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RUMANYO FIRST LANGUAGE SYLLABUS

GRADES 8 AND 9

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Muyaro wamaukalimo

1	Litwaromo	2
2	Konda	2
3	Vitambo	2
4	Makushongopakerero	3
5	Likukwatakano navishongwapeke navininke vyamundjenditoshongotavakano	3
6	Ndjenditito yakushongita nakukushonga	6
7	Vitompowa vyakumaghandero ghamambo	7
8	Likamo lyaukalimoshongwa	10
9	Ukalimoshongwa	10
9.1	Litwaromo lyaukalimoshongwa	10
9.2	Vitambo-tambo navitambo vyene-vyene	11
9.2.1	Kutegherera nakughamba	11
9.2.2	Kuvarura nakutjanga	15
9.2.3	Ntjongaraka naushwinkango	21
10	Mulyowaneko	23
10.1	Mulyowanekoyenderero	23
10.2	Mulyowanekowapaiko namulyowanekokamo	23
10.3	Ndjenditito dapaveta nadakapishi- paveta	23
10.4	Likengururo	24
10.5	Ntambotundwamoshingonono dakutwara mundjenditito	24
10.6	Litontonono-ntambotundwamo	24
10.7	Kurughana nakudilika mulyowaneko	25
10.8	Vitambo vyaMulyowaneko	26
10.9	Mulyowanekoyenderero: lishingonono mwamunene	28
10.10	Makonakono ghakumaghandero ghamwaka: Mbyukitotamununo	29
10.11	Vitwarundurulito.....	24
10.12	Shineghedonkedikonakono	30
Shiwederera 1: Muyaro wankango		31
Shiwederera 2: Ndjenditito dalivarurokwatoghano		33
Shiwederera 3: Shipepadidilikiromulyowaneko		34
Shiwederera 4: Shipepadidilikiromulyowaneko		35
Shiwederera 5: Shipepadidilikiromulyowaneko		36

1 Litwaromo

Ndjenditoshongo yino kuna kutontonona ntjongwaghayarero namulyowaneko waRumanyo Liraka lyaKutanga pantambo mudima yaSekonderedidi. Mukukaranga ashi shishongwa, Liraka lyaKutanga kwa kara muruha rwaUyiviraka kumwe nka namuLikushongondanda mundjenditoshongo, ntani kwa kara nka namakukwatakano kumwe naviparatjangwa vyavishongwa mwayendo-ndjenditoshongo.

2 Konda

Kukushonga nakukulita liraka lyavo lyakutanga kwa kara mulyo ngudu mukukulita lipirontjinyaghoma, untu wavo, nashidimburulito shavo osho shakukarero paumwasho tupu munkarapamwe. Mukondashi mpo namparukito yapashakare kuyenda kumwe naliraka vashongwa ngava kulita likwatoghano lyampo yaliraka lyavo lyamvharerwa, nakuvirughanita mukushetakanita kumaraka nampo dapeke. Vavo ngava kulita rupandu rwamulyo wankedi dakukushuva-shuva yakukengita mauyivikare namakutundakano, vavo kuno nka kuna kulita rupandu shidimburulito navinamulyo vyaumwavo.

Shiyivito shashinene ngudu shakukushongera liraka lyakutanga kuna kara ngambodami. Ngambodami kunegheda uyivikare wavantu vampo dakukushuva-shuva navitimwitira vyakare, mpo ngoli ashi kukushonga ngambodami kurenkita vashongwa va wane ukonentu wamuudjuni nauwa oghe kwa yititanga po kuvarura, kumwe nka nakuvavatera mukukwata lighano ashi weni lya rughananga liraka, ntani nka ashi ndi weni mwa kulirughanita muvitambo peke vyakukushuva-shuva.

3 Vitambo

Vitambo vyakushongera Rumanyo Liraka lyaKutanga ne kuna kara:

- mukupameka ukarodjuni nakukutambura mavokomaviri mulyo waliraka kumwe nangambodami yalyo;
- mukupameka vitomporwa vyandughanito yaliraka, mukurenkita vashongwa va kare nauyivi wakugwanena mukukaparuka nawa muudjuni shinenepo pakukatunda mushure;
- mukupameka vyalighungo muukaro walitotopo pakututungananga naliraka naukudeura vashongwa va ghambange nawa muuhunga kovyo vana kumona, kuyiva, kughayara nakuyuvha;
- mukupameka lighayarotendo nakurenkanga vashongwa va konakonange ashi ndi weni omo va rughanitanga liraka mumaukaro namuvitambo vyangandi;
- mukupameka likuyivo lyavashongwa paumwavo kumwe nalikwatoghano lyamaukaro, vinamulyo namapuliro ghavaunyavo mumuhoko wamaraka ghamangi nampo dadingi;
- Mukuwederera kumaruhapeke mumakushongo pakukulita maghayaro, lighupopomaudito namanongontjo ghakukarughanita muvishongwa peke.

4 Makushongopakerero

Makushongopakerero ne ngo unankondo wakehe mushongwa wakupameka mpito, nalikuhamitiro mumakukwamo ghakukushuva-shuva ghamakushongo navirughana ovyo va tapanga mundjenditito yamakushongo ghashure-shure. Lyalyo kwa demenena parupe rwakukwatita ko nakupembura likushuvo olyo lya karo mukatji kavashongwa nakughupa po mbinde nadintje damumakushongo. Vashongwa vavagcoro kwa kara navihepwa vyavo ovyo vya hepo lipakerombiri lyapaumwene, marunone ndi mulyowaneko. Vamwe ngava kara namaurema oghe gha diro kusheshupita likulito-makushongo ghapandunge naghapalikuyuvho, shihonena yira vitwiku, vipurupuru navavirema vakuremana parutu. Mushongi waRumanyo Liraka lyaKutanga paNtambo mudima yaSekonderedidi ana kona kehe pa kukambadara mukuhamitira mo vashongwa vavarema mumakushongo pakuwapukurura ndjendititoshongo yino kutwara muvihepwa vyavashongwa vano kupitira muntjongitito dakukushuva-shuva navishongitito yira momo va vi tontonona mu*National Curriculum Framework for Inclusive Education: A Supplement to the National Curriculum for Basic Education (2014)*. Liwapukururo lyamulyowaneko wakurughanita kuvashongwa vavirema kwa hepa ntani kughurughana kukwama momo va vi tjanga mu*Handbook for Centres (2012-2016)*, kutundilira ku*Directorate of National Examinations and Assessments (DNEA)*. Vininke ovyo va tjanga mumbapira yino kapi tupu vya hamena kumakonakono ghapandje nani ngoli nakuvashongwa vakutundilira Ntambongunge 1 dogoro 12.

Vashongwa ovo va karo naurema waunene ngudu wakuvarenkita va ka dire kukushongera mushure-shure ngava vateranga mumakushongo ghavo kutwara muvihepwa, pamavango peke namarunone peke dogoro ngaru ka tike mo ruvede rwavo rwakukangena mushure-shure, ntjene hepero.

Maukalimo ghamundjendititoshongo yaLiraka lyaKutanga kurenkita marudivharwa naghantje ghakuhamitire mo pashetakano, nakutapa mpito yamakukwetjo ghakuhamena ashi weni om ova vi monanga varudivharwa, mvhongwa ko nomo va monanga vakafumu navakamali mulyo wavininke, navinamulyo, ovyo ngavi ka yitito po livangaro kuufukighayaro, ashi weni omo va turanga po masheshupiko likushetakano parudivharwa, nakupameka mpito yakushetakana pamarudivharwa namumparukito mudima. Vashongi kuvhura kurughanita vidanatemununita mukunegheda ufukighayaro waparudivharwa, nakushonga vashongwa mukuhangura vivarurwa nakudimburura nange vyavyo kapi vya kara navipempaghayarero wapashinarudivharwa.

5 Makukwatakano navishongwapeke kumwe navininke peke vyamundjenditoshongotavakano

Viparatjangwa vyandjenditoshongotavakano, ne kwa kara likushongomukunda, HIV na AIDS, likushongomuhoko, makushongo ghakuhanamena kuuntu wamuntu naudemokoli, unongontjitwe wamapukururo namakugwanekero. Viparatjangwa vino kwa vi tura mungdjenditoshongo yapaveta va vi rughanange mukehe shishongwa napantambo nadintje, morwashi kehe shininke kushana kukoshonona matjilito namaudito ghangandi munkarapamwe mumuhoko wetu waNamibia. Vashongwa vetu navantje vana hepa ngoli:

- kukwata lighano ukaro wamatjilito namaudito;
- kuyiva ashi weni omu vya guma nkarapamwe detu namulyo wamaparu ghavantu vetu pantaani nakuuto;
- kukwata lighano ashi weni ghano matjilito namaudito omo tu vhura kughakoshonona pantambo yashirongo nayaudjuni;
- kukwata lighano ashi weni vakuhamitira mo mukukoshonona po ghano matjilito namaudito mushure davo namunkarapamwe.

Matjilito namaudito ghamanene po oghe va nongonona ne ngoghano:

- maudito namatjilito oghe ghana tu tambo ntjene kapi tuna kupakera mbiri ndjenditito yamarunone ghetu gphantjewe.
- maudito namatjilito ya yitanga po HIV/AIDS;
- maudito namatjilito kuukanguki oghe ya yitanga po nyata, lipiro-uhaya nahando.
- maudito namatjilito kuudemokoli nampora yakukarerera po lya yititanga po lipiro-makushetakano naupangeli wakuncenuna unankondo navitumbukirwa;
- maudito namatjilito oghe ghana tu tambo ntjene kapi tuna kukwama veta dandjenditito yayiwa yandjira;
- maudito namatjilito oghe ghana tu tambo mukonda yalikupakerero lyaudjuni.

Mundjenditoshongo yino viparatjangwa kwa hepa kuvirughana yira momo vana vi shingonona pano. Viturwapo vino vina kukwamo ko vina karo mudimupova odo kuntji kapishi vyamutinini nani ngoli kwa vi tulira po mukuvatera vashongi mukupakerera kumwe kushonga viparatjangwa vyandjenditoshongotavakano mumashongo ghavo ghakehe liyuva. Vashongi kuvhura kurughanita viviyauka vyaumwavo ndi kuwapaika mbyo vino viyauka vana va tuliri papenapepa odo dina kukwamo ko, kutwara pantambo nalinyanyu ghavashongwa vavo.

SHININKE SHAMUNDJENDITO- SHONGOTAVAKANO	SHIPARATJNGWA	VIVIYAUKA VYAKEHE MANONGONTJO			
		KUTEGHERERA	KUGHAMBA	KUVARURA	KUTJANGA
HIV na AIDS	• Kuparuka munaruwa na HIV/AIDS • Likandano po lyamukaghu • Unankondo wavo va yi kaghuro kare navo vya kundama	• Kutegherera kushitjangwa nakulimburura mapuro ghaushiri/kapishi-ushiri • Kutegherera kumapukururo ghakutundilira ku DVD/shitimwitira shakuhama vantu ovo va kaghuro kare HIV nakupompeka ntando dakukurungarunga	• Kukupuraghera, shi. yi. namurughani waukanguki wamunkarapamwe kwavyakuhamena HIV na AIDS, kupongaika mapukururo • Likukanano – viwa kuyiva ukaro woye wa HIV ndi?	• Kupenaghura shitjangwa mukuwaneka nkedipopero ya HIV/AIDS • Lirundururo-mapukururo: karata yalivaro muhoko - ure waliparu mumaruhavirongo vyakukushuva-shuva vyamuNamibia	• Kudidilika mapukururo oghe wa pongaikika muruvade rwa viviyauka vyapangambo pamuyaro • Kutenda makarata opo va tjanga mbudi dalikandano • Kutegherera nakulimburura mapuro ghakuhamena kushighamba shamuradiyo nakutjanga ntjangwatimwitira yaushiri
Likushongo-mukunda	• Panke wa yimana mumukunda wetu? • Paraka namapwiyumuko • Likungo • Liyuva lyakutapaika Vitondo	• Kutegherera kushitjangwa nakuwapukurura mapukururo pandinga davipepa	• Kupuraghera muyivi ndi mukungiwiya • Kuwapaika shighamba, shitimwitira ndi nkani shi.yi. weni mukupungura mema, rutjeno, ndi weni mukukandana po linyateko	• Shitjangwa-varuro: shi. yi. kutapeka vitondo paliharango lyashure • Kushetakanita nkango navitantwa vyauhunga vyakutundilira kushitjangwa kuno pakuvurura	• Ntjangwatimwa yarupandu kwamuyenditoropa wenu oghe a haminino mulitapaiko-vitondo pashure yenu muliyuva lyakutapaika vitondo
Likushongo-muhoko	• Dimuhoko nambunga damuNamibia • Vitimwitira vyakuhoverera vyaNamibia	• Kutegherera kushitjangwa shakuhama kumparukito nakukoreka lilimbururo lyauhunga	• Kukukwetja ko: kwavyakuhamena kuvitimwitira vyakuhoverera vyamuNamibia, shi. yi. vantu ovo va yito po	• Kurundurulira pamuyaro mapukururo ghalikonakono lyadimuhoko daNamibia • Kuvarura karata/likarata	• Litendo-likarata: marudi ghakukushuva-shuva omo wa yimana muhoko waNamibia

	• Mparukiro yamushirongo shetu/mudimukunda detu dakumambo	• Kutegherera kumapukururo ghakuhamena kulikuromuhoko naure waliparu lyamuNamibia nakulimburura mapuro	makutjindo muvitimwitira vyakare vyaNamibia • Likukanano: kulivhura atwe weno lino likuromuhoko ndi?	lyakuhamena kuure waliparu muNamibia (kenga mumbapira daSocial studies)	• kurundurulira mapukururo gha tunde pakarata gha yende padimuyaro
Untu wamuntu naudemokoli	• Kupameka mpo yaukaro wampora • Kukwata lighano mpo namakushuvo • Unankondo navitumbukirwa • Liyuva lyaMwanuke wamuAfrika	• Kutegherera kushitjangwa shakuhamena kuunankondo navitumbukirwa nakumanita virughana vyakukushuva-shuva (shi yi. Ushiri/Kapishi-Ushiri, Kugwanikilita, Viviyauka vyamalimburo ghamafupi navimwe weyo)	• Kughamba kwavyakuhamena kumpo dakukushuva-shuva (liraka, mudwato, ndya, navimwe weyo) • Kughamba kwavyakuhamena kuunankondo navitumbukirwa (likarata, lidiveta) • Kukuyonga ko kwavyakuhamena Kuveta yaMakushongo (Education Act), 2001, ruha ix – Liyimboshure yamutininiko	• Kupenaghura vitjangwa vyakukushuva-shuva nakudimburura mo vihonena vyanyanya mwakehe shino • Kuvarura vivarurwa ovyo vina kutapo kuvanuke lighano djuni kwavyakuhamena vidimburulito vyaumwavo nakumanita virughana vyakukushuva-shuva (shi.yi.: Ushiri/Kapishi-ushiri, Kushetakanita, Malimburo ghaviviyauka vyavifupi navyavire, navimwe weyo)	• Kutjanga paufupi ashi weni mwakukara mutulitipompora • Kutjanga ntjangwatumwa yakuhamena lidjobwano lyashipito shaLimanguruko pashure yenu • Kutjanga vyakuhamena kwanaumwoye • Kutjanga kwavyakuhamena kulifumadeko vantu peke (nampo/mapuliro)
Lipopero lyandjira	• Matovororo ghashinatumbukirwa (marovhu, vikwapangwe, mutondo) • Kukara mushingi wadjuni • Viyititopo mahudi ghamundjira • Mapukururo ghakuhamena kulipopero lyandjira	• Kutegherera kumatjingito/vitjangwa vyakuhamena kumapukururo ghalipoperondjira nakulimburura mapuro • Kutegherera kuvitjangwa vyakuhamena kuvantu, vihauto namaukaro ghamundjira ashi vimwe vyakuyitita po mahudi • Kutegherera kuvitundwamo vyakuhamena kumauyendero nakukukwetja ko	• Kughamba kwavyakuhamena kuudona wamarovhu, vikwapangwe namutondo kuuvhu wamurwana mukurughanita ndjira momo vya wapera • Kukukwetja ko kwavyakuhamena kuvidjonauliti yira funguma yakuyendaghura nayo kuno kuna kushinga • Mukukara ashi muvayendaghuli mundjira parupadi pambashikora, vanalefa mushihauto kukiukwetja ko kwavyakuhamena kuvavateli-poperondjira	• Kuvarura vitjangwa ovyo vina karo namaumbangi ghakuhamena mahudi oghe lyayititanga po lipuko lyavantu • Kuvarura vivarurwa vyakuhamena kunkedi namaukaro ghamushingi-djuni kumwe nka namurughaniti-ndjira	• Kutjanga ntjangwatumwa yi yende kwamukurona wasaitunga kwavyakuhamena maudio ghamundjira mumukunda wenu • Kukenga-kenga pahintenet, mukushana mapukururo ghakuhamena kuvininke ovyo vya yititango po kehe pano mahudi ghamundjira nakutjanga ko shitjangwa shakuhamena kulipopero lyamundjira mumukunda wenu. • Kutjanga shidana mumbunga nakushidanena vashongwa vaunyenu ashi ruha rumwe rwakuhana vyalipopero lyandjira

6. Ndjenditito yakushongita nakukushonga

6.1 Makushongo ghakudemenena pamushongwa (LCE)

Ndjenditito yakushongita nakukushonga kwapaghamena palighano lyamakushongo ghakudemenena pamushongwa yira momo va yi tontonona mumbapira yandaka daministiri nangano yakukwama LCE. Ndjenditito yino kutikita mo mulyo wene-wene wamakushongo ntjene kuyitura nawa mushirughana yi djire mo.

Shitambo sha LCE kuna kara mukukulita likushongo nalikwatoghano, kumwe nakutapa ukonentu, manongontjo namaukaro mukukambeka ko kuvoko kulikulitomuho. Mbarekero yakushonga nakukushonga kuna kara ashi mushongwa kuya kushure namaungavo ghe ghaukonentu nauyivikare wamumparukito oghe a wana mwayendo-mwaka kuvanaliro nakunkarapamwe, ntani mumakugwanekero navamumumukunda we. Kukushonga mushure kwa hepa ngoli kuhamitira mo, kutunga, kuwederera nakuranya ukonentu wakare nauyivikare wamushongwa.

Vashongwa kukushonga nawa ntjene ava hamene mo mumakushongo nakukutura mo kupitira mumakuturo mo ngudu-ngudu, likambekoko kuvoko kumwe namatompoto. Paruvde ndoro, kehe mushongwa parwendi oghe a karo navihepa vye, rukushongito, mauyivikare nauvhuli. Mushongi ana hepa kudimburura vihepa vyavashongwa, namakushongo oghe ngagha ka shoroko kuuto, ntani nka ashi weni mukurora mauyivikare ghakukushonga momo vya wapa. Ndjenditito dakushongita dina hepa kukara dakukushuva-shuva ngoli naunongi kukwama mulikukwamo lyavishongwa.

6.2 Ndjenditoshongo yamuRumanyo Liraka lyaKutanga

Pakushonga Rumanyo Liraka lyaKutanga, mushongi ana hepa kutura vashongwa va hafere kuvarura nakutjanga pakurughanita vishongitito-djuni, vi kwatakane kumaparu ghavashongwa, kutura po ukaro munkondashongera omo va rughana vashongwa mapuko hana ntjinyaghoma, nakurenka vashongwa va kunungaure-nungaure navaunyavo rambanga ko navitjangwa. Mukukara ashi muyiviraka, vashongi vana hepa kumonekita ndughanito djuni yaRumanyo pakughamba napakutjanga. Vana hepa nka kungegheda nakuvyukilira kushonga ndjendititokwatoghano, kushonga likwatoghano lyandiko yavitjangwa, kumwe nakudemenena palikulito-ushwinkango.

Manongontjo ghaliraka kwa hepa ntani kughashonga pankendi yalipakerero. Shihonena yira, kuwapukururura kuvarura nalikwatoghano kapi vya kara ashi kuvarura tupu, nani ngoli nakutjanga, kughamba, kutegherera, kughayara mwamunene, ukonentu waliraka kumwe naushwinkango, nakuyiva nka ashi weni omo una kukushonga. Veta dantjongaraka naushwinkango waupe kwa hepa tanko kuvitwara mo murupe momo vya wapa, ntani kuvyukilira kushonga, ntani ngoli vana kukawana vashongwa ruvede rwakukakwatanita ukonentu wavo pakurughanita veta ndi ushwinkango waupe murupe peke.

Ngambodami kwa kara nro ndo ruha rwamulyo ngudu rwaRumanyo Liraka lyaKutanga, mbyo ngoli a hepera mushongi kupameka lihafero lyamaruha nagahantje, nalikwatoghano lyandughanitoraka yavatjangi mukutulita po ukaro djuni. Nkondashongero yina hepa ntani kukara yina yura ukaro kumwe naushwi wangambodami yira makarata opo da kara dimutango namapukururo ghakuhamena kuvatjangi ovo va yivikwo navatjangimutango kumwe nka nakuyaneka mo wavitjangaghuraghungo vyavashongwa vavene. Mushongi ana hepa kurughanita ndjenditito dakukushuva-shuva mukuranya lihafero ngambodami muvashongwa, shi. yi. kuvarenka va temunune shishorokwa shamushidanauka ndi va yoghomoke kuvarura mutango, ndi kurekera muviyauki wamuNamibia a ye kushure a ya ghambe mutango ndi a ya danene po vanankondashongero damaraka.

Mushongi ana hepa nka kudemenena palikulitomanongontjo ghakuteda-kughayara, shi.yi. livaruro-djuni, kutjanga mukukushonga, makukwetjo, likuwapaikiro likukanano, kukengurura nawa mutjangi, makutundakano ghalipuro-nalilimburo, kudameka kughayara nakushonga unyoye-naye-a kushonge. Manongontjo ghano mulyo ngudu kuviviyauka mudima vyaliraka. Vashongwa vana hepa kukara vaghayali vakukwata nakurughanita nkango, mposhi vashongi kapishi va purange tupu mapuro ghakukonakona unkonentu, nani ngoli vana hepa nka kupura mapuro oghe gha hepo litedo-ghayaro pakukaghalimbura, oghe gha korangedo vashongwa mukupakerera kumwe kunongonona, nakukengurura nawa-nawa ovyo vana kuvarura nakukushonga, nakuvapa ruvede mukuwaneka mulyo paumwavo nakuteda ovyo vana kushongo.

Mushongi ana hepa kutokora, kutwara muvitambo vyavishongwa navitompowa oyo va vhura kutikita mo, ashi ruvedeke rwakuvyukilira kushonga ukalimo, ntani ruvedeke rwa wapro kurenka vashongwa va nongonone ndi kuwana mapukururo paumwavo, ruvedeke va hepa lishongovyukilira, ntani ruvedeke va hepa makushongonkondopito ndi makushongotungiko, ruvedeke pa kara liyendokuuto lyangandi lyakuhama kumanongontjo ndi kumapukururo oghe ghana hepo kukaghatwikira, ndi ruvedeke rwakuvhura kushuvilira vashongwa mukukawana ndjira yaumwavo kupitira mushiparatjangwa ndi ruha rwaukalimo.

Kurughana mumbunga, vaviri-vaviri, mushongwa pamundinda we, ndi vashongwa navantje kumwe kwa hepa kuviwapayika mukukuwa kumwe nashirughana osho vana kukarughana. Kukushonga mulirughanenokumwe nakukushonga kumwe kwa hepa kehe pano kuvikorangeda. Muukaro waweyo, virughana kwa hepa kuvitulita po, ovyo vi ka pumbwo kuvirughana vavaviri-vaviri ndi mumbunga mukuvimana, ntjane kapishi weyo, varongwa ndi kapi ngava kenganga nka mulyo wakurughana virughana kumwe. Momo vya yivikwa ashi vashongwa vapantambo yino va kulita kare manongontjo ghaumwavo, ghamumparukito naghamakugwanekero, vavo kwa hepa kehe pano kuvapanga vitumbukirwa vyalivapayiko nalikonakono-rughana lyavo, ngoli mulikeverero lyamushongi.

7 Vitompowa vyakumaghandero ghamambo mudima

Mukutjangurura vitompowa ovyo a vhura kuconda mushongwa pakuyangena muPirimere yaKuyeruka, vitompowa vyakumaghandero ghamambo ovyo ovyo vya karo mundjendititoshongo yaPirimere yapaMuvhu kwa hepa ntani kuyikengurura po nawa.

Pantambo mudima yaSekondere yayapaMuvhu, vashongwa ngava vhura kupameka nakutamununa manongontjo oghe va kushonga muPirimere yakuYeruka, kuno vavo pakuwana nka manongontjo ghamape naukonentu ashi weni omo lya rughananga liraka. Mundjendititoshongo yaSekondere yayapaMuvhu, mulyo ngudu kuvashongi mukurughana va kulite liyendokuuto lyavashongwa kutwara muvitompowa vyavo. Muntambondunge dakukakwama ko vashongwa kuna kukavataterera mukukakulita vitompowa vi yende pantambo yaudito ngudu-ngudu.

Vashongwa vavagcoro kuvhura va dire kuvhura kutikita mo nawa-nawa vitompowa navintje momo vya wapro, mpo ngoli ashi vavo kwa hepa mbatero mulikushongo kupitira muntjongitio djuni, vishongitio djuni kumwe nka nakuvaunyavo. Vashongwa vamwe nka vavasheshu navo kwa kara nampumbwe dadingi mumakushongo ovyo vya twalidirango dogoro va ka hepe unene lipakerombiri, marunone namulyowaneko. Vamwe kwa kara namaurema ghakukushuva-shuva oghe gha renko ashi kapi gha djonaghura ndunge davo mukutwara makushongo ghavo kuuto, shihonena yira vatwiku, vavipurupuru navakudira kuyenda namaurema peke.

Pakumana Ntambo yaSekondere yapaMuvhu, vashongwa kukavataterera mukukaconda vitompowa vyamuliraka ovyo vina kukwamo ko weno vina karero kuntji.

Kumbinga yakutegherera, kukenga nakughamba, vashongwa ngava:

- tegherera nawa nakukenga marudi ghakukushuva-shuva ghavitjangwa vyapangambo, mvhongwa ko navitjangwa vyapapangi, nakunegheda maukaro djuni pakutegherera napakukenga. Vavo kurughanita manongontjo nadjenditito dakukushuva-shuva mukuwaneka vitantwa vyakutundilira kuvitjangwa vyapangambo nakulimburura nawa mapuro mukunegheda likwatoghano narupandu.
- gwanekera nawa-nwa hana ntjinyaghoma, kurupwita maghano, vighayadara namakuyuvho, nakutwara shitapa shadjunni shakukuyenda nawa shakutjwema. Vavo kurughanita manongontjo nandjenditito dakukushuva-shuva dakughamba nadakutapita shitapa kutwenya nkango mushivuya ntani shighamba shavo kunegheda uyiviraka djuni wapangambo.
- tovorora po nakupompeka mapukururo, maghano naumbangipameko kumwe nakutapa shighamba shakutjwema ntani nakukuwa nawa. Vavo kurughanita manongontjo kumwe nandjenditito dakughamba nakutapa vyakukuwa nashitambo ntani navatambitiri.
- kuhamitira mo nawa-nawa mumakukwetjo ghakukushuva-shuva kumwe navaunyavo ghakuhamena kuviparatjangwa vyakutwara mumwaka davo kunegheda manongontjo nandjenditito dalikuturomo mwavyambunga nakukeyevera ovyo vya wapero mumpongantano nankedi djuni yamulikugwanekero.

Kumbinga yakuvarura nakutjanga, vashongwa ngava:

- dameka kuvarura nakuvarura shiporepore shitjangwa shaudito ngudu-ngudu nanongo, litjwemo, ntani nalikwatoghano;
- kuhaka nakukonakona mwamunene vitjangwa vyapashinangambodami navya-kapishi-pashinangambodami vyamulyo wakuyeruka nakunegheda likwatoghano lyavitjangwa, ndiko naviyivito vyavitjangwa kumwe nka naunkurungu wamutjangi;
- tota po vitjangwa djuni vyakukuwa navitambo vyalighungo, vyaumwavo, muvirughana ntani navyamakushongo, omo lya kara likulito, lipompeko, ngambito naukaro wakuwpera shirughana, shitambo ntani navatambitiri. Vitjanga vyavo ngavi negheda licondo djuni lyaveta nalishantjo lyaliraka lyakuyeruka.

Vyakuhamena kuntjongaraka naushwinkango vashongwa ngava:

- rughanita veta dantjongaraka yaliraka muuhunga pakutjanga ndi pakughamba;
- rughanita nkango dantjongaraka dauhunga mukughamba kuliraka oloyo va shonganga pantambo yino;
- rughanita muuhunga ntani naureru-reru vishewe nangambafano dakuksuhuva-shuva;
- rughanita nanongo ntani naureru nkango-nkango, nadamumakushongo nado da wapero tupu kuruha rwangandi namaukahentanto ghakukushuva-shuva mukuvarura, kutjanga, kughamba nakutegherera pantambo yankurusekondere;
- shantja nakutwenya muuhunga nkango-nkango, nadamumakushongo nado da wapero tupu kuruha rwangandi dakukushuva-shuva.

8 Likamo lyaukalimoshongwa

Kutegherera nakughamba

Shitambo shakutegherera vitjangwa vyapangambo ne shakukulita manongontjo ghakudimburura nkango (shi. yi. lindimbururonkango), mukuvhukita ushwinkango (mvhongwa ko ngambofano kumwe nangambito peke dapakare) nakuwaneka lighano lyalitotopo-nkango dauhunga, kumwe nakuwaneka ukonentu waudjuni, mpo, nandughanitoraka mumarupe ghakukushuva-shuva. Mposhi ukalimotegherero kutapa mpito kwamushongwa yakutegherera omo va rughanitanga vaghambi vakukushuva-shuva ushwinkango nalitotontanto, ngambito dapakare, ngambofano nankedighambito dakukushuva-shuva. Ntjene hepero, vitjangwa vyakuyuvha namatwi navyakukenga namantjo yira mafano navitimwitira peke vyamubashikopa namatjingito ghamutivi navyo kwa hepa ntani kuvirughanita. Kutegherera nako kwa kara namulyo waunene makugwakero-gwanekero namumakukwetjo ghambunga.

Vitambo vyene-vyene vyakuhamena kughamba ne kwa kara mo vino vina kukwamo ko: Lineghedo lyalirupwito-maghano, vighayadara namakuyuvho, manongontjo ghakukuwapaikira nakutapa mapukururo, nalikugwanekero-gwanekero djuni mumakukwetjo. Vitambo vyalikuhamitiromo lyambunga mundjendititoshongo kutapa ruvede kuvashongwa mukuyombilita kutegherera nakulimburura kumaghano ghavaunyavo nakukupaapa maghano mukukoshonona po maudio nakukawana vitundwamo kupitira mushirughana shambunga.

Kuvarura nakutjanga

Ukalimo wakuvarura kapi tupu wa hamitira mo manongontjo ghakuvarura shiporepore namanongontjo ghakudameka kuvarura pankedi yakukuhamitira mo navantje, nani gnoli nalikushongo-ngambodami kumwe nka navitjangwa vyamapukururo. (Kenga mumuyaro wankango omo dayarama nkango dakuhamena kuvitjangwa vyamapukururo).

Vashongwa vana hepa kuvarura vitjangwa vyakukushuva-shuva mulinyanyu namumapukururo mukuwaneka ukonentu nakukwata lighano udjuni nampo daskukushuva-shuva, mukuyingipita litjwemo-varuro nalikwatoghano ntani nakuyingipita ushwinkango wavo mukuwaneka ukaro djuni wakuhamena kundikontanto dauhunga. Kupitira mulineghedo lyalinene lyakuhamena maruha ndughanitoraka, vashongwa ngava vangara ngudu mukurughanita liraka lyadjuni kumwe nandughanito ndiko dantjongaraka muuhunga.

Vitjangwa vyapashinangambodami navyakapishi-pashingambodami vina hepa ntani kutovara, vi ngavopare nakukuhamitira mo, nalitamunuko mukutapa mpito kuvashongwa va ka konakone nakukahangura liraka, ndiko, viparatjangwa namaghano. Pantambo yino, maruha naghantje matatu (shitjangwatimwitirafupi, shidana namutang) kwa hepa kuvikushonga mwamudami, mukukulita manongontjo ghavashongwa mukyiva kuhangura-hangura, kushetakanita-shetakanita ndughanitoraka narupe rwakuhamena kuvatambitiri navitambo vyashitjangwa kumwe nka navighayadara vyamutjangi.

Liyivo nawa-nawa ndjira yakutjanga kwa hepa ntani kulikorangeda kupitira mumulyowaneko wavaunyavo, namulyowaneko wapanaumwavo. Vashongwa va kona kuyingipita manongontjo ghavo kuhamena kukutovorora nakurughanita mapukururo ghamushitjangwa mukuwapera rupepeke, shitambo navatambitiri.

Ntjongaraka naushwinkango

Shitambo sharuha rwaukalimo wantjongaraka naushwinkango kwa karera po mukutwikira kudika pantateko yamanongontjo ghamuNkuruPirimere, mukushonga vashongwa nkango dantjongaraka yapantambo yakuyeruka mudirughanita mukutjanga namukughamba, nakutwikira kuyingipita ushwinkango wavashongwa muvitambo vyakuhamena lighungo, virughana namakushongo. Navintje vino kwa kara nahepero mukuwapaika vashongwa va ka pite mo naureru mundjendjititoshongo yapantambo mudima yaNkurusekondere.

Nampiri weyo ashi ukalimo kwaugaununa mumapongonyono mukonda yakurerupita nakukenita vininke, manongontjo ghakukushuva-shuva nakuvhura shi kughashonga kehe ghano paumwagho, nani ngoli ghagho kughashonga muruipe rwalikukwatakano mundjira yalikupakerero.

9 Ukalimoshongwa

9.1 Litwaromo lyaukalimoshongwa

Ukalimoshongwa oghe ghuna karo papenapepa odo dina kukwamo ko kwa karera po mukupawida vashongi mundjira ashi ndi vinke ovyo va vhura kuwaneka mulyo mulikengururo mudima lyavashongwa. Wagho kapi va ghu tulira po nashitambo shakusheshupika likukwamoshongo lyakehe yino shure.

9.2 Vitambotamuno navitambo vyene-vyene

Mpiri momo ashi ungi wavitambo vyene-vyene vyaNtambondunge 8 na 9 vyakufana, liyendokuuto mumanongontjo kwa litulira po mukunegheda ntambo yaudito yavitjangwa vyapangambo navyakutjanga. Licondo lyashongwa kwavyakuhamena vitambo vino lina hepa ntani kukara po pakukuyombilitanga pantambo mudima.

9.2.1 Kutegherera nakughamba

Uvhuli wakutegherera nawa-nawa nakulimbura momo vyawapera ne kwa kara manongontjo ghamulyo unene mumakushongo ndi mukehe virughana, mpo ngoli ashi vitomporwa nakuvhura shi kuvikengerera mushure yasekondere.

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
1. kutegherera nawa nakukenga vitjangwa vyapangayarero navyapangambo vyamapukururo nakukumbura ko mulitedo momo vya wapera	• kutegherera nalikwatoghano kudimutango, tjumo navirughana vyapashinangambodami ovyo va tovorora po kumwe na - kulimbura nakughayadurura momo vya wapera vyakuhamena kundughanitoraka - kurupwita rupandu oro va tamununa namakukanano ghamadjuni - kushingonona vitantwavyukilira navitantwaghayarero • kutegherera nawa-nawa nalitedo kuvitjangwa vyamapukururo navimweya nka vyakapishi-pashinangambodami mu - kutjangurura vidimburulito vyavitjangwa vyapangambo: vighamba vya-ligharuro/litamburomavokomaviri, ndjenditito, vighamba vyamapukururo mbudi (mashwero lirago, kutapa mpandu namashengawido ghavakaruguvu) matjingito, mbudi dadifupi, navitundwamo vyalipumbompepo - kudimburura ntjimatjima, shitambo kumwe nka navatambitiri shitjangwa - kuya po nangoya yakuhamena kushitambo	• kutegherera nalikwatoghano kudimutango, tjumo navirughana vyapashinangambodami ovyo va tovorora po kumwe na - kulimbura kumwe nakughayadurura momo vyawapera kundughanitoraka - kurupwita rupandu oro va tamununa namakukanano ghamadjuni - kushingonona vitantwavyukilira navitantwaghayarero • kutegherera nawa-nawa nalitedo kuvitjangwa vyamapukururo navimweya nka vyakapishi-pashinangambodami mu - kutjangurura vidimburulito vyavitjangwa vyakukushuva-shuva vyapangambo: vighamba vyakutjokangeda/matapo maghano, mapameko, vishongwa, mbongarero yavitomporwa vyamulyo, vitundwamo vyavishorokwa, makupuraghero - kudimburura ntjimatjima, shitambo navatambitiri shitjangwa - kukonakona mwamunene nakushetakanita viyivito nalipompeko vitjangwa vyakukushuva-shuva vyapangambo - kuya po nangoya yakuhamena kushitambo ntani nantjimatjima

9.2.1 Kutegherera nakughamba (mutlwtiwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
	• kutegherera nalikwatoghano kudimutango, ngovera navirughana vyapashinangambodami ovyo va tovorora po kumwe na - kuya po nangoya kuwama maghupomo (vighayarera) - kushingonona vidimburulito vyakuyuvha navyakukenga vyakuwapeka likwatoghano lyashitjangwa - kudimburura likukwamo lyavishorokwa - kudimburura viyitiopo navikwamoko - kudimburura udito nalikoshonono - kudimburura maghano ghakukushuva - kugaununa pakatji kaushiri nalighano - kushetakanita-shetakanita mapukururo - kuwaneka ushiri wapo wakuhamena kumaghano, makukanano, navighayarera murupe rwakukuwa nawa naumbagi - kudimburura konda dalilindaghuroywi lyamughambi nandughanito nkango maukahentanto nantanto dangandi mukuyedawira muteghereli nakushingonona virughana vyado - kudimburura upirandunge - kutjangurura, kukama nakupompeka mapukururo nakughatapa nawa murupe rwakukena nakukuwa kumwe nawa	• kutegherera nalikwatoghano kudimutango, ngovera navirughana vyapashinangambodami ovyo va tovorora po kumwe na - draw conclusions based on deductions (inferences) kukatikaika po - kushingonona vihonena navyakuyuvha vyakunkondopeka likwatoghano lyashitjangwa - kudimburura viyititopo navitunditopo - kudimburura udito nalikoshonono - kudimburura makushuvo ghavighayara - kudimburura liraka oloyo va rughanita multikiliromo nakutontonona shirughana kuhamena kumuteghereli - kudimburura nakuteda kukengurura ndjenditito (shi.yi. matwenyidiro, lishingaghuro, madashuma, mapuko, lighamberera-pirondunge) namapukururo ghakukonga mumbudi damashongaghuro - kutjangurura nkani navighamba vyangandi vyamughambi, kukengurura mulyo wakonda nauhameniko kuwe naka naligwaneko po lyavyaumbangi - kudimburura nakukwetja ko kwavyakuhamena ufuki navimpempa - kushetakanita vitjangwa vyapapangi (vitjangwa vyakuvhongatana-vhongatana vyapangambo, patjangwa ntani navishongitita vyapankengo), kukengurura mulitedo maghano navininke peke - kutjaraghura, kukama ndi kuhangura mapukururo nakughatapa ghakuwe nawa, ghakene namurupe rwakudjira mo

9.2.1 Kutegherera nakughamba (mutlwtiwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
2. <u>kugwaneke</u> nawa-nawa munaruwa, kuwapaika shighamba shavo shikuwe namaukaro-yivikwo nadiro-yivikwo kumwe nakutjokatjoka vitambo	• kughamba vi kene nawa, vi kuwe ntani vi yuvhike nka nawa • kuruguhanita ushwinkango wakukukushuva-shuva yira vitegho, navishewe nandiko ntani nakutapa vitantwa muufupi, paghungo nanongo yavyantjongaraka • kurughanita liraka narupe muuhunga vi kuwe navatambitiri vakukushuva-shuva ntani navitambo vyakukushuva-shuva: - mapukururo - mbudi (lishwerorago, rupandu namashengawido) - vighamba vyakapishi-paveta - makupuraghero - makukwetjo ghakughupa po maudito - nkani • kunegheda ukonentu waunene kwavyakuhamena kumpo damunkarapamwe nakurupwita vighamba naudamishima mumakugwanekeko mumaukaro ghakukushuva-shuva	• kughamba vi kene nawa-nawa, vi kuwe ntani vi yuvhikilire • kuruguhanita ushwinkango wangandi nka waudito ngudu yira vitegho, navishewe nandiko ntani nakutapa vitantwa muufupi, paghungo nanongo yavyantjongaraka • kurughanita liraka narupe muuhunga vi kuwe navatambitiri vakukushuva-shuva ntani navitambo vyakukushuva-shuva: - vitundwamo vyashishorokwa - shitapa - shighamba - mbyutongambo nampititi - maruvede ghakushutura po maudito - shipimpo (makukwetjo ghavanambunga) - nkani • kunegheda ukonentu waunene kwavyakuhamena kumpo damunkarapamwe nakurupwita vighamba naudamishima mumakugwanekeko mumaukaro ghakukushuva-shuva
3. kupopmpeka nakutapa <u>vitapa</u> kuvatambitiri nakuvitambo vyakukushuva-shuva	• kutovorora liraka (ngambito/rupe), ukalimo navirughanita vyakukushuva-shuva vyakuwapera vatambitiri nashitambo shashitapa • kurughanita nawa mumpompa litwaromo djuni, rutu omo gha kara nka maghanoteto kumwe nahulito • kutapa mafwatururo, maushiri, vihonena navighamba vyakupameka nkurughano • kukuyombilita (kapishi kukupombera) nakutapa vitapa vyamulyo vyakuvhika nawa vyavidjuni • kurughanita ndjenditito dakuwapera dapangambo nadakapishi-pangambo namanongontjo mukukugwanekeko nawa navatambitiri	• kutovorora liraka (ngambito/rupe), ukalimo navirughanita vyakukushuva-shuva vyakuwapera vatambitiri nashitambo shashitapa mukukara namutombo djuni • kutura mo nawa munaruwa litwaromo djuni, rutu omo gha kara nka maghanoteto ntani nahulito • kutapa mafwatururo, maushiri, vihonena navighamba vyakupameka nkurughano • kukuyombilita (kapishi kukupombera) nakutapa vitapa vyamulyo vyakuvhika nawa vyavidjuni • kurughanita ndjenditito dakukushuva-shuva dakuwapera dapangambo nadakapishi-pangambo namanongontjo mukukugwanekeko nawa navatambitiri

9.2.1 Kutegherera nakughamba (mutlwtiwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
4. <u>kukuhamitira</u> mo panaruwa <u>mumakukwetjo</u> namuvighambaghura vyakukushuva-shuva vyalirughanenokumwe kuhamena kuviparatjangwa navitjangwa vyaudito, kunegheda manongontjo nandjenditito dakuwapera mumakugwanekero kukwama maukaro oghe va tambura	• kunegheda manongontjo ghakukushuvua-shuva ghamumakugwanekero: - kukuhamitira mo paviyauko nakukambeka ko kuvoko kumakukwetjo murupe rwakutikilira mo - kuya po namaghano nakughakulita munaruwa - nakukupupumina shi kukumburura kuvininke - kutambura makuyauko namudito - kunongonona vitantwabubuko navitantwavando muuhunga - kushwena ufuki ndi upirandunge wabantu peke - kurughanita umbangi mukupameka ndi kukuyauka maghano pankedi djuni • kurughanita ukonentu waviyivito vyapamparukito namakushuvo ghapampo (kuhamena kuromorolito, linwiko-mantjo, omo va kushanyaukiranga, navimwe weyo) pakukugwanekera, kukupakera mbiri nathni nalifumadeko maunankondo namakuyvho ghavantu peke	• kunegheda manongontjo ghakukushuvua-shuva ghamumakugwanekero: - kukuhamitira mo paviyauko nakukambeka ko kuvoko kumakukwetjo murupe rwakutikilira mo - kuya po maghano ghamadjuni ghakuvhura kushongaghura kehe ghuno dogoro a vi pure - kushetakanita maghano - kukananita maghano, viturwapo, ufuki naupirandunge (ntjene hepero) kutwara muunandunge, umbangi ndi shighamba - kutambura makuyauko namaudito namutjima wauwa - kukonakona nakukuwetja maruha ghamaukaro djuni munkarapamwe • kurughanita ukonentu waviyivito vyapamparukito namakushuvo ghapampo pakukugwanekera, kukupakera mbiri nathni nalifumadeko maunankondo namakuyvho ghavantu peke

9.2.2 Kuvarura nakutjanga

Ntambo daudito naunaure wavitjangwa kwa hepa kuviyingipita kadidi-didi. Viparatjangwa vyakukushuva-shuva marudi ghavitjangwa kwa hepa kughakushonga mukupukurura vashongwa nandiko yavishongwa vyakukushuva-shuva, ndughanitoraka, ndikontjongaraka naushwinkango warupe rwangandi.

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
Reading: 1. <u>dameka</u> kuvarura nashitambo shakukwata lighano shitjangwa nakupakera mbiri vatambitiri	- kuvarura nawa-nawa kumwe nanongo nalirupwito djuni vitjangwa vyapantambo yantambondunge oyo - kutwenya nkango muuhunga - kurughanita litjidjatjindjo liywi, lilindaghuroywi, lipwiyumuko mukuvarura shivuya	- kuvarura nawa-nawa kumwe nanongo nalirupwito djuni vitjangwa vyapantambo yantambondunge oyo - kutwenya nkango muuhunga - kurughanita litjidjatjindjo liywi, lilindaghuroywi, lipwiyumuko mukuvarura shivuya - kukoka shinka shavatambitiri nadjenditito dakapishi-pangambo, shi.yi. linwiko-mantjo naliraka lyapashinaupurupuru
2. varura <u>shiporepore</u> kumwe nanongo, litjwemo ntani nalikwatoghano	- kuvarura shiporepore mwara nkango 185 dogoro nange ku 195 mumunute - kunegheda uvhuli wakurughanita ndjenditito dakukushuva-shuva dalivarurokwatoghano mukuwaneka vitantwa vyamushitjangwa	- kuvarura shiporepore mwara nkango 195 dogoro nange ku 200 mumunute - kunegheda uvhuli wakurughanita ndjenditito dakukushuva-shuva dalivarurokwatoghano mukuwaneka vitantwa vyamushitjangwa
3. kukengurura nakughayara nawa mulitedo kwavyakuhamana kuvitjangwa <u>vya-kapishi-pashinangambodami</u> shi yi. - vitjangwa vyamapukururo - vitjangwa vyaushiri - manangwiro - mafwateruro ndi matjangururo - vitjangwa vyankani navyamashongaghuro - vitjangwa vyakokonakona	- kutjangurura viyivito vyene-vyene nandiko dalipompeko dakukushuva-shuva davitjangwa vyamampukururo - kukonakona mwamunene vitjangwa mukuwaneka vitantwamomenko navitantwavando - kutjangurura shitambo navatambitirihamitiri shamarudi ghavitjangwa vyakukushuva shuva - kutjangurura ndughanitoraka mushitjangwa nakudimburura viyivito vyarupe nangambito - kukokonakona mwamunene shirughana shalitovororankango kushitantwa nalilindaghuroywi lyuashtjangwa - kughayarera nakutwenya maumbangi ghamushintjangwa oghe ghana kupameko vighayarera vinya	- kukonakona mwamunene vitjangwa mukuwaneka vitantwabubuko navitantwavando - kutjangurura shitambo, vatambitiri naukaro washitjangwa ntani ashi weni omo vyakukwatakana naviyivitonene vyasho kumwe nandiko-mpopakano - kukonakona mwamunene nakukengurura shirughana djuni shandughanitoraka, virughanita vyashinangambodami viyivito vyamafano nandjnditito peke mukughunga po vyadjuni, natani navyapankengo navitjanngwa vyapapangi - kuwaneka maghano ghantjmantjima yamushitjangwa nakukonakona likulito lyagho mwayendo shitjangwa, vhangwa ko nomo vya hama kumaghanopameko

9.2.2 Kuvarura nakutjanga (mulitwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
- vitjangwa vyakutapa maghano - vitjangwa vyakutovalita - vitjangwa vyakukwama ndjenditito - vitjangwa vyapapangi	• kuwaneka ntjiantjima yalighano lyamushitjangwa nakukonakona mwamunene likilito lyasho mwayendo-shitjangwa, mvhongwa ko nomo vyakundama kumaghanopameko • kukonakona mwamunene mulitamununo ndiko yakighanoteto lyangandi nakushigonona lidinkango • kutjangurura ndughanitoraka, virughanito vyangambodami, viyivito vyamafano nandjenditito peke od ova rughanitanga mukutapa mukumo kuvitjangwa vyapapangi • kuwaneka mulyo washitjanngwa, kunkondopeka maghano ghavo navighamaba djuni • kuhangura pakatji kamaghano naushiri • kudimburura upirandunge namaumbangi ghakudira kuwopera • kunongonona muuhunga mapukururo oggho gha vando mumafano (shi. yi. dimuyaro, makarata, navimwe weyo). • kupompeka nakurughanita mapukururo ghamumafano murupe peke peke rwapatjangwa, shi yi. vitundwamo ndi lipaketi • kushetakanita mapukururo ghamuvitjangwa viviri ndi vyavingi kuhamitira kushiparatjangwa shimwe, nakushigonona omo vyakushetakana vitjangwa vino nomo vyakushuva kutwara mumaushiri, maghano ndi manongonono • vyukuruka nakurerupita madighano ndi litamunnotovororo lyamushitjangwa • kukwatakana lidi lyamaghano ghamushitjangwa murupe rwalikamo-kamo • kunegheda ukonetu wakurughanita marunone ghamakuururo ghakukushuva-shuva	• kughayarera nakutwenyaghura maumbangi ghakuhamena kushitjangwa oggho ghana kupameko maghayarero ghanya • kutura kumwe mapukururo-tovororo ndi maghano ghakutundilira kumarunone ghamanyingi oggho ghana hameno kushininke ndi ntjiantjima yakukufana • waneka lighano ndi shitambo shamutjangi mushitjangwa, nakukonakona mwamunene ashi weni omo ana kukenita mutjangi lighano ndi shitambo shinya • kukengurura ushiri kumwe nalikuwokumwe lyashighamba shamutjangi • kukengurura likuwokumwe, likuyendo namakufano ghandiko ghashitjangwa shankani • kudimburura ufuki (ufeke), upirandunge, vimpempa namaumbangi ghakudira kuwopera • kunongonona muuhunga mapukururo oggho gha vando mumafano ghamadito ngudu • kupompeka nakurughanita mapukururo ghamumafano murupe peke peke rwapatjangwa • kushetakanita vitjangwa kwavyakuhamena ukalimo ungi nalipompeko lyamaghano • kushetakanita vitjangwa kwavyakuhamena kurupe nangambito • kutura munkango daumwavo ntjimatjima yamaghano ghamushitjangwa ndi kughatamununa mwamunene • kukwatakana lidi lyamaghano ghangandi ghamushitjangwa nanongo murupe rwalikamo • kunegheda ukonetu wakurughanita marunone ghamapukururo ghakukushuva-shuva

9.2.2 Kuvarura nakutjanga (mulitwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
Nagmbodami: 4. kuvarura kukwata lighano nakukengurura mulitedo ngambodami damulyopo ngudu dakukushuva-shuva (dimutango, vidana, prosa)	<u>Dimutango</u> - kushingonona nakutjangurura viyivito vyadimutango dakukushuva-shuva - kutapa rupandu kudimutango pakudimburura ndughanitoraka, rupe, ngayarero, mushagharo, ngovera, liywi, lilindaghuoywi, nalikuyuvho - kunongonona nakukengurura shirughana shashinamafano navirughanito vyadimuntango vino vina kukwamo ko: mafanikito, untupiko, lirwanapito livyukuruko-shagharo, linenepito, navimwe nka weyo. <u>Vitimwirafupi, noveli navidana</u> - kudimburura viyivito vyene-vyene nalipompeko lyashitimwitirafupi, noveli nashidana - kudimburura, kutjangurura nakughayarera kwavyakuhamena kwavino vina kukwamo ko - shitimwitira nandiko - livango - likukwamo navishorokwa - ntjimentjima - vahamenimo - maghanotimwitira - liraka narupe - kutjangurura ukaro wapamparukito, wamuvitimwitira nawapashinampo - kushingonona nakukukwetja vitantwa-vyukiliro namakushuvo	<u>Dimutango</u> - kudimburura nakutjangurura viyivito vyadimutango dakukushuva-shuva - kunegheda rupandu rwakuhamena kudimutango pakukenga kundughanitoraka, rupe, ngayarero, mushagharo, ngovera, liywi, lilindaghuoywi, nalikuyuvho - kunongonona nakukengurura shirughana shashinamafano navirughanito vyadimuntango vino vina kukwamo ko: lishandu, lishwaghuro, mashendu-shendu mutevu, liddipito, linenepito, navimwe nka weyo. <u>Vitimwirafupi, noveli navidana</u> - kushingonona, kughayarera vyakuhamena nakukengurura likulito lyavahamenimo nantjimentjima yashitjangwa kutwara mumaukaro ghapamparukito, vitimwitira nampo - kutjangurura maghanotimwitira nashitambo navikwamako - kutjangurura viyivito nalikulito lyashitimwitira nankedi omo va yendita nakushutura po vikontjangana - kushingonona nakukukwetja kuvitantwa-vyukiliro navighayarera - kutwenyaghura umbangi wene-wene navitemununa ovyo vyankondopeko likonakona lyavo mwamunene lyashitjangwa

9.2.2 Kuvarura nakutjanga (mulitwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
	• kutwenyaghura maumbangi ghashitjangwa ghakupaeka likonakono lyavo mwamune • kudimburura nakutjangurura virughana vyavirughanito vyaviviyauka, shi.yi. mbutongambo, nyakanyaka navimwe nka weyo. • kukengurura viviyivito vyandiko nalikulito lyashitimwitira nankedi om ova ghupanaga po nakushutura po vikotjangana	• kushetakanita vitimwitirafupi vyakurupwita ntjmantjima yakukufana • kudimburura virughanito vyamulyo po vyangambodami ovyo vya tontonono rupe rwamutjangi • kushingonona ashi weni omo shabuburanga shirughana shangambodami mpo, maukaro ndi mapuliro ghamutjangi
Kutjanga: 5. kutota po vitjangwa djuni vyakukushuva-shuva vyakukhamena kuvitambo vyalighungo, paumwene, virughana namakushongo	• kutovorora mapukururohamenoko ghamushitjaangwa shimwe ndi vitjangwa viviri nakushiwapaika kutwara momo vya wpera mukutjanga shitjangwafupi shamurupe peke, kumwe nka nashitambo navatambitiri peke mukurenkera ashi vi ku shuve nashitjanwa shakutanga • kutjaraghura maghano ghantjimatjima ndi mapukururo oghe va tovorora mushitjangwa shapangambo ndi shapatjangwa • kukama mbudi, makuparaghero ndi vitimwitira momo gha kara maghano, vighamba namakukwetjo • kutura kumwe nakukama pashinamanongontjo mapukururo ghakuhamena kushiparatjangwa shimwe ghakutunda kumarunone ghakukshuva-shuva ndi kumarunone ghapashinafunguna • kurughanita ndjendititito dakughayalita nakutjangita nashitambo shakukatota po lilimbururo djuni lyapatjangwa • kurughanita maghahoteto oghe va teta nawa ghakukulita nakupompeka vitantwa • kurughanita vigwanikilita mukuwapeka	• kutovorora mapukururohamenoko ghamushitjaangwa shimwe ndi vitjangwa viviri nakushiwapaika kutwara momo vya wpera mukutjanga shitjangwafupi shamurupe peke, kumwe nka nashitambo navatambitiri peke mukurenkera ashi vi ku shuve nashitjanwa shakuhova • konakona mwamunene nakutura kumwe mapukururo ghakutundilira muvitjangwa vyaushiri navyankani murupe rwapatjangwa, mukukumburura ntani nakukukwetja ko kuvitapa, maghano ghakukushuva, kumwe nalinkondopeko matovororo ghamatamununo • kutjaraghura nakukama maghano ghantjimatjima ndi mapukururo oghe va tovorora ghakutundilira mushitjangwa shaushiri ndi shakughayarera • kurughanita ndjendititito dakughayalita nakutjangita (shi yi. makugwanekero mumaghanoteto) nashitambo mukukatota po shitjanga shashidjuni osho sha keno nawa nakudjira mo • kurughanita maghahoteto oghe va teta nawa ghakukulita nakupompeka vitantwa • kurughanita viyivito vyakuvyukilita nawa shitjangwa-mudima mukunegeghda ndjira yene-yene yashitjangwa

9.2.2 Kuvarura nakutjanga (mulitwikiro)

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
	• kurughanita viyivito vyantjongaraka, virughanito vyangambodami, viyivotovaruro naushwinkango wakutamunuka wakukushuva-shuva momo vya wapera ntani mushivuya • kurughanita viyivitaruro vyavisheshu muuhunga - vitwa - vikomona - vitemununito - viharukito - vipulito • kutota po marudi ghaviparatjangwa ovyo vina kukwamo ko nashitambo vyalighungo, mapururo nalishongaghuro: - kutimwitira nakutjangurura • kutota po vitjangwa vyapatjangwa kuhamena kuvitambo vyakukushuva-shuva vyapaumwavo navyakurughanita, kurughanita rupe nangambitito yauhunga mukuwapera shitambo navatambitiri: - ntjangwatumwa yapaundambo mukutjangurura, kutonyena ko, kutura po - ntangwatumwa yapaveta - himeyili - vitjangaghura vyakehe yuva - likengururo mafano/mbapira - kuvyukuruka kughamba vyaushiri (shi yi. umbangi/vitundamo vyakuhamena kulihudi)	• kurughanita viyivito vyantjongaraka, virughanito vyangambodami, viyivotovaruro naushwinkango wakutamunuka wakukushuva-shuva momo vya wapera ntani mushivuya • kurughanita viyivitaruro muuhunga pakutjanga - vitwakomona - vitwakomona-kahe - ntjato - tuhake - vitwikakanito - tundjototo • kunegheda likwatoghano nakurughanita dimuragho dalishantjo damuliraka • kurughanita mushagharo wauhunga muliraka - turuvambi - turuvambi twakukughara natwakudira kukughara - ndandashagharo, ndandashaghalito nandandaviri - mushagharo - viyivitaruro vyauhunga - lidefuno muuhunga - nkangontjetelito • kutota po vitjangwa vyaparatangwa kuhamena kuvitambo vyakukushuva-shuva vyapaumwavo navyakurughanita, kurughanita rupe nangambitito yauhunga mukuwapera shitambo navatambitiri: - ntjangwatumwa yapaundambo mukutura po, kurupwita lighano, kushongaghura - ntjangwatumwa yakumbapira yambudi - shighamba - likengururo mafano/mbapira - kuvyukuruka kughamba vyaushiri (shi yi. umbangi/vitundamo vyakuhamena kulihudi) - vitjangaghura vyamumangandjina

	- mbyutongambo • kumanita virughana vyakukushuva-shuva vyapatjangwa vyakuhamena kuviparatjangwa vyapangambodami navyakapishi-pangambodami pa - kupongaika mapukururo ghamangi ghamarunone ghamayingi ghakunduruka naghamaumahina - kuwaneka mulyo lidjiromo nanongo yakehe runone - kupakerera mapukururotovoro patjangwa okuno pakushwena vyawidi wapamaghano, kutemununa muuhunga nakutanta marunone ghavo - kupompeka, kutjanga, kuvyukuruka, nakutjangurura virughana mukutjanga nanongo yantjongaraka mukukatota po shininke shakumoneka uhaya shakuhulilira	- vitundwamo vyamushaitunga • kumanita virughana vyakukushuva-shuva vyapatjangwa vyakuhamena kuviparatjangwa vyapangambodami navyakapishi-pangambodami pa - mapukururo ghamangi ghamarunone ghamayingi ghakunduruka naghamaumahina - assessing the credibility and accuracy of each source - kupakerera mapukururotovoro patjangwa okuno pakushwena vyawidi wapamaghano, kutemununa muuhunga nakutanta marunone ghavo - kupompeka, kutjanga, kuvyukuruka, nakutjangurura virughana mukutjanga nanongo yantjongaraka mukukatota po shininke shakumoneka uhaya shakuhulilira
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9.2.3 Ntjongaraka naushwinkango

VITAMBOTAMUNO <i>Vashongwa ngava</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 8 <i>Vashongwa kuvhura ngoli</i>	VITAMBO VYENE-VYENE VYANTAMBONDUNGE 9 <i>Vashongwa kuvhura ngoli</i>
Ntjongaraka nandughanito 1. negheda ukonentu nauyivi wandughanitontjongaraka yaliraka pakutjanga napakughamba kumwe nka nakurughanita nkango damuntjongaraka mukushonga nakughamba vyakuhamena kuliraka	• kurughanita ndughanitoraka dino: -nkangorughano -shirugho shashinantani nashirughopito -nkwatelinkangodina dapaweko • kurughanita viyivitovaruro navintje muuhunga nakuvitika mo -shitwa -shikomona -shipulito -shiharukito -shikapulito -tuhaki -shikomonatwa • kurughanita veta daliraka muuhunga • kudimburura murenki, shirenko nashirenkwa • kurughanita maruha ghandughanitoraka dino dina kukwamoko muuhunga nakuditikitamo mukughaghamba nakutjanga -virugho -ngambopuru nangambonkondomoke • kurughanita veta dalishantjo kehe pano, nakunkango dadipe vatatanga po pakurughanita naviramekwameho naviramekwanyima dakuwapera • kupura mapuro gha nhii ndi hawe nagha gphantantokanano muuhunga muvirugho navintje • kunegheda uyivi waveta dalitungo ntanto daRumanyo pakughumba napa kutjanga -kutura tantonkango natantonkangodina pavango ghauhunga muntantokurughanita ntanto -kutunga ntantoti, nantantotamununo nantanto dadire • kusheshupita tantodadire, vikomona vyangi mukatji kantanto	• kurughanita ndughanitoraka muuhunga pakughamba kuhamena liraka • kurughanita viyivitovaruro navintje muuhunga nakuvitika mo mukukandana po mapuko -shikomona -shikomonatwa -vitwaviri -shitwikakanito • kurughanita veta daliraka muuhunga • kurughanita maruha ghandughanitoraka dino dina kukwamoko muuhunga nakuditikitamo mukughaghamba nakutjanga - virugho - ngambonkondomoke - ntantonyanyukito • kurughanita veta dalishantjo kehe pano, nakunkango dadipe vatatanga po pakurughanita naviramekwameho naviramekwanyima dakuwapera • kupura mapuro gha nhii ndi hawe nagha gphantantokanano muuhunga muvirugho navintje • kunegheda uyivi waveta dalitungo ntanto daRumanyo pakughumba napa kutjanga -rughanita likukwamo lyankango muuhunga - tjindja nkangodidi diyende muntanto ndipo ntanto diyende munkangodidi -kutunga ntantoti, nantantotamununo nantantodadire

Ushwinkango 2. yiva nakurughanita nkango dakukushuva-shuva mwanavintje, mumakushongo nankango namaukahentanto ghakuhamena kuruha rwangandi odo dina gwaneno pakuvarura, kutjanga, kughamba nakutegherera mukukukwapaikira kuyenda kusekondere-nene nanongo naureru, kushantja nakuditwenya muuhunga	• rughanita vivatilito mukuwaneka vitantwa vyene-vyene, lishantjo nantwenyinito dankango, nakurughanita mbapira yalishingonononkango kwavino - makufanonkango namakushuvonkanko - vitantwa vyavitegho nangambito - neghovango dauhunga kunkangorughano - ntundiliro yankango • kunegheda ungambi wakurughanita ushwinkango wakukukarera, makushongo napantje • kurughanita ushwinkango wakukushuva-shuva mukunegheda likuyuvho, nkalito, maghano, mbudi muuhunga naureru • kudimurura ashi litovororo nkango kuwederera kurupe rwashivarura • kunegheda uyivi nalirughanito: -likuyuvo lyakukarerapo -nkangorughano dadifupi -nkangodina -nkangofupipito naviyivito -makufanonkango, makulimbonkango, mafanikito nankango datwopangi -likuliko nkango nantanto -nkangovaro nankangodirovaro	• kurughanita vivatilito, mbapira yalishongonononkango mukunomena liyendererp muvitantwa nalishantjo nakukulika ushwinkango • kunegheda ungambi wakurughanita ushwinkango wakukukarera, makushongo napantje • kurughanita ushwinkango wakukushuva-shuva mukunegheda likuyuvo, nkalito, maghano, mbudi muuhunga naureru • kudimurura ashi weni litovororo nkango lyawedereranga kurupe rwashivarura • kunegheda uyivi pantambo yakuyeruka nalirughanito: -likuyuvo lyakukarerapo -nkangorughano dadifupi -nkangodina -nkangofupipito naviyivito -makufanonkango, makulimbonkango, mafanikito nankango datwopangi -likuliko nkango nantanto
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10 Mulyowaneko

Ndjenditoshongo yakudemenena pamushongwa nakushonga kwademenena pamushongwa kurughanita maukonentu namamongontjo ghakukushuva-shuva ghamulyo ngudu muliparu lyamunkarapamwe. Vitambo vyene-vyene vyamundjenditoshongovne kunegheda ashi likwatoghano namanongontjo oghe a negheda mushongwa pakumana kumushonga nakukushonga, ntani nka ashi vitamboke va waneke mulyo. Nampiri weyo, shitambo shene-shene shandjenditoshongo ne kwademenena palikushongo, mposhi kapishi pamulyowaneko namakonakono. Mulyowaneko namakonakono kwa karera po tupu mukuvatera likushongo. Mukuwana ko mapukururo ghamayingi ghavyakuhamena kumulyowaneko dakukushuva-shuva kenga kuMuragho waLirunduruko kumwe nantjangwatumwa dalirunduruko.

10.1 Mulyowanekoyenderero

Kuwaneka ntambotomporwa dakukushuva-shuva, kwa hepa lirughanito marudi ghadimulyowanekoyenderero, dapaveta nadakapishi-paveta mukutapa lineghedo lyaliyendokuuto nalitikitomo lyamushongwa muvishongwa mudima. Mulyowanekoyenderero kwa hepa kukena, ghu kare nka ureru ntani ghu kuwe kumwe nandjenditito damakushongo ghakudemenena pamushongwa. Vashongi vana hepa kushana-shana mapukururo ghauhungga naghaliuguvaro kuhamena kulitomporo lyamushongwa muvitambo vyene-vyene. Mapukururo oghe va wana ghakuhamena liyendokuuto nalitomporo lyamushongwa, kwa hepa kugharughanita mukutapa vitundwamo kuvashongwa va yive maupampi ghavo kumwe nka namaukashu ghavo noko vana kurughana nawa ntani nka ashi weni omo va shetekera ko shankondonkondo. Vakurona kwa hepa kuvapukurura kehe pano kwavyakuhamena kuliyendokuuto lyavana vavo muvishongwa mudima kumwe nakuvakorangeda va kwatitange ko vanuke muvitomporwa vyavo nakuvapa viturwapo ashi weni omo va vhuranga kuvatera viviyaukashongo vyavana vavo. Liyendokuuto navitomporwa vyavashongwa kuhamena kushishongwa kwa hepa ntani kuvitapa kuvakondi kupitira mundjapo yashure. Liyendokuuto navitomporwa vyavashongwa mushishongwa shino kwa hepa ntani kuvitapa kuvakondi kupitira mundjapo yashure.

10.2 Mulyowanekowapaiko namulyowanekokamo

Ndjenditito mbiri damulyowaneko odo va rugharunitanga ne ndo mulyowanekoyenderero waliwapaiko namulyowanekokamo. Mulyowanekoyenderero waliwapaiko kwa kara ngoli kehe ghuno mulyowaneko va rughananga mwayendo mwaka mukupameka likushongo namukuvatera kuwapeka nakuvyukita ndjenditito yakushonga nakukushonga. Mulyowanekowapaiko kwa kara nashirughana shaliwapaiko ntjene:

- wagho kughurughanita mukuvakorangeda va tamunune ukonentu namanongontjo ghavo, va kare navinamulyo djuni kumwe nakupameka nkedo djuni dakukushongita;
- virughana vyamulyowaneko kuna kuvatera vashongwa mukukoshonona po maudio ghavo pashinandunge pakurughanita ovyo va kushonga;
- mushongi kuna kurughanita mapukururo mukuwapukurura ndjenditoshongo navishongitito.

Mulyowanekokamo kwa kara mulyowaneko oghe va rughananga kumaghandero ghamwaka kutwara mulipongaiko lyaliyendokuuto nadimutompo damushongwa mwayendo-mwaka mushishongwa shangandi, kumwe nka nakehe tukonakono ndi makonakono ghakumaghandero ghamwaka. Vitundwamo vyamulyowanekokamo kwa kara ndjo ntambotundwamo ayi huru yakurundurulita mushongwa kumaghandero ghamwaka a dirukire muntambondunge peke.

10.3 Ndjenditito dapaveta nadakapishi-paveta

Mushongi ana hepa kehe pano kuwaneka mulyo mukukenga ashi weni ana tikita mo mushongwa vitomporwa vyene-vyene kutwara omo va vi tura mundjenditoshongo mukuwaneka liyendokuuto lyamushongwa. Vyene-vyene vino kuvhura kuvirughana murupe rwandjenditito yakapishi-paveta kutwara mulihameno mo lyavo, kutwara omo va va kengera naliyendokuuto lyavashongwa mukukushonga kurughana makonakono ghavintu nakunongonona viwanamo, nakurughanita uyivi pakugwanikilita matokoro ghauhunga.

Ntjene hepero, mushongi kuvhura kurughanita nka ndjenditito yapaveta, kuntant ashi mushongi kuvhura kurughanita mulyowaneko wandjenditito yapaveta, kutwara muvirughana naupampi wamushongwa. Tukonakono twapaveta twapatjangwa, natwapangambo kuvhura kuturughanita mukurughana mulyowaneko mposhi vi pire kumana ruvede rwarungi. Tukonakono twatufupi ndi kutusheshupita tu gwaneke tupu muruha rwashishongwa, mposhi nkwardi pavirugho peke ntani kuvhura kurughanita shishongwa mudima.

10.4 Likengururo

Mapukururo ghakutunda kumulyowanekoyenderero wakapishi-paveta nawapaveta kwa hepa kughurughanita mushongi mukuyivira ashi pani po yina karere hepero mukutjindja ndjenditito navishongito kukwama kuliyendokuuto lyamushongwa pamundinda we ntani nakuvihepwa vyakehe mushongwa. Kuuhura wakehe umwe washishongwa ntani nakuuhura wakehe shinemamwaka, mushongi kumwe navashongwa vana hepa kukengurura ndjira kutwara muvirughana ovyo vana ko, likuturumo, kovyo vakushonga vashongwa, ntani nka ashi nke vyakuvhura kurughana ko mukuwapakurura ukarorughaneno navitompowa vyavanankondashongero.

10.5 Ntambotundwamo-shingonono kutwara mundjenditito

Pakutapa ntambotundwamo mumulyowanekoyenderero, hepero ngudu di neghede vitompowa vyene-vyene vyamushongwa muvitambo vyene-vyene, kapishi kuvishetakanita namu va rughana vashongwa peke mukutikita mo vitompowa ndi lighano lyakurenka ashi peresenta yangandi yavashongwa mbo va kupa ntambotundwamo A, B, C, navimwe weyo (neghedo-tontonweno). Mumulyowanekoneghedo-tikitomo, kehe yino ndanda yina hepa kukara nalishingonono lyovyo a vhura kutikita mo mushongwa mukurenkera ashi u mu pe ntambotundwamo oyo. Mashingononontambotundwamo kwa hepa likulito mwakehe shishongwa kehe ghuno mwaka. Mulyo ngudu ashi vashongwa mukehe ruha va rughane kumwe va kare nalikwatoghano lyakukufana kwavyakuhamena ovyo ghana kutanta mashingononontambotundwamo namwakugharughanita mumulyowanekoyenderero, mukukatapa ntambotundwamo dauhunga nadakuvyukilira mwayendo-vishongwa. Weyo ntani ngaghu karanga mulyowaneko nalihugvaru.

10.6 Litontonono-ntambotundwamo

Vitompowakamo vyamushongwa vyakuhamena kuvitambo vyene-vyene ngava vi neghedanga murupe rwandanda dantambotundwamo A dogoro E, omo ya kara A ndjo ya kamana-kandongo ntani E ndjo yayididididi. Pakutapa ntambotundwamo murupe rwamundanda, mulyo unene mukunegheda vitompowa vyamushongwa vyene-vyene mulishetakanano navitompowa. Makutundakano ghapakatji kantambotundwamo dandanda navitambo vyene-vyene kuna kukavinegheda mumuyaro oghe ghuna karero kuntji.

Ntambo-tundwamo	%Mutinga (Gr 8 - 9)	Litontonono-ntambotundwamo
A	80%+	A tikita mo vitambo vyene-vyene nawa-nawa momo vya wapera. Mushongwa kwa tompora unene ngudu mumaruha mudima ghavitompowa.
B	70-79%	A tikita mo mwamunene vitambo vyene-vyene. Vitompowa vyamushongwa kwa kara kuwiru-wiru yaunakatji wavinakugwanita ntani ghuno mushongwa kwaconda mumaruha naghandje ghavitompowa.
C	60-69%	A tikita mo nawa vitambo vyene-vyene. Mushongwa kwa conda vitambo vyene-vyene ntani uye nka kuvhura kukavirughanita mumaukaro oghe gha piro kuyivikwa kare.
D	50-59%	A tikita mo hasha vitambo vyene-vyene. Vitompowa vyamushongwa kukuwa kumwe navinakugwanita vyaunakatji. Mushongwa ghuno pamwe ana pumbwa mbatero mumaruha ghangandi.
E	40-49%	A tikita mo vitambo vyene-vyene muusheshu tupu mukumurenka ashi ndi naye mutompoli. Kuvhura pamwe ashi mushongwa ghuno kapi a tikita mo vitambo vyenevyene mudima, ene ngoli vitompowa vyamushongwa ghuno vina gwaneke mukuvhura kupitakana ntambo yapamuvhuuvhu. Mushongwa ghuno ana hepa makwatitoko mumaruhashongwa ghamayingi ngudu.
U	0-39%	Kapi a tikita mo vitambo vyene-vyene nampiri kadidi. Mushongwa kapi vya mu tompoka mukutikita mo vitambo vyene-vyene nampiri muugcoro, nampiri ndi weni a wana mbatero yakutikilira mo yakwamushongi. Mushongwa ghuno ana pumbwa makwatikako ghamanene ngudu mulikushongo lye.

10.7 Kurughana nakudidilika mulyowaneko

Mulyowanekoyenderero kwa hepa kughuwapaika nakughutura mulikukwamo kumatangero ghakehe mwaka, ntani wagho kughutura ghu ghu rurupe.

10.8 Vitambo vyamulyowaneko

Pantambo yasekondere, mangongontjo ghavashongwa ghakutegherera nakuvarura, ntani naukonentu wavo wantjongaraka naushwinkango kuviwaneka mulyo mpopo vana kuvirughanita pakughamba nakutjanga, mpo ngoli ashi vitambo vyamulyowaneko wamanongontjo ghano kughupakerera muvitambo vyamulyowaneko wakughamba nakutjanga.

Vitambo vyamulyowaneko vyaRumanyo Liraka lyaKutanga ne mbyo vino:

10.8.1 Kughamba

Vashongwa vana hepa ngoli:

1. kukugwanekara mulimoneko nawa-nawa;
2. kuwapeka shighamba shavo shi kuwe namaukaro yivikwo ntani namaukaro-diro-yivikwo navitambo vyavyidito vyamumakugwanekero;
3. kurupwita maghano ghaudio ghakene nawa-nawa, kurughanita nkango namaukahentanto ghakehe yuva, mumakushongo navyakuwapera kuruha rwangandi nanongo kumwe nka nalidefuno mushivuya;
4. kungegheda licondo lyene-lyene lyantjongaraka yakughamba yaliraka;
5. kutapa vishongwa vyakudjira mo, ovyo va pompeka munaruwa vi yuvhike nawa-nawa kuvatambitiri ntani navitambo vyakukushuva-shuva;
6. kuhamena nawa-nawa mumakukwetjo navitimwitira mulirughanenokumwe kuviparatjangwa vyaidito ngudu, vininke kumwe navitjangwa;
7. kunegheda manongontjo nandjenditito damumakugwanekero-gwanekero dakuwapera;
8. kurughanita nkedi odo va pulitira mumakugwanekero-gwanekero mumpongatano.

10.8.2 Kutjanga

Vashongwa vana hepa ngoli:

1. kuvarura vitjangwa shiporepore nanongo, litjwemo nalikwatoghano vitantwabubuko navitantwavando;
2. kuhangura-hangura, kushetakanita nakukengurura vitjangwa vyamapukururo vyavidito kuhamena kushitambo, vatambitiri, rupe, ndiko yashitjangwa naukalimo;
3. kushana mo muvitjangwa mapukururo ghamulyopo nakughawapeka ghakuwe nashitambo peke, rupe kumwe nka navatambitiri;
4. kushana mo nakutura kumwe ndi kushetakanita-shetakanita mapukururo oghe va tovorora po ghamuvitjangwa viviri ndi vyaviyingi;
5. kuhangura-hangura, kushingonona, nakughayarera vyakuhamena kuvininke vyamulyopo vyashitjangwatimwitarare, shidana nadimutango odo va tovorora po;
6. kusharura, kushingonona nakukumburura ko kuviyivito vyangambodami navighayerera vyamuntjangwatimwitarare nadimutango odo va tovorora po nakupameka vighamba namaghano naumbangi wakuntundilira mushitjangwa;
7. kukengurura ashi nke nani mulyo wandughanitoraka, virughanitongambodami nandjenditito peke muvitjangwa;
8. kutulita po vitjangwa vyamulyo vyakukushuva-shuva vyakumoneka nawa nakudemeneza kuvitambo vyalighungo, parwavo, ntani napamakushongo;
9. kurughanita lipompeko, ngambito, nalilindaghuroywi vyakuwapera kushitambo nakuvatambitiri vashirughana;
10. kunegheda ukonentu nalicondo nkedi dakahuro ko daviyivitovaru nantjongaraka yaliraka pakutjanga;
11. kurughanita nkango namaukahentanto ghakehe yuva, mumakushongo navyakuwapera kuruha rwangandi nanongo kumwe nka nalishantjo lyauhunga.

10.9 Muylowanekoyenderero: Mbyukitotamununo

Viviyauka vyamulyowanekoyenderero vyakutika kushivaro shangandi mukehe shinemavaka kwa hepa kuvitovorora, kuvitura murupe rwantambotundwamo nakuvudidilika. Dimulyowaneko dino kwa hepa ntani kudiwapaika nawa nakudikoreka kukwama shikolikito, nkedikolikito ndi memorandumumu. Vitikitamo va rughanita mukuwaneka mulyo viviyauka hana shi makonakonoghona kwa hepa kuvitapa kuvashongwa kuuto washiviyauka shamulyowaneko. Umbangi vavirughana ovyo va rughana vashongwa ovo va tikito mo nawa, unakatji navitwa vyapamuvhu, nashirughanatapo shapatjangwa nashikolikito, kwa hepa kuvipungura pashure dogoro kumaghandero ghamwaka. Vashongi kuvhura kutovorora po mukutapa ntambotundwamo ndipo kudilika kupitakana pavinakugwanita vyamulyowanekoyenderero ntjene hepero kutwara muvitambo vyamulyowanekowapaiko. Nambotundwamo yamulyowanekokamo yapamaghandero ghamwaka ngava yi tapanga kukwama mulishingonono lyamulyowaneko lyamundjendititoshongo.

10.9.1 Kutegherera nakughamba

Lidefuno nawa kughamba kwavashongwa (diro-wapaiko) ntani namanongontjo ghamulikugwanekero kwa hepa navyo kuviwaneka mulyo mwayendo-mwaka, kumwe nka namanongontjo ghakutapa uyivi, rumwe mushinemavaka, kurughanita ndjetitio odo da karo mundjendititoshongo. Vitwa kuvididilika mudimupova dakuwapera paShipepadidilikiromulyowaneko.

10.9.2 Kuvarura nalitjangovyukiliro

Kuvarura nalitjangovyukiliro

Likwatoghanovaruro kwa hepa kehe pano kuliwaneka mulyo mwayendo-shinemavaka kurughanita marudi ghamapuro ghakukushuva-shuva mukukonakona likwatoghano vitantwabubuko navitantwavando. Mushongi ana hepa kudidilika shirughana shalikwatoghanovaruro nampiri shimwe paShipepadidilikiromulyowaneko. Shirughana shalikwatoghano kukara navitwa 40, nko kushitavura mukatji na 2 shi kare ngoli navitwa 20.

Mulyowaneko walikwatovaruro kukara navirughana vyalitjangovyukiliro, omo va tovorora po vashongwa mapukururo ghahepero ghakutundulira mushitjangwa shimwe ndi vitjangwa viviri, ntani namuvishongititokengo nakuvirughanita kushirughana shakutjanga murupe peke, nashitambo navatambiri vi kushuve navitjangwa vyakuhoverera. Shirughana shalitjangovyuliliro kuvhura kukara murupe rwalikamo, ntjangwatumwa, shitundwamo, vitjangaghura vyakehe yuva, vitundwamo, mbyutongambo, navimwe weyo.

Litjangoyenderero

Nampiri shirughana shashifupi shimwe shakutjanga kwa hepa nasho ntani kushikoreka mukehe shinemavaka nakudidilika vitwa vyapo paShipepadidilikiromulyowaneko. Rudi peke rwashitjangwatimwitira kwa hepa ntani naro kuruwaneka mulyo mukehe shinemavaka. Ure wavirughana vyakutjanga kwa hepa kukakara yira weno:

Ntjangwatimwitira:

Ntambondunge 8: nkango 200 – 300

Ntambondunge 9: nkango 300 - 350

Virughanafupi:

nkango 150 - 180

nkango 180 - 200

Ngambodami

Likushongo lyangambodami lyalyo kwa yimana pamaruha matatu: shitimwitiratjangwafupi, shidanauka ntani namutango. Maruha ghano naghantje muutatu wagho kuvhura kughawaneka mulyo pakurughanita virughana kumwe natukonakono twapangambo natwapatjangwa. Nampiri shirughana shimwe shapatjangwa yangambodami yamutininiko kwa hepa ntani kushikoreka mukehe shinemavaka nakudidilika vitwa mumupova wakuwapera paShipepadidilikiromulyowaneko. Virughana vino kwa kara ngoli mapuro ghashinaukalimo, ngoli vashongwa kwa hepa kurughana lipuro limwe lyapashinantjangwatimwitira mwayendo mwaka muruha oro a tovorora mushongi. Ene ngoli, kumakonakono ghakumaghandero ghamwaka, mushongi kuvhura a pure tupu mapuro ghashinaukalimo ndi mupuro ghakuvhura kukalimburura mulighanoteto limwe ndi maghanoteto maviri. Lipuropepa lyamumakonakono ghakumaghandero ghamwaka lina hepa ntani kukara nalipuro limwe lyakehe ruha mumaruha ghanya matatu, makura vashongwa va kona kukalimburura mapuro kumaruha maviri paghanya matatu.

- (i) Shitjangwatimwiritirafupi (kuvhura shi kare shitjangwatimwiritirare ndi vitjangwafupi)
Ukalimo kwa hepa kughuhangura-hangura mwamunene kuhamena kuvahamenimo, viparatjangwa, makukwamo ghavishorokwa, livango, viviyauka navikwama ko, kumwe nka naliraka navyapangayarero. Virughana vyamulyowanekoyenderero wavashongwa kwa hepa kuyimana pamapuro ghashinukalimo ndi mapuro ghakukavhura kukalimburura mulighanoteto limwe ndi maghanoteto maviri. Lipuro lyapashinantjangwatimwiritira nalyo kuvhura kulirughanita mukuwaneka vitwa vimwe vyamulyowanekoyenderero.
- (ii) Shidana
Shidanauka shashifupi kwa hepa kushikushonga. Ukalimo kwa hepa kughuhangura-hangura mwamunene kuhamena kuvahamenimo, viparatjangwa, makukwamo ghavishorokwa, livango nandiko, viviyauka navikwama ko, kumwe nka naliraka navyapangayarero. Virughana vyamulyowanekoyenderero wavashongwa kwa hepa kuyimana pamapuro ghashinukalimo ndi mapuro ghakukavhura kukalimburura mulighanoteto limwe ndi maghanoteto maviri. Lipuro lyapashinantjangwatimwiritira nalyo kuvhura kulirughanita mukuwaneka vitwa vimwe vyamulyowanekoyenderero. Shirughana shapashinantjangwatimwiritira kuvhura kukashirughanita ashi ntjo shirughana shimwe shavitwa vyamulyowanekoyenderero.
- (iii) Dimutango
Dimutango kwa hepa kudihangura-hangura kutwara murupe, ngayarero, lilindaghuoywi naukaro, shagharo nangovera. Vashongwa vana kona kuyiva kushetakanita-shetakanita dimutango naviparatjangwa vyakukufana. Virughana vyamulyowanekoyenderero wavashongwa kwa hepa kuyimana pamapuro ghashinukalimo ndi mapuro ghakukavhura kukalimburura mulighanoteto limwe ndi maghanoteto maviri. Lipuro lyapashinantjangwatimwiritira nalyo kuvhura kulirughanita mukuwaneka vitwa vimwe vyamulyowanekoyenderero.

Usheshu wavivaraghura vyamutininiko kutwara pantambondunge:

NTAMBONDUNGE 8: dimutango 6 **NA** shidanaukafupi 1 **NA** shitjangwatimwiritirare 1 **NDI** vitimwiritirafupi 5 mumwaka **NTAMBONDUNGE 9:** dimutango 8 **NA** shidanaukafupi 1 **NA** shitjangwatimwiritirare 1 **NDI** vitimwiritirafupi 6 mumwaka

10.9.3 Ntjongaraka naushwinkango

Ntjongaraka yayo kuyikonakona kutwara muukaro, mposhi vitambo vyyene-vyene vyamuruha rwantjongaraka vyamuukalimoshongwa navyo kwa hepa ntani kuvikonakona mwayendo-mwaka. Nampiri kakonakono kamwe tupu mushinemamwaka kwa kona kukakoreka mushongi nakukadidilika muShipepadidilikiromulyowaneko. Kakonakono kuvhura kukara navitwa 20, makura kukapita mukatji na 2 ka ka kare navitwa vyakutika ku 10.

10.9.4 Likamo lyamulyowanekoyenderero (CA) mushinemavaka:

Ruha rwamanongontjo	Vitwa	Shivaro
1. Kutegherera nakughamba		
Diro-wapaiko pangambo/ manongontjogwanekero	10	
Wapaiko pangambo	10	
Shivaro		20
2. Kuvarura nakutjanga		
Likwatoghanovaruro & litjangovyukiliro	20	
Ntjongaraka	10	
Litjangoyenderero: ntjangwatimwiritira	20	
Litjangoyenderero: shirughanafupi	10	
Shirughana shangambodami	20	
		80
SHIVARO		100

10.9.5 Vitwa vyapandjapo yakuuhura washinemamwaka

Vitwa vyamulyowanekoyenderero (CA) vyamushinemavaka (shitativaka) vyavyo kutika dogoro nange ku 100. Shitwa shino ntjo sha hepo tupu kukashirughanita pandjapo yakuuhura washinemavaka 1 na 2 – vashongwa nakadidi shi kutjanga makonakono kuuhura wavitativaka viviri vyakutangerera. Mukutulita po ukaro wauwa wakutjanga shitjangwatimwitira, shure dina hepa kushagheka ukaro wado wakurenkanga vashongwa ashi va tjangange vitjangwatimwitira vyalitjangoyenderero muliyuva lyakuhulilira lyashure mukuvakondera ashi ndi va kare shimpe pashure.

10.10 Makonakono ghakumaghandero ghamwaka: Mavyukitotamununo

Muntambondunge 8 mwamo ngamu karanga makononakono ghakumaghandero ghamwaka ghampopo pashure, ene ngoli pakukatika muNtambondunge 9 makonakona kukatundilira munaukahe pandje. Mapuropepa ghamuNtambondunge 9 ngava gha puranga kutundilira ku DNEA, ene ngoli kughakorekera mumaruhavirongo. Shitambo shamkonakono ghano ngashi karanga shakuwaneka mulyo ashi weni omo ana conda-conda kehe mushongwa vitambo vyene-vyene parwendi mumwaka oghe. Makonakono ghakumaghandero ghamwaka ghagho ngagha yimananga pamapuro matatu:

Lipuropepa	Rudi rwamapuro	Shitunde	Vitwa
Lipuropepa 1: Kuvarura nalitjangovyukiliro	Lipuropepa lino ngali karanga namapongonyono maviri, kehe lino namapuro oghe va pura ghakutundilira mushitjangwa shimwe. Vitjangwa vinya viviri ngavi karanga vyavitimwitira, vyakonda ndi vyamapukururo. Nkango davitjangwa vinya viviri ovyo ngava rughanitanga mulipuropepa lino ngadi tikanga mwara 450 mukehe shivarurwa muNtambondunge 8, ene ngoli nkango 500 mukehe shivarurwa muNtambondunge 9.	Viri 2	
	Lipongonyono 1 Lipongonyono lino ngali karanga navirughana viviri, ngoli mapuro ghagho ngava gha puranga gha tundilire mushitjangwa shakutanga.		
	Shirughana 1 Shirughana shino ngashi karanga namalimburo ghamafupi, ghatovororapapangi, ushiri/kapishi-ushiri ntani namapuro ghakukuvyuka. Kundere ko vitwa ovyo ngava ghupanga ko mukonda yalishantjo, ntjongaraka ndi viyivitovaruro.		10
	Shirughana 2 Vitwa murongo ngavi kara ko vyakukonakona ntjongaraka pasiukaro.		10
	Lipongonyono 2 Lipongonyono lino ngali karanga navirughana viviri. Mapuro ngava gha puranga kutundilira mushitjangwa shauviri.		[20]
	Shirughana 1: Likwatoghano Mapuro ghalikwatoghano (lilimburoshingonono) ghakukonakona vitambovaruro vyene-vyene kuvitjangwa vyamapukururo mundjendititoshongo ngava gha puranga, ghavitwa vyakutetera kutundilira pa 2-4. Malimburo ghavashongwa gha kona kukara ntani nandiko yagho. Nongo yandiko, lishantjo ntjongaraka ngava vi kenganga ngoli navyo pakukakoreka malimburoro.		20
	Shirughana 2: Litjangovyukiliro Vashongwa ngava kava taterera mukukatorora po mapukururo ghangandi mushitjangwa nakukagharughanita kushitambo peke kumwe navatambitiri, shi.yi. likamo lyamapukururo oghe va tovorora, manangwiro, ntjangwatumwa (yapaveta/kapishi-paveta), vitundwamo, shighambafupi, vitjangaghura vyakehe yuva, shipepa shamapukururo ndi matjingito. Ure wankango dashirughana ne kuvakaNtambondunge 8 nkango 150-180, ntani nkango 180-200 kuvakaNtambondunge 9. Mulikamo mwamo nkango dap ndi kutika tupu pa 80.		10
			[30]
		SHIVARO	50
Lipuropepa	Rudi rwamapuro	Shitunde	Vitwa

Lipuropepa 2: Mulyowaneko-yenderero	Shitimwitira Viparatjangwa ntayimwe vyashinantjangwatimwitira ngava vi tapanga omo nga ka tovorora nga po mushongwa shimwe a tjange shitjangwatimwitira shakutika kunkango 200-300 muNtambondunge 8 ntani nkango 300-350 muNtambondunge 9. Viparatjangwa vino ngavi shananga malimburo ghavitimwitira, nkani, nalishigonono. Vitjokangidito kuvhura navyo kukavirughanita, ovyo ngavi karango yira shighamba shashifupi, mafano, vishewe/vitegho, navimwe weyo.	Viri 1	20
		TOTAL	20
Lipuropepa 3: Ngambodami	Lipuropepa lino gali karanga namapuro matatu ghavitwa 15 kehe lino, omo nga ka kulimburo mushongwa MAVIRI tupu. Lipuro limwe ngava lipuranga kukehe runo ruha paghano matatu (shitjangwatimwitarare, shidana, mutango), ntani mapuro ghano ghagho ngagha vhuranga ngoli kukara ghapashinaukalimo tupu, ndi kuvhonga-vhonga ghapashinaukalimo namapuro oghe ngagha hepango tupu lilimburo lyakutika kulighanoteto limwe ndi maghanoteto maviri. Na kadidid shi kudipaghera mapuko ghakuhamena kuntjongaraka. Ghano kapishi makonakono ghalifukaghuro-fukaghuro mbapira.	1hour 30min	
		TOTAL	30

10.11 Vitwarundurulito

Mulywanekoyenderero ngaghu kambekanga ko 50% kuntambotundwamo yakuhulilira ntani makonakono ghapashure ghakumaghandero ghamwaka nagho ngaghakambekanga ko 50%. [Vitwa 50 + Vitwa 50 = 100].

Mukumo wakehe mulyowaneko kuna kara yira weno:

Ruha	Lishigonono	Vitwa	Mukumo
Mulyowanekoyenderero	Kutegherera nakughamba, kuvarura nakutjanga, ntjongaraka naushwinkango	100	50%
Makonakono ghakutjanga	Lipuropepa 1	50	25%
	Lipuropepa 2	20	10%
	Lipuropepa 3	30	15%
Shivaro			100%

10.12 Shineghedonkedikonakono

Shitambo shamulyowaneko	Mulyowanekoyenderero	Lipuropepa 1	Lipuropepa 2	Lipuropepa 3
Kughamba 1	✓			
Kughamba2	✓			
Kughamba 3	✓			
Kughamba 4	✓			
Kughamba 5	✓			
Kughamba 6	✓			
Kughamba 7	✓			
Kughamba 8	✓			
Tjanga 1	✓	✓		✓
Tjanga 2	✓	✓		
Tjanga 3	✓	✓		
Tjanga 4	✓	✓		✓
Tjanga 5	✓			✓
Tjanga 6	✓			✓
Tjanga 7	✓			✓
Tjanga 8	✓	✓	✓	✓
Tjanga 9	✓	✓	✓	✓
Tjanga 10	✓	✓	✓	✓
Tjanga 11	✓	✓	✓	✓

Shiwederera 1: Muyaro wankango

shitimwitira-dami	shitimwitira osho sha karo navitantwa vyaudami ndi vyakuntjii-ntji.
livyukurukondanda-shaghalito	livyukuruko lyandandashaghalito dakukufana kumatamekero ghankango
matamayi	ndughanito yaliraka omo gha vanda mashingonono/vitantwa viviri ndi vyaviyingi
shitamununito	lirughanito litamunonuno-nkangodina kunyima yankangodina, shi.yi. <i>Windhoek, <u>nkurumbara yaNamibia</u>, ...</i>
livyukurukondanda-shagharo	livyukuruko lyandandashagharo munkango
unkurungu wamuntjangi	liriughanitonkango lyamutjangi, marupwito, liywi, ndiko davinkondopito, mashendende, mutevu, ngambofano ndiko dashitjangwa, navimwe weyo., mukutanta ashi ndi nke ovyo ana tamba
kuyoghomoka kuvarura mumbunga	kudameka kuvarura, naviviyauko po kadidi, vanankondashangero mudima kumwe-kumwe ndi mbunga davashongwa
nkangombiri damaparambo	Nkango odo da shwo kehe pano kuyenda kukukundama kumwe, shi. yi. kulya mushighu, kufa ndjara
ukaro	ukaro omo shina kushoroka /shashorokire shininke wakukuvatera ashi u vi yuvhe
shineghedo	shirenkwa shene-shene ndi maghano oghe yina tamba nkango
shitantwamoneko	kukena nakumonekerera, kwato matamayi nampiri ghamadidi ghakuhamena kushitantwa
lifwatururo mwamunene	lishingononotamununo lyakuyura, oyo lya karo namafwatururo, matjangururo, vihonena
shishorokwa-pitameho	shishorokwa shamushidanauka ndi mushishorokwa osho shakuhoverera kushoroka kuuto wakukashoroka shitimwitira shene-shene
kupumba	lineghedo lyashininke osho ngashi ka shoroko kuuto oko
veta dantjongaraka	veta dantjongaraka odo va pulitira mukutjanga namukughamba liraka lyangandi
ngambito	ndughanitonkango odo da wapro liraka lyangandi
shitantwavando	shiturwapo sha hana kuvyukilira kughamba
kughayarera	Maghayerero ghakutundilira kumapukururo oghe ghana karo pantishe gha yero po morwa yavighayadara ovyo vya yivikwo

kutengilikida	shighamba shankondomoke, shakunegheda kehe pa udona ndi upikipiki
lilimbaghuro	lilindaghura liywi shinenepo pakughamba muntu
lifanonkango	shighamba shashinalifano shakumangakana kehe pano nkango odo da tanto vyakukulimba, shi.yi. <i>kufa nakurambuka</i>
ngambitito	rudi rwaliraka oylyo lya wapero muukaro wampongatano yangandi ndi liraka olyo va rughanitanga mukukugwanekera navantu vangandi tupu
vidimburulito-nkondopito	vitemununa, vihonena, livyukuruko, makukanano djuni, navimwe weyo
nkedi damumparukito	nkedi yapampo omo va rughananga vininke munkarapamwe
rupe	nkedi yapaumwene omo a rughanitanga mutjangi mukurupwita maghano ghe
ndiko yashitjangwa	nkedi omo va gha kwatakanitanga maruha ghashishorokwa, ntjimatjima, maghano, navimwe weyo
ukaro	nkedi oyo yakughambita murwana mukunegheda ashi weni omo ana kukuyuvha ndi vinke ovyo ana kughayara, ukaro ndi omo a vi mona mwene oghe a ghambo ndi a tjango

Shiwederera 2: Ndjenditito Dakuvarura Nakutegherera/Kukenga Nalikwatoghano

kupumba	Kukushonga vyakuhamena kushitjangwa kuuto waku-kashivarura/kashitegherera.
kushinganyeka	Kushinganyeka ashi nke ovyo una kughayara vi ka vhuro kukashoroka kuuto mushitjangwa. Kurughanita ukonentu wakare navidimburulito vyamuukaro mukukatika po palishinganyeko. Pakuvarura, rughanita lidina, shitjangwa namafino mukukuvatera.
kughanekera	Kughunga mafanoghayadaro ghakuhamena kuvahamenimo, livango, vishorokwa, navimwe weyo.
kupura	Kuyimana nakukupura umwoye mapuro mukukenga ashi shitjangwa una shi yuvhu ndi hawe. Pakuvarura, varurura shitjangwa ntjene una shana mapukururo ghamayingi. Ndjenditowapaiko kwa kara kuvarurura, kutwikira kuvarura, kushingonona nkango pakudishana-shana mumbapira yaushwinkango ndi yamuyaronkango ndi kupura mbatero kumuntu peke.
kukwatakanita	Kughayara kwavyo wa yiva vyakuhamena kushitjangwa. Waneka nkedi ashi ndi weni omo sha kukundama ove osho shitjangwa, vitjangwapeke ntani naudjuni oghe wakukundurukido.
kughayarera	Kurughanita vidimburulito vyamushitjangwa naukonentu waumwoye mukuyuda mo muporongwa nakukara navighayarera.
kutimuturura	Kuvhuruka nakutimuturura vishorokwa, mapukururo, madinkango, ndiko yashitjangwa, navimwe weyo. Vyakutundilira mushitjangwa mukukuwa kumwe mulikwatoghano navaunyoye.
kutontonona nakukama	Kudimburura madighano nakughatura paufupi munkango danaumwoye.
kudimburura	Kushana-shana mukuwaneka shitambo shamutjangi, kuwaneka madighano, ntjimatjima; kudimbururo vyamulyo mo/po, shitambo kumwe nka navatambitiri vamushitjangwa.
kukengurura	Kughayara ko kwavyakuhamena kushitjangwa mudima nakutunga ko maghano ghakuhamena kovyoye una varura/tegherere/mono.
kutwara muukaro	Kutura shitjangwa murupe rwavitimwitira vyapashakare, paumwene ntani napaukaro wampo.
kughayudurura	Kukonakona malimbururo ghoye ghapaumwoye kwavyakuhamena kumaudito mumapuliro ghoye ntani navinamulyo.
kukengurura lighano	Kukonakona mulyo washitjangwa naushiri washo ntani ashi weni omo sha kundama kulikuyuvho.
kushetakanita	Kukonakona makufano namakushuvo ghapakatji kavitjangwa mukuvikwata nawa lighano.
kufukaghura nakupenaghura	Kushana-shana madinkango ndi mapukururo ghamuviparatjangwa, viparatjangwaghona, maneghedo, mashingonono, navimwe weyo.

Shiwederera 3: Shikolikito shavitjangwatimwitira vyalikukanano

RUMANYO JS LIRAKA LYAKUTANGA SHITJANGWATIMWITIRA SHALIKUKANANO UKALIMO NANDIKO		1	2	3	4	5
NDUGHANITORAKA		- lirughanito ntanto dakukushuva nodo va dika nawa naukotoki wa kamana-kandongo - lirughanito ushwinkango nangayarero yanongo mukughunga matamayi muukotoki wa kamana-kandongo - ndughanitoraka naviyivitoruro mwapira nampiri lipuko lyalididi	- ntanto kwa di dika muuhunga - ntanto djuni dakukushuva-shuva - litovororo-nkango djuni, lirupwito narupe rwakukuwa nashirughana - ntjongaraka yauhunga kehe pano	- ntatekondikontanto yauhunga - ntanto dimwe dakushuva - ushwinkango wakuhamena shiparatjangwa mpo ghu li mo - mapuko ghantjongaraka ghamanene naghamayingi ngudu ngoli kapi ghana kudjonaghura vitantwa	- ndikontanto nantjongaraka kwa kara namapuko ngudu, vyakuyita lipiyagano napa-napanya - ushwinkango usheshu/wapantateko tupu, wakupira nongo	- ndughanitoraka narupe vyakudira kuwapera - mapuko ghamuntjongaraka, ndikontanto navishewe/vitegho kuyita lipiyagano - Ntonto kwadirungarunga, navimwe shi dina kutanta
1	Ukalimo wakuwaperera unenene ngudu wakushongaghura. Mushongwa kukara nalinwiko djuni kushiparatjangwa. Ukalimo kukuyenda nakuyuvhika nawa-nawa. Maghano kwaghankondopeka nawa-nawa - vihonena namatamununo kwavitorora nawa makukanano ogho va nkondopeka mwamunene. Ndiko kwa yimana ndjikiti.	20-19	18-17	16-14	(13-12)	(11-10)
2	Ukalimo wautovali/wakutikilira mo. Mushongwa kwa kara nalinwiko. Maghano ghamawa. Makukanano kughatura nawa ghayuvhike pakungena mo mwamunene/vihonena/ nalitamununo. Ndiko yakuwapera.	18-17	16-14	13-12	11-10	9-8
3	Vina gwana tupu. Ukalimo namaghano hashha kukuyenda. Likulito lyamaghano/makukanano, litamununo ghakunkondopeka shitjangwa mpo vi li mo. Vihonena/makukanano kapi ghana kukuwa keheruvede. Linwiko lyamadu-madu.	16-14	13-12	11-10	9-8	7-6
4	Kushetekera ko kuvitikita mo, ngoli kapi vina kukuwa nashirughana. Kwato ndiko, kuvatauka-vatauka, yenda-vyuka -yenda-vyuka kurewangeranga tupu. Kukuvyukuruka-vyukuruka. Maghanoteto ghamadu-madu.	(13-12)	11-10	9-8	7-6	5-4
5	Maghano/makukanano ghakupira kudjira mo, ndi kwato likulito. Kwakurunga-runga tupu. Ndiko kumonenga kadidi tupu ndi mwato. Kunegheda likwatoghano lyaligcoro lyavinakugwanita vyashiparatjangwa. Kapi vya wapera nawa-nawa kuliraka lyakutanga.	(11-10)	9-8	7-6	5-4	3-0

Shiwederera 4: Shikolikito shavirughanavifupi navirughana vyalitjangovyukiliro

RUMANYO JS LIRAKA LYAKUTANGA		1	2	3	4	5
VIRUGHANAFUPI		- kurughanita liraka narupe naukoti wakamana-kandongo kutwara muvatambitiri nangambito yauhunga - lirupwito lyakutjwema nalyanongo - kamankandongo mukurughanita ushwinkango wakukushuva-shuva wakukukuwa nashirughana - muntjongaraka mwato lipuko mpiri lyangandi.	- kurughanita liraka lyakukuwa nashirughana nalikudivikiro kuvatambitiri nangambito yauhunga - ushwinkango wakukushuva-shuva - muntjongaraka kuna kara mo tupu mapuko ghamagcoro	- ndughanitoraka ya hashako vene kumwe nalikudivikiro kadidi kuvatambitiri nangambito - ushwinkango wangoweyo tupu ngoli ghuna kuwu tupu nashirughana - mapuko ghamayingi ngudu muntjongaraka ngoli kapi ghana djonaghura mpiri kadidi likwatoghano.	- ndughanitoraka yamadumadu ntani nka kwato mpiri kadidi likudivikiro kuvatambitiri nangambito - ushwinkango wamadumadu - muntjongaraka kuna kara mo mapuko ghamayingi vyakudjonaghura kuvarura.	- ndughanitoraka yakukuwa nashirughana ne mwato ngoli kuvhura kukwata lighano napa-napanya. - ushwinkango kapi ghuna kukuwa mpiri kadidi nashitambo ndi navatambitiri - muntjongaraka mwa yura mapuko ghamangi ngudu.
UKALIMO NANDIKO						
1	Kwa tikita mo shirughana mwakupitakanena: kutovorora nawa-nawa ukalimo kunegheda likwatoghano lyashiparatjangwa, shitambo, navatambitiri mwamunene; linwiko naruntje kukara mo; maghano/vighayadara djuni ovyo vina keno nka ovyo va pompeka nawa-nawa (ndiko namaghanoteto ghakamakandongo); Matamununo navihonena kuvatera kutjanga; vyauhaya mwato mpiri ka puko kakadidi. Unaure wakuwaperera.	10-9	8	7	(6)	(5)
2	Kwa tikita mo shirughana: kutovorora nawa ukalimo; matamununo-vatero kehe pano ghamawaawa ntani ghakuwapera; limpingiko-maghano lyakuyuvhika (maghanoteto ghakuhungama); limoneko liwaawa. Unaure wakuwapera tupu.	8	7	6	5	4
3	Kwa tikita mo shirughana paukahe: ukalimo wamadumadu , ngoli wagho ghuwalika tupu; shitambo navatambitiri pamwepamwe mudere; matamununovatero ghamagcoro; maghanoteto kwagharughanita ngoli kapishi kehe pano momo gha tikilira mo; limoneko walye kapi lyahungama nawa-nawa. Unaure napa-napanya wa wapa tupu.	7	6	5	4	3
4	Shirughana kapi sha tikilira mo nawa muuta wakora: ukalimo kehe kapi wa djira mo/panwiko/muuhunga; kapi sha kena shitambo navatambitiri; umbangi walikomeko mpo ghu li mo kdidi tupu, uhutu wamaghanoteto. Sha repa/fupipa ngudu.	(6)	5	4	3	2
5	Shirughana kwa sha tikia mo tupu kadidi, ndi ure-ure muuta wakora: ukalimo wamadumadu/waugcoro/wakundembauka, ndi kwatunda mushiparatjangwa; matetoghano ghalipuko ndi mwato; limoneko lipuko/kapi lya waperera. Sha repa/fupipa ngudu.	(5)	4	3	2	1

Shiwederera 5: Shipepadidilikiro-mulyowaneko: Rumanyo Ntambondunge 8 na 9

.....Rumanyo		Ntambondunge:								Mwaka:					
Shure:		Mushongi:													
LIDINA LYAMUSHONGWA	SHIVAKA	Kutegherera nakughamba			Kuvarura nakutjanga						Vitwa vyamushivaka SHIVARO	SHIVARO muvivaka 3	Vitwa vyashavivaka (300 ÷6)	Vitwa vyamakonakono	VITWARUNDURULITO
		Diro-wapaiko pangambo/ Manongontjo ghamagwanekero	Wapaiko pangambo	SHIVARO	Likwtoghanovaruro nalitjangovyukiliro	Ntjongararaka	Litjangoyenderero: Ntjangwatimwitira	Litjangoyenderero: Shirughanafupi	Shirughana shangambodami	SHIVARO					
		10	10	20	20	10	20	10	20	80					
	1														
	2														
	3														
	1														
	2														
	3														
	1														
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