashero nokahongandimi kuyikengurura pakukoreka mahuthero ghano. Thirughana 2 Hahati ha kona kuhutha ko pamihingo dho kukuthigha-thigha (mahuthero gho kutambithera) mumañando gho kukuma 150-200, yira: makamweneno, mbapira (dhopathinamuragho nodhopathinaghundambo), yitundamo, thighamba, matwarero kughutho dighano dyothithimwa/thitjangwa noyimweya kenge yo.	Maviri 2	6 6 8 [20] [20] [20] Ngoyo: 60 (Kughapirura ku 50)

Dipepa	Marudhi ghomepwero	Nako	Mapenda
Dipepa 2 Kutjanga (Yitjangathi-mwetwedha)	Mudipepa mu kukara mo yirughana yiwadi (2), nothitoya tho kunyanyukitha kukona kuthirughanitha. Thitoya tho kunyanyukitha kukona thi kare nothitatumendi (memaneno) thothifupi, yipererende, mathaghano, tumingwa totufupi, yiperende yodishamu noyimweya kenge yo. MUTARA 1 Muhati kumupa mepwero 6 ghoyitjangathimwetwedha no kutorora po dipwero dyofotji (1), no gha tjange ko mañando gho kukuma ku 300-350. Mepwero gha kona kutumangedha mwanuke gha ghanekere, kuthimwetwedha, kunanunutha, no kutjwathanitha pamuhingo gho kuroghera. MUTARA 2 Muhati kumupa mepwero mane (4) omu sho gha torore po dyofotji (1) oku sho gha tjange yomañando gho kukuma 150-200. Mepwero gha kukara mo: mbapira (dhopathinamuragho nodhopathinaghundambo), yitundamo, thighamba, diñambwe, ngambi yihokoka yokehe diyuwa. Yinyanyukitha yo kukona kurughanitha ne yira yiperende, yiperende yodishamu nomatjingitho ghomafupi.	Maviri 2	20 10 Ngoyo: 30
Dipepa 4 Yithimwetwedhatjanga: (Homushure noHopapawo hathinda)	Dipepa dino ne dyokwipwera panunda ene kudikorekera mwimi (pashure). Mapenda agha hana wana kughatuma kumberegho dhoyomakonakono kuDNEA. Mepwero kughepura kumarudhi mahatu ghoyithimwetwedhatjanga: Mitanuro, Yithimwa yopatjangwa noYipepahokoka. Mitiri gha kona kuhonga mitanuro 15 no kuyikona-kona yira kengeno kwishi. Mukehe rudhi kwipura mo mepwero mawadi ghoyitjwathana yomuyithimwetwedha. Hanuke ha kona kuhutha ko dipwero DYOFOTJI kukehe mitara dhihatu. MUTARA 1: Mepwero mawadi (2) ghoyitjwathana yomuyithimwetwedha kuMitanuro omu sho gha huthe ko ngenyu mwanuke dipwero DYOFOTJI (1). MUTARA 2: Mepwero mawadi (2) ghoyitjwathana yomuyithimwetwedha kuYipepahokoka omu sho gha huthe ko ngenyu mwanuke dipwero DYOFOTJI (1). MUTARA 3: Mepwero mawadi (2) ghoyitjwathana yomuyithimwetwedha kuYithimwa yopatjangwa omu sho gha huthe ko ngenyu mwanuke dipwero DYOFOTJI (1).	Maviri 2	20 20 20 Ngoyo: 60 (Kughapirura ku 20)

YOKUKONEKA:

Mumakonakono ghokughuhura ghomwaka 2009 hanuke hopapawo hathinda ñanyi ha kutjange **kumarudhi mawadi (2)** pithagho, kuringa eshi **Mitanuro noYithimwa yopatjangwa**.

Kutunda mu2010 kate 2012 marudhi ghomahe mahatu (3) ghoyithimwetwedhatjanga, kuringa eshi **Mitanuro, Yithimwa yopatjangwa noYipepahokoka** ha kona kuyirughana wahe hanuke Homushure noHopapawo hathinda.

11.8 Maneghedhero ghoyikonakona

Maneghedhero ghoyikonakona mundimi dhokutanga muDighanohongithitho dyopanaro dhoSekondere ghoPamuve.

Yitambo yo-makengwerero	Dipepa 1	Dipepa 2	Dipepa 4
KK1			
KK 2			
KK 3			
KK 4			
KK 5			
KK 6			
KK 7			
KK 8			
KK 9			
KK 10			
KK 11			
KK 12		✓	
KK 13			
KK 14			
KK 15			
KK 16			
KK 17			
KUT1	✓	✓	✓
KUT 2	✓	✓	✓
KUT 3	✓	✓	✓
KUT 4	✓	✓	✓
KUT 5	✓	✓	✓
KUT 6	✓	✓	✓
KUT 7	✓	✓	✓
KUT 8	✓	✓	✓

Yitambo yo-makengwerero	Dipepa 1	Dipepa 2	Dipepa 4
KUTJ1	✓	✓	✓
KUTJ 2	✓	✓	✓
KUTJ 3	✓	✓	✓
KUTJ 4	✓	✓	✓
KUTJ 5	✓	✓	✓
KUTJ 6	✓	✓	✓
KUTJ 7	✓	✓	✓
KUTJ 8	✓	✓	✓
KUTJ 9	✓	✓	✓
NDIM 1	✓	✓	✓
NDIM2	✓	✓	✓
NDIM 3	✓	✓	✓
NDIM 4	✓	✓	✓
NDIM 5	✓	✓	✓
NDIM 6	✓	✓	✓
NDIM 7	✓	✓	✓
NDIM 8	✓	✓	✓
NDIM 9	✓	✓	✓
YITH1			✓
YITH 2			✓
YITH 3			✓
YITH 4			✓
YITH 5			✓
YITH 6			✓
YITH 7			✓

11.9 Matapero yiwanamo kuNgcara 8, 9 no 10

Naro dhoyikumithamo yamwanuke kukutha yitwetha yomudighanohongithitho muthikuhonga thino kuyineghedha noyidimukitho yoYiwanamo A-G, oku A ne kunegha yiwanamo eyi ya ka hura ko kuwiru (yokamanakandongo) no G ne kunegha yiwanamo yo kuhurerera pamuve. Hahati kumakonakono ho kuwana kwishi dhoG, kuninga eshi 0-19%, mbadi wa kuwana mapenda, kutongora eshi ghana ghu.

YIWANAMO	GHUKATJI GHOYIWANAMO (%)	MATJWATHANITHERO GHOYIWANAMO
A	80-100	Ghana yi kumitha mo thikuma yitwetha yoyihe thiwana-thiwana. Mwanuke yu ne kamanakandongo muyitwetha yoyihe.
B	70-79	Ghana kumitha mo thiwana yitwetha. Mwanuke yu ne muwa-wa nomuhunga muyitwetha thingi thayo.
C	60-69	Ghana kumitha mo thiwana yitwetha.
D	50-59	Hasha nopodigho vene ghana kumitha mo yitwetha.
E	40-49	Ghana kumitha mo yitwetha yongandji ngenyu yo kuwedherera ko yo kupita paghupu ghonaro dhoyitwetha yo kurikanya.
F	30-39	Ghana kumitha mo ghupu ghoyitwetha yo kurikanya mukumumona eshi gha twetha.
G	20-29	Ghana kumitha mo ghupu ghoyitwetha yo kukona kumupa ko yiwanamo. Mwanuke gha nyanda mahukurukero ghoyihonga.
U	0-19	Mbadiko mapenda, ghana ghu.

12. Mapathwerero ghokuwedherera ko

Kehe makutjindjo ghokumambapira agha ha fundhwera mbo ghana pu kuyuvithanga mumbapira dhomapathwerero dho kutunda kuNIED.

THIRAMEKA A
MAKOREKITHO GHoyIRUGHANA YOPATJANGWA YOYIRE (YITJANGATHIMWETWEDHA)

NDIMI; MUHINGO NOMAHUNGEKERO → YIKARAMO NOMATOTERO ↓	1	2	3	4	5
	Muyighamba mu di mitara dhodhingi dhokahongandimi. Marughanithero ruñandweya , mathaghano nomakuhongo ghoyighamba. Ghufughuri. Muhingo ghokuroghera no kuyenderera. Yitongora yina rogho no kukena thiwana.	Yighamba yina pu kurongathana thiwana. Marughanithero ruñandweya rokuroghera nomathaghano. Muhingo kumoneka. Yitongora yina keni. Makwirero ghomapu.	Kurughanitha thiwana yighamba y oyiredhu nomanungero ghondimi. Muhingo kumoneka nopa nopaya. Pamweya yitongora ne yina keni. Makwirero ghamwe ghomakuru mbadi wa kwipitha matjwathaneno.	Makwirero ghomarughanithero mathaghano noyighamba kureta didhongi. Ruñandweya ne rupu nopamwe mbadi wa kuroghera. Yingi yina piri kuhungama yokwipitha makunungathanitho.	Ndimi mbadi wa kumoneka. Makwirero ghomakuru kehe pano kuthineneka mutoyi gha thinganyeke mukuwananeka yitongora yapo.
1. Yokuturitha po thinda, ghufughuri, ghushemwa no kutowaritha. Kutwara kughutho yighayara. (yokukendhumuka) no kurongathana thiwana miyirateta dyodi ya roghera.	9 - 10	8	7	6	5
	17 - 20	15 - 16	13 - 14	11 - 12	9 - 10
2. Yikaramo yimwe yiwa no kuroghera. Yokuturitha po thinda, yokurongathana thiwana no kumoneka madhundekero nomayeyukero.	8	7	6	5	4
	15 - 16	13 - 14	11 - 12	9 - 10	7 - 8
3. Yikaramo yina rikanya ene mbadi yokuturitha po thinda. Yighayara kuyeyuka kamanana nomarongathanitho mapu, ene mwingeneno nomaghoyero kumoneka.	7	6	5	4	3
	13 - 14	11 - 12	9 - 10	7 - 8	5 - 6
4. Yikaramo yipu. Mbadi wa kukondja eshi gha yeyure dighano ngambi kenge eshi madhi ghoyighayara kughatjwathana; yitamenedhi yimwe yomarongathanitho ghothivunganyi kumoneka.	6	5	4	3	2
	11 - 12	9 - 10	7 - 8	5 - 6	3 - 4
5. Mapu matjwathaneno ghothihonga. Ghukashu ghomarongathanitho kureta po didhongi. Yighayara yoyiredhu yishirongathana.	5	4	3	2	1
	9 - 10	7 - 8	5 - 6	3 - 4	1 - 2

Thitamenedhi: Y 3 = 4/10 ngambi 8/20
 N4

THIRAMEKA B
MAKOREKITHO GHOYIRUGHANA YOPATJANGWA YOYIFUPI/YITJANGA VENE

YIKUYUVA KWAWATOYI/ MUHINGO, NDIMI NOMAHUNGEKERO → MAKUMITHEROMO THIRUGHANA, MAKUNUNGATHANITHO, YIKARAMO NORUPITU ↓	1	2	3	4	5
	Thendi thinda, marughanithero mughufudhi ghondimi nomuhingo; yina kendhumuka yikuyuva yokwawatoyi nomuhingo ghuna roggho. Makwirero mapu.	Ghana torora thiwana marughanithero ndimi kuthirughana; yikuyuva yokwawatoyi nomuhingo yina rikanya. Makwirero mapu.	Ndimi dhokehe diyuwa ene yina rogghera; yikuyuva yokwawatoyi yipu. Makwirero mengi ghokwipitha matjwathaneno.	Ndimi dhopegghuru-pegghuru nombadimo ndhika eyi yina rogghera ngenyu kuthirughana nohatoyi nopa nopaya. Makwirero ghomathaghano nomakuhongo ghoyighamba kuna kureta po didhongi.	Ndimi mbadi dhina kumu pathirughana ngambi kenge eshi kuyitjwathana nopa nopaya. Makwirero ghomakuru ghokehe pano kuthineneka mutoyi gha thinganyeke mukuwaneka yitongora yapo.
1. Ghana kumithamo thiwana thirughana; yikaramo yiwa, yokuyandjurura, noyokutorora thiwana. Rupitu kuroghera no kughamwena thikuma makunungathanitho.	9 - 10	8	7	6	5
	17 - 20	15 - 16	13 - 14	11 - 12	9 - 10
2. Yirughana hasha yina kumu mo. Ndorwera dhoyikaramo kuroghera (ene mbadi wa dhundeka); kutjwathana vene eshi rupitu kughamwena matjwathaneno ghapo.	8	7	6	5	4
	15 - 16	13 - 14	11 - 12	9 - 10	7 - 8
3. Kuneghedha matjwathaneno ghothirughana; kurughanitha yikaramo yoyiredhu yokuroghera; kumoneka ghushupi ghorupitu rokuroghera.	7	6	5	4	3
	13 - 14	11 - 12	9 - 10	7 - 8	5 - 6
4. Thirughana mbadi thina kumenena mo thiwana; yikaramo yimwe kuroghera; rupitu mutara ghofotji ene kukumitha mo thitambo thomakunungathanitho.	6	5	4	3	2
	11 - 12	9 - 10	7 - 8	5 - 6	3 - 4
5. Thirughana mbadi thina kumu mo thiwana; yikaramo yoyiredhu noyipu thikuma; yikuyuva yomaneghedhero dighano mbadimo.	5	4	3	2	1
	9 - 10	7 - 8	5 - 6	3 - 4	1 - 2

Thitamenedhi: Y 3 = 4/10 ngambi 8/20
N 4

THIRAMEKA C
MAKENGWERERO GHASHIHURU GHUYENDAMWAKA: THIMBUKUSHU
NGCARA 8 & 9
Mwaka:

.....

Shure:

Ngondahongero:

Mitiri:

.....

MENA	Thinema	Kutegherera no Kughamba			Kutoya no Kutjanga			Yithimwetwedhatjanga				Kutjanga				NGOYO MUTHINEMA	NGOYO MUYINEMA (T1 + T2 + T3)	MAPENDA MUMWAKA (300 ÷ 3)
		Yishikuroghithera noYokukuroghithera	Thipepa	MAPENDA MUTHINEMA	Thitjangwa 1	Thitjangwa 2	MAPENDA MUTHINEMA (40 ÷ 2)	Mitanuro	Yithimwa	Yipepa	MAPENDA MUTHINEMA	Yitjangathimwetwedha	Yitjanga yoyifupi 1	Yitjanga yoyifupi 2	MAPENDA MUTHINEMA (60 ÷ 2)			
		10	10	20	20	20	20	10	10	10	30	40	10	10	30	100	300	100
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	

2																			
3																			

THIRAMEKA D

NGCARA Mwaka:..... Shure: Ngondahongero: Mitiri: MAKENGWERERO GHASHIHURU GHOYENDAMWAKA: THIMBUKUSHU 10																			
MENA	Thinema	Kutegherera & Kughamba			Yithimwatjanga				Kutoya & Kutjanga				Kutjanga				NGOYO MUTHINEMA	NGOYO MAKENGWERERO	
		Yishikuroghithera noYokukuroghithera	Thipepa	MAPENDA MUTHINEMA	Mitanuro	Yithimwa	Yipepa	MAPENDA MUTHINEMA (60 ÷ 2)	Y'honga kehe yino	Yitoya yokumona/ Yishimono	Yitoya yokumona/ Yishimono	MAPENDA MUTHINEMA (40 ÷ 2)	Yitjanganthimwetwedha	Yitjanga yoyifupi 1	Yitjanga yoyifupi 2	MAPENDA MUTHINEMA (60 ÷ 2)		NGOYO THINEMA (T1+T2)	MAPENDA MUMWAKA (200 ÷ 2)
		10	10	20	20	20	20	30	20	10	10	20	40	10	10	30	100	200	100
.....	1																		
.....	2																		
.....	1																		
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