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1. MATSENO

Lenaneothuto le tthalosa maikaelelo a thuto le tthatlhobo ya lenaneothuto ya Puo ya Ntlha ya seema sa 8-10. Nngwe ya maikaelelo a motheo mo kharikhulama a tthalosiwa ka bophara mo “Pilot Curriculum Guide” ya motheo wa thuto go re neela go tseledisa tlabololo bokgoni le botswerere jwa puo, mo puong ya Ntlha kgotsa Loleme la ga mme lwa baithuti. Tse di akaretsa:

- Tlabololo le mokgwa o o siameng mabapi le Puo ya Ntlha
- Go letlelela baithuti go tlaheletsana sentle ka Puo ya Ntlha, le go e bua le go kwala
- Go rotloetsa baithuti go dirisa Puo ya Ntlha ka boikanyo mo go ithuteng mo sekolong le ka metlha

Thuto ya mareo le ditlangwa di akaretsa pono le tlabololo ya go tlaheletsana ka botswerere jwa puo, ka go reetsa, go e bua, go buisa le go kwala ka tlhomamo, le go tlhotlheletsa mokgwa wa go itemogela se se mo botshelong ke moithuti yo o neelang motheo wa thuto mo dikarolong tsotlhe, le go tseledisa thuto ya puo ka botlhale, maikutlo le tlabologo ya boago jwa moithuti. Jaaka serutwa, Puo ya Ntlha e akareditswe mo mareong le ditlangwa mo tikologong ya thuto mo kharikhulama, mme di na le ditlhogo tse di maleba le dirutwa tse dingwe.

Dikarolo tsa botlhokwa tsa thuto di kgaogantswe jaana:

Temogo ya bontle:

Karolo e, e akaretsa boleng jwa thuto, go tlaheletsana ka mokgwa wa botaki le go bontsha bontle mo dikarolong tse dingwe. E akaretsa maikutlo, maitemogelo a botlhale, le botlhaga jwa go nagana le tiro.

Boagi le Ekonomi:

Go tsaya karolo mo boagong, baagi, politiki, ekonomi, setso le tsholego ya tikologo ke bogare jwa karolo ya thuto. Go akaretsa go tshaloganya le go ranola tse di fetileng le boitshwaro le maitemogelo a setho, jaaka di tlhotlheletsa ditiragalo, mabaka le tikologo.

Dipalo:

Mo karolong ya dipalo baithuti ba tshaloganye le go kgona dipalo tse di farologanyeng ka botswerere, kitso, tshaloganyo le go tseledisa, go ka batlisisa le go ranola dipalo le botsalano jo bo tshwaraganeng le paterone e e gone mo lefatsheng.

Semoya:

Karolo ya go ithuta semoya ke fa batho ba keteka moletlo mongwe, akanya o botse dipotso ka ga gone, tthalosa le boleng jwa botshelo. Se, se akaretsa dipotso tse di itumedisang ka ga selekanyo sa semoya le tshiamisetso ya tumelo le tshupo e e kaelang batho mo botshelong jwa bone.

Ngwao le semorafe:

Tlhabologo ya ngwao le semorafe ga se tsone fela tse di dirisiwang mo dithutong tse di farologanyeng, mme go tswa mo tikologong e sekolo se mo go yone. Baithuti ba tshwanetse go tlhaloganya merero ya ngwao le tumelo e e botlhokwa jaaka boitshoko, boikarabelo, tshepo, tlotlo le tshiamo.

Thuto ka ga mathata a ngwao le semorafe e thusa go tlhabolola kitso ya ngwao le mokgwa. Sekolo se tshwanetse go gatelela tlotlo ya megopolo le maikutlo a ba bangwe, go supa gore mathata a kgona go rarabololwa e bile a tshwanetse go rarabololwa ka mokgwa o o siameng. Tsamaiso ya sekolo e tshwanetse go gatelela setso sa setso sa boitshoko, fa ditshwanelo tsa ba bangwe di tlotliwa le go tlotlomadiwa.

Sebopego:

Go na le dintlha tse tharo tsa maitemogelo a thuto mo karolong e. Ntlha ya ntlha e itebagantse le tlhabololo ya kitso e e bokoa (psychomotor) ka e le motheo wa botshelo jwa letsatsi le letsatsi. Ntlha ya bobedi e akaretsa go tshameka, tsamaiso ya thuto, mmimo le metshameko e e itebagantseng le tlhabololo ya mokgwa o o siameng, gape e akaretsa maitemogelo a thuto a a tlhabololang kitso ya phetogo ya mmele le jaaka mmele o dira le boitekanelo.

Boitsaenape jwa tlholego

Maitemogelo a thuto a na le maikaelelo a go oketsa kitso le tlhaloganyo ya bana ka popego le thutobotshelo ya lefatshe mo e leng gore di tsamaelana mmogo. Seno se akaretsa tlhaloganyo ya gore batho ba dirisa jang tikologo ya tlholego go itumedisa ditlhokego tsa setho, le gore tikologo e ka fetolwa jang mo mekgweng e e farologanyeng go nna mosola. Go gopolela ka tlhoafalo, ponagalo ya patlisiso, go tlhaloganya tshedimosetso le go dirisa kitso go botlhokwa go tlhaloganya boleng jwa boitsenape jwa tlholego le mokgwa, le tiriso jwa tsone letsatsi le letsatsi. Tiriso ya kitso ya boitsenape jwa tlholego le maitsholo a boitekanelo a botlhokwa go motho, ba malwapa le setshaba ka kakaretso.

Thekenoloji (Technological)

Thuto ka ga thekenoloji e akaretsa tiriso ya kitso gore e tla dira jang sentle fa go dirisiwa didirisiwa. Thekenoloji ke mokgwa mongwe wa go rarabolola mathata go ya ka togamaano, go itlhamela, go itemogela le go itshekatshekela. Baithuti ba tlhabolola kitso e e rileng, botswerere le mekgwa ya go dira ka tiriso ya thekenoloji e e siameng.

2. KAKANYETSO: (RATIONALE)

Mo athikeleng ya 21, Puso ya batho ka batho le motheo wa kgololosego o o kwadilweng, Molaotheo o etleletsa baagi botlhe mo lefatsheng la Namibia go nna le seabe mo tllhamong ya mananeothuto a a tla tlhomamisang gore baagi ba Namibia ba tla ithuta le gore ba ithute jang. Ka leo thuto e tswelletse ka go rerisanngwa, sekasekwa le go fetolwa go etleletsa dithuto tse di kgonagalang le tse di siameng go neela thuto go baagi botlhe ba Namibia.

Ke ka moo lenaneothuto la Puo ya Ntlha le ile la boelediwa, la tlhabololwa le go tsenngwa mo tirisong ke Lefapha la Thuto ka maikaelelo a go tlhabolola maemo a thuto. Seno se dirwa ka go tsaya karolo, ditherisano le tirisano-mmogo fa gare ga baithuti le barutabana. Mananeothuto a tswelletsa tlhabololo ya Puo ya ntlha ka botswerere le mokgwa o o rileng gore baithuti ba tswellele sentle mo Puong ya ntlha jaaka serutwa. Mo mephatong yotlhe

baithuti ba tla nna le kitso e e tlhokegang le botswerere jo bo rileng mo dipuong tse dintsi le ditso tse dintsi tsa merafe.

Kharikhulama ya Setšhaba sa Namibia e re supetsa maikaelelo a a latelang:

Lemoga gore thuto e akaretsa tlhabologo ya boleng, mekgwa, kitso le botswerere.

- Go tswellets kitso ka yosi le go tlhaloganya mekgwa, boleng le tumelo ya ba bangwe mo 'puong tse dintsi le ditso tse dintsi tsa merafe
- Tlhotlheletsa tloto mo ditshwanelong tsa batho le Puo e e gololosegileng.
- Go nna le tlhaloganyo e e siameng ka ga botlhokwa jwa merero mo phetogong ya lefatshe ka bonako e e amang boleng jwa lefatshe le botshelo: segajaja sa HIV le AIDS, tlhagiso ya lefatshe, thuto e e kwa godimo, tatlhago ya tikologo, phasalatso ya lehuma, katoloso ya kgang, ditshwanelo tsa batho le thuto ya batho ka batho, thekenoloji le koketso ya kgolagano.

Lenaneothuto la Puo ya ntlha le tsweledisa maikaelelo mo tshupatseleng ya kharikhulama:

- Go letlelela baithuti go tlhaeletsana sentle, ka botlalo mo go bueng le mo go kwaleng.
- Go letlelela baithuti go tlhaloganya le go araba sentle se ba se utlwang, buisang le se ba se lemogileng.
- Go rotloetsa baithuti go itumelela le go amogela pharologano ya Puo
- Go tlaeleletsa dikarolo dingwe tsa thuto ka ga tlhabolola bokgoni ka kakaretso jaaka molokololo, tlhomaganyo, go ikakanyetsa, go rulaganya dintlha jaaka go tshwanetse, go sekaseka, go ntsha maikutlo, go lemoga tlhaolele.
- Go tsweledisa le go rotloetsa mekgwa e e tlhokegang, go bapa, le go itse mokgwa wa motlotlo mo setšhabeng sa Namibia.
- Go tlhaloganya le go supa go amogela ga ditema tsa dikwalo tse di farologaneng.
- Go tsweledisa tiriso ya puo sentle fa o bua le o kwala.
- Go tsweledisa temoso ya baithuti le go tlhaloganya mekgwa, mesola le ditumelo tsa ba bangwe mo setšhabeng go ya ka dipuo le ditso tse di farologaneng.
- Go tsweledisa kitso ya popego ya puo le go tlhabolola bokgoni jwa go dirisa mopeleto o o siameng o o amogelesegang.

3. BOKGONI LE DIPHOLO TSA GO ITHUTA:

Fa baithuti ba tsena mo seemeng sa mophato o o kwa godimo (Junior Secondary) go lebeleletse gore botlha ba bo ba na le lebaka la go tlhabolola bokgoni jwa tiro ya puo ya ntlha sentle mo tlhaeletsanong, tlhabololong le kgolo ya botlhale. Bokgoni mo lenaneothutong le, bo botlhokwa thata mme gape le supa se baithuti ba ba tshwanetseng go se fitlhelela kwa bofelong jwa mophato mongwe le mongwe o o kwa godimo (Junior Secondary). Ga bo a ikaelela go lekanya maiteko a morutabana kgotsa setlhophu, mme barutabana ba rotloediswa go katolosa baithuti go feta maemo ao.

Baithuti ba ba bokoa ba tla palelwa ke go kgona ka tshwanelo mme thuto e tshwanetse go boelediswa ka molebo o o letleletsweng, dithusathuto tse di letleletsweng le thuso go tswa mo go ba bangwe.

Fa ba fetsa seema sa mophato o o kwa godimo (Junior Secondary), baithuti botlhe ba lebeleletswe go ka kgona go buisana ka kutlwano, go itlhalosa ka bobone sentle ka ditsela le mabaka a a rileng mo go buiseng le go tlhaloganya ditema tse di farologaneng.

Palo e potlana ya baithuti ba tlhoka thuto e e kgethegileng e e batlang tlhokomelo ka nosi kgotsa metswedi e e rileng. Bangwe ba tla nna le bogole mo tlhaloganyong le go ithuta sentle jaaka (pono e e bokoa, kutlo e e bokoa, bogole jwa mmele). Baithuti ba ba nang le bogole jo bo tlhakatlhakaneng (Down syndrome), bokao jo bongwe ke jwa bogole mo tlhaloganyong, kgotsa bokoa mo go rulaganyeng (Attention Disability Disorder), ba tlisa bothata mo go ithuteng. Dithuto, dithusathuto le tshekatsheko ya baithuti ba, di tla nna tse di kgethegileng mo diphaposiborutelong.

4. DITEBEGO TSA SERUTWA SE SE DI RILENG TSA MOPHATO O:

Ka maitemogelo a a katologileng re kgona go fitlhelela tiriso ya puo e e tiileng , baithuti ba tla lemoga ka kakaretso tiriso ya puo e e siameng e e nang le mosola le ditiriso tse di siameng tsa ditaello tsa thutapuo. Go botlhokwa gore botswerere jotlhe jwa Puo bo akarediwe mo go ruteng le go tsweletsa kgolo le tlhabololo mo dipuong ka bontsi jo bo kgonagalang. Puo ya ntlha e akaretsa kharikhulama yotlhe: dikgang tsa baithuti tse ba di buisang le go di reetsa, ditlhogo tse ba buang ka ga tsone, metshameko e ba e diragatsang, tsotlhe di tla nna le tshwaragano mo kharikhulamong ka merero ya tikologo, botsogo (HIV le AIDS), ditshwanelo tsa setho, ditshwanelo tsa bana, boleng, tshiamo ya loago le puso ya batho ka batho. Baithuti ba tla ithuta go tlhaloganya, go rarabolola ditema tseo le go tlhabolola boleng jaaka ba buisa, ba bua le go kwala ka tsone.

Bokgoni jo bontsi bo jo akareditsweng mo lenaneothutong la mophato o o kwa godimo (Junior Secondary) bo setse bo akareditswe mo mophatong o o kwa tlase (Upper Primary). Poeletso ya tiro e e mo lenaneothutong la mophato o o kwa godimo (Junior Secondary) ke go supetsa morutabana botlhokwa jwa go tsweledisa tlhabololo ya bokgoni kwa pele. Mo mephatong e e latelang go solofelwa fa baithuti ba tla ipopela mokgwa wa bokgoni ka maemo kgotsa dikgato tse di kwa godimo.

5. TEKATEKANO YA BONG:

Barutabana ba tshwanetse go itse fa basetsana ba go gola ka bonako, go nna botswerere mo puong go le basimane, le gore banna le basadi ba na le mekgwa e e farologaneng ya go dirisa Puo. Dipharologano tse di ka dirisiwa e le motswedi mo phaposiborutelong ka go tlhakatlhakanya basimane le basetsana mmogo mo ditlhopheng fa go rutwa Puo. Dirutwa tsa Puo ke dithuto tse di dirisang nako e ntsi mo go tlhaloseng boleng jwa gore o mang, maikutlo, boitlhophelo, kgotlhang le dipotso. Barutabana ba tshwanetse go itse ka ga tekatekano ya bong, mathata a a farologaneng a a amang banna le basadi mo setšhabeng. Banna le basadi ba na le mekgwa e e farologaneng ya go dirisa Puo. Dipharologano tse di ka dirisiwa e le metswedi mo phaposiborutelong ya Puo ka go tlhakatlhakanya basetsana le basimane mo ditlhopheng.

Barutabana ba ka dirisa mekgwa e e farologaneng go leka go phimola ditiro tseo di supilweng di tshwanetse bomme tsa selegae/bosalagae go supa boleng jwa bong le go ruta baithuti go sekaseka le go tlhotlhomisa gore a ditiro tseo di lebagane bong.

Dirutwa tsa puo ke tsona tse di ka dirisiwang go ruta didirisa nako e ntsi fa go dirisiwa botlhokwa jwa tlhagiso. Mekgwa e e farologaneng ya go akanya ka merero ya botlhokwa ka

tshadi le nna e tshwanetseng go nno nayo go ka humisa yo mongwe le yo mongwe ka kitso. Didiriswa tsotlha tse dirutang le tse dirutwang di tshwanetse go sekasekwa go tlhomamisa gore di tsholetse tekatekanyo.

6. TIRISO YA MAFOKO LE DITENG TSA SELEGAE:

Dikolo tse di dirisang Puo ya Ntlha , e botlhokwa fela jaaka Puo nngwe le nngwe ya bobedi fela jaaka go rutiwa ka Puo ya Seesimane.

Fela fa barutwana ba ikutlwa ba sireletsegile mo boleng jwa Puo ya bone, le botlhokwa jwa setso/ngwao ya bone, ke gone ba tla kgonang go amogela Seesimane le lefatshe ka bophara, kwa ntle ga go amogiwa Puo le setso sa bona. Botlhokwa jwa tiriso le diteng tsa selegae mo go ruteng Puo ya Ntlha e se nyenyefadiwe ka gope.

7. DITOMAGANO LE DIRUTWA TSE DINGWE TSA TLHAGISO YA KHARIKHULAMA

Dintlhakgolo tsa kharikhulama di akaretsa thuto ya Thutatikologo: HIV and AIDS; Thuto ya boagi; Thuto ka ga ditshwanelo tsa batho le puso ya batho ka batho le tshedimosetso ya tlhaeletsano ka ga thekenoloji tse di setseng di tlhalositswe mo kharikhulomong di tshwanetse go akanyediwa mo serutweng sengwe le sengwe le mo mephatong/diemeng tsotlhe, ka gore nngwe le nngwe ya ditlhagiso tse e tshwaraganye le ditlamorago tse di rileng le go gwetla boagi jwa Namibia. Baithuti botlhe ba rona ba tlhoka go:

- Tlhaloganya mefuta ya ditlamorago le dikgwetlo tse
- Itse gore ba tla tsaya jang setšhaba le maemo a botshelo a batho ba rona jaanong le isago
- Tlhaloganya gore ditlamorago le dikgwetlo di ka buisanngwa mo maamong a bosetšhaba le lefatshe ka bophara jang
- Tlhaloganya gore moithuti mongwe le mongwe a ka tshameka karolo mo go bontsheng ditlamorago le dikgwetlo mo sekolong sa bona le setšhaba sa selegae

Ditlamorago le dikgwetlo tse dikgolo di setse di supilwe e le:

- Dikgwetlo le ditlamorago tse di re lebaganyeng fa re sa rekegele le go laola metswedi ya tlholego
- Dikgwetlo le ditlamorago tse di tlisiwang ke HIV + AIDS
- Dikgwetlo le ditlamorago tsa botsogo tse di bakelwang ke kgotlelo, phephafatso e e bokoa le matlakala
- Dikgwetlo le ditlamorago tsa puso ya batho ka batho le maemo a boago tse di bakwang ke kgatelelo ya tekatekano le bolaodi jo bo sa rekegeleng ka ditshwanelo le maikarabelo
- Dikgwetlo le ditlamorago tse di re lebaganeng lefatshe ka bophara

Dintlhakgolo tsa kharikhulama di akareditswe mo kharikhulomong ya mephato yotlhe, mme di na le karolo mo Thutong ya baagi, Thuto ya HIV le AIDS, ditshwanelo tsa batho, Thuto ya Puso ya batho ka batho le Kitso ka ga Tikologo. Tse ke tsone dipinagare tsa dirutwa tse di farologaneng mo mananeothutong. Mo kitsisong ya segajaja sa HIV le AIDS, go botlhokwa thata go ruta ka Puo ya Ntlha go baithuti sebaka sa go itshenolela maikutlo ka ga HIV le AIDS le ditlamorago tse e nang le tsona mo mothong le setšhaba. Ba tshwanetse go ithuta go itshenola kwa ntle le go busa go boifa ka le go tlhabolola setshwano le boitshepi jo bo batlegang ka go thatafatsa bokgoni jwa tlhaeletsano, go ka kgona go thusetsa bao ba ba

nang le ditwatsi, ba ba lwalang, le go kgona go emelana kgatlhanong le matshosetsi kgotsa go ganala maikutlo a neela thobalano.

Tshwaragano ya lenaneothuto le le boleng jwa Kharikhulama

Se se fa tlase ke dikao fela go leka go supetsa morutabana jaaka ditlhogo di amana ka se se diragalang letsatsi le letsatsi mo go ithuteng puo. Barutabana ba kgona go oketsa ka ditlhogo tsa bona le tiro e e lekanyeditsweng e e kgatlhang baithuti ba seema seo.

Boleng jwa Kharikhulama	Setlhogo	Tiro ya karolo nngwe le nngwe			
		Theetso		Puiso	Mokwalo o o laolelsweng
Thuto Tikologo	• Boitshwaro jwa setho mo tikologong • Kgang fa gare ga batho le diphologolo • Itshekologo • papalelo	• Reetsa seromamoya, TV, dibui tsa baeng, dipina, ditlhamane, maboko, posolotso le puisano ka tikologo le itshekologo le go araba tiro e e farologanyeng jaaka go boeletsatlhamane	• Setlhophla, kgotsa therisana mo ditlhopheng, ngangisano terama, go tshwara ditherisano ka ga tikologo	• Buisa ditema jaaka ditlhamane dikopelo, phasalatso le diterama mabapi le tikologo le go araba dipotso tse di farologanyeng go ya ka tema	• Kwala maboko dikopelo, phasalatso, ditaelo, shobokanyo, metshameko ka ga dilo tsa tikologo (Letsatsi la Arbor) • Porojeke go tlhokomela tikologo ya gago
Thuto ka ga Bosetšhaba	• Kgolo ya setšhaba le khumanego • Khudugo go ya kwa dipolaseng le go ya kwa ditoropong	• Reetsa tshitsinyo le leano ka ga go laola kgolo ya bosetšhaba mo mafatsheng a a farologaneng (Namibia, India) le go araba dipotso tse di farologaneng • Reetsa ditema tse di tsamayang ka ga khumanego, boago, khudugo ya batho go ya dipolaseng le go ya ditoropong le go feleletsatiro e e rulagantsweng	• Rerisana jaaka palo ya batho e gola, le gore e tliisa khumanego, gore e tla rarabololwa jang, ntsha megopolo ya tharabalolo • Ngangisano: Khudugo ya batho go ya kwa dipolasen	• Buisa tema ka ga bosetšhaba le taolo kwa China, o arabe dipotso • Buisa tema nngwe le nngwe mabapi le khumanego • Buisa tema ka ga khudugo ya batho go ya dipolaseng le go ya	• Nagana o kwale ka bokhutshwane ka ga go laola kgolo ya bosetšhaba mo Namibia • Kwala tlhamo ka go nyeletsakhumanego mo setshabeng/lefatsheng • Kwala tlhamo ka ga botshelo mo kampeng ya batshabi

			g le go ya kwa toropong a e siame kgotsa ga e a siama.	kwa ditoropon g, batshabi le metlaagan a	
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	Setlhogo	Tiro ya karolo nngwe le nngwe
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Boleng jwa Kharikhulam a		Theetso	Bua	Puiso	Mokwalo o a laoletsweng
			Rerisana: Ke mang yo o tshwanetseng go tsaya boikarabelo jwa batho ba ba senang matlo le bana ba mmila		Tshwantsha/taka metlaagana e e farologanyeng, mme o kwale mesola ya ona le ditlamorago tsa nngwe le nngwe ya ona
Tshedimosetso le Thekenoloji	- Tlhaeletsano le thekenoloji - Mosola wa Internet	Reetsa ditema mabapi le thekenoloji mme o arabe dipotso, feleletsa dikerafo.	Ngangisano kgotsa Therisano: Tshedimosetso le thekenoloji e kgoreletsang boagi.	Buisa ditema tse di farologaneng o dire ditiro tse di farologaneng jaaka go ntsha dintlha tse di rileng, farologanya fa gare ga karabo e e siameng e e leng	Kwala ditlhamo tse di tsweleng, jaaka go kwala tiro : kgang jaaka setšhaba se ka nna le mosola mo thekenoloji
HIV le AIDS	Mabaka a a e tlholang, matshwao a yona le tshireletso ya HIV le AIDS mo bagoding, baneng, setšhaba le lefatshe ka bophara.	- Reetsa sefela ya HIV le AIDS, le go feleletsa kerafo kgotsa o arabe dipotso. - Reetsa kgang ka ga HIV le AIDS mme o arabe dipotso tse di siameng le tse di diphoso.	- Rerisana ka ditlhogo tse di rulagantsweng sekai. Baithuti ba kgona go thusa go lwantsha kgetololo ya ba ba itsewing ka HIV le AIDS - Buisana ka mabaka a nnete mo go gatelelweng kgotsa go patelediwa go robalana - Ganetsang go bontsha nnete, boikarabelo le mokgwa fa gare ga banna le basadi	- ntlha le e e leng mogopolo. - Buisa ditema tse di rulagantsweng mme o arabe dipotso tse di farologaneng sekai - Kgang ka ga HIV le AIDS - Jaaka basha ba ka lwantsha bolwetse - Maboko ka ga HIV le AIDS - Dikgang le makwalo a dikgang,	- Kwala mefuta e e farologaneng ya tlhamo e e tsweleng; sekai - Tlhamo: Tiro ya HIV le AIDS , kgang ka ga mosimane le mosetsana ba ba tshelang ka bolwetse jwa AIDS - Lekwalo go tsala Abalanang dintlha tse dintsha ka bolwetse jo o nang le yone - Tema: Feleletsa tema - Leboko: kwala leboko lwa gago o tshobokanye, mabapi le tema

				makwalo a boiketlo	
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Boleng jwa Kharikhulama	Setlhogo	Tiro ya karolo nngwe le nngwe			
		Theetso	Bua	Puiso	Mokwalo o a laoletsweng
Ditshwanelo tsa batho le puso ya batho ka batho	Kagiso le kgotlang (mefuta ya kagiso le kgotlang mmogo le botlhokwa, le mabaka a kgotlang)	Reetsa kgotlang ya nnete mme o arabe dipotso (E akaretsa mang? Ba ikutla jang?)	- Ipaakanyetse go bua: patlisisa makwalo a dikgang le makwalo a boiketlo ka ga kgotlang, ntsha dintlha mme o neele tharabololo ya kgotlang - Metshameko e e letleletsweng mo sekolong	Buisa tema mme o arabe diptoso mabapi le yone sekai batla dikai kgotsa bosupi jaaka mafatshe a na le kagiso	- Kwala mefuta ya ditlhamo tse di tswelelang sekai kwala tlhamo o bontshe mabaka a a tlhodileng kgotlang, le megopolo e e kgonang go a rarabolosa - Tshwantsa ditshwantso le mafoko
	Setso le pharologanyo (go itumelela boleng jwa setso le ngwao)	Reetsa, o arabe se se buiwang mo dipuong tse di farologaneng dijo, motswalo, tumelo jalo-jalo	- Tshameka terama, re risana ka ditso/ngwao e e farologaneng (jaaka bogwera le bojale) - Bolela tlhamane le dinaane	Buisa ditema tse di farologaneng o lebile dithutiso tse di lebaganeng le tshedimosetso go ka araba dipotso (feleletsa lenaneo la dithutiso kgotsa diforomo)	Kwala tiro e e farologaneng ya ditlhamo tse di tswelelang sekai dira alemanaka ya setso, ditiragalo kgotsa tiragalo ya setso mo Namibia
	Tekano, go buisa, go kgetolola le puso ya batho ka batho, mabaka le ditlamorago, tiro le boikarabelo	- Reetsa ditema tse di sa bontsheng tekano, kgetololo le puso ya batho ka batho, mme o arabe dipotso - Reetsa maikutlo a nnete a baagi mme o arabe dipotso tsa	- Metshameko: rerisana ka mathata a a tlhodiwang ke mabaka a a farologaneng jaaka tumelo, morafe, lotso, kgetololo, rerisana ka mathata tlhaeletsana a a bakwang ke puo - Rerisana ka ga go tsaya	- Buisa ditema go tswa koranteng ka puso ya batho ka batho, kgetololo le go busa go lekana mme o arabe dipotso go bontsha go tlhaloganya - Buisa tema: ditshwanelo di tshwanetse go sirelediwa – mme morago	- Kwala tiro ya mokwalo o o laoletsweng o o farologanyeng, sekai kwala melao e mmalwa ya sekolo go tlhomamisa go tshireletsa kgetololo - Kwala lekwalo la dingongorego ka ga go

		nnete le tse di phoso le dikarabo tse di leele • Reetsa kgang go tswa koranteng ka ga bangwe ba ba kganenwang ditshwanelo tsa bone- kwala megopolo e e tla khutlisang seo	karolo ga moithuti go ka tlhama melao kwa sekolong le go tlhopha baeteledipele mo setshabeng • Sekaseka ditshwantsho tse di ganetsang ditshwanelo tsa batho rerisana jaaka ba ganediwa ke ka ntlha ya eng go sa siana mme se se ka fetolwa jang	ga moo o arabe dipotso tse di farologanyeng	tlhophiwa ga moemedi wa mophato kwantle ga go tsaya karolo ga ba bangwe • Kwala tiro ya mokwalo o o laoletsweng jaaka tlhamo ya ngangisano. Re tla dira eng go thusa batho ba ba kganenwang ka ga ditshwanelo tsa bone
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Dipuo di tla letlelela baithuti go ntsha maikutlo, pono le go tlhabolola botswerere jwa tlhaeletsano tse di thatafatsang mo mophatong o. Ditema tse di lebaneng ka ga merero di tshwanetse go dirisiwa ka mokgwa tsela e morutabana o tla dirisang ka teng didirisiwa go tswa dibukeng fa a dira dithulagano tsa tiro jaaka:

- Tekatthaloganyo
- Dipotso tse dikhutshwane
- Dipotso tse di tsamaelang le puo
- Terama
- Tiro ya go reetsa le tekatthaloganyo
- Tiro e e tswelelang ya go kwala

8. MOLEBO WA GO RUTA LE GO ITHUTA:

Molebo wa go ruta le go ithuta ga baithuti ka bobone. Melebo o o tlhomamisa mosola wa thuto fa motheo o o tla tlisiwa mo tirisong.

Maikaelelo ke go tlhabolola go ithuta ka thaloganyo, botswerere le mokgwa go ka abela mo tlhabololong ya loago. Tshimologo ya go ruta le go ithuta ke nnete gore baithuti ba tlisa kitso e e nonofileng kwa sekolong le maitemogelo a loago a tswelela go tswa ba losika le setšhaba, ka tse di tsamaelana le tikologo. Go ruta mo sekolong go tshwanetse go akaretsa tswelelopele ya go anamisa le go gwetla kitso le maitemogelo a baithuti.

Baithuti ba ithuta botoka fa ba tsaya karolo, ba abelana ka nako e ba rutwang ka yone. Ka nako eo moithuti mongwe le mongwe o na le se o se tlhokang ka boene o rutiwa ka bokoa, a itemogela, gape o a kgona. Morutabana o tshwanetse a bo a na le maikutlo a gore baithuti ba tlhoka eng, o tshwanetse go ruta jang, le go itemogela ka tshwanelo. Leano la go ruta le tshwanetse go farologanya, mme thulaganyo ya ditaolo tsa thuto di tsamae ka bofefo, go botoka go dira ditlhogo tse di amanang le dirutwa tse dingwe.

Murutabana o tshwanetse go nna le tshwetso ya gore baithuti ba tshwanetse go nna le bokgoni fa a tlisa diteng ka tlhamalalo, le gore go siametse baithuti leng go ka ribolola tshedimosetso ka bobone, ba tlhoka leng thuto e e ba lebaneng, ba tlhoka leng go tlaleletsa thuto ya bone fa go na le tswelelelo-pele ya botswerere kgotsa tshedimosetso e e tlhokegang e dirisiwe, kgotsa fa baithuti ba letlelelwa go itemogela ka bobone ka go dirisa setlhogo kgotsa diteng.

Go dira ka ditlhopho, sebedi-sebedi, bongwe ka bongwe kgotsa baithuti botlhe ba tshwanetswe ba rulagangwe sentle jaaka tiro e baakantsweng. Tirisano mmogo e tshwanetse ya rotloetsa bokgoni gongwe le gongwe fa go kgonagala. Ka moo tiro e tshwanetse go newa baithuti sebedi-sebedi kgotsa mo setlhopheng gore ba kgone go e fetsa, fa e se jalo baithuti ga nkitla ba bona botlhokwa jwa go dira tiro mmogo. Mo mophatong o baithuti ba setse ba ipopela ka sebele dilo tsa selegae le botswerere jwa tlhaeletsano. Ke gone ba tshwanetseng go newa boikarabelo go tsaya karolo mo togamaanong le go sekaseka tiro ya bone ka fa tlase ga tlhokomelo ya morutabana.

Baithuti ba setse ba ithutile go le gontsi go tswa kwa gae le mo mophatong o o kwa tlase ka Puo ya Ntsha. Tiro ya go ruta Puo ya Ntsha mo Seemeng se se kwa godimo ke go tsweledisa le go godisa maikutlo a kgopolo le tiriso ya dirwe ka thelelo. Serutwa se tshwanetse go aga mo go se baithuti ba setse ba se itse le se ba ka se dirang. Bontsha baithuti mokgwa o o siameng wa go dirisa ditaalo tsa thutapuo jaaka go tshwanetse, le go tlhabolola bokgoni jwa bone go

bua puo e lolameng le ka matsetseleko. Botlhokwa jwa tiro ya serutwa mo seemong se ke go anamisa le go thatafatsa tlotlofko e baithuti ba setse ba e itse.

Go rutwa ga Puo ya Ntsha go tshwanetse go dirisana mmogo le go tshwaraganya le legae le setšhaba selegae. Mabapi le ekholoji ya puo, go rutwa ga Puo tsa sentsho di tshameka karolo e botlhokwa mo go diriseng kitso ya setšhaba selegae go gakolola tiriso ya diane le dikakanyo tse di simololang go re lathegela. Legae le setšhaba di tla dirisiwa jaaka metswedi e e boteng le go thatafatsa puo ya baithuti.

Go rutwa ga Dipuo tsa Sentsho go tsibogela phetogo e e diragalang gompiano, fela jaaka go direga mo puong nngwe le nngwe. Mo tikologong ya ditoropo di le dintsi jang thata kwa basha ba teng ba itirela dipapiso tsa bone, tse di sa itsiweng ke babui ba puo kgotsa o sena kakanyo epe . Go ruta Puo ya Ntsha go tshwanetse go itsise gore go na le boemo jo bo rileng jwa Puo jo bo lekanang le go kwala ka gore Puo e e buiwang e na le mefuta e mentsi e seng fela ka diteme, mme ka puo e e tlhatswegileng go ya ka Puo e e sa tlhatswegang

Phaposiborutelo e tshwanetse e be e tletse dithusathuto tsa puo eseng fela go tlotla, mme le dithusathuto tse di gatisitsweng tsa tikologo. Phaposiborutelo nngwe le nngwe e tshwanetse ya na le sekhutlo sa buisetso, e e na le dikwalo tsa baphasaladi, ditlhamane tsa selegae, maboko le dipadi tse di amanang le setshaba selegae, baithuti ba ipopele kgotsa ba itshimololele mokwalo, le go kwala dipositara le go bontsha se baithuti ba se dirang. Ditema tse di farologanyeng tse di dirisiwang di tshwanetse go dirisiwa go rotleotsa ditherisano jaaka terama, mokwalo o o ikwaletsweng, phasalatso ya puo ka diromamoya, ditshwantsho tse di senang mafoko, dintlha tsa ditso tsa mmimo le ditso tsa baithuti.

Le fa go ntse jalo go na le dikolo tse mmalwa tse di na leng dikhomphutara gore di dirisiwe ke baithuti, barutabana ba tshwanetse go tshabolola kitso ya tshedimosetso mo thekenolojing ya segompiano mo dikolong tsa mophato o o kwa godimo (Junior Secondary phase). Kitso ya tshedimosetso ya thekenoloji e kgona go nonofadiwa ka tirisano mmogo, fa baithuti ba bona dikhomphutara le tshedimosetso ya thekenoloji mo tikologong ya bona, le tse ba di tlwaetseng le go buisa ditlhamane kgotsa tirisano ya ditshwantsho ka ga tshedimosetso ya thekenoloji. Ba ba na leng dikhomphutara ba tshwanetse go rotloediwa go di dirisa le go ruta ba bangwe

9. Tshobokanyo ya diteng tsa thuto.

Botswerere jwa puo jo bo tshwanetseng jwa itsiwe ke baithuti botlhe bo tshwanetse jwa akaretso dintlha tse di latelang.

- Go reetsa le go bua
- Go buisa le go kwala
- Tiriso ya puo
- Ditllhangwa

Lenaneo le le fa tlase le supa karolo /mafelo a thuto kgotsa ditiro mo botswerereng jwa puo jo bo batlegang. Botswerere jo, bo kgaogantswe ka mabaka a go gopolela motlhofo mme ga se rutwe sele nosi. Mo tirisong botswerere jwa puo ga ba a tshwanela go dirisiwa ka nosi ka moo go rutiwa ka tlhakatlhakanyo le ka kakaretso.

Botswerere jwa Puo	Karolo ya thuto kgotsa ditiro
Theetso le Motlotlo	Tlhabolola botswerere, go reetsa o arabe ka ga tshedimosetso e o e utlwang, tsibogela ditaelo le dikaelo (dintlha) tlhaloganya, maikutlo, maitlamo le maitseo a dibui, tlhabololo ya kitso ya tsamaiso ya popego ya puo le tlotlofoko. Tlhabolola thelelo le tiriso e e siameng ya puo, popego ya tlhaeletsano ka tlhomamo le go diragatsa tlotlofoko e e siameng mo mabakeng a a farologaneng, go supa tlhaloganyo ya bareetsi le boitlhommo jwa bone.
Go buisa le go kwala	Tlhabolola botswerere ka puiso ka setu le botswerere jwa puiso kwa godimo, go itumelela go tlhaloganya se o se buisang, tshedimosetso go tswa mo ditemeng tse di farologaneng, dirisa didirisi tse di tshwanetseng. Kwala ditema tse di farologaneng, supa maikaelelo le go tlhaloganya ga bareetsi, dirisa popego ya dipolelo, mopeleto o o siameng le matshwao a puiso a a mo temeng a a bopilweng sentle.
Tiriso ya puo	Kwala mopeleto o o nepagetseng o o tsweleng, matshwao a puiso a a tshwanetseng, dirisa tlotlofoko e e nepagetseng, diane le dikarolo tsa puo ka tatelano ya dipopego tsa dipolelo.
Ditlhangwa	Nna le kitso le go tlhaloganyo mefuta ya ditlhangwa tse di farologaneng, ditlhabololo le ditema tse di thadilweng. Go bopa le go tlhabolola megopolo ya bona mo mefuteng e e farologaneng ya ditlhangwa.

10. DITENG TSA THUTO

10.1 SETLHOGO: THEETSO LE MOTLOTLO

Go ka lekanya tlhatlhobo ya botswerere jwa go reetsa, baithuti ba ka araba ka go tlotla kgotsa go kwala. Ditema le dipotso tse di dirisiwang mo mephatong, di tla tshwanela ke go farologanya ka boleele le bothata mabapi le mophato. Natefelelo le go itumelela tema go ka bontshiwa ke baithuti ka go reetsa, go rerisana le go tlhaloganya ditema tsa motlotlo, tse di farologanyeng.

BOTSWERERE	MAIKAELELO	BOKGONI		
		Mophato 8	Mophato 9	Mophato 10
	<i>Baithuti ba tla:</i>	<i>Mo bofelong jwa mophato 8, baithuti ba tshwanetse go kgona go:</i>	<i>Mo bofelong jwa mophato 9 baithuti ba tshwanetse go kgona go:</i>	<i>Mo bofelong jwa mophato 10 baithuti ba tshwanetse go kgona go:</i>
1. Go reetsa ka tlhoafalo	Reetsa ka tlhoafalo , o tlhaloganye le go araba sentle diteng tse di farologaneng le go lemoga bokao jwa tsone (dikgang, maboko, difela, puo, pego, puisano, go eleletsa masego le melaetsa ya kgomotso	- Go natefelelwa le go itumelela ditema tse di farologaneng . - arabela sentle mo go se o se utlwileng - bontsha tatelano, di bakwa ke eng. - dirisa tshedimosetso e o e utlwileng - lemoga le go tlhaloganya go tshwana le pharologano ya tshedimosetso.(mosola le ditlamorago) - tshitshinya dipholo tse di ratwang go tswa mo temeng ya motlotlo - kwala dintlha go tswa mo di dirisiweng tse o di	- Go natefelelwa le go itumelela ditema tse di farologaneng . - arabela sentle mo go se o se utlwileng - bontsha tatelano,di bakwa ke eng. - dirisa tshedimosetso e o e utlwileng - lemoga le go tlhaloganya go tshwana le pharologano ya tshedimosetso.(mosola le ditlamorago) - tshitshinya dipholo tse di ratwang go tswa mo temeng ya motlotlo - kwala dintlha go tswa mo di dirisiweng tse o di utlwileng - lokolola	- Go natefelelwa, itumelela ditema tse di farologaneng le go bontsha fa ba lemoga maikaelelo a motlotli. - arabela sentle mo go se o se utlwileng - bontsha tatelano, di bakwa ke eng le ditlamorago. - dirisa tshedimosetso e o e utlwileng go feleletsa tiro. Dikao pegelo, dikatlenegiso jj. - lemoga le go tlhaloganya go tshwana le pharologano ya tshedimosetso.(mosola le ditlamorago) - tshitshinya dipholo tse di ratwang go

		utlwileng • lokolola • tshwantshanya • itseele tshwetso	• tshwantshanya • itseele tshwetso	tswa mo temeng ya motlotlo • kwala dintlha go tswa mo didirisiweng tse o di utlwileng • lokolola • tshwantshanya • itseele tshwetso
2. Go tlhaloganya.	tlhaloganya maikutlo mekgwa, ya khuduego le mokgwa wa dibui	• reetsa o tlhaloganye tshedimosetso • tlhaloganya le go rerisana ka ga maikutlo le mekgwa ya dibui • araba malebana le dipotso	• reetsa le go tlhaloganya tshedimosetso e e botennyana. • tlhaloganya le go buisana ka ga maikutlo le mekgwa ya dibui • araba malebana le dipotso	• reetsa le go tlhaloganya tshedimosetso e e botennyana. • tlhaloganya le go buisana ka ga maikutlo le mekgwa ya dibui • araba sentle malebang le dipotso tse di batlang tshedimosetso e nngwe
	seka-seka le go farologanya	• seka-seka se se builweng ke sebui • farologanya fa gare ga tshedimosetso e o e utlwileng se se botlhokwa le se seng botlhokwa • tshwaela mo tshedimosetsong go tswa mo ditherisanong tsa TV le seromamoya, makwalonyana mo kurenteng le dikgang • tshwaela mo go se se tshwanetseng	• leba gore bokao jwa sebui ke eng • farologanya tshedimosetso ya tse di botlhokwa le tse di seng botlhokwa thata mo go tse ba di utlwileng • tshwaela mo tshedimsoetsong go tswa mo ditherisanong tsa TV le radio, mokwalonyana mo kurenteng le dikgang • tshwaela sentle	• leba go re bokao jwa sebui ke eng go tswa mo tswalelong • dira phokotso go tswa mo go tse ba di utlwang • farologanya tshedimsoetso ya tse di botlhokwa le tse di seng botlhokwa thata mo go tse ba di utlwileng • tshwaela mo tshedimsoetsong go tswa mo ditherisanong tsa TV le radio, mokwalonyana mo kurenteng, maitemogelo a se ba setseng ba se itse. • tshwaela sentle le go athola se o se neetsweng. • Lemoga maikaelelo, maikutlo, morero

	reetsa le go tlhaloganya ditaelo.	• lemoga le go ranola ditaelo go supa tlhaloganyo (sekao: tlhalosa, bitsa, phapaano, tshwantshanya)	• kaya o be o ranole ditaelo le go supa tlhaloganyo (sekao: tlhalosa, bitsa phapaano, tshwantshanya)	• kaya o be o ranole ditaelo le go supa tlhaloganyo (sekao: tlhalosa, bitsa, phapaano, tshwantshanya).
	bontsha dintlha-kgolo, megopolo kgotsa ditherisano	• tlhaola dintlha tse dikgolo tse di malebang • tlhalosa go supa fa o tlhaloganya	• tlhaola dintlha tse dikgolo tse di malebang • tlhalosa go supa fa o tlhaloganya	• tlhaola dintlha tse di malebang • tlhalosa go supa fa o tlhaloganya

	Baithuti ba tla:	Kwa mafelong a Seema 8 baithuti ba tshwanetse go:	Kwa bofelong jwa Seema 9 baithuti ba tshwanetse go:	Kwa mafelong a seema 10, baithuti ba tshwanetse go:
3. Tlhaeletsano	Tlhaeletsano ya tshedimosetso le megopolo	• neelana ka dikakanyo, maikutlo, megopolo le mabaka • tswelletsa puisano • itlhamela megopolo • tlhaeletsana go dumela le bontsha go tlhaloganya • ikgakolole ditiragalo tsa kanelo ka go tlotla	• dikakanyo, maikutlo, megopolo le mabaka • tswelletsa puisano • itlhamela megopolo • tlhaeletsano ka go ganetsana le dumela go bontsha tlhaloganyo • ikgakolole ditiragalo tsa kanelo ka go tlotla	• abelana tshedimosetso, maikutlo, megopolo le dintlha ka tshenogo • tshwarelela puisano ya e • tlhabolola megopolo ka ano • tlhaloganya le go etsana le megopolo • ikgakolola le kanelo ka ga ditiragalo mo temeng
	tsaya karolo mo ditlhopheng go tlisa megopolo, dintlha, dikakanyo, maikutlo le go kopa go tlotla	• tshwaela mo bokaong le go atlhola, dirisa puo e e itlhametsweng sentle mo loagong, ngwao le togamaano a botlhalefi fela jalo le mo phaposing go bontsha maikutlo a bareetsi	• Puisano e e nang le mosola le kgalo a dirisa puo e e nonneng mabapi le loago le ditso	• Puisano e e nang le mosola le kgalo, o dirisa puo e e nonneng e e malebang mabapi le loago, setso le dithuto gammogo le mo maemong a phapusiborutelo o kaya temogo ya bareetsi

4. Go araba ka tshwanelo.	Tsiboga ka go bua mo mabakeng a a farologaneng	supa kamogelo ya dilo tse o sa di itseng mo go diriseng megopolo ka setlhogo se sešwa • botsa dipotso tse di maleba • dirisa thutapuo e e simeng le tlotlofoko e e maleba. • dirisa tlotlofoko e e maleba go neela ditlhaloso ka botlalo ka ga setlhogo se se rileng	supa kamogelo ya dilo tse o sa di itseng mo go diriseng megopolo ka setlhogo se sešwa • botsa dipotso tse di maleba • dirisa thutapuo e e simeng le tlotlofoko e e maleba. • dirisa tlotlofoko e e maleba go neela ditlhaloso ka botlalo ka ga setlhogo se se rileng	supa kamogelo ya dilo tse o sa di itseng mo go diriseng megopolo ka setlhogo se sešwa • botsa dipotso tse di maleba mabapi le se o se utlwileng • dirisa thutapuo e e simeng le tlotlofoko e e maleba. • dirisa tlotlofoko e e maleba go neela ditlhaloso ka botlalo ka ga setlhogo se se rileng
5. Tlhagiso ya thuto	Kago ya botswerere jwa go bua fa pele ga batho a bontsha go tlhaloganya bareetsi ba gagwe.	• dira tlhagiso ka go tlotla mabapi le ditlhogo tse di rileng kgotsa tse o di neetsweng jaaka HIV\Aids, Thutotikologo, Thuto ya bosetshaba, ditshwanelo tsa batho le puso ya batho ka batho • Tlhagisa dintlha, megopolo le dikakanyo	• dira tlhagiso ka go tlotla mabapi le ditlhogo tse di rileng kgotsa tse o di neetsweng jaaka HIV\Aids, Thutotikologo, Thuto ya bosetshaba, ditshwanelo tsa batho le puso ya batho ka batho • tlhagisa dintlha, megopolo le dikakanyo	• puo e e malebang ka ga ditema tse di riling kgotsa dintlha tse di ntshitsweng jaaka HIV/Aids, thutotikologo, thuto ka ga palo ya batho le ditshiamelo tsa setho • rulaganya le go tlhagisa dintlha, megopolo le maikutlo ka nepagalo.
6. Tiriso ya dirwe tsa puo, segalo le kgatelelo	Bua ka maitemogelo le se o se ikutlwang le se o se gopolang	• dirisa kapodiso ya mafoko le moribo wa puo go tlhalosa sentle • Bontsha maikutlo ka go dirisa segalo se se siameng	• dirisa kapodiso ya mafoko le moribo wa puo go tlhalosa sentle • bontsha maikutlo ka go dirisa segalo se se siameng	• dirisa kapodiso ya mafoko le moribo wa puo go tlhalosa sentle • bontsha maikutlo ka go dirisa segalo se se siameng le kgatelelo ya mafoko

	Bua ka thelelo le ka boitshepo.	• bua ka thelelo le go itshepa a dirisa segalo se se siameng • tlhagisa maikutlo le go femela pono ya gago • gwetlha tebo • tshitshinya ditharabololo tsa mathata • dira dikganetsano tse di nang le dintlha le megopolo e e latelang ka nako ya dingangisano , puo, ditherisano le dipusaino mo setlhopheng • ngangisana le go suga dintlha tse di amanang le HIV/AIDS, thutatikologolo, thuto ka ga palo ya batho, ditshwanelo tsa setho le puso ya batho ka batho	• bua ka kelelo le tshepo a dirisa kgatelelo e e maleba • bolela le go femela ditebo tsa gagwe • gwetlha tebo • tshitshinya ditharabololo tsa mathata • dira dikganetsano tse di nang le dintlha le megopolo e e latelang ka nako ya dingangisano , puo, ditherisano le dipusaino mo setlhopheng • ganetsana kaga dintlha tse di amanang le HIV/AIDS, thutatikologolo, thuto ka ga palo ya batho le ditshwanelo tsaa setho le puso ya batho ka batho	• bua ka thelelo le boitshepo a dirisa kgatelelo e e maleba • bolela le go femela ditebo tsa gagwe le go amogela dipono tsa batho ba bangwe. • gwetlha tebo le go tlhagisa ditebo tse di dingwe • leka ditharabololo tsa mathata a nnete le a mathata a maitirelo • dira dikganetsano tse di nang le dintlha le megopolo e e latelang ka nako ya dingangisano , puo, ditherisano le dipusaino mo setlhopheng • ganetsana ka ga dintlha tse di amanang le HIV/AIDS, thutatikologolo, thuto ka ga palo ya batho le ditshwanelo tsa setho le puso ya batho ka batho • digela kganetsano ka go dumalana kgotsa go amogela gore go nne le tumalano.

7. Thanolo	Tlhotlhomisa motheo wa go ranola	• ranola go tswa mo seesemaneng go ya kwa Puong ya Ntlha ka polelonolo, ditema tse di khutshwane le ditema tse di bonolo	• ranola go tswa mo Seesemaneng go ya kwa Puong ya Ntlha ka polelonolo, ditema tse di khutshwane le ditema tse di bonolo.	• go tlhalosa go tswa mo puong ya Seesemane go tsena mo Puong ya Ntlha kgotsa Puo ya bona ya ntlha go ya kwa Seesemaneng, puo e e botlhofo, ditema tse dikhutswane tse di botlhofo, dipuisano mo ditlhopheng, diphuthego tsa maitirelo gongwe tsheko
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10.2 SETLHOGO: GO BUISA LE GO KWALA

Ditema tse di dirisiwang mo mephato e e farologanyeng di tla farologana ka boleele le bothata go ya ka mophato, mme di tshwanetse tsa tsamaelana-mmogo le dikgatlhego tsa baithuti. Tiriso ya ditema tse dingwe tse di seong mo lenaneo-thuto ka bophara di a rotloetswa mme di tshwanetse go akaretse merero e e latelang: HIV le AIDS, thuto-tikologo, thuto ya baagi, ditshwanelo tsa setho le puso ya batho ka batho. Natefelelo le go itumelela tema go tla bontshiwa ke baithuti ka go buisa, go rerisana le go tlhaloganya ditema tse di farologanyeng. Jaaka baithuti ba tswelela ka mephato ba tshwanetse go dirisa botswerere jwa go buisa ka tidimalo.

BOTSWERERE	MAIKAELELO	BOKGONI		
		SEEMA	SEEMA 9	SEEMA 10
	<i>Baithuti ba tla:</i>	<i>Kwa mafelong a Seema sa 8, baithuti ba tshwanetse go kgona go:</i>	<i>Kwa mafelong a Seema sa 9, baithuti ba tshwanetse go kgona go:</i>	<i>Kwa mafelong a Seema 10, baithuti ba tshwanetse go kgona go:</i>
A. Ka kakaretso				
1. Tlhaloganya le go latela ditaelo	buisa o tlhaloganya ditaelo, go tsiboga sentle mo mafokong a botlhokwa jaaka, lemoga, ranola, bitsa, tlhalosa, seka-seka j.j.	• araba ditaelo tse di kwadilweng • dirisa le go tsenya mo tirisong tshedimosetso e e buisitsweng • tlhomamisa ditshwantshanyo le dipharologano, ditlamorago le mesola • tshitshinya dipholo tse di ka tlhagelelang mo temeng e e kwadilweng	• araba ditaelo tse di kwadilweng • dirisa le go tsenya mo tirisong tshedimosetso e e buisitsweng • tlhomamisa ditshwantshanyo le dipharologano, ditlamorago le mesola • tshitshinya dipholo tse di ka tlhagelelang mo temeng e e kwadilweng	• araba ditaelo tse di kwadilweng • dirisa le go tsenya mo tirisong tshedimosetso e e buisitsweng • tlhomamisa ditshwantshanyo le dipharologano, ditlamorago le mesola • tshitshinya dipholo tse di ka tlhagelelang mo temeng e e kwadilweng
2. Ditekatlhaloganyo	Tlhaloganya dintlhakgolo mo ditemeng tse di farologaneng	• lemoga bokao ka kakaretso kgotsa dintlhakgolo tsa tema • Ranola le go sekaseka tshedimosetso e e rileng	• lemoga bokao ka kakaretso kgotsa dintlhakgolo tsa tema • Ranola le go sekaseka tshedimosetso e e rileng	• lemoga bokao ka kakaretso kgotsa dintlhakgolo tsa tema le megopolo e e thusang e mengwe • Ranola le go sekaseka tshedimosetso e e rileng

	lemoga dintlhakgolo tsa ditema tse di farologaneng	• tlhopha dintlha tsa botlhokwa tse di maleba • sobokanya, tshwantshanya le go seka-seka tema • tshitshinya dipholo tsa go dumalana kgotsa go ganetsa pono. • supa bokgoni jwa go ntsha tshedimotsetso mo ditemeng (seka: makwalonyana, dipego, dimakasine, dipadi j.j.)	• tlhopha dintlha tsa botlhokwa tse di maleba • sobokanya, tshwantshanya le go seka-seka tema • tshitshinya dipholo tsa go dumalana kgotsa go ganetsa pono. • lemoga maikutlo a mokwadi • supa bokgoni jwa go ntsha tshedimotsetso mo ditemeng (seka: makwalonyana, dipego, dimakasine, dipadi j.j.)	• tlhopha dintlha tsa botlhokwa tse di maleba • sobokanya, tshwantshanya le go seka-seka tema • tshitshinya dipholo tsa go dumalana kgotsa go ganetsa pono. • lemoga maikutlo a mokwadi • supa bokgoni jwa go ntsha tshedimotsetso mo ditemeng (seka: makwalonyana, dipego, dimakasine, dipadi j.j.)
3. go buisa ka thelelo le ka mekgwa e e farologaneng	dirisa botswerere jo bo farologaneng jwa go buisa go tswa mo ditlhangweng ka mokgwa oo nepagetseng	• Buisetsa kwa godimo ka thelelo le ka nepo go bontsha fa o tlhaloganya ditlhangwa tse di farologaneng jaaka padi, terama, leboko, tshedimotsetso ya botlhalefi j.j. • buisa ka tidimalo go tswa mo dikwalong tse o di tlhophetsweng le tse dingwe tse di teng go ka godisa go buisa ka setu go oketsa bokgoni jwa go okola le go buisa ka kelotlhoko • dirisa didirisiwa tse di teng.	• Buisetsa kwa godimo ka thelelo le ka nepo go bontsha fa o tlhaloganya ditlhangwa tse di farologaneng jaaka padi, terama, leboko, tshedimotsetso ya botlhalefi j.j. • buisa ka tidimalo go tswa mo dikwalong tse o di tlhophetsweng le tse dingwe tse di teng go ka godisa go buisa ka setu go oketsa bokgoni jwa go okola le go buisa ka kelotlhoko • dirisa didirisiwa tse di teng.	• Buisetsa kwa godimo ka thelelo le ka nepo go bontsha fa o tlhaloganya ditlhangwa tse di farologaneng jaaka padi, terama, leboko, tshedimotsetso ya botlhalefi j.j. • buisa ka tidimalo go tswa mo dikwalong tse o di tlhophetsweng le tse dingwe tse di teng go ka godisa go buisa ka setu go oketsa bokgoni jwa go okola le go buisa ka kelotlhoko • dirisa didirisiwa tse di teng.
4. Puiso e e tseneletseng	Buisa o tlhaloganye ditema tse di farologaneng go bona kitso, go itumela le go natefelelwa ke ditlhangwa.	• buisa le go tlhaloganya ditema tse dintsi, tsa mefuta go tswa mo dipading, makwalonyana, dipego le didirisiwa tse dingwe • bega ka ga puiso ya bone go supa tlhaloganyo le go ntsha tshedimotsetso e e siameng	• buisa le go tlhaloganya ditema tse dintsi, tsa mefuta go tswa mo dipading, makwalonyana, dipego le didirisiwa tse dingwe • bega ka ga puiso ya bone go supa fa ba tlhaloganya le go ntsha tshedimotsetso e e	• buisa le go tlhaloganya ditema tse dintsi, tsa mefuta go tswa mo dipading, makwalonyana, dipego le didirisiwa tse dingwe • bega ka ga puiso ya bone go supa fa ba tlhaloganya le go ntsha tshedimotsetso e e

		• supa gore ba kgona go tlhaloganya, rulaganya le go tlhagisa dintlha, megopolo le maikutlo • buisa go bona tshedimotso e e tlhalosegang le kitso e e tlabologileng le natefelelo • lemoga le go farologanya dintlha tse di tshwanang le tsa pharologano ya ditso	siameng • supa gore ba kgona go tlhaloganya, rulaganya le go tlhagisa dintlha, megopolo le maikutlo • buisa ka bophara go bona tshedimotso e e tlhalosegang le kitso e e tlabologileng le natefelelo • lemoga le go farologanya dintlha tse di tshwanang le tsa pharologano ya ditso	siameng • supa gore ba kgona go tlhaloganya, rulaganya le go tlhagisa dintlha, megopolo le maikutlo • buisa ka leitlho le le tseneletseng go bona tshedimotso e e tlhalosegang le kitso e e tlabologileng le natefelelo • lemoga le go farologanya dintlha tse di tshwanang le tsa pharologano ya ditso
5. Buisa ka leitlho le lentšhotšho.	buisa metswedding e e farologaneng go ka leitlho le lentšhotšho.	• lemoga dintlha tsa nnete le boithamedi • lemoga maikutlo, mokgwa le maikaelelo a mokwadi mme o tseye tshwetso • tlhalosa mokgwa o bakwadi ba dirisang puo ka one go fitlhelela maikaelelo a bona • seka-seka o lokolole dikwalo mme o tlhagise kang • itlhamele dikakanyo le maikutlo a gago	• lemoga dintlha tsa nnete le boithamedi • lemoga maikutlo, mokgwa le maikaelelo a mokwadi mme o tseye tshwetso • tlhalosa mokgwa o bakwadi ba dirisang puo ka one go fitlhelela maikaelelo a bona • seka-seka o lokolole dikwalo mme o tlhagise kang • itlhamele dikakanyo le maikutlo a gago	• Farologanya magareng ga dintlha tsa nnete, boithamedi le megopolo • lemoga maikutlo, mokgwa wa mokwadi, le go tsaya letlhakore ga mokwadi mme o tseye tshwetso • tlhalosa mokgwa o bakwadi ba dirisang puo ka one go fitlhelela maikaelelo a bona • seka-seka o lokolole dikwalo mme o tlhagise kang • itlhamele dikakanyo le maikutlo a gago
6. Tshobokanyo	Ithute go ka itirela botswerere jwa go ka sobokanya	• buisa, o tlhophe le go rulaganya tshedimotsetso e e rileng le go e tlhagisa mo sebopegong se se rileng • tsaya tshwetso, seka-seka, tshwantshanya tshedimotsetso, go tswa mo didirisiwa tse di kwadilweng	• buisa le go ntsha tshedimotsetso e e rileng le go e tlhagisa mo sebopegong se se rileng • go tsaya tshwetso, seka-seka, tshwantshanya le go batlisisa go tswa mo dikwalong	• buisa le go ntsha tshedimotsetso e e rileng, rulaganya le go e tlhagisa ka tsela e e utlwalang. • go tsaya tshwetso, seka-seka, tshwantshanya, batlisisa le go inopolela dintlha tse di bothokwa go

				tswa mo dikwalong.
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7.Neelana ka ditiro/ mokwalo o o kwalegileng le go rulaganngwa sentle.	itse, bopa le go rulaganya megopolo mo dipolelong, le mo temeng yotlhe sentle	• Kwala ditema o dirisa dipolelo tsa setlhogo ka botlalo go tshegetsatsa pono ya gago. • dirisa dikgato tsa go kwala jaaka: ithulaganyo, ipaakanyo, go kwala (matseno mmele,bokhutlo) le go buisa se o se kwadileng go bontsha fa o tlhaloganya	• Kwala ditema o dirisa dipolelo tsa setlhogo ka botlalo go tshegetsatsa pono ya gago. • dirisa dikgato tsa go kwala jaaka: ithulaganyo, ipaakanyo, go kwala (matseno mmele,bokhutlo) le go buisa se o se kwadileng go bontsha fa o tlhaloganya	• Kwala ditema o dirisa dipolelo tsa setlhogo ka botlalo go tshegetsatsa pono ya gago. • dirisa dikgato tsa go kwala jaaka: ithulaganyo, ipaakanyo, go kwala (matseno mmele,bokhutlo) le go buisa se o se kwadileng go bontsha fa o tlhaloganya
	go tlhomamisa pharologanyo gareng ga Puo e e buiwang le e e kwadiwang ya tlhaeletsano	• tlhomamisa karolo ya go inopolela sengwe mo puong e e kwadiwang le e e buiwang • dirisa puo sebui le puo pegelo	• tlhomamisa tiro ya tshwantshano mo puong e e kwadilweng le e e builweng • dirisa puo sebui le puo pegelo • supa kitso le puotlaopo	• tlhomamisa tiro ya tshwantshano mo puong e e kwadilweng le e e builweng • dirisa puo sebui le puo pegelo • supa kitso le puotlaopo
	kwala ka maikutlo a go ka laela, kgatlhega kgotsa go go dumela	• bontsha tiriso e e siameng ya dikarolopuo go itsise, keletso le go fetola mogopolo jaaka: kobiso, tshotlo j.j. • kwala ditlhogo tse di tshwanetseng	• bontsha tiriso e e siameng ya karolo ya puo go itsise kgatlhego le go sita jaaka: kobiso tshotlo j.j. • kwala ditlhogo tse di tshwanetseng	• bontsha tiriso e e siameng ya karolo ya puo go itsise kgatlhego le go sita jaaka: kobiso tshotlo j.j. • kwala ditlhogo tse di tshwanetseng
	go tlhalosa tshedimosetso e ntsi ka bokhutshwane	• ela tlhoko mo go ranoleng ga ditlhogo go go supetsang mokgwa wa go kwala.	• ela tlhoko mo go ranoleng ga ditlhogo go go supetsang mokgwa wa go kwala.	• ela tlhoko mo go ranoleng ga ditlhogo go go supetsang mokgwa wa go kwala. • neela tshedimosetso e e nang le

		• neela tshedimosetso e e nang le dintlha. • sireletsa dintlha le megopolo ka go kwala le ngangisano mo phaposing • dirisa botswerere jwa molokololo go tsibogela tema • kwala ka ga maitemogelo a gago, o bontsha maikutlo le dikakanyo ka maikaelelo a a rileng le bareetsi le go dirisa tlotlofoko e e siameng • ntsha maikutlo a o a ikutlwang le a o a akanyetsang	• neela tshedimosetso e e nang le dintlha. • sireletsa dintlha le megopolo ka go kwala le ngangisano mo phaposing • dirisa botswerere jwa molokololo go tsibogela tema • kwala ka ga maitemogelo a gago, o bontsha maikutlo le dikakanyo ka maikaelelo a a rileng le bareetsi le go dirisa tlotlofoko e e siameng • ntsha maikutlo a o a ikutlwang le a o a akanyetsang	dintlha. • sireletsa dintlha le megopolo ka go kwala le ngangisano mo phaposing • dirisa botswerere jwa molokololo go tsibogela tema • kwala ka ga maitemogelo a gago, o bontsha maikutlo le dikakanyo ka maikaelelo a a rileng le bareetsi le go dirisa tlotlofoko e e siameng • ntsha maikutlo a o a ikutlwang le a o a akanyetsang
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BOTSWERERE	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>		
	araba dipotso tsa tekatlhaloganyo jaaka go tshwanetse	• ranola dipotso jaaka go tshwanetse • araba tema e o e neetsweng sentle	• ranola dipotso jaaka go tshwanetse • araba tema e o e neetsweng sentle	• ranola dipotso jaaka go tshwanetse • araba tema e o e neetsweng sentle • bontsha go tlhaloganya ditema tsa Puo e e humileng ka tlhomamo
	bontsha go tlhaloganya fa o araba tema ka mokgwa o o	• kwala tshobokanyo, pegelo, puo, mmuisano, kgaso go tswa mo	• kwala tshobokanyo, pegelo, puo, mmuisano, kgaso go tswa mo	• kwala tshobokanyo, pegelo, puo, mmuisano, kgaso go tswa mo seromamoweng, kgang

	farologanyeng	seromamoweng, kgang kgotsa go tswaledisa mogopolo go tswa mo temeng tsaya tshwetso le go tshwantsha ditema tse di kwadilweng	seromamoweng, kgang kgotsa go tswaledisa mogopolo go tswa mo temeng tsaya tshwetso le go tshwantsha ditema tse di kwadilweng	kgotsa go tswaledisa mogopolo go tswa mo temeng tsaya tshwetso le go tshwantsha ditema tse di kwadilweng le go inopolela dintlha tsa botlhokwa go tswa mo temeng
B. Mokwalo o o laoletsweng	Kwala ditema tse di rulaganeng, ka maikaelelo a a rileng o lebile bareetsi, siamisa mokwalo le go nna le kitso ya setaele , o akaretsa dikgwetlho le ditlamorago tse di lebaganeng le merero ya lenaneothuto.(leba tsebe ya 7-8)O nne le kelotlhoko e e rileng go ka tlhaloganya le go nna le kitso ya ditlamorago le dikgwetlho tseo di tlisitsweng ke merero e e neetsweng fa godimo go moithuti ka boene, selegae, bosetšhaba le ya boditšhabatšhaba	kwala: - makwalo a a farologaneng - makwalo kwa kuraneng, bukana ya sekolo - dipegelo: kotsi, tshenyo, balaodi gongwe ditiragalo tsa selegae - dipuisano gongwe ditherisano - dipuo - ditiragalo tsa letsatsi - CV - dipotsolotso - lenaneo - melaetsa (fekese, melaetsa e mekhutshwane, e-mail j.j.) - go dira le go tshwantsha diphousetara le ditshwantsho - go tlatsa diforomo	kwala: - makwalo a a farologaneng - makwalo kwa kuraneng, bukana ya sekolo - dipegelo: kotsi, tshenyo, balaodi gongwe ditiragalo tsa selegae - dipuisano gongwe ditherisano - dipuo - ditiragalo tsa letsatsi - CV - dipotsolotso - lenaneo - melaetsa (fekese, melaetsa e mekhutshwane, e-mail j.j.) - go dira le go tshwantsha diphousetara le ditshwantsho - Dikitsiso tsa tshedimosetso - Dikitsiso tsa selegae le disekhulara - go tlatsa diforomo	kwala: - makwalo a a farologaneng - makwalo kwa kuraneng, bukana ya sekolo - dipegelo: kotsi, tshenyo, balaodi gongwe ditiragalo tsa selegae - dipuisano gongwe ditherisano - dipuo - ditiragalo tsa letsatsi - CV - dipotsolotso - lenaneo - melaetsa (fekese, melaetsa e mekhutshwane, e-mail j.j.) - go dira le go tshwantsha diphousetara le ditshwantsho - makwalo a a farologaneng - makwalo kwa kuraneng, bukana ya sekolo - dipegelo: kotsi, tshenyo, balaodi gongwe ditiragalo tsa selegae - dipuisano gongwe ditherisano - dipuo - ditiragalo tsa letsatsi - CV - dipotsolotso - lenaneo

				• melaetsa (fekese, melaetsa e mekhutshwane, e-mail j.j.) • go dira le go tshwantsha diphousetara le ditshwantsho • Dikitsiso tsa tshedimosetso • Dikitsiso tsa selegae le disekhulara • Metsotso • go tlatsa diforomo • go tlatsa diforomo
C. Ditlhamo	Kwala makwalo a a farologaneng	• kwala makwalo a botsalano le a semmuso • bontsha maikutlo a bareetsi dinakong tsa semmuso le tsa tlwaelo.	• kwala makwalo a botsalano le a semmuso • bontsha maikutlo a bareetsi dinakong tsa semmuso le tsa tlwaelo.	• kwala makwalo a botsalano le a semmuso • bontsha maikutlo a bareetsi dinakong tsa semmuso le tsa tlwaelo.
	Itlhamele, o kwale ditlhamo go akaretsa dikgwetlho le ditlamorago ka ga merero mo lenane-thuto ka bophara (leba tsebe ya 7-8)	• kwala ditlhamo tse di farologaneng jaaka, go ikgopolela, kanelo, go tlhalosa le tsa ngangisano • itlhamele kgang e khutshwane , maboko, dipuisano,mmuisano mo dijenaleng tsa sekolo,makasine le kuranta	• kwala ditlhamo tse di farologaneng jaaka, go ikgopolela, kanelo, go tlhalosa le tsa ngangisano • itlhamele kgang e khutshwane , maboko, dipuisano,mmuisano mo dijenaleng tsa sekolo,makasine le kuranta	• kwala ditlhamo tse di farologaneng jaaka, go ikgopolela, kanelo, go tlhalosa le tsa ngangisano • itlhamele kgang e khutshwane , maboko, dipuisano,mmuisano mo dijenaleng tsa sekolo,makasine le kuranta

10.3 SETLHOGO: TIRISO YA THUTAPUO

Jaaka baithuti ba tswelala-pele le mephato, ba tshwanetse go katisiwa sentle mo mopeletong, tiriso ya matshwao a puiso le thutapuo

BOTSWERERE	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
1. Mopeleto le matshwao a puiso	Peleta o bo o dirise matshwao a puiso sentle, o supe kitso le go tshaloganya ditaelo tsa thutapuo	• dirisa matshwao a a latelang sentle - Tlogelo/lenala (‘) - Lekopanyi (-) - Khutlo (.) - Phegelwana (.) - Phegelo (;) - Letshwao la tsiboso (!) - Letshwao la potso (?) - Khutlo-khutlo (:) - Ditsejwana (“...”) - Thaladi (-) - Masakana () • tiriso ya ditlhaka-kgolo • tiriso ya khutsafatso ya mafoko • tiriso ya fonetiki e e siameng ya puo, dinoko, ditumanosi, ditumammogo, tifitane matshwao a puo, kapodiso e e siameng, tshwaetshano • dirisa mareo a a letleletsweng sentle	• dirisa matshwao a a latelang sentle - Tlogelo/lenala (‘) - Lekopanyi (-) - Khutlo (.) - Phegelwana (.) - Phegelo (;) - Letshwao la tsiboso (!) - Letshwao la potso (?) - Khutlo-khutlo (:) - Ditsejwana (“...”) - Thaladi (-) - Masakana () • tiriso ya ditlhaka-kgolo • tiriso ya khutsafatso • tiriso ya fonetiki e e siametseng puo: dinoko, ditumanosi, ditumammogo, matshwao a puo kapodiso e e siameng, tshwaetshano • dirisa mareo a a letleletsweng sentle	• dirisa matshwao a a latelang sentle - Tlogelo/lenala (‘) - Lekopanyi (-) - Khutlo (.) - Phegelwana (.) - Phegelo (;) - Letshwao la tsiboso (!) - Letshwao la potso (?) - Khutlo-khutlo (:) - Ditsejwana (“...”) - Thaladi (-) - Masakana () • tiriso ya ditlhaka-kgolo • tiriso ya khutsafatso • tiriso ya fonetiki e e siametseng puo: dinoko, ditumanosi, ditumammogo, matshwao a puo, kapodiso e e siameng, tshwaetshano • dirisa mareo a a letleletsweng sentle

2. Tiriso ya thutapuo	dirisa ditaelo tsa thutapuo sentle	• dirisa dipopi sentle • dirisa dipaka sentle • dirisa popego ya lediri sentle, bongwe le bontsi le leina sentle • dira pharologano fa gare ga mefuta ya maina jaaka bongwe, bontsi, nyenyefatso, bong, leinatswako, leina, lerui, lesupi, leemedi, tekanyo, dinomore, leinakgopolo, le go lekanyetsa	• dirisa dipopi sentle • dirisa dipaka sentle • dirisa popego ya lediri sentle, bongwe le bontsi le kapodiso • farologana mefuta ya maina jaaka bongwe, bontsi, nyenyefatso, bong, leinatswako, leina, lerui lesupi, dipalo, le go lekanyetsa	• dirisa dipopi sentle • dirisa dipaka sentle • dirisa popego ya lediri sentle, bongwe le bontsi le kapodiso • farologana mefuta ya maina jaaka bongwe, bontsi, nyenyefatso, bong, leinatswako, leina, lerui lesupi, dipalo, le go lekanyetsa
		• dirisa madirimatswa: tirwa, tiredi, tirisi, tirisisi, katoloso, tiraki, tirani, tirolodi, lediregi, leboelets, tlhogwana, leitiri • tiriso ya matlhaodi: thulaganyo ya mafoko, go tswa, dipapiso le dipopi • tiriso ya maemedi lerui, tlhogwana, leitiri, leemeditota, leemeditho, lesupi • tiriso ya thuanyi: thuanyitlhaodi, thuanyisediri, legokadirwa, legokarui, leruanyi la reletifi • tiriso ya matlhalosi: lefelo, nako le mokgwa • dirisa lediri lebaa(kopulatifi) • dirisa maetsi	• dirisa madirimatswa: tirwa, tiredi, tirisi, tirisisi, katoloso, tiraki, tirani, tirolodi, lediregi, leboelets, tlhogwana, leitiri • tiriso ya matlhaodi: felelets tiro e e rulagantsweng dikgato tsa tshwantshanyo, tatelano e e siameng ya mafoko, tlhaloso ya kapodiso letlama kgotsa letlhodisi la fela popi • tiriso ya kapodiso: lerui, tlhogwana, leitiri, leemeditota, leemeditho, lesupi • tiriso ya thuanyi: thuanyi tlhaodi, thuanyi sediri, legokadirwa, lerui, leemedi • tiriso ya matlhalosi: lefelo, nako le mokgwa • dirisa lediri lebaa(kopulatifi) • dirisa maetsi • dirisa lelatlhelwa	• dirisa madirimatswa: tirwa, tiredi, tirisi, tirisisi, katoloso, tiraki, tirani, tirolodi, lediregi, leboelets, tlhogwana, leitiri • tiriso ya matlhaodi: felelets tiro e e rulagantsweng dikgato tsa tshwantshanyo, tatelano e e siameng ya mafoko, tlhaloso ya kapodiso letlama kgotsa letlhodisi la fela popi • tiriso ya kapodiso: lerui, tlhogwana, leitiri, leemeditota, leemeditho, lesupi • tiriso ya thuanyi: thuanyi tlhaodi, thuanyi sediri, legokadirwa, lerui, leemedi • tiriso ya matlhalosi: lefelo, nako le mokgwa • dirisa lediri lebaa(kopulatifi) • dirisa maetsi • dirisa lelatlhelwa

		• dirisa malatlhelwa	lefelo, nako le mokgwa • dirisa lediri lebaa(kopulatifi) • dirisa maetsi • dirisa lelatlhelwa	
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BOTSWERERE	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
3. Go dirisa tlotlofoko	dirisa tlotlofoko e e siameng le e e farologaneng mo mafelong a a farologaneng go bontsha tlhaloganyo ka go ikatisa go dirisa puo ya papiso, diane le maele. Tswelela ka go ikatisa ka go dirisa didirisiwa tse di farologaneng	• dirisa sentle: makaelagongwe, malatodi, tumatshwana, mafokopedi, lefoko le le emetseng polelo e nngwe, diane le go dirisa diponagalo tsa puo, maele. • itse mafoko a a bokaoped • dirisa dithanodi le metswedi e mengwe ya dibuka go ka peleta, go nna le bokao, le koketso ya tshedimosetso • dirisa metswedi ya metlakase (fa e le teng) go ka bona tshedimosetso. • dirisa mareo a a siameng go nyeletsa puo ya Seesemane jaaka Anglicism ka tiriso ya dithanodi tsa puo tse pedi • dirisa tlotlofoko e e siameng ka maikaelelo a a farologaneng. • ithute tlotlofoko e e rileng mo dikarolong tse di latelang: ka ga tsa thuto, thekenoloji, metshameko, tsa loago le	• dirisa sentle makaelagongwe, malatodi, tumatshwana, mafokopedi, lefoko le le emetseng polelo, diane le go dirisa diponagalo tsa puo, maele. • itse mafoko a a bokaopedi • dirisa thanodi le metswedi e mengwe ya dibuka go ka peleta, bokao le tlaeleletso ya tshedimosetso • dirisa metswedi ya metlakase (fa e le teng go ka ruta) • dirisa mareo a a siameng go nyeletsa puo ya Seesemane jaaka Anglicism ka tiriso ya dithanodi tsa puo tse pedi • dirisa tlotlofoko e e siameng ka maikaelelo a a farologaneng • ithute tlotlofoko e e rileng mo dikarolong tse di	• dirisa sentle makaelagongwe, malatodi, tumatshwana, mafokopedi, lefoko le le emetseng polelo, diane le go dirisa diponagalo tsa puo, maele. • itse mafoko a a bokaopedi • dirisa thanodi le metswedi e mengwe ya dibuka go ka peleta, bokao le tlaeleletso ya tshedimosetso • dirisa metswedi ya metlakase (fa e le teng) go ka ruta • dirisa mareo a a siameng go nyeletsa puo ya Seesemane jaaka Anglicism ka tiriso ya dithanodi tsa puo tse pedi • dirisa tlotlofoko e e siameng ka maikaelelo a a farologaneng • ithute tlotlofoko e e rileng mo dikarolong tse di latelang: tsa thuto, thekenoloji, metshameko, tsa loago le

		merero ya botsogo jaaka HIV le AIDS le mathata a itsholelo le go nyeletsa lehuma, merero ya lefatshe le go ithutela tiro	latelang: tsa thuto, thekenoloji, metshameko, tsa loago le merero ya botsogo jaaka HIV le AIDS mathata le mathata a itsholelo le go nyeletsa lehuma, merero ya lefatshe le go ithutela tiro	merero ya botsogo jaaka HIV le AIDS mathata le mathata a itsholelo le go nyeletsa lehuma, merero ya lefatshe le go ithutela tiro
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10.3 SETLHOGO: TIRISO YA PUO

BOTSWERER E	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
4. Popegopuo le popapolelo	Go atlega mo go bopeng mafoko le dipolelo tse di farologaneng	• bopa mafoko: kutu, tlhogo, setlhongwa, tshaologo • tiriso e e siameng ya go bopa le go lokolola dipolelo tse di farologaneng: taelo, polelonolo, polelopate, polelotswako • dirisa tse di latelang: tira le tirwa, puosebui le puopegelo, kganetso, modirisotaelo, tsiboso • dirisa modiriso: modirisopopego, modirisogo, modirisokeletso • dirisa dikapolelo le polelwana: polelwanatlhaodi, polelwanetlhalosi, popo ya leina le leamanyi	• bopa mafoko: kutu, tlhogo, setlhongwa, tshaologo • tiriso e e siameng ya go bopa le go lokolola dipolelo tse di farologaneng: polelonolo, polelopate, polelotswako • dirisa tse di latelang: tira le tirwa puosebui le puopegelo, kganetso, modirisotaelo, tsiboso • dirisa modiriso: modirisopopego, modirisogo, modiriso o o tlwaelesegileng • dirisa dikapolelo le polelwana: polelwanatlhaodi, polelwanetlhalosi, popo ya leina le leamanyi	• bopa mafoko: kutu, tlhogo, setlhongwa, tshaologo • tiriso e e siameng ya go bopa le go lokolola dipolelo tse di farologaneng: polelonolo, polelopate, polelotswako • dirisa tse di latelang: tira le tirwa puosebui le puopegelo, kganetso, modirisotaelo, tsiboso • dirisa modiriso: modirisopopego, modirisogo, modiriso o o tlwaelesegileng • dirisa dikapolelo le polelwana: polelwanatlhaodi, polelwanetlhalosi, popo ya leina le leamanyi

5. Thanolo	Go tlhotlhomisa le go dirisa motheo wa thanolo.	• ranola go tswa mo puo ya semmuso (Seesemane) go ya mo puong ya gagwe ya ntlha le mo puong ya Ntlha go ya kwa Seesemaneng: puo e bonolo,dikhutshwe, dipuisano tsa ditlhopha go abelana megopolo le tsweletso ya tsheko ya lekgotla, ditema tse dikhutshwane tse di bonolo	• ranola go tswa mo puo ya semmuso (Seesemane) go ya mo puong ya gagwe ya ntlha le mo puong ya Ntlha go ya kwa Seesemaneng: puo e bonolo,dikhutshwe, dipuisano tsa ditlhopha go abelana megopolo le tsweletso ya tsheko ya lekgotla, ditema tse dikhutshwane tse di bonolo	• ranola go tswa mo puo ya semmuso (Seesemane) go ya mo puong ya gagwe ya ntlha le mo puong ya Ntlha go ya kwa Seesemaneng: puo e bonolo,dikhutshwe, dipuisano tsa ditlhopha go abelana megopolo le tsweletso ya tsheko ya lekgotla, ditema tse dikhutshwane tse di bonolo
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10.4 SETLHOGO: DITLHANGWA

BOTSWERERE		MAIKAELELO		BOKGONI		
				MOPHATO 8	MOPHATO 9	MOPHATO 10
		<i>Baithuti ba tla:</i>		<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
1. Kitso le tlhaloganyo: Go nna le kitso le tlhaloganyo ka ga dintlha tse di farologanyeng (porosa, terama le maboko)	Araba ditlhangwa tse di kwadilweng ka go tlotla le go kwalwa	- go gopola le go bolela ditiragalo mo ditemeng tse di ithutilweng - go farologana fa gare ga dintlha tsa nnete le tsa boithlamedi.	- go gopola le go bolela ditiragalo mo ditemeng tse di ithutilweng - go farologana fa gare ga dintlha tsa nnete le tsa boithlamedi.	- go gopola le go bolela ditiragalo mo ditemeng tse di ithutilweng - go farologana fa gare ga dintlha tsa nnete le tsa boithlamedi. - Lemoga bokao le Maikutlo/ boitshwaro		
	Tshwaela mo megopolo ya bakwadi mabapi le melaetsa ya bone e e rileng	- bontsha ntlhagolo le megopolo e e ka tlalaletsang - go okola le go tsenelela mo temeng go bona molaetsa o o rileng mo temeng - go ntsha megopolo ya bone go tswa mo temeng e ba e ithutileng	- bontsha ntlhagolo le megopolo e e ka tlalaletsang - go okola le go tsenelela mo temeng go bona molaetsa o o rileng mo temeng - go ntsha megopolo ya bone go tswa mo temeng e ba e ithutileng - Ntsha molaetsa mo setlhangweng se o se ithutileng.	- bontsha ntlhagolo le megopolo e e ka tlalaletsang - go okola le go tsenelela mo temeng go bona molaetsa o o rileng mo temeng - go ntsha megopolo ya bone go tswa mo temeng e ba e ithutileng - Bona maikaelelo a mokuwadi.		

	supa kitso le tlhaloganyo ka go itumelela maboko, terama, padi le dikhutshwe	• lemoga ditlhogo, sobokanya, le go ntsha maikutlo gape. • lemoga dipapiso tsa puo go bontsha fa ba tlhaloganya.	• lemoga ditlhogo, sobokanya, le go ntsha maikutlo gape. • lemoga dipapiso tsa puo go bontsha fa ba tlhaloganya	• lemoga ditlhogo, sobokanya, le go ntsha maikutlo gape. • lemoga dipapiso tsa puo go bontsha fa ba tlhaloganya
	tlhaloganya, o lemoge, o dirise ditso tse diswa mo popegong ya ditlhangwa	• farologanya fa gare ga tse diswa le ditlhangwa tsa setso • lemoga le go dirisa mekgwa ya setso le ya segompiono go tlotla dikgang.	• farologanya fa gare ga tse diswa le ditlhangwa tsa setso • lemoga le go dirisa mekgwa ya setso le ya segompiono go tlotla dikgang.	• farologanya fa gare ga tse diswa le ditlhangwa tsa setso • lemoga le go dirisa mekgwa ya setso le ya segompiono go tlotla dikgang.

BOTSWERERE	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
Kitso ya go tlhaloganya (tswelelo)	tlhaloganya le go bontsha maikutlo le mokgwa/maitseo a baanelwa.	bontsha maikutlo, (tenego, boitumelo, poifo)	bontsha maikutlo, (tenego, boitumelo, poifo)	bontsha maikutlo, (tenego, boitumelo, poifo)
	lemoga le go rerisana ka go togamaano ya ditlhangwa	lemoga le go rerisana ka togamaano ya ditlhangwa (baanelwa, morero, ntlha kgolo le dintlhana tsa ditlhogo, poloto, tikologo, setlhoa) mo ditlhangweng tsa seswa le tsa setso	- lemoga le go rerisana ka togamaano ya ditlhangwa (baanelwa, morero, ntlha kgolo le dintlhana tsa ditlhogo, poloto, tikologo, setlhoa) mo ditlhangweng tsa seswa le tsa setso - tlhopha tiro e e phuthologileng mme o dirise dinopolo sentle	- lemoga le go rerisana ka togamaano ya ditlhangwa (baanelwa, morero, ntlha kgolo le dintlhana tsa ditlhogo, poloto, tikologo, setlhoa) mo ditlhangweng tsa seswa le tsa setso - tlhopha tiro e e phuthologileng mme o dirise dinopolo sentle
	lemoga, tlhaloganya o itumelele jaaka puo ya dipapiso e dirisitswe , tiriso ya diane le maele mo ditemeng go fitlhelela maikaelelo a mokwadi.	lemoga dikarolo tsa puo (jaaka kobiso, tshotlo, tshwantshiso, tshwantshanyo, pheteletso, mothofatso j.j) tse di dirisitsweng mo temeng e e o ithutileng	lemoga dikarolo tsa puo (jaaka kobiso, tshotlo, tshwantshiso, tshwantshanyo, pheteletso, mothofatso j.j) tse di dirisitsweng mo temeng e e o ithutileng	lemoga dikarolo tsa puo (jaaka kobiso, tshotlo, tshwantshiso, tshwantshanyo, pheteletso, mothofatso j.j) tse di dirisitsweng mo temeng e e o ithutileng.

TSWERERE	MAIKAELELO	BOKGONI		
2. Tshekatsheko e e tseneletseng	sekaseka o akanye ka tema, o bontshe maikutlo go tswa mo temeng, mme o kwale ka ona le go supa se ba kwadileng ka ga sona	bontsha thitokgang le boitlhomo jwa ditlhangwa tse ba di ithutileng	bontsha thitokgang le boitlhomo jwa ditlhangwa tse ba di ithutileng	ntsha le go sekaseka thitokgang, boitlhomo (lebaka, ditlamorago) megopolo le bokao mo ditemeng tse ba di ithutileng
	Bopa o itlhamele megopolo le dikakanyo tsa gago mo mefuteng ya ditlhangwa tse di farologaneng	farologanya dintlha tse di farologaneng tsa ditema tse ba di ithutileng ka pono ya gago	farologanya dintlha tsa ditema tse ba di ithutileng	sekaseka le go boelela ditema tse di ithutileng
	Sekaseka o akanye ka ga ditlhangwa tse o di ithutileng	- seka-seka dipoloto le baanelwa jalo-jalo - farologanya tshwaragano mo gare ga baanelwa le poloto le fa gare ga baanelwa ka bobone	- seka-seka dipoloto le baanelwa jalojalo - tlhalosa tshwaragano mo gare ga baanelwa le poloto mo le tshwaragano fa gare ga baanelwa ka bobone.	- seka-seka dipoloto le baanelwa jalojalo - tlhalosa tshwaragano mo gare ga baanelwa le poloto le fa gare ga baanelwa ka bobone.
		- tlhomamisa o bone jaaka puo e na le bokao mo ditlhangweng. - sekaseka o itumelele puo jaaka e dirisitswe mo ditlhangweng tse o di ithutileng : kgopolo,tshotlo, kobiso,mothofatso, tshwantshanyo, tshwantshiso. - tlhomamisa o sekaseka dintlha tse di latelang tsa terama:mmuisano, kgotlhang, dipono le ditiragatso.	- tlhomamisa o bone jaaka puo e na le bokao mo ditlhangweng. - sekaseka o itumelele puo jaaka e dirisitswe mo ditlhangweng tse o di ithutileng : kgopolo,tshotlo, kobiso,mothofatso, tshwantshanyo, tshwantshiso. - tlhomamisa o sekaseka dintlha tse di latelang tsa terama:mmuisano, kgotlhang, dipono le ditiragatso.	- tlhomamisa o bone jaaka puo e na le bokao mo ditlhangweng. - sekaseka o itumelele puo jaaka e dirisitswe mo ditlhangweng tse o di ithutileng : kgopolo,tshotlo, kobiso,mothofatso, tshwantshanyo, tshwantshiso. - tlhomamisa o sekaseka dintlha tse di latelang tsa terama:mmuisano, kgotlhang, dipono le ditiragatso.

		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>

BOTSWERERE	MAIKAELELO	BOKGONI		
		MOPHATO 8	MOPHATO 9	MOPHATO 10
	<i>Baithuti ba tla:</i>	<i>Bofelo jwa Mophato 8, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 9, baithuti ba tshwanetse go kgona go</i>	<i>Bofelo jwa Mophato 10, baithuti ba tshwanetse go kgona go</i>
3. Katlholo le tsibogo ya moithuti.	tsibogela tema ka mekgwa e e farologanyeng	tsaya tshwetso, athola, tshwantsha, lokolola le go tshamaganya go tswa mo temeng e e kwadilweng	tsaya tshwetso, athola, tshwantsha, lokolola le go tshamaganya go tswa mo temeng e e kwadilweng	tsaya tshwetso, athola, tshwantsha, lokolola le go tshamaganya go tswa mo temeng e e kwadilweng
		tlhaeletsana tsibogo ya bona go tswa mo temeng e o e ithutileng	tlhaeletsana tsibogo ya bona go tswa mo temeng e o e ithutileng	tlhaeletsana tsibogo ya bona go tswa mo temeng e o e ithutileng
		rerisana ka ga tshwaragano le kopano (sekai, merero, baanelwa) go tswa mo temeng e o ithutileng	rerisana ka ga tshwaragano le kopano (sekai, merero, baanelwa) go tswa mo temeng e o ithutileng	rerisana ka ga tshwaragano le kopano (sekai, merero, baanelwa) go tswa mo temeng e o ithutileng
		rerisana ka ga dikgopolelo, maikutlo le boitshwaro jwa bone.	rerisana ka ga dikgopolelo, maikutlo le boitshwaro jwa bone.	rerisana ka ga dikgopolelo, maikutlo le boitshwaro jwa bone.
		athola merero ya diteng o lebagane le botshelo jo bo tshelwang segompiano (sekai HIV le AIDS, thuto tikologo, merero ya bong, thuto ka ga palo ya baagi, ditshwanelo tsa setho le puso ya batho ka batho, jj)	athola merero ya diteng o lebagane le botshelo jo bo tshelwang segompiano (sekai HIV le AIDS, thuto tikologo, merero ya bong, thuto ka ga palo ya baagi, ditshwanelo tsa setho le puso ya batho ka batho, jj)	athola merero ya diteng o lebagane le botshelo jo bo tshelwang segompiano (sekai HIV le AIDS, thuto tikologo, merero ya bong, thuto ka ga palo ya baagi, ditshwanelo tsa setho le puso ya batho ka batho, jj)

		• rerisana ka ga ditlamorago le dikgwetlho tse di tlisitsweng ke dintlha tse di fa godimo mo ngwaneng, selegae, le kwa setšhabeng, le kwa boditšhaba-tšhabeng.	• rerisana ka ga ditlamorago le dikgwetlho tse di tlisitsweng ke dintlha tse di fa godimo mo ngwaneng, selegae, le kwa setšhabeng, le kwa boditšhaba-tšhabeng.	• rerisana ka ga ditlamorago le dikgwetlho tse di tlisitsweng ke dintlha tse di fa godimo mo ngwaneng, selegae, le kwa setšhabeng, le kwa boditšhaba-tšhabeng. • Ntsha bopaki jwa go gopolela le go athola ka bobona.
		• lemoga bareetsi mo ditlhangweng tse o di ithutilweng	• lemoga bareetsi le mokgwa mo ditemeng tse di ithutilweng	• lemoga bareetsi le mokgwa mo ditemeng tse di ithutilweng
		• tlhopha o dirise ditlhangwa tse di farologaneng go itumela, tshedimosetso.	• tlhopha o dirise ditlhangwa tse di farologaneng go itumela, tshedimosetso.	• tlhopha o dirise ditlhangwa tse di farologaneng go itumela, tshedimosetso.

11. TLHATLHOBO

11.1 Mafoko a matseno

Tlathlhubo e akaretsa tlathlhubo e e kwalwang le e e sa kwalweng mo nakong ya gale ya dithuto mo phaposiborutelong le tlathlhubo ya bofelo jwa ngwaga. Tlathlhubo e e ntshitsweng mo lenaneothutong e amana le bokgoni jwa lenaneothuto le botswerere mo bokgoning, jaaka bo kailwe mo kharikulamong ya ntlha e e supang gore moithuti mongwe le mongwe o tla nna jang le bokgoni.

Tlathlhubo e e tswelelang e botlhokwa thata ka gore ke mokgwa wa go leka go leba tswelelopele ya moithuti le go akgela gore moithuti o tswelela jang mo dithutong. Tlathlhubo e e tswelelang ke mokgwa o o nosi o maikaelelo le bokgoni jotlhe jwa kharikulama bo tla tlathlhubiwang. Mo tlaleletsong tlathlhubong e e sa kwalweng, palo ya popego ya tlathlhubo mo ngwageng ya tlathlhubo e e tswelelang mo serutweng se e supiwa mo foromong ya tlathlhubo e e tswelelang.

11.2 Maikaelelo a tlathlhubo

Mo thutong e e tlabaganeng le moithuti, go tlathlhubiwa tswelelopele le katlego ya moithuti mongwe le mongwe ka dinako tsotlhe, ke karolo ya tiro ya go ruta le go ithuta. Maikaelelo a magolo a tlathlhubo ke go bona setshwantsho se se ikanyegang sa tswelelopele ya moithuti malebana le go fitihela bokgoni jwa lenaneothuto le botswerere jwa botshelo ka kakaretso.

- **Tshedimosetso go moithuti**

Tshedimosetso e e koakoantsweng ya tswelelopele ya baithuti le bokgoni di tshwanetse go dirisiwa go neelana ka dithutopoelo ka ga dintlha tse di bokoa le tse di nonofileng tsa bone, fa baithuti ba dirang sentle gone ke ka ntlha ya eng, le fa ba tshwanetseng ba leka ka natla gone, ba dire jang, gape ka ntlha ya eng.

- **Tshedimosetso go batsadi**

Batsadi ba tshwanetse go sedimosediswa ka metlha ka ga tswelelopele ya bana ba bone, go rotloediswa go duela dikatlego le go ntsha megopolo ya gore ba ka thusa jang ditirong tsa thuto tsa baithuti.

- **Tshekatsheko ya tiro ya go ruta le go ithuta**

Tshedimosetso go tswa tlathlhubong ya thuto e e kwalwang le e e sa kwalweng e e tswelelang e tshwanetse go dirisiwa ke morutabana gore a itse gore go botlhokwa kae go dirisa mekgwa le di dirisiwa mo tswelelopele ya moithuti mongwe le mongwe le botlhoki jwa moithuti mongwe le mongwe. Bofelong jwa maikaelelo mangwe le mangwe a thuto, le bofelong jwa setlha, morutabana le baithuti ba tshwanetse go sekaseka tswelelopele mo tirong e e feleleditsweng, go tsaya karolo ga baithuti, se baithuti ba se ithutleng, le se se ka dirwang ka dinako tsotlhe go oketsa mowa wa tisanommogo le bokgoni mo phaposiborutelong.

11.3 Mefuta ya tlhatlhobo

- **Tlhatlhobo ya popo/popi**

Mofuta wa tlhatlhobo e ke wa popo ka gore ditemogo tse di dirilweng le kitso e e phuthilweng di dirisiwa tsoopedi go kaela morutwana le go mo thusa go bopa le go mo gogela kwa tirong ya go rutwa le go ithuta. Se se raya gore tlhatlhobo e dirilwe go neela tshedimosetso ka ga tswelopele e morutwana a e dirang mabapi le dintlha tsa kharikhalomo (kgotsa dipholo tse di amogetsweng) mo karolong ya tiro kgotsa ngwaga/mophato. Tlhatlhobo ya popo e ka dirwa pele go rutwa/dithuto di simologa go ka fitlhelela kitso ya baithuti ba nang le yona.

Mareo a farologaneng a dirisitswe go tlhalosa mofuta wa tlhatlhobo e.
Tlhatlhobo e e na le karolo ya popo mo baithuting fa e le gore:

- e dirisediwa go ba rotloetsa yo katolosa kitso ka bokgoni jwa bona, go tlhomamisa botlhokwa jwa ngwao, le go tsweletsa tlwaelo e e phepha ya dithuto. Tiro ya tlhatlhobo e thusa baithuti go rarabolola mathata ka botlhale ka go dirisa tse ba nang le sona le se ba se ithutileng, morutabana o dirisa tshedimosetso go tlhatlhoba mekgwa le didiriswa tse di rutwang.

- **Tlhatlhobo e e tswelelang**

Lefoko *tswelelang* le tlhagisa gore tlhatlhobo e e tswelelang e akaretse tsotlhe tse di dirwang mo ngwageng otlhe mme se dirisediwa go tlhatlhobo tswelopele ya barutwana mo motheong o o tswelelang, le mo ditlhatlhobong. Tlhatlhobo e e tswelelang ka jalo e dirisa maikaelelo a tlhatlhobo ya popo le tlhatlhobo e e sobokantsweng. Tlhatlhobo e e tswelelang e akaretse tiriso ya methalethale ya maano a diteko le ditlhatlhobo, tseo di kayang selo se le sengwe. Tiriso ya maano a farologaneng a neela morutabana bokgoni jwa go kokoanya bosupi jwa go ruta ka tsela kwa ntle le ditlhatlhobo. Tlhatlhobo tse di tswelelang e tshwanetse e akanyediwe le go rulaganyediwa mo tshimologong a ngwaga, e tsewe motlhofu ka fa go kgonegang ka teng le e seng go dirisa nako e ntsi ya thuto. Maduo a a neetsweng mo maitekong a phaposi, asaenemente, tiro ya kwa 'lapeng, kgotsa diteko tse di khutshwane ka pheleletso ya setlhogo di ka dirisediwa tlhatlhobo e e tswelelang.

- **Tlhatlhobo e e sobokantsweng**

Mo mafelong a ngwaga ya sekolo, tswelopele le bokgoni jwa morutwana tsa ngwaga otlhe di a sobokanngwa. Se se bidiwa tlhatlhobo e e sobokantsweng. Kwa e leng gore go na le teko kgotsa tlhatlhobo ya bofelo jwa ngwaga, tlhatlhobo e e sobokantsweng e tla nna ka bobedi tlhatlhobo e e tsweletseng le tlhatlhobo ya bofelo jwa ngwaga. Mo motheong wa se, tshwetso e tshwanetse go dirwa tsholetso/ phetelo kwa seemeng se sengwe.

11.4 Ditsela tsa tlhatlhobo

- **Ditsela tse e seng tsa semmuso (Informal methods)**

Morutabana o tshwanetse go tlhatlhoba gore moithuti mongwe le mongwe o kgona jang motheo wa bokgoni jo bo tlhalositsweng mo lenaneothutong la serutwa, mme go tswa mo go seo a bone

setshwantsho sa tswelelopele ka kakaretso sa moithuti. Seo se ka dirwa thata ka tsela e e seng ya semmuso, ka tlhokomelo e e rulagantsweng. Tswelelopele ya moithuti mongwe le mongwe mo thutong le tiragatso fa ba batlisisa dilo ba ranola tse di sa tlwaelesegang le tshedimosetso, go tsenya kitso mo tirisong, tlhaeletsano, dira dikatlhoho tse di nang le mosola le go tsaya karolo ga bone ka kakaretso.

- **Ditsela tsa semmuso.**

Fa go kgonegang teng, go rulaganya tlathlhubo semmuso, morutabana o tshwanetse a dirise maemo a mofuta o le mongwe jaaka thuto ya gale le go tsenya maemo tirisong, go tlathlhuba bokgoni jwa moithuti. Tiriso ya mokwalo wa semmuso le teko ya motlotlo (oral) di ka tlathlhuba fela bokgoni jo bo rileng mme ka moo ga di a tshwanela go tsaya nako e ntsi. Ditlathlhubo mo serutweng sengwe le sengwe di tshwanetse go lekanyediwa mo thutong e le nngwe kgotsa karolo e le nngwe fela ya thuto.

- **Tekanyetso ya kaelo.**

Tekanyetso ya kaelo tlathlhubo ke yone e tshwantshanyang tiro ya moithuti le gore boleng/maemo a serutwa se o tlathlhubiwa mo go sona go na le tekanyetso ya baithuti botlhe. Tekanyetso e, e lebile thata gore a moithuti o itse le go tlhologanya sentle, kgotsa o nale bokgoni jwa go dira sengwe se se malebang mo setlhopheng (set) sa maemo kgotsa tekanyetso, go le o lekanya gore moithuti o itse go le kae. Tekanyetso tlathlhubo e amana le tlathlhubo ya popo e maikaelelo a yone e leng go kokoanya bosupi ka fa moithuti o tswelelang ka teng mabapi le dikaelo tsa kharikulumo (curriculum).

Ditlhaka tsa selekanyetso di ka abiwa ka tlhamalalo kgotsa e seng ka tlhamalalo. Fa tlhaka ya selekanyetso e abilwe ka tlhamalalo, morutabana o tlathlhuba phitlhelelo ya bokgoni le go aba tlhaka e e matshwanedi. Ditlhaka tsa selekanyetso di abiwa ka mokgwa o e seng wa tlhamalalo fa go dirisitswe maduo a diperesente le go fetolelwa mo ditlhakeng tsa selekanyetso.

- **Tseo(go rekota) ya maduo.**

Maduo a baithuti ba a bonang mo tlathlhubong e e tswelelang a tshwanetse go kwalwa mo foromong ya ditlathlhubo tse di tswelelang ngwaga yotlhe, le go dirisiwa go itsise baithuti le batsadi ka ga tswelelopele le diphitlhelelo, le go ntsha thuto ya fa baithuti ba ba palelwang teng. Kamano magareng ga kabo ya maduo le motheo wa bokgoni a supiwa fa tlase.

Tlhaka A (Grade A) *O kgonne motheo wa bokgoni ka dinaledi.* Moithuti o matlhagatlhaga mo mafelong otlhe a bokgoni.

Tlhaka B (Grade B) *O kgonne motheo wa bokgoni sentle.* Moithuti o fentse bontsi jwa mafelo a bokgoni go feta palogare, j.j. go supa go kgona motheo wa bokgoni ka bonako, kgotsa go kgona go isa metheo kwa mabakeng a a sa itsegeng, kgotsa go supa bokao jo bosha.

Tlhaka C (Grade C) *O kgonne motheo wa bokgoni.* Moithuti o kgonne motheo go itumedisa mo mabakeng a a itsegeng le bokao. Bontsi jwa baithuti ba tshwanetse gore ba bo ba kgonne mo seemeng se.

Tlhaka D (Grade D) *O kgonne bontlha bongwe jwa motheo wa bokgoni. Go kgonagala gore moithuti a ba a sa kgona metheo ya bokgoni yotlhe, kgotsa a tlhoka thuso, mme o na le bokgoni jo bo lekaneng go ya kwa mophatong o o latelang.*

Tlhaka E (Grade E) *Ga a a kgona bontsi jwa motheo wa bokgoni. Moithuti ga a a kgona bonnye jwa bokgoni mo mophatong mo ngwageng ena, le fa e le ka thuso ya e e rileng e o e boneng mo morutabaneng.*

11.5 Maikaelo a tlhatlhobo

Molebo wa tlhaeletsano wa go ruta Puo, motheo wa bokgoni jwa Puo o rutwa o kopanntswe go tshwana le tiriso ya Puo mo mabakeng a letsatsi le letsatsi. Ke ka moo thuto ya Puo e ka se kgaoganngweng ka dikarolwana tse di farologaneng.

11.5.1 Theetso le motlotlo

Baithuti ba tshwanetse go:

- tlhaloganya maikutlo, maikaelelo le mokgwa
- tlhaloganya, rulaganya dintlha, megopolo le dikakanyo.
- araba sentle mo ditaelong le dintlha tse di builweng
- sekaseka tshedimosetso, go tlhopha tse di amanang le maikaelelo a a rileng
- abela maitemogelo le go ntsha maikutlo ka go ikakanyetsa
- lemoga tlhaloso e e kwa teng le mokgwa
- tlhaeletsana sentle ka mokgwa o o siameng
- tlhaloganya motlotlo wa kganetsano, itlhalosetse le go feleletsa bokhutlo
- bontsha botlhokwa jwa bareetsi le go itse ditaelo
- tlhomamisa motheo le bokao jwa go ranola
- senka mokgwa wa go tlhagisa motlotlo
- tlhaeletsano ya tshedimosetso le dikakanyo tse di siameng tse di utlwalang
- tlisa megopolo le kakanyo ya tshakatsheko, dintlha, megopolo, maikutlo le kopo
- bua ka thelelo le ka boikanyo

11.5.2 Go buisa le go kwala

Baithuti ba tshwanetse go:

- tsiboga sentle ka go latela ditaelo.
- leba ngango ya mokwadi, o ikakanyetse o dire tshwetso.
- lemoga jaaka bakwadi ba diragatsa bokgoni jwa bone
- tlhomamisa jaaka puo, ditaelo di na le seabe mo tlhalosong ya tema
- araba tshedimosetso, dikakanyo le mokgwa sentle go ntsha maikutlo a tema
- rulaganya o tlhagise tshedimosetso ka go dirisa mokgwa wa ditema le ka ditaelo tsa dipolelo tse di farologaneng
- dira ka nepo mopeleto matshwao a puiso le dikarolo tsotlhe tsa thutapuo le mareo
- kwala tiro e o ipopetseng ka maikaelelo
- bontsha mokgwa wa go itse le setaele
- ranola ditema tse di farologaneng
- tlhaloganya tshedimosetso le bokao
- sekaseka o tlhophe tshedimosetso e o tshwanetseng go e dirisetse maikaelelo a a rileng
- lemoga tlhaloso le mokgwa
- leba kganetsano ya bakwadi, itlhalosetse o feleletse bokhutlo
- tlhagisa dintlha, dikakanyo le megopolo
- abelana tshedimosetso, ntsha maikutlo ka go ikakanyetsa
- tlhaeletsano e ntle le e e siameng o lebile bareetsi ba o ba begelang

11.5.3 Tiriso ya puo

Baithuti ba tshwanetse go:

- tlhaeletsano e e siameng sentle le e e utlwalang
- dirisa dintlha tsotlhe ka nepo tsa mopeleto, matshwao a puiso le thutapuo
- dirisa sentle kakanyo e e leele le tiriso ya papiso le tlotlofoko e e farologaneng
- dirisa dikarolo tsa puo tse di farologaneng sentle mo dipolelong
- dirisa ditaelo tsa dipolelo tse di farologaneng
- dirisa mareo a a letleletsweng sentle
- dirisa ditaelo tsa dipolelonolo le dipolelopathe
- dirisa dikarolo tsa puo le dipaka sentle
- ranola dilo tse di farologaneng.

11.5.4 Ditlhangwa

Baithuti ba tshwanetse go:

- bontsha go tlhaloganya ditema tsa ditlhangwa.
- lemoga jaaka bakwadi ba dirisa Puo le go leka go tlhaloganya boteng jwa setlhangwa.
- bontsha go tlhaloganya dintlha tse di farologaneng tsa ditlhangwa
- rerisana ka tiriso ya puo mo temeng le go tshwaela mo go diriseng ga dikakanyo, maano le kobiso
- dirisa puo e e farologaneng maleba le dintlha tsa serutwa
- rerisana, tlhaeletsana le go tsiboga sentle.
- Sekaseka ditlhangwa tse di farologaneng.

11.6 Tlhatlhobo e e tsweleng, diteko le ditlhatlhobo – Mosupatsela o o totobetse:

Tlhatlhobo e e tsweleng: Mosupatsela wa tlhatlhobo ka botlalo.

11.6.1 Mophato 8 le 9

Mo mophatong o, tlhatlhobo e tla nna le tlhatlhobo e e tsweleng, e e kwalwang le e e sa kwalwang. Go tlaleletsa bofelo jwa ngwaga go tla nna le ditlhatlhobo tsa serutwa sengwe le sengwe mo diemeng tsa 8 + 9. Se, se se tseye nako ya go feta dibeke tse 2 mo bofelong jwa ngwaga. Tlhatlhobo e e tsweleng, mmogo le diteko, ga nkitla maduo a teng a feta 50% bofelo jwa ngwaga.

Tlhatlhobo e e tsweleng ya bokgoni jo bo farologanyeng jwa Puo.

Theetso le Motlotlo

Baithuti ba tshwanetse go tlhatlhabiwa ka tekatlhaloganyo ya theetso gangwe fela ka setlha. Barutabana ba tla tshwanela ke go dira tlhatlhobo e, mme e arabiwe ka go kwalwa. Maduo a kwalwe mo foromong e e tshwanetseng ya ditlhatlhobo tsa motlotlo.

Baithuti ba tshwanetse go tlhatlhabiwang bokgoni jwa go tlotla gabedi mo setlheng, gangwe fela e nne motlotlo o o ipakanyeditsweng le go tlotla ka kopano ya malatsi otlhe mo phaposengborutelong. Maduo a kwalwe mo foromong mo diphatleng tse di matshwanedi.

Puiso le Mokwalo o o laoleletsweng

Go buisa ka thelelo go tshwanetswe go tlhatlhabiwa gangwe fela ka setlha, mme se se raya gore puiso e baithuti ba ipaakanyeditseng pele ga nako, le e e sa ipaakanyediwang. Go bona gore baithuti ba tlhalogantse se ba se buisetseng morutabana o kgona go ba botsa dipotso, mme ba di arabe ka go tlotla, itse gore tlhatlhobo ya semmuso ya puiso ya tekatlhaloganyo e dirwa mo puisong le mokwalo o o laoletsweng. Dira ditiro tse pedi kgotsa ditlhatlhobo mabapi le ditlhangwa tse di laoletsweng ka setlha, mme o di tshwae o kwale maduo mo kolomong e e tshwanetseng mo foromong ya ditlhatlhobo tse di tswelelang. Ditiro tse pedi go tswa mo temeng e e buisitsweng, mme o botse dipotso tse di farologanyeng di dire mo setlheng. Dipotso tse di ka akaretsa dipotso tse di tlhatlhobang kitso ya thutapuo. Go botlhokwa go itse gore kitso ya thutapuo e tshwanetswe ke go tlhatlhabiwa go tswa mo temeng. Dipotso di tshwanetse go tlhatlhoba tlhaloganyo le tiro ya go ranola.

Ditlhamo:

Ditlhamo tsa mokwalo o o laoletsweng di tshwanetse go tshwaiwa. Kwala tlhamo e le nngwe le ditlhamo tse dikhutshwane di le pedi ka setlha, mme o di tshwae o kwale maduo mo foromong ya ditlhatlhobo tse di tswelelang. Baithuti ba kwale tlhamo e e nang le mafoko a a magareng ga 200-250(seema sa 8),250-300 (Seema sa 9) ,le tiro kgotsa ditlhamo tse dikhutshwane tse di nang le mafoko a a magareng ga 100-120 (Seema sa 8), 120-150 (Seema sa 9.)

Tlhatlhobo ya ditlhangwa:

Thuto ya ditlhangwa e akaretsa dikarolo di le tharo **padi, terama le poko**. Tseo tharo di dira karolo e e tla tlhatlhabiwang ka go tlotla, fela jalo le ka go tlhatlhabiwa ka go kwalwa.

Padi (padi gongwe dikhutswa)

Diteng di tshwanetse tsa rutiwa ka tlwaelo o tlhokometse badiragatsi, tatelano ya ditiragalo, dikgato le ditlamorago. Dipotso tse di kwalwang di tshwanetse go nna tse dikhutshwane. Baithuti ba tshwanetse go araba dipotso ka bobone ba ntse ba dirisa ditema.

Terama:

Baithuti ba tshwanetse go ithuta poloto le badiragatsi. Dipotso tse di kwalwang tsa terama di tshwanetse go nna tse dikhutshwane.

Poko:

Baithuti ba tshwanetse go rutiwa go amogela le go rata maboko. Go ka diragatsa seo baithuti ba tshwanetse go tlhaloganya diteng tsa poko (leboko). Maboko ga a a tshwanelwa go ithutiwa ka tlhogo. Baithuti ba tshwanetse go thusiwa go buisa ba ntse ba supa maikutlo le go diragatsa maikutlo a a mo lebokong.

Dikwalo tse di laoletsweng go ya ka mophato/seema:

Mophato/seema sa borobedi (8) maboko a le robedi (8) (patelesegang) dikhutshwe di le tlhano (5) gongwe padi e khutshwane le terama ka ngwaga.
Mophato/seema sa borobong (9) maboko a le robedi (8) (patelesegang) dikhutshwe di le thataro (6) gongwe padi e khutshwane le terama ka ngwaga.

11.6.2 Tshosobanyo ya tlhatlhobo e e tswelolang mo Mophatong 8 le 9

1. Theetso le Motlotlo		
Tlhotheletsano ya tsatsi le letsatsi (e e sa ipaakanyediwang)	10	
Puo e e ipaakanyeditsweng	10	
Palogotlhe	20	20
2. Puiso le Mkwalo o o laoletsweng		
Karolo 1 Ditlhogo ka kakaretso (tekatlhaloganyo kgotsa tlhalosa, ranola)	20	
Karolo 2 Ditlhogo : Tse di bonwang le tse di sa bonweng	20	
Palogotlhe	$40 \div 2$	20
3. Mkwalo o o tswelolang		
Tlhamo (x 2)	40	
Mkwalo o mokhutshwane (x 2)	20	
Palogotlhe	$60 \div 2$	30
4. Ditlhangwa		
Leboko	10	
Padi	10	
Terama	10	
Palogotlhe	30	30
Palogotlhe		100

11.6.3 Mophato wa 10

Mo mophatong o, tlhatlhobo e tla nna le tlhatlhobo e e tswelolang, e e kwalwang le e e sa kwalweng. Bofelo jwa ngwaga go tla nna le ditlhatlhobo tsa kwa ntle tsa serutwa sengwe le sengwe mo seemeng sa 10. Tlhatlhobo e e tswelolang, mmogo le diteko, ga nkitla maduo a teng a feta 50% bofelo jwa ngwaga. Se, se kaya le gore tlhatlhobo e e tswelolang le e e tswang kwa ntle di lekane ka maduo, nngwe le nngwe ka 50%.

Tlhatlhobo e e tswelolang ya bokgoni jo bo farologanyeng jwa Puo.

Theetso le Motlotlo

Baithuti ba tshwanetse go tlhatlhabiwa ka tekatlhaloganyo ya theetso gangwe fela ka setlha. Barutabana ba tla tshwanela ke go dira tlhatlhobo e, mme e arabiwe ka go kwalwa. Maduo a kwalwe mo foromong e e tshwanetseng ya ditlhatlhobo tsa motlotlo.

Baithuti ba tshwanetse go tlhatlhabiwang bokgoni jwa go tlotla gabedi mo setlheng, gangwe fela e nne motlotlo o o ipaakanyeditsweng le go tlotla ka kopano ya malatsi otlhe mo phaposingborutelong. Maduo a kwalwe mo foromong mo diphatleng tse di matshwanedi.

Puiso le Mkwalo o o laoletsweng

Go buisa ka thelelo go tshwanetswe go tlhatlhabiwa gangwe fela ka setlha, mme se se raya gore puiso e baithuti ba ipaakanyeditseng pele ga nako, le e e sa ipaakanyediwang. Go bona gore baithuti ba tlhalogantse se ba se buisetseng morutabana o kgona go ba botsa dipotso, mme ba di arabe ka go tlotla, itse gore tlhatlhobo ya semmuso ya puiso ya tekatlhaloganyo e dirwa mo puisong le mkwalo o o laoletsweng. Dira ditiro tse pedi kgotsa ditlhatlhobo mabapi le ditlhangwa tse di laoletsweng ka setlha, mme o di tshwae o kwale maduo mo kolomong e e tshwanetseng mo foromong ya ditlhatlhobo tse di tswelolang. Ditiro tse pedi go tswa mo temeng e e buisitsweng, mme o botse

dipotso tse di farologanyeng di dire mo setlheng. Dipotso tse di ka akaretsa dipotso tse di tlhatlhobang kitso ya thutapuo. Go botlhokwa go itse gore kitso ya thutapuo e tshwanetswe ke go tlhatlhabiwa go tswa mo temeng. Dipotso di tshwanetse go tlhatlhoba tlhaloganyo le tiro ya go ranola.

Ditlhamo:

Ditlhamo tsotlhe di tshwanetse tsa tshwaiwa .Kwala tlhamo e le nngwe le ditlhamo tse dikhutshwane di le pedi ka setlha, mme o di tshwae o kwale maduo mo foromong ya ditlhatlhobo tse di tswelelang. Baithuti ba kwale tlhamo e e nang le mafoko a a magareng ga 250-300 le tiro kgotsa ditlhamo tse dikhutshwane tsa mafoko a le 150 – 200.

Ditlhangwa:

Thuto ya ditlhangwa e akaretsa dikarolo di le tharo **padi, terama le poko**. Tseo tharo di dira karolo e e tla tlhatlhabiwang ka go tlotla, fela jalo le ka go tlhatlhabiwa ka go kwalwa.

Padi (padi gongwe dikhutswe)

Diteng di tshwanetse tsa rutiwa ka tlwaelo o tlhokometse badiragatsi, tatelano ya ditiragalo, dikgato le ditlamorago. Dipotso tse di kwalwang di tshwanetse go nna tse dikhutshwane. Baithuti ba tshwanetse go araba dipotso ka bobone ba ntse ba dirisa ditema.

Terama:

Baithuti ba tshwanetse go ithuta poloto le badiragatsi. Dipotso tse di kwalwang tsa terama di tshwanetse go nna tse dikhutshwane.

Poko:

Baithuti ba tshwanetse go rutiwa go amogela le go rata maboko. Go ka diragatsa seo baithuti ba tshwanetse go tlhaloganya diteng tsa poko (leboko). Maboko ga a a tshwanelwa go ithutiwa ka tlhogo. Baithuti ba tshwanetse go thusiwa go buisa ba ntse ba supa maikutlo le go diragatsa maikutlo a a mo lebokong.

Dikwalo tse di laolelsweng go ya ka mophato/seema:

Mophato/seema sa lesome, maboko a le robedi (10) (patelesegang) dikhutshwe di le tlhano (6) gongwe padi e khutshwane le terama ka ngwaga.

11.6.4 Tshosobanyo ya tlathobho e e tswelelang mo Mophatong 10:

1. Theetso le Motlotlo		
Motlotlo o o sa ipaakanyediwang	10	
Motlotlo o o ipaakanyeditsweng	10	
Palogotlhe	20	20
2. Puiso le mokwalo o o laoletsweng		
Karolo 1 Ditlhogo ka kakaretso,(tekatlhaloganyo kgotsa tlhalosa ranola)	20	
Karolo 2 Ditlhogo tse di sa bonweng	20	
Palogotlhe	$40 \div 2$	20
3. Mokwalo o o tswelelang		
Tlhamo (x 2)	40	
Mokwalo o mokhutshwane (x 2)	20	
Palogotlhe	$60 \div 2$	30
4. Ditlhangwa		
Leboko	10	
Padi	10	
Terama	10	
Palogotlhe	30	30
Palogotlhe		100

11.7 Ditlhatlhobo tsa bofelo jwa ngwaga:

11.7.1 Mephato ya 8 le 9: Pou ya Seafrika

Ditlhatlhobo tsa bofelo jwa ngwaga di na le di pampiri tsa ditlhatlhobo tse 3: Baithuti ba tla kwala pampiri ya 1, 2 le 4

Pampiri	Mefuta ya dipotso		
Pampiri ya Puiso le mokwalo o o laoletsweng	Pampiri e e na le dikarolo tse pedi. Ditema tse di dirisiwang di tshwanetse go nna tsa kanelo, bibiliokerafe, ngangisano, le ditlhangwa/maboko. Mafoko a ditema tsoopedi a nne 800 :Mophato wa 8 (moithuti a ka oketsa kgotsa fokotsa ka mafoko a e 80, mme Mophato wa 9 tema e nne le mafoko a le 1000 (moithuti a ka fokotsa kgotsa a oketsa ka mafoko a le 90) <u>KAROLO 1 :</u> Karolo e e na le ditiro tse tharo. Tlhophi tema e e tsisibosang. Maduo ga nkitla a fokodiwa ka ntlha ya mopeleto, thutapuo kgotsa matshwao a puiso. Tiro ya 1: Tiro e e tla nna le dipotso tse thataro tse di tlhophiwa, potso nngwe le nngwe e ne le dikarabo tse nne (dipotso di le 6). Tiro ya 2: Dikarabo tse dikhutshwane, tse di bulegileng, tse di siameng le tse di phoso kgotsa tse di tsamaelang mmogo, di ka bodiwa (dipotso 4-6) Tiro ya 3: Dipotso tsa go ikakanyetsa, di tla bodiwa mo tirong e, mme maduo a tla a farologanya go tswa fa go 1-3 (dipotso tse 3-4). <u>KAROLO 2:</u> Karolo e, e na le ditiro tse pedi, nngwe le nngwe e na le maduo a le 20. Ditema tse di farologanyeng tse di tsisibosang di ka dirisiwa. Tiro ya 1: Tekatlhaloganyo ya dipotso e e tlhatlhobang bokgoni jwa baithuti e tla bodiwa, ka maduo a a lekanang le 3 go fitlhelela 8. Go tla solofela dikarabo tse di tiileng go tswa baithuting. Tiro e, e tla tlhatlhoba gore a baithuti ba tlhaloganya tema le bokgoni jwa go e athola kgotsa go ntsha maikutlo a bona. Go latela ditaolo, mopeleto le thutapuo di tla lebiwa fa go tshwaiwa dikarabo tse.	Diura tse pedi	6 6 8 [20] 20

	Tiro ya 2: Go tla tlhokega gore baithuti ba arabe tema ka mokgwa o o farologaneng ka mafoko a a magareng ga 100-120 mo mophatong wa 8 le mafoko a le 120-150 mo mophatong wa 9, dikai, tshobokanyo, lekwalo, pegelo, puo, go tsweledisa kang, kagelelo godimo ya mogopolo kgotsa kakanyo go tswa mo temeng.		20 Palogotlhe : 60
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Pampiri	Mefuta ya dipotso	Nako	Maduo
Pampiri 2 Mokwalo o o tswelletseng	Pampiri e, e na le ditiro tse pedi mme go dirisiwe didirisiwa tse di tsibosang : Didirisiwa tse di akaretsa dikanego tse dikhutshwane, ditshwantsho, dipapiso,tema e khutshwane jalo-jalo. <u>KAROLO 1:</u> Ditlhogo tse thataro tsa ditlhamo, di tla neelwa baithuti go tlhophha e le nngwe go kwala mafoko a a magareng ga 200-250 mo Mophatong wa 8 le 250-300 mo Mophatong wa 9. Ditlhogo di akaretse ditlhogo tse di latelang kanelo,ngangisano,tlhaloso,maitlhommo,maipolelo. <u>KAROLO 2:</u> Ditlhogo tse nne di tla neelwa baithuti fa ba tshwanetse go tlhophha e le nngwe go kwala mafoko a a magareng ga 100-120 mo Mophatong wa 8 le a le 120-150 mo Mophatong wa 9. Ditlhogo tse di akaretsa: lekwalo (lwa botsalano le lwa semmuso),pegelo, puo, puisano kgotsa, buka ya ditiragalo tsa letsatsi le letsatsi. Dirisa didirisiwa tse di tsibosang jaaka ditshwantsho,le diphasalatso tse dikhutshwane.	Diura tse pedi	20 10 Palogotlhe : 30
Pampiri 4 Ditlhangwa tsa puo ya Seaferika	Pampiri e, e tla bodiwa ke morutabana fa sekolong. Dipotso di tla bodiwa mo dikarolong tse tharo poko, padi le terama. Maboko a le 8 a tla dirisiwa jaaka bontlha bongwe jwa lenaneothuto mme a tla tlhatlhabiwa jaaka a kwadilwe fa tlase. Go tla bodiwa dipotso di le pedi go tswa mo karolong nngwe le nngwe. Baithuti ba tla araba potso e le nngwe fela go tswa mo karolong nngwe le NNGWE. KAROLO 1: Dipotso tse pedi tsa Leboko. Moithuti o tla araba fela e le NNGWE. KAROLO 2: Dipotso tse pedi tsa Terameng. Moithuti a tla araba fela e le NNGWE. KAROLO 3: Dipotso tse pedi tsa Padi. Moithuti a tla araba fela e le NNGWE.	Ura le metsotso e le 30	10 10 10 Palogotlhe : 30 (E fetolelwe go 10)

11.7.2 Mephato ya 10:

Ditlhatlhobo tsa bofelo jwa ngwaga di na le di pampiri tsa ditlhatlhobo tse 3: Baithuti ba ka kwala pampiri ya 1, 2 le 4. Baithuti ba nakwana ba tla kwala pampiri ya 1, 2 le 4

Pampiri	Mefuta ya dipotso	Nako	Maduo
Pampiri ya 1 Puiso le mokwalo o o laoletsweng	Pampiri e e na le dikarolo tse pedi. Ditema tse di dirisiwang di tshwanetse go nna tsa kanelo, bibiliokerafe, ngangisano, le ditlhangwa/maboko. Mafoko a ditema tsoopedi a nne 1 250 (moithuti a ka oketsa kgotsa fokotsa ka mafoko a le 100) <u>KAROLO 1 :</u> Karolo e e na le ditiro tse tharo. Tlhophiwa tema e e tsisibosang. Maduo ga nkitla a fokodiwa ka ntlha ya mopeleto, thutapuo kgotsa matshwao a puiso. Tiro ya 1: Tiro e e tla nna le dipotso tse thataro tse di tlhophiwa, potso nngwe le nngwe e ne le dikarabo tse nne (dipotso di le 6). Tiro ya 2: Dikarabo tse dikhutshwane, tse di bulegileng, tse di siameng le tse di phoso kgotsa tse di tsamaelang mmogo, di ka bodiwa (dipotso 4-6) Tiro ya 3: Dipotso tsa go ikakanyetsa, di tla bodiwa mo tirong e, mme maduo a tla a farologanya go tswa fa go 1-3 (dipotso tse 3-4). <u>KAROLO 2:</u> Karolo e, e na le ditiro tse pedi, nngwe le nngwe e na le maduo a le 20. Ditema tse di farologanyeng tse di tsisibosang di ka dirisiwa. Tiro ya 1: Tekatthaloganyo e e tlhatlhobang bokgoni jwa baithuti e tla bodiwa, ka maduo a a lekanang le 3 go fitlhelela 8. Go tla solofela dikarabo tse di tiileng go tswa baithuting. Tiro e, e tla tlhatlhoba gore a baithuti ba tlhologanya tema le bokgoni jwa go e athola kgotsa go ntsha maikutlo a bona. Go latela ditaolo, mopeleto le thutapuo di tla lebiwa fa go tshwaiwa dikarabo tse.	Diura tse pedi	6 6 8 [20] 20

	Tiro ya 2: Go tla tlhokega gore baithuti ba arabe tema ka mokgwa o o farologaneng ka mafoko a a magareng ga 150-200, dikai, tshobokanyo, lekwalo, pegelo, puo, go tswaledisa kgang, kagelelo godimo ya mogopolo kgotsa kakanyo go tswa mo temeng.		20 Palogotlhe : 60 (E fetolelwe go 50)
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Pampiri	Mefuta ya dipotso	Nako	Maduo
Pampiri 2 Mokwalo o o tswelletseng	Pampiri e, e na le ditiro tse pedi mme go dirisiwe didirisiwa tse di tsibosang : Didirisiwa tse di akaretsa dikanego tse dikhutshwane, ditshwantsho, dipapiso, tema e khutshwane jalo-jalo. <u>KAROLO 1:</u> Ditlhogo tse thataro tsa ditlhamo, di tla neelwa baithuti go tlhopha e le nngwe go kwala mafoko a a magareng ga 300-350. Ditlhogo di akaretse ditlhogo tse di latelang kanelo, ngangisano, tlhaloso, maitlhamo, maipolelo. <u>KAROLO 2:</u> Ditlhogo tse nne di tla neelwa baithuti fa ba tshwanetse go tlhopha e le nngwe go kwala mafoko a a magareng ga 150-200. Ditlhogo tse di akaretsa: lekwalo (lwa botsalano le lwa semmuso), pegelo, puo, puisano kgotsa, buka ya ditiragalo tsa letsatsi le letsatsi. Dirisa didirisiwa tse di tsibosang jaaka ditshwantsho, le diphasalatso tse dikhutshwane.	Diura tse pedi	20 10 Palogotlhe : 30
Pampiri 4 Ditlhangwa tsa puo ya Seaferika	Pampiri e, e tla bodiwa ke morutabana fa sekolong. Maduo a a neelwang baithuti a tlaa romelwa kwa DNEA. Dipotso di tla bodiwa mo dikarolong tse tharo poko, padi le terama. Maboko a le 15 a tla dirisiwa jaaka bontlha bongwe jwa lenaneothuto mme a tla tlhatlhabiwa jaaka a kwadilwe fa tlase. Go tla bodiwa dipotso di le pedi go tswa mo karolong nngwe le nngwe. Baithuti ba tla araba potso e le nngwe fela go tswa mo karolong nngwe le nngwe. KAROLO 1: Dipotso tse pedi tsa Leboko. Moithuti o tla araba fela e le nngwe. KAROLO 2: Dipotso tse pedi tsa Terameng. Moithuti a tla araba fela e le nngwe. KAROLO 3: Dipotso tse pedi tsa Padi. Moithuti a tla araba fela e le nngwe.	Diura tse 2	20 20 20 Palogotlhe : 60 (Efetolelwe go 20)

Pampiri	Mefuta ya dipotso	Nako	Maduo
Pampiri 4 Ditlhangwa (Baithuti ba nakwana)		1 hour 30 minutes	20 20 Palogotlhe : 40 (E fetoletse go 20)

Thokomela: Go tswa ngwaga ya **2010 go ya 2012** mefuta ya dibuka ebong poko, terama le ditlhangwa di tlaa kwalwa ke baithuti ba sekole le ba thuto-ga-e-golelwe

Baithuti ba thuto-ga-e-golelwe ba tla kwala **mefuta ele mebedi** ya ditlhatlhobo tsa mafelo a ngwaga ya **2009** ebong tsa poko le ditlhangwa.

11.8 PAPETLANA YA BOKGONI:

Tlhatlho bo bokgoni	Pampiri 1	Pampiri 2	Pampiri 3	Pampiri 4	Tlhatlho o bokgoni	Pampiri 1	Pampiri 2	Pampiri 3	Pampiri 4
T le M1			✓		Go kwala 1	✓	✓		✓
T le M2			✓		Go kwala 2	✓	✓		✓
T le M3			✓		Go kwala 3	✓	✓		✓
T le M4			✓		Go kwala 4	✓	✓		✓
T le M5			✓		Go kwala 5	✓	✓		✓
T le M6			✓		Go kwala 6	✓	✓		✓
T le M7			✓		Go kwala 7	✓	✓		✓
T le M8			✓		Go kwala 8	✓	✓		✓
T le M9			✓		Go kwala 9	✓	✓	✓	✓
T le M10			✓		TP 1	✓	✓	✓	✓
T le M11			✓		TP 2	✓	✓	✓	✓
T le M12		✓	✓		TP 3	✓	✓	✓	✓
T le M13			✓		TP 4	✓	✓	✓	✓
T le M14			✓		TP 5	✓	✓	✓	✓
T le M15			✓		TP 6	✓	✓	✓	✓
T le M16			✓		TP 7	✓	✓	✓	✓
T le M17			✓		TP 8	✓	✓	✓	✓
P 1	✓	✓	✓		TP 9	✓	✓	✓	✓
P 2	✓	✓	✓		T 1				✓
P 3	✓	✓			T 2				✓
P 4	✓	✓			T 3				✓
P 5	✓	✓	✓		T 4				✓
P 6	✓	✓	✓		T 5				✓
P 7	✓	✓	✓		T 6				✓
P8	✓	✓	✓		T 7				✓

11. Selekanyetso sa mephato 8, 9 le 10:

Tlhaloso ya seemo e neelane ka go tlhaloganya seemo sa bokgoni ka kakaretso seo se bontshwang ke baithuti fa ba neelwa seemo. Tlhaloso ya seemo ga e lebe tiro mo dikarolong tse di rileng tsa tlhatlho. Seemo sa bofelo se ikaegile ka tiro yotlhe mo dikarolong tse dingwe le tlhaloso ya seemo e neelana ka tlhaloso e e siameng. Ditlhaelelo

Seemo sa bokgoni jwa baithuti mo motheong wa bokgoni mo lenaneothutong se tshwanetse go supwa ka selekanyetso sa ditlhaka A-G; A e le selekanyetso se se kwa sethoeng mme G e le selekanyetso se se kwa tlaselase. Baithuti ba ba amogetseng kwa tlase ga selekanyetso G jaaka 0-19% ga ba a kgona.

MAEMO	NYETSO Y	LOSO YA TEKANYETSO
	10 %	
A	80-100	O kgonne motheo wa bokgoni gotlhelele sentlesentle. Moithuti o matlhatlhaga mo mafelong otlhe a bokgoni
B	70-79	O kgonne motheo wa bokgoni sentle. Moithuti o fentse bontsi jwa mafelo a bokgoni thata
C	60-69	O kgonne motheo wa bokgoni sentle
D	50-59	O kgonne motheo wa bokgoni ,go a itumedisa
E	40-49	O kgonne motheo wa bokgoni ka palo e potlana go ka fitlhelela kgato ya bokgoni
F	30-39	O kgonne palo e potlana ya motheo wa bokgoni o a akanyediwa
G	20-29	O kgonne palo e e mmalwa ya motheo wa bokgoni,o kgonnenyana. Moithuti o tlhoka thuso e e rileng ya go rutwa
U	0 - 9	

12. Koketso ya tshedimosetso

Tshedimosetso ya koketso ka ga lenaneothuto e e sa tlhageleleng mo ditlhogong tse di fa godimo tsa lenaneothutong; di tla akaretswa fa. Se se tla akaretsa tlotlofoko e e dirisitsweng mo lenaneothutong, kgotsa dintlha dingwe tsa botlhokwa tseo di thusang gore lenaneothuto le tsene sentle mo tirisong. (Ga e a tshwanela go nna le tshedimosetso e e mo mosupatseleng wa morutabana).

Diphetogo tsotlhe di tlaa dirwa/go rulagangwa go ya ka tlhaeletsano le NIED.

ADDENDUM A - TLALELETSO A

MARKING GRID FOR LONGER PIECES (COMPOSITIONS)

SELEKANYETSO SA DITIHAMO TSE DI LEELE (DITIHAMO

DITENG LE NEPAGALO YA POPEGO	PUO: SETAELE LE NEPAGALO				
	1	2	3	4	5
	Polelo e bontsha bokgoni jwa popego ee tihokafalang. Tiriso ya puo, diane le popapolelo. Thelelo lesetaele sese tlohokegang. Tlhaloso ee nepagetseng ebile e tlhalogangesega sentle.	Polelo e e nang le popego e e siameng. Tiriso ya puo le diana Tshupo dingwe tsa setaele. Tlhaloso e e tlhaloganyesegang. Diphoso ga di dintsi	Popego le kopanyo ya puo e e botlhou mme popego edirisitswe sentle. Mo gongwe o tla a tlhaloganya mo gongwe ga a tlhaloganye. Diphoso tse dintsi tse de tsene letseng, de baka go sa tlhaloganye.	Tiriso ya diane le popapolela tse di fosagetseng, de ka tlisa gakantsho. Tlotlofoko e e lekanyeditsweng ga ya lebana. Diphoso ket se dintse tse di ka tlisang go sa tlhaloganyane.	Go nna le tiriso ya puo e e sa letlelesegang. Diphoso tse di ipoeletsang kgapetsakgapetsa.
1.Mogopolo, bokgoi jwa go bopa puo. Ka ntlha tsa botlhokwa tse di hang le kgogedi. Mogopolo wa kakanyo wa seemo se segolo. O bopilwe sentle le ditemana tse di gogelang.	9 - 10	8	7	6	5
	17 - 20	15 - 16	13 - 14	11 - 12	9 - 10
2.Dingwe tsa diteng tse di gogelang sentle di ha le bogkgoni. Popego le dintlha tse di tlhabologileng	8	7	6	5	4
	15 - 16	13 - 14	11 - 12	9 - 10	7 - 8
3. Diteng tse di balegang mme go sena bokgoni. Dintlha tse di sa kopaneng sentle le tshimololo/matseno le bokhutlo jo bo sa tlhalogahyegeng sentle	7	6	5	4	3
	13 - 14	11 - 12	9 - 10	7 - 8	5 - 6
4.Diteng tse di lekanyeditsweng go sa kgone go ikakanyetsa dintlha le fa gongwe dintlhakgolo di tlhaloganyesega dikao dingwe di dirisitswe ka mokgwa o o sa tshwanelang	6	5	4	3	2
	11 - 12	9 - 10	7 - 8	5 - 6	3 - 4
5.Kitso e nnyenyane ya go tlhaloganya tlhamo. Popego e e bokoa e e gogelang mo go sa tlhaloganyesegeng le poeletso ya mafoko a a botlhou.	5	4	3	2	1
	9 - 10	7 - 8	5 - 6	3 - 4	1 - 2

Sekao: DS. = 4 kgotsa 8
P.S =10 kgotsa 20

ADDENDUM B - TLALELETSO B
MARKING GRID FOR SHORTER WRITING PIECES/TASKS - SELEKANYETSO SA TLHAMO TSE DIKHUTSHWANE.

	TSIBOGO YA BAREETSI, SETAELE				
	1	2	3	4	5
Puo e e nepagetseng. Diteng le popego ya ponagolo	Tshimololo/matseno a go dirisa mogopolo mo puong le setaele. Kutlo e e tlhapileng go bareetsi. Diphoso tse dinnye	Tlhopho e e lebaneng ya puo ya tiro, dingwe tsa tsibogo ya bareetsi le setaele. Diphoso tse di sa tsenelelang	Puo e e sareng sepe mme e kgotsofatsa, Tsibogo e nnye ya bareetsi dephoso tse di tseneletseng tse di kgoreletsang go tthaloganya.	Puo e e botlhou e e sa du letiro le go bareetsi. Tiriso e e sa siamang ya diane le popapolelo e e tla tlisang go sa tthaloganye.	Puo ke e siong. Mo tirong. le fa go na le go tthala ganya diphoso tse di tsweletseng, di kgonegisa mobadi go fokotsa maduo go kgona go ntsha tthaloso.
1. Tiro e e utlwalang, e kgonagetse e siane ka ntlha tsotlhe. Tlhopho ya diteng kalo e e lebaneng ee kgohegisang puisano go tsamaya ka thelelo	9 - 10 ----- 17 - 20	8 ----- 15 - 16	7 ----- 13 - 14	6 ----- 11 - 12	5 ----- 9 - 10
2. Tiro e e fitlhelletsweng mo se kalong. Tlhopho ya diteng tse di lebaneng (mme di sa latelane mo go gogelang). Tse dingwe di kgona go thuse go tthaloganyesega ga kalo	8 ----- 15 - 16	7 ----- 14 - 13	6 ----- 11 - 12	5 ----- 9 - 10	4 ----- 7 - 8
3. Tthaloganyo ya tiro e bontshiwang. Tiriso ya diteng dingwe e le ee botlhou mme e lebane bosupi jo bo botlhou jo bo lebaneng kalo.	7 ----- 13 - 14	6 ----- 11 - 12	5 ----- 9 - 10	4 ----- 7 - 8	3 ----- 5 - 6
4. Tiro e e sa kgotsofatseng e sa fitlhelwa, dingwe tsa diteng tse di sa fetlhelwang. Kalo e e tthama letseng fela le go buisana fela fa go patelesega.	6 ----- 11 - 12	5 ----- 9 - 10	4 ----- 7 - 8	3 ----- 5 - 6	2 ----- 3 - 4
5. Botlhou jwa tiro jo bo sa nonofang le diteng tse di botlhou Tsibogo ya puisano e e tthokegang.	5 ----- 9 - 10	4 ----- 7 - 8	3 ----- 5 - 6	2 ----- 3 - 4	1 ----- 1 - 2

Sekao: D.S = 4 kgotsa 8

P.S =10 kgotsa 20

TLHATLHOBO E E TSWELELANG: DIPUO TSA SE-AFERIKA

MOPHATO 8 & 9

NGWAGA:

SERUTWA: CLASS GROUP:

MORUTABANA:

MAINA	DITLHA	Theetso/Motlotlo o			Ditlhangwa			Puiso le mokwalo o laoletsweng				Mokwalo o o tsweleng				PALOGOTLHE YA SETLHA SA	PALOGOTLHE YA SETLHA SA 2 (T1 + T2 + T3)	MADUO OTLHE A MOKWALO OO TSWELETSENG (300 ÷ 3)
		Motlotlo o o ipaakanyedi tseng	Motlotlo o o ipaakanyeditseng	Maduo a setlha	Ditlhogo tsa kakaretso	Ditema tse di bongweng le tse di sa bonwang	Maduo a setlha	Leboko padi terama	Maduo a setlha	Tlhamo 1	Maduo a setlha	Tlhamo	Dikwalo 1	Dikwalo 2	Maduo a setlha (60 ÷ 2)			
		10	10	20	20	20	20	10	10	10	30	40	10	10	30	100	300	100
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	
	1																	
	2																	
	3																	

TLHATLHOBO E E TSWELELANG (PUO YA NTLHA): DIPUO TSA SE-AFERIKA

MOPHATO 10

SERUTWA:

SEEMA:

NGWAGA:

MORUTABANA:

MAINA	Theetso motlotlo			Ditlhangwa			Puiso le mokwalo o o laoletseng			Mokwalo o o tswelelang setlha 1		Theetso 1e motlotlo				Ditlhangwa			Puiso le mokwalo o o laoletseng				Mokwalo o o tswelletseng setlha 2			Palogothhe ya tlathhobo e e tswelelang		
	Motlotlo o o ipaakanyeditse	Motlotlo o o sa ipaakanyediwang	Maduo a setlha	Leboko, Padi, Terama 1	Leboko, Padi terama 2	Maduo a setlha	Ditlhogo tsa kakaretso	Ditima tse di bonweng le tse di sa	Maduo a setlha	Tlhamo 1 + 2	Dikwalo	Maduo a setlha	Maduo a setlha	Motlotlo o o ipaakanyeditse	Motlotlo o o sa ipaakanyediwang	Maduo a setlha	Leboko, Padi, Terama	Leboko, Padi, Terama	Maduo a setlha	Ditlhogo tsa kakaretso	Ditima tse di bonweng le tse di sa	Maduo a setlha	Tlhamo 1 + 2	Dikwalo	Maduo a setlha	Palogothhe ya setlha sa 2	Palogothhe ya dintlha	Palogothhe ya ngwaga
	10	10	20	30	10	20	20	30	50	20	10	30	100	10	10	20	10	10	20	20	30	30	20	10	30	100	200	100
	1																											
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